

Overnight “Camp Out” Events

Registration

- You will need people register to participate
- Liability Waivers must be used (we have one that can be adjusted for your event).
- Provide an equipment list that includes information for recommended clothing, using layers to keep warm at night, a winter hat does wonders for sleeping warm in the cold, reminders to bring prescription medications, if needed, etc.

Planning

- A list of participants must be provided to the SAO with the liability waivers attached
- You need to outline your Emergency Plan, including a way to contact DPS quickly. You will need to notify DPS when your event begins and when it concludes.
- Do you have the appropriate equipment available –sleeping bags, sleeping pads to insulate from the cold ground, and tents to keep people warm?
- What is your plan to manage the cold temperature drops at night at this time of year? You will want to ensure that people do not become hypothermic. Having the appropriate sleeping bag, sleeping pad, clothing and food will help with this.
- What is your rain plan? Rain increases the likelihood of hypothermia
- You will need to contact Pat Vetere to ensure that the sprinkler system will not impact your plan

Restrictions

- Fires are not permitted on the Greens
 - Camping Stoves are not permitted on the grass to avoid damage or inside tents to avoid fires and carbon monoxide poisoning.
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Signs of Hypothermia to Know

- Grumbling – People become easily irritated. (Differently than their usual behavior.)
- Mumbling – people have a harder time articulating and thinking about things. Judgment is one of the first functions to go in Hypothermia.
- Stumbling & Fumbling – people become slow and sloppy - less coordinated.

Treatment/Aid for Hypothermia

1. Make sure they are in warm, dry clothes.
2. Go into Faunce to warm-up
3. Feed them sugars and carbs to get their furnace going. Hot cocoa is nice to have for the heat and the sugars.
4. Once you have fed them, have them walk with you to heat up.
5. After they are heated up from walking, more substantial food is helpful, such as a protein bar. Protein keeps you warmer longer.