



## Liberty Mutual Group Benefits

### MyLibertyAssist<sup>®</sup>

As an employee of Brown University, you may be eligible for MyLibertyAssist<sup>®</sup> assistance services provided by Bensinger, DuPont & Associates.

#### MyLibertyAssist<sup>®</sup>: Employee Assistance Program (EAP)

Counseling	Financial	Legal	Family
<p><b>5 face to face sessions</b><sup>1,2</sup></p> <p><b>Telephonic assistance</b></p> <ul style="list-style-type: none"> <li>- Available 24/7</li> <li>- Marital/Family</li> <li>- Personal</li> <li>- Alcohol/Drug abuse</li> <li>- Stress/Anger</li> <li>- Death and dying</li> </ul> <p><b>Also available</b></p> <ul style="list-style-type: none"> <li>- Telephonic employer consultation</li> <li>- Online access to information</li> </ul>	<p><b>Toll free information line</b></p> <ul style="list-style-type: none"> <li>- Credit</li> <li>- Taxes</li> <li>- Debt</li> <li>- Request educational material</li> </ul> <p><b>Financial counseling sessions</b></p> <ul style="list-style-type: none"> <li>- Scheduled phone counseling session and financial worksheet review</li> </ul>	<p><b>Assistance from attorneys</b></p> <ul style="list-style-type: none"> <li>- 30 minute telephonic or face to face session</li> <li>- 25% employee discount on additional services</li> </ul> <p><b>Assistance with:</b></p> <ul style="list-style-type: none"> <li>- Document preparation</li> <li>- Divorce/separation</li> <li>- Real estate</li> <li>- Civil matters</li> </ul>	<p><b>Access to information:</b></p> <ul style="list-style-type: none"> <li>- Child care</li> <li>- Elder care</li> <li>- Adoption</li> <li>- Education</li> </ul> <p><b>Telephonic assistance</b></p> <ul style="list-style-type: none"> <li>- 30 minute telephonic session</li> </ul> <p><b>Web access:</b></p> <ul style="list-style-type: none"> <li>- Available 24/7</li> </ul>

#### To access MyLibertyAssist<sup>®</sup> EAP

Online: [www.bensingerdupont.com/MLA](http://www.bensingerdupont.com/MLA) password: MLASSIST

Telephone: [1-877-695-2789](tel:1-877-695-2789) (1-877-MYLBRTY)

<sup>1</sup>In California, sessions are limited to three (3) in a six-month period, not to exceed a total of 5 sessions per year.

<sup>2</sup>Individual face-to-face sessions are available for covered individuals sixteen years and older. Family/group face-to-face sessions are available for covered individuals twelve years and older, and their parents. Counseling and grief sessions are not available to children under the age of twelve.