

The Brown University Contemplative Studies Initiative presents

**Lecture: "What Feels Right about Selflessness?"**

*Monday, December 5, 2011 @ 5:30pm  
Smith-Buonanno 106*



*Jake H. Davis*



*Dr. Willoughby Britton*

**Jake H. Davis, Doctoral Candidate in Philosophy and Cognitive Science  
CUNY Graduate Center & Visiting Scholar, Psychiatry Department, Brown  
University AND Dr. Willoughby Britton, Research Associate in Psychiatry  
and Human Behavior, Brown University Warren Alpert Medical School**

**Jake H. Davis** works at the intersection of philosophical psychology, moral psychology and Buddhist philosophy. He is currently a doctoral student in Philosophy and Cognitive Science at the Graduate Center of the City University of New York, a Visiting Scholar with the Psychiatry Department at Brown University, and holds a master's in Philosophy from the University of Hawai'i Mānoa. Having trained in the Pāli Buddhist texts and in intensive meditation practice, he has worked for over a decade as an interpreter for Burmese meditation masters

**Dr. Willoughby Britton** received a B.S. in Neuroscience from Colgate University, a Ph.D. in Clinical Psychology from the University of Arizona, and completed her clinical internship at Brown Medical School. She received sleep/EEG technician training at Harvard Medical School and was a Research Fellow at the National Institute on Drug Abuse (NIDA/NIH) and at Andrew Well's Program in Integrative Medicine at the University of Arizona. She spent several years in Asia studying meditative techniques and received her mindfulness instructor certification training at the Center for Mindfulness at the UMASS Medical School. Dr. Britton's research includes sleep, emotional disturbances, and new treatment/prevention strategies. She recently completed a 3 year NIH funded clinical trial on the neurophysiological effects of mindfulness in depression, and recently received a prestigious NIH K Award to investigate the effective components of mindfulness meditation.

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For more information, please visit [www.contemplativestudies.org](http://www.contemplativestudies.org)