

Pre-Site Trips for BOLT Leaders

We strongly urge all Leaders to partake in a pre-site trip following the completion of their leader training. These trips, although no longer formal in the leader training process, are of great benefit to most Leaders, giving them the opportunity to scout their roots prior to the August trip, spend some quality time with their co-Leader(s) or other BOLTers, to gain a higher level of comfort and confidence in their own capabilities, to hone the skills they learned over the semester, and to have loads of fun over the summer! Pre-siting is a chance for a Leader to bring the months of training together, so that in August and throughout the semester everyone involved will have a memorable experience.

Route Assignments & Pre-site Requirements

Route Requirements:

- All leader must have WFA or higher certification to lead a trip. Each route must have a WFR or W-EMT certified leader.

You will need to pre-site if one of the following apply:

1. We need to have at least one leader on each route that is familiar with their exact route.
2. Every leader needs to be familiar with the terrain in the White Mountains (AEE definition of familiarity below). *If you have not been on a BOLT trip, please see Shelley to discuss how you will meet this criteria.*

AEE 5.10 Staff is familiar with the program areas and/or type of terrain where activities are conducted.

Explanation: All field staff have a general knowledge of the area and/or type of terrain in which the activity or outing will occur. This knowledge includes, but is not limited to, an understanding of the potential environmental hazards of the area; an understanding of seasonal conditions and/or weather common to the area; an understanding of how the season and/or weather can affect the incident potential of the area; an understanding of the educational/therapeutic possibilities of the site; and contingency or alternate routes in the event a preferred route is deemed too hazardous.

Familiarity of an area does not necessarily imply that a staff member has visited a specific route or site. It does imply that s/he has enough familiarity with terrain type so that his/her focus can be on the participants, curriculum, and program goals.

Reimbursement for travel

BOLT only provides reimbursements for personal use of cars that are necessary for “chase cars” for the Fall Trip. Reimbursements are not provided for usage of personal cars for transportation for off-campus events such as base camp, retreat and summer pre-site trips. Leader Trainers who are required to complete a pre-site trip to meet our accreditation standards are, however, provided with a food stipend of \$20.00 each leader required to pre-site and a travel stipend, as needed, of \$30.00.

Good to know to help with finding fellow pre-site buddies and shuttles:

- Route Opposites F/I, C/E, H/J, L/M
- Opposite only in parts-G/N, O/P

Hiker Shuttles - *if you can, drop off your car and hike back to it. This is the easiest to coordinate.

The AMC Hiker Shuttle schedule: <http://www.outdoors.org/lodging/lodging-shuttle.cfm>

There is also “The Shuttle Connection” that operates out of North Woodstock, (which borders Lincoln and shares the school system, etc.): (603-745-3140 or 1-800-545-3140)

http://www.shuttleconnection.com/hiker_rates.php

Shuttle in the Whites – Bruce “Golden Waldo” Feige. Gorham, NH. (603) 466-5282. (504) 615-9497 cell. Shuttles for the price of gas. Gratuities. accepted.

BUS

Concord Trailways Travels from Boston’s South Station to New Hampshire -Lincoln, North Conway, Conway, NH or to AMC Pinkham Notch. The schedule is available on-line.

http://www.concordcoachlines.com/new_hampshire_bus_schedule.htm

Summer Pre-site Emergency Info

1. Make a plan for your pre-site, communicate it with the gear manager and arrange for gear that you may need to borrow and be sure that they know when you leave, where you are headed and when you will be back.
2. **It's a courtesy rule that..... Any gear that you borrow that does not come back clean, will be what you get back for your group in the fall the way you left it. Please take care of the gear you borrow.**
3. Please call the gear manager and leave a message as to when you leave and when you return from your Pre-site.

BOLT Summer Numbers to Know

BOLT Office	401.863.1954	
Summer Manager	TBA	*summer managers coordinate gear and knowing the safety plan
Shelley Adriance	401.863.1185 -w 401.331.4956 -h 413.867.3295 -c (I borrow it when traveling)	

Important Phone Numbers for the Whites
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Lincoln Police	603-745-2238
NH State Police	603-846-3333 or 800-525-5555 (they contact fish and game for search and rescues)
Forest Headquarters	603-536-1315
Linwood Clinic (Lincoln)	603-745-8136 (very limited hours)
Fish and Game	603-271-3361 (for life threatening emergencies and litter carries)

Nearest hospitals

Littleton Regional Hospital –for groups C, D, E, F, H, I, J

Directions: From the south...take 93 north to exit 43, turn right off exit, turn right at corner and follow signs to hospital. You will be on RT. 18 for about 1 mile.

***Phone: 603-444-9000**

North Conway Hospital-for groups A, B, G, K, L, M, N, O, P

Directions: From middle of the Kancamangus Hwy (Rt. 112) go east on to Rt. 16. Take Rt. 16 into North Conway, keep going north ¼ mile outside of town on Rt. 16. Hospital on the right.

***Phone: 603-356-5461**