

January 27 & 28
Shambhala Meditation
Center of Providence
541 Pawtucket Ave., 2nd Floor
Pawtucket, RI 02860
www.shambhalaprovidence.org

During **Dignity in Death** Dr. Mitchell Levy will present contemplative approaches to patient and family centric care during the dying process in the ICU, including:

- Learning to overcome discomfort associated with death and grief
- Facilitating appropriate end-of-life decision making
- Learning to listen
- Learning to work with heightened emotion
- Learning to recognize avoidance behavior



Mitchell Levy, MD is Professor of Medicine at Brown University Medical School and Director of the Medical Intensive Care Unit at Rhode Island Hospital.

Dignity in Death:

Accompanying Family and Patients at End of Life

