

BOLT
Skills Checklist
Self-Eval –Post Training Trip

Leader Name:

Outdoor Skills: I am able to...	<u>Very Well</u>	<u>Somewhat Well</u>	<u>Not So Well</u>	<u>Not At All</u>
1. ... light and use a stove safely				
2. ... set up a sturdy tarp				
3. ... read and use a map and compass				
4. ... sanitize water				
5. ... lead others at a comfortable pace over varying terrains				
6. ... manage a safe stream crossing				
7. ... manage a safe road crossing				
8. ... correctly adjust a pack				
9. ... tie a Bowline				
10. ... tie a Taut-line Hitch				
11. ... tie a Square Knot				
12. ... tie a Figure-Eight knot				
13. ... tie a Clove Hitch				
14. ... pack a pack				
15. ... hang a proper bear bag				
16. ... take care of and stay warm in a sleeping bag				
17. ... properly use and make a latrine and a cat hole				
18. ... dispose of food scraps and wash dishes properly				
19. ... properly select a campsite				
20. ... correctly use all the contents of the first aid kit				
21. ... explain considerations for dressing based on varying weather conditions				
22. I understand that fires are absolutely forbidden on BOLT trips				
23. I know and can employ the BOLT evacuation procedures				
Group Skills: I am able to...	<u>Very Well</u>	<u>Somewhat Well</u>	<u>Not So Well</u>	<u>Not At All</u>
1. ... effectively debrief a situation.				
2. ... lead various group initiatives or discussion games.				
3. ... use open ended questions to stimulate conversation.				
4. ... facilitate group problem solving and conflict resolution.				
5. ... discuss with my co-leaders our various strengths and weaknesses.				

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Leader Name:

Date:

WFA Certified by June 1st: Yes ___ No:___

WFR Certified by June 1st: Yes ___ No:___

Leader Pairings ----- (just for reference):

**As a leader, please be prepared to lead with anyone in your class.

To do so, we ask that you work throughout the semester to expand your skills as a leader in order to work with various co-facilitation styles. We also ask that you practice your outdoor skills and group skills throughout training to be able to compliment any leader pairing possible.

What do you see as some of your strengths as a leader?

What type of leader (style, qualities, and skills) would best compliment your leadership skills for facilitating a group for the Fall Trip?

What do you find challenging as a leader?

What leadership styles and qualities would be a challenge for you as a co-leader?

Are there particular technical or non-technical skills that you would like to work on or receive additional training?

Are you comfortable with co-leading a BOLT trip in all of its aspects?

Yes___ No _____

Comment on overall qualifications and preparedness:

Please Note: We will need to make 16 leader pairings with 2-3 leaders per group that complement each other in skills and styles in order to best serve a BOLTer group. Each group must also have at least one leader certified in WFR. Leaders must be prepared to work with a large portion of their leader class.