Patriot Battalion Honors Veterans and NCOs

November 11, 2009
Christopher Lyon, MS III

Providence, RI-On Wednesday, November 11, the Patriot Battalion held a Veteran’s Day Ceremony in the grotto outside the chapel at Providence College. Distinguished guests included Brigadier General Brian Goodwin of the Rhode Island National Guard, Lieutenant Colonel Matthew McKinley of the Patriot Battalion, Command Sergeant Major Joseph F. Klostermann of the Rhode Island Army National Guard, and Father Shanley, Headmaster of Providence College.

The ceremony began with Cadet Steven Dearborn, a junior at Providence College, marching the Patriot Battalion Cadets into the grotto. After a few words from Major Tucker Shosh, Battalion Enrollment Officer, and the invocation delivered by the Battalion Chaplain, Father Iriarte Andujar, LTC McKinley introduced the speakers for the program, Cadet Maria Delgado and CSM Klostermann. (See “Veterans”, Pg 5)
COMMANDER’S CORNER

Life is good in the Patriot Battalion. One of the best things about this assignment is the opportunity to see leader development happen so quickly and dramatically. Our Cadets impress me on a daily basis with their commitment, their desire to excel, and their ability to lead themselves and their Battalion. A few weeks ago, we completed a highly successful Fall Field Training Exercise that was planned, prepared, and executed by the MSIV (Senior) class. As a Cadre, we gave the Cadet leadership the Mission, Intent, and a few coordinating instructions and then watched as they took charge and put together a first-class training event that focused on leader development at all levels and maintained motivation throughout the exercise. It is difficult to put into words the pride that I feel for these fine young men and women who put so much time and effort into making this Fall semester so successful. While they may not see it in themselves, most of our Cadets have grown and matured in these seemingly short months, and they all stand a little taller with confidence and strength.

While we train and develop on campus, we are ever mindful of the reason that we work so hard. Operations in Afghanistan continue to ramp-up and our Nation needs leaders of character to continue to accept commissions in our Army and lead Soldiers into harm’s way. Many of our alumni are deployed to Afghanistan and Iraq, and they are the proof that all of our lieutenants can expect to deploy to combat at some point. This sobering reality is what drives us to push a little further and a little harder every time we assemble. There are Soldiers in platoons throughout our Army and high school students who will soon enlist who are awaiting great leadership from Battalions like ours. We cannot fail them, and we owe them our every effort.

Sometimes we lose sight of this very solemn duty under the daily burden of college exams, essays, and lectures, but ultimately, that is the commitment that matters most for an Army Cadet. Cadets are different from their peers on campus and must maintain much higher standards of behavior, physical fitness, and awareness of global issues. While 8 o’clock classes are the bane of the average college student’s existence, our Cadets regularly assemble in the pre-dawn darkness to start their days. It’s not easy to do, but we have eighty-five Cadets at 7 campuses who do it several times a week. This kind of commitment is mirrored at over 270 host institutions nationwide. The American people should truly be grateful that such men and women exist and are willing to sacrifice their time, their sleep, and even their lives to preserve our way of life. Let’s keep our deployed brothers and sisters in mind and in prayer and remember their families over the holidays.

I wish all members, alumni, and friends of the Patriot Battalion a Merry Christmas and a Happy New Year.

Train to Fight. Fight to Win!

Matthew R. McKinley, “Patriot 6”
Lieutenant Colonel, Field Artillery
Professor of Military Science
NOTES FROM THE SENIOR MILITARY INSTRUCTOR

Welcome Patriot Battalion. A great month of training is over and celebrated at the end by a feast—for those that celebrate Thanksgiving. November was a very busy month with the record APFT and the Fall FTX. The highlight for most everyone was the air movement from Hendrick Field to Camp Fogurty. The record APFT results were good, but there will always be room for improvement. Never be satisfied with your current physical fitness; improve every time. With Christmas coming up that does not mean that you are off the hook for PRT until you return. As Army Officers, you are judged upon your physical fitness, and the only way to keep improving is to keep working out when you are at home. Think of it as the self discipline that is required of all leaders.

The Fall FTX was the highlight for me for this semester. To watch each and every Cadet grow as a leader in the most stressful situations that could be created was amazing. To watch the transition from having the Cadre lead you to watching the MS IVs take charge is empowering. As we continue to move forward, you will see more and more of the Patriot Battalion being run by you, the Cadets. This is the best way for you all to grow into the Officers that you can be.

As we train on campus, there will always be room for improvement. That is true at every unit you train with from Special Forces to conventional units. Look at how you performed, internalize how to improve and ensure that you take that lesson forward. Look at your place as a leader and strive to continually improve.

As the semester gets closer to ending ensure that you take time to study for finals and stay focused.

John Rambo said it best in First Blood, “Nothing is over! Nothing!” Don’t let off the gas, we are moving forward to the next semester already, both Cadre and Cadet Chain of Command.

Train to fight, Fight to Win!

MSG Bowman
Master Sergeant
Senior Military Instructor
Patriot Battalion Cadets Crush the APFT

November 18, 2009
Andrew Lucid, MSII

Bryant University - In the early hours of a dreary, November, Rhode Island morning, the Patriot Battalion gathered at Bryant University to conduct the fall semester record Army Physical Fitness Test (APFT). All Cadets are required to participate and pass an Army standard APFT once every semester, but for each class it has a different meaning. For some Freshman (MS-1), it might be the final hurdle that they need to contract; for Juniors (MS-3), it gives them an assessment of their physical standing as they prepare for the toughest summer of their lives at the Leadership Development and Assessment Course in Fort Lewis Washington; Seniors (MS-4) use it as a gage to measure themselves by as they prepare to commission and lead troops in combat.

Today’s test had outstanding performances by Cadets in all classes, but seven Cadets from the battalion truly distinguished themselves amongst their peers. CDTs Matthew Gallagher (MS-1), Amberly Glitz (MS-2), Andrew Lucid (MS-2), Bryan Wall (MS-2), Jeffry O’Loughlin (MS-3), Geoffrey Ensby (MS-4), and Dennis Kelly (MS-4) all earned the Army Physical Fitness Badge by scoring at least 90 points in each event of the test. CDTs Kelly, Ensby, and Glitz all earned the maximum of 300 points. (See “APFT” Pg 5)

Patriot Battalion Weathers the Amica Marathon Relay

October 18, 2009
Brendan Heller (MSII)

CDT Brendan Heller braves the storm at the Amica Marathon

Newport, RI- On 18 October 2009 Patriot Battalion alumnus and Cadre member 2LT Ryan Allen and Patriot Battalion Cadets Geoffrey Ensby and Brendan Heller braved hurricane-like conditions to compete as members of a five person relay team in the Amica Marathon in Newport. The remainder of the team came from Patriot Battalion supporters, Mrs. Sarah Allen, and Lauren Chaplin, 2LT Allen’s mom and girlfriend, respectively.

The torrential downpour and frigid temperatures of the day made the difficult task of completing a marathon even more challenging for the close to 2,500 runners who participated in the race. Bryant University MSIV, Geoffrey Ensby, began the marathon, running the first 6.25 miles of the 26.2 mile course. Upon reaching the first handoff station, he passed the team sash on to Bryant University MSII Brendan Heller. Heller then went on to run the second leg of the race for 6.85 miles. This section of the course had long rolling hills and then descended through the Newport Mansions and ended on the sidewalk next to the beach. (See “Amica” Pg 6)
Veterans (Pg 1)

Cadet Delgado, a senior at Rhode Island School of Design, spoke about her experiences as a veteran today. She gave great insight on what it means to be a veteran, since she deployed to the Middle East not too long ago with the 1-126 AVN (GSAB). She talked about how her own deployment has affected her appreciation for veterans of past conflicts.

CSM Klostermann delivered an inspiring oration about the role of the Non-Commissioned Officer and interactions between Commissioned Officers and NCOs in the Army. He spoke briefly about the year of the Non-Commissioned Officer (NCO) and explained how the Corps of NCOs is the backbone of the Army. CSM Klostermann emphasized the fact that once officers gain the respect of their NCOs, the sky is the limit in what they can accomplish. As future officers, it was informative for the Cadets in the Patriot Battalion to hear from an NCO what specifically these leaders want to see in their officers.

At the end of the ceremony, the Cadets joined in singing the Army Song. The 2009 Veteran’s Day ceremony not only managed to respectfully acknowledge the courage and bravery of our veterans but ignited fervor in the hearts of future leaders in the Patriot Battalion.

APFT (From Pg 4)

The APFT is a three-event physical performance test used to assess muscular endurance and cardio respiratory fitness. It is a simple way to measure a soldier’s ability to effectively move his body by using his major muscle groups and cardio respiratory system. Performance on the APFT is strongly linked to the soldier’s fitness level and his ability to do fitness-related tasks. The three events include push-ups, sit-ups, and a two mile run. The APFT is crucial because it effectively shows each soldier’s level of physical fitness, the entire unit’s level of physical fitness, any deficiencies in physical fitness that a particular soldier or the unit may have, and any soldiers who may need special attention.
As future soldiers, and officers, in training, it is imperative for ROTC Cadets to maintain a high level of physical fitness. The Soldier’s Creed states “I am disciplined, physically and mentally tough, trained and proficient in my warrior tasks and drills. I always maintain my arms, my equipment and myself.” In order to fulfill the duties and responsibilities of an Army officer, no matter which branch they serve, one must be willing to complete physically demanding tasks and operations.

The Patriot Battalion meets and exceeds these standards by gathering Monday, Wednesday, and Friday mornings to conduct PRT (Physical Readiness Training). PRT is an hour of highly motivating physical training which is run by the Cadet chain of command. These PRT sessions prepare the Cadets’ minds and bodies for the APFT and any other physical challenges they may encounter. Practice APFTs are also conducted throughout the semester in order to gauge the individual physical fitness of every Cadet. This is an effective method for pinpointing the needs of Cadets who need improvement before taking the record APFT. Those Cadets who find that they need extra physical training can report to remedial PRT on Tuesdays and Thursdays, as well as regular PRT sessions.

The Patriot Battalion has worked extremely hard this semester during PRT. All Cadets should be proud of the determination they have shown and of the scores they received on the record APFT.

Amica (from pg 4)
The two Bryant University Cadets had completed the first half of the race, finishing 13.1 miles before Heller handed the sash over to someone very special to 2LT Ryan Allen: his mother. 2LT Allen’s mom, who made the trip from Suffield, Connecticut, took on the third stage of the race and ran 4.25 miles. Mrs. Allen then handed the sash off to her son Ryan, a Bryant University and Patriot Battalion graduate from the class of 2009.

Allen ran the next leg of the race for 5.25 miles before handing the sash off to his girlfriend, and together they finished the concluding 3.6 miles of the Amica Marathon. The final time for the team was 3:33:43.07, fast enough to give the relay team a 9th place finish in the relay division out of 50 teams.

After completing the relay portion of the marathon, both Heller and Allen hope to return to Newport in 2010 and compete in the half-marathon event as part of the same race. Hopefully, for their sake, clear skies and dry roads will be in the forecast.

Patriot Battalion News from Other Sources

Noncommissioned Officers Saluted at PC Veterans Day Program

PC Now, Providence College’s on-line news source, describes the Patriot Battalion Sponsored Veterans Day ceremony at Providence College with guest speaker CSM Klostermann of the Rhode Island National Guard. Photos of LTC McKinley swearing in newly contracted Cadets (L-R) Gallagher, Gautreau, Teixeira, Cresci, Vinnenberg, Leighton, Buchannan, Eerhart, Joung; and CSM Klostermann

http://www.providence.edu/About+PC/College+News/Press+Releases/veterans+day.htm
**Cadet Awarded Gold "Glitz" in German Armed Forces Proficiency**

Maxwell Kravitz of Providence College's Student Newspaper, The Cowl, reports on Cadet Amberly Glitz's success last month in earning the German Armed Forces Proficiency Badge.


**Our town: Dec. 2**

The Old Colony Memorial of Plymouth, MA reports on the graduation of Patriot Battalion Alumnus 2LT Daniel R. Murdough from Ranger School and Cadet Timothy Swanton from Air Assault School.


**Holliston native to lead medical unit in Afghanistan**

Kendall Hatch of the MetroWest Daily News from Framingham, MA reports on Patriot Battalion Alumnus COL John P. Collins who will be commanding the 62nd Medical Brigade as it deploys to Afghanistan.


**Soldier, student, philanthropist**

Susan Morse of the Seacoast Online from Portsmouth, NH reports on Patriot Battalion Alumnus 2LT Adam Swartzbaugh.


**Undeployed—R.O.T.C. revisited**

Ellen Cushing from The Brown Daily Herald investigates the status of ROTC inside the prestigious Ivy-league institution. Statements from CDT Joy Joung, LTC McKinley and Alumnus, 2LT Adam Swartzbaugh.


**Simmons, Reed honor Veterans Day on campus**

The Brown Daily Herald Staff Writer, Monique Vernon, reports on this year’s Veterans Day ceremony at Brown led by the Patriot Battalion Color Guard.

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Editorial: Return of the soldier


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