

## Mary Flynn and Nancy Verde Barr

tasting | discussion | signing

## The Pink Ribbon Diet

Thursday, March 10 5:30 – 7:00 PM Brown Faculty Club 1 Magee Street Providence, RI

On Thursday, March 10 at 5:30pm, join the Brown Faculty Club and Brown Bookstore for our continuing Authors Series with Mary Flynn PhD RD, and Nancy Verde Barr as they treat the audience to samples of recipes from their plant-based olive-oil diet ("PBOO"), and sign copies of their new cookbook. Working with women who had undergone breast cancer treatment, Flynn discovered that a plant-based olive oil diet is more efficacious

and more satisfying than the low-fat diet recommended by the National Cancer Institute. It is the basis for this revolutionary diet and cookbook, penned with the help of cookbook author Barr, former executive chef to Julia Child. For reservations and more information, please call 401-863-3023.



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