
ONION SOUP (FRENCH)

WATER, WHITE ONION, ONION SOUP BASE, SWISS CHEESE, CROUTONS, SHERRY, MARGARINE 1# SOLIDS (MILK FREE), UNBLEACHED FLOUR, BASE CHICKEN SAVORY RSTD NO MSG

Nutrition Facts

Portion Size	6 oz Portion
calories	54.00
fat (gm)	1.20
sat fat (gm)	0.50
chol (mg)	2.30
sodium (mg)	432.20
carbs (gm)	9.30
fiber (gm)	1.00
protein (gm)	1.90

IVY LUNCH CASH

2/13/12

LUNCH

VEGAN VEGETABLE BARLEY SOUP

WATER, TOMATO PUREE USDA GRD FCY, BARLEY PEARL, CARROTS, TOMATOES, DICED WHITE ONIONS, CELERY, GREEN PEAS, BASE VEGAN SAVORY RSTD VEGETABLE, MARGARINE 1# SOLIDS (MILK FREE), GROUND BLACK PEPPER

Nutrition Facts

Portion Size	6 oz Portion
calories	36.60
fat (gm)	0.30
sat fat (gm)	0.10
chol (mg)	0.00
sodium (mg)	30.90
carbs (gm)	7.50
fiber (gm)	1.30
protein (gm)	1.10

IVY LUNCH CASH

2/13/12

LUNCH

BREADED CHICKEN FINGERS

BREADED CHICKEN TENDERS

Nutrition Facts

Portion Size	4 piece
calories	425.80
fat (gm)	28.30
sat fat (gm)	5.70
chol (mg)	65.00
sodium (mg)	775.50
carbs (gm)	20.90
fiber (gm)	
protein (gm)	20.60

IVY LUNCH CASH

2/13/12

LUNCH

CHICKEN CAESAR WRAP

CHICKEN BREAST BNLSKL 4oz, ROMAINE
LETTUCE, WHITE TORTILLA , GRATED
ROMANO CHEESE , KEN'S CAESAR DELUXE
DRESSING, SALT, GRANULATED GARLIC,
GROUND PAPRIKA, GROUND BLACK
PEPPER

Nutrition Facts

Portion Size	11 oz Portion
calories	746.10
fat (gm)	37.90
sat fat (gm)	11.60
chol (mg)	140.40
sodium (mg)	1378.60
carbs (gm)	39.20
fiber (gm)	1.90
protein (gm)	62.60

IVY LUNCH CASH**2/13/12****LUNCH**

GRILLED ROTISSERIE CHICKEN

CHICKEN BREAST BNLSKL 4oz, VIRGIN
OLIVE OIL, SPICE ROTISSERIE

Nutrition Facts

Portion Size	4oz portion
calories	183.60
fat (gm)	4.80
sat fat (gm)	1.20
chol (mg)	89.60
sodium (mg)	78.10
carbs (gm)	0.00
fiber (gm)	0.00
protein (gm)	32.70

IVY LUNCH CASH**2/13/12****LUNCH**

IVY FISH SANDWICH

FISH HADDOCK FILET BRD FRZ 4OZ, ROLL
DELI SPLIT TOP, GREEN LEAF LETTUCE,
TOMATOES, PICKLES SPEARS DELI FRESH,
MAYONNAISE , RELISH SWEET GREEN

Nutrition Facts

Portion Size	8 OZ PORTION
calories	152.00
fat (gm)	14.70
sat fat (gm)	2.20
chol (mg)	7.30
sodium (mg)	417.50
carbs (gm)	4.30
fiber (gm)	1.20
protein (gm)	1.00

IVY LUNCH CASH**2/13/12****LUNCH**

IVY ANGELL POCKET SANDWICH

WHITE SYRIAN BREAD, TOMATOES,
PICKLES SPEARS DELI FRESH, GARBANZO
BEANS, BULGUR CRACKED WHEAT , FRESH
PARSLEY, CUCUMBER, TAHINI PASTE,
LEMON JUICE, VIRGIN OLIVE OIL, SPINACH,
DICED WHITE ONIONS, WATER, SALT,
GARLIC, SPICE CUMIN GROUND, GROUND
ALL SPICE, MINT LEAVES

Nutrition Facts

Portion Size	7.480 oz Portion
calories	547.40
fat (gm)	14.00
sat fat (gm)	1.70
chol (mg)	0.00
sodium (mg)	735.90
carbs (gm)	88.40
fiber (gm)	1.80
protein (gm)	16.60

IVY LUNCH CASH**2/13/12****LUNCH**

IVY BACON-LETTUCE-TOMATO SAND

WHITE PULLMAN BREAD, TOMATOES,
GREEN LEAF LETTUCE, SLICED BACON,
PICKLES SLICED DILLS THIN, MAYONNAISE

Nutrition Facts

Portion Size	5 oz Portion
calories	404.30
fat (gm)	23.20
sat fat (gm)	5.20
chol (mg)	36.90
sodium (mg)	806.50
carbs (gm)	32.30
fiber (gm)	1.10
protein (gm)	15.80

IVY LUNCH CASH**2/13/12****LUNCH**

IVY BUFFALO CHICKEN WRAP

CHICKEN BREAST BNLSKL 4oz, TOMATO
AND BASIL TORTILLA , TOMATOES, GREEN
LEAF LETTUCE, KEN'S BLUE CHEESE
CREAMY DELUXE DRESSING, BUFFALO HOT
SAUCE FRANK'S

Nutrition Facts

Portion Size	portion
calories	523.50
fat (gm)	17.30
sat fat (gm)	4.80
chol (mg)	99.80
sodium (mg)	765.20
carbs (gm)	46.60
fiber (gm)	0.60
protein (gm)	42.30

IVY LUNCH CASH**2/13/12****LUNCH**

IVY CHARLESFIELD SANDWICH

BOARS HEAD ROAST BEEF, ROLLS CAL
BULKIE CORNML, PICKLES SPEARS DELI
FRESH, TOMATOES, MUENSTER CHEESE,
MUSHROOMS FRESH, GREEN LEAF
LETTUCE, SOUR CREAM, HORSERADISH,
SALT, GROUND MUSTARD, GROUND WHITE
PEPPER

Nutrition Facts	
Portion Size	SANDWICH
calories	518.80
fat (gm)	18.10
sat fat (gm)	8.70
chol (mg)	79.90
sodium (mg)	1269.30
carbs (gm)	50.90
fiber (gm)	3.50
protein (gm)	40.00

IVY LUNCH CASH**2/13/12****LUNCH**

IVY CHICKEN SALAD SANDWICH

ROLLS CAL BULKIE CORNML, CHICKEN
MEAT CKD 1/2" FRZ, TOMATOES,
MAYONNAISE , FRESH CELERY STALKS,
PICKLES SLICED DILLS THIN, GREEN LEAF
LETTUCE, SALT, GROUND WHITE PEPPER

Nutrition Facts	
Portion Size	10.670 oz Portion
calories	639.60
fat (gm)	35.80
sat fat (gm)	5.60
chol (mg)	66.30
sodium (mg)	1171.60
carbs (gm)	49.40
fiber (gm)	3.50
protein (gm)	28.30

IVY LUNCH CASH**2/13/12****LUNCH**

IVY GRILLED AM CHEESE SANDWICH

AMERICAN CHEESE, PICKLES SLICED DILLS
THIN, WHITE PULLMAN BREAD,
SHORTENING PHASE BUTTER SUB

Nutrition Facts	
Portion Size	4 oz Portion
calories	111.70
fat (gm)	9.20
sat fat (gm)	6.00
chol (mg)	22.50
sodium (mg)	615.50
carbs (gm)	1.80
fiber (gm)	0.10
protein (gm)	6.20

IVY LUNCH CASH**2/13/12****LUNCH**

IVY GRILLED CHEESE&TOMATO SAND

WHEAT VIENNA BREAD, AMERICAN
CHEESE, TOMATOES, PICKLES SLICED
DILLS THIN, SHORTENING PHASE BUTTER
SUB

Nutrition Facts	
Portion Size	5 oz Portion
calories	446.30
fat (gm)	21.30
sat fat (gm)	12.70
chol (mg)	44.80
sodium (mg)	1587.90
carbs (gm)	43.90
fiber (gm)	3.70
protein (gm)	21.70

IVY LUNCH CASH**2/13/12****LUNCH**

IVY GRILLED CHEESEBURGER

BEEF CHUCK ROLL NATURAL, HAMBURGER
BUN, AMERICAN CHEESE, SHORTENING
PHASE BUTTER SUB

Nutrition Facts	
Portion Size	5.320 oz Portion
calories	202.60
fat (gm)	8.20
sat fat (gm)	4.00
chol (mg)	14.90
sodium (mg)	659.40
carbs (gm)	25.50
fiber (gm)	
protein (gm)	8.00

IVY LUNCH CASH**2/13/12****LUNCH**

IVY GRILLED CHICKEN SANDWICH

CHICKEN BREAST CKD GRILL MARK, ROLLS
CAL BULKIE CORNML, GREEN LEAF
LETTUCE, TOMATOES, HONEY MUSTARD,
BBQ SAUCE, SWEET & SOUR SAUCE

Nutrition Facts	
Portion Size	Sandwich
calories	443.80
fat (gm)	9.50
sat fat (gm)	1.50
chol (mg)	71.40
sodium (mg)	1152.70
carbs (gm)	57.70
fiber (gm)	3.10
protein (gm)	30.80

IVY LUNCH CASH**2/13/12****LUNCH**

IVY GRILLED FRANKFURT ON BUN

BEEF FRANKS, HOT DOG BUN,
SHORTENING PHASE BUTTER SUB

Nutrition Facts	
Portion Size	5.090 oz Portion
calories	252.40
fat (gm)	14.70
sat fat (gm)	5.00
chol (mg)	22.60
sodium (mg)	719.30
carbs (gm)	23.00
fiber (gm)	0.00
protein (gm)	8.80

IVY LUNCH CASH**2/13/12****LUNCH**

IVY GRILLED HAM & CHEESE SANDWICH

BOARS HEAD BLACK FOREST HAM, WHITE
PULLMAN BREAD, AMERICAN CHEESE,
SHORTENING PHASE BUTTER SUB

Nutrition Facts	
Portion Size	5 oz Portion
calories	328.90
fat (gm)	12.20
sat fat (gm)	6.00
chol (mg)	68.00
sodium (mg)	1441.20
carbs (gm)	31.10
fiber (gm)	
protein (gm)	25.20

IVY LUNCH CASH**2/13/12****LUNCH**

IVY GRILLED HAMBURGER REG

BEEF CHUCK ROLL NATURAL, HAMBURGER
BUN, SHORTENING PHASE BUTTER SUB

Nutrition Facts	
Portion Size	4.320 oz Portion
calories	133.00
fat (gm)	2.20
sat fat (gm)	0.00
chol (mg)	0.00
sodium (mg)	321.20
carbs (gm)	25.00
fiber (gm)	
protein (gm)	4.00

IVY LUNCH CASH**2/13/12****LUNCH**

IVY ROOM TURKEY & GOUDA (SIDNEY FRAN)

BOARS HEAD OVEN ROASTED TURKEY,
TOMATO AND BASIL TORTILLA ,
GARLIC/HERB TORTILLA , WHITE TORTILLA ,
SPINACH TORTILLA , GOUDA CHEESE,
DIJON MUSTARD, MAYONNAISE , EGG
PLANT, RED ONIONS, ZUCCHINI SQUASH,
RED PEPPERS, YELLOW SUMMER SQUASH,
SALT, GRANULATED GARLIC, GROUND
BLACK PEPPER, OIL PAN COATING SPRAY
AEROSOL SOY

Nutrition Facts	
Portion Size	each
calories	448.10
fat (gm)	18.00
sat fat (gm)	5.90
chol (mg)	48.30
sodium (mg)	1347.70
carbs (gm)	39.00
fiber (gm)	0.90
protein (gm)	31.00

IVY LUNCH CASH**2/13/12****LUNCH**

IVY SHAVED STK & CHS SANDWICH

SHAVED STEAK, TORPEDO ROLL,
PROVOLONE CHEESE, WHITE ONION

Nutrition Facts	
Portion Size	4.500 oz Portion
calories	429.60
fat (gm)	14.00
sat fat (gm)	9.00
chol (mg)	44.50
sodium (mg)	747.20
carbs (gm)	41.10
fiber (gm)	0.40
protein (gm)	33.30

IVY LUNCH CASH**2/13/12****LUNCH**

IVY SLICED HAM SANDWICH

BOARS HEAD BLACK FOREST HAM, ROLLS
CAL BULKIE CORNML, TOMATOES, PICKLES
SLICED DILLS THIN, GREEN LEAF LETTUCE,
MUSTARD SALAD

Nutrition Facts	
Portion Size	10.420 oz Portion
calories	399.10
fat (gm)	6.00
sat fat (gm)	0.60
chol (mg)	51.50
sodium (mg)	1473.10
carbs (gm)	57.10
fiber (gm)	3.30
protein (gm)	27.50

IVY LUNCH CASH**2/13/12****LUNCH**

IVY SLICED ROAST BEEF SANDWICH

BOARS HEAD ROAST BEEF, ROLLS CAL BULKIE CORNML, TOMATOES, PICKLES SLICED DILLS THIN, GREEN LEAF LETTUCE, MAYONNAISE

Nutrition Facts	
Portion Size	SANDWICH
calories	542.70
fat (gm)	20.80
sat fat (gm)	4.20
chol (mg)	57.50
sodium (mg)	962.50
carbs (gm)	54.40
fiber (gm)	3.30
protein (gm)	36.00

IVY LUNCH CASH**2/13/12****LUNCH**

IVY SLICED TURKEY BREAST SAND

BOARS HEAD OVEN ROASTED TURKEY, ROLLS CAL BULKIE CORNML, TOMATOES, PICKLES SLICED DILLS THIN, GREEN LEAF LETTUCE, MAYONNAISE

Nutrition Facts	
Portion Size	10.670 oz Portion
calories	508.40
fat (gm)	18.30
sat fat (gm)	2.40
chol (mg)	40.40
sodium (mg)	1425.00
carbs (gm)	53.50
fiber (gm)	3.30
protein (gm)	32.60

IVY LUNCH CASH**2/13/12****LUNCH**

IVY SPICY CHICKEN SANDWICH

CHICKEN BRST BRD SPICY 4.3 oz, ROLLS BULKIE WHITE CALISE , KEN'S BLUE CHEESE DRESSING, TOMATOES, GREEN LEAF LETTUCE

Nutrition Facts	
Portion Size	10 - OZ SANDWICH
calories	791.40
fat (gm)	45.80
sat fat (gm)	7.40
chol (mg)	88.30
sodium (mg)	1963.60
carbs (gm)	60.00
fiber (gm)	1.90
protein (gm)	35.80

IVY LUNCH CASH**2/13/12****LUNCH**

IVY TUNAFISH SALAD SANDWICH

TUNA WHITE SOLID IN WATER, ROLLS CAL BULKIE CORNML, TOMATOES, MAYONNAISE , PICKLES SLICED DILLS THIN, GREEN LEAF LETTUCE, FRESH PARSLEY, SALT, FREEZE DRIED CHIVES, GROUND BLACK PEPPER

Nutrition Facts

Portion Size	SANDWICH
calories	717.20
fat (gm)	38.90
sat fat (gm)	6.30
chol (mg)	86.60
sodium (mg)	1502.30
carbs (gm)	50.70
fiber (gm)	3.20
protein (gm)	43.20

IVY LUNCH CASH

2/13/12

LUNCH

IVY WATERMAN SANDWICH

BOARS HEAD OVEN ROASTED TURKEY, ROLLS CAL BULKIE CORNML, TOMATOES, SLICED CHEDDAR CHEESE, PICKLES SPEARS DELI FRESH, GREEN LEAF LETTUCE, MAYONNAISE , SLICED BACON

Nutrition Facts

Portion Size	SANDWICH
calories	600.20
fat (gm)	28.00
sat fat (gm)	9.00
chol (mg)	72.80
sodium (mg)	1565.00
carbs (gm)	48.00
fiber (gm)	3.00
protein (gm)	38.40

IVY LUNCH CASH

2/13/12

LUNCH

Sauces for Chicken Fingers

SWEET & SOUR SAUCE, BBQ SAUCE, HONEY MUSTARD

Nutrition Facts

Portion Size	Each
calories	52.00
fat (gm)	1.60
sat fat (gm)	0.20
chol (mg)	2.90
sodium (mg)	168.40
carbs (gm)	9.80
fiber (gm)	
protein (gm)	0.20

IVY LUNCH CASH

2/13/12

LUNCH

TURKEY CRANBERRY MAYONNAI

BOARS HEAD OVEN ROASTED TURKEY,
FLOUR TORTILLA, FRESH PLUM TOMATOES,
GREEN LEAF LETTUCE, JELLIED
CRANBERRY SAUCE, MAYONNAISE

Nutrition Facts

Portion Size	11.250 oz Portion
calories	393.80
fat (gm)	17.30
sat fat (gm)	2.40
chol (mg)	35.80
sodium (mg)	640.30
carbs (gm)	35.10
fiber (gm)	0.60
protein (gm)	24.80

IVY LUNCH CASH

2/13/12

LUNCH

VEGETARIAN GNOCCHI ALLA SORRENTINA

PASTA GNOCCHI POTATO JOSEPH'S, PLUM
TOMATOES, FRESH MOZZARELLA, WATER,
SHREDDED PARMESAN CHEESE, RED
ONIONS, FRESH BASIL, VIRGIN OLIVE OIL,
GARLIC, SALT, GROUND BLACK PEPPER,
BASIL LEAVES

Nutrition Facts

Portion Size	6 OZ PORTION
calories	184.30
fat (gm)	7.30
sat fat (gm)	2.90
chol (mg)	14.20
sodium (mg)	663.80
carbs (gm)	22.70
fiber (gm)	2.30
protein (gm)	6.60

IVY LUNCH CASH

2/13/12

LUNCH

VEGGIE PATTIES ORIGINAL

VEG PATTY ORIGINAL, ROLLS BULKIE
WHEAT CALISE

Nutrition Facts

Portion Size	4 oz Portion
calories	204.30
fat (gm)	5.00
sat fat (gm)	1.60
chol (mg)	8.20
sodium (mg)	680.30
carbs (gm)	31.30
fiber (gm)	
protein (gm)	10.40

IVY LUNCH CASH

2/13/12

LUNCH

FRENCH FRIED ONION RINGS

BATTERED ONION RINGS

Nutrition Facts

Portion Size	3oz portion
calories	281.90
fat (gm)	15.90
sat fat (gm)	7.10
chol (mg)	14.40
sodium (mg)	439.90
carbs (gm)	32.00
fiber (gm)	
protein (gm)	3.80

IVY LUNCH CASH**2/13/12****LUNCH**

FRENCH FRIES CURLEY IVY ROOM

FRENCH FRIES

Nutrition Facts

Portion Size	3 oz Portion
calories	160.10
fat (gm)	7.00
sat fat (gm)	1.00
chol (mg)	0.00
sodium (mg)	300.20
carbs (gm)	22.00
fiber (gm)	
protein (gm)	2.00

IVY LUNCH CASH**2/13/12****LUNCH**

ITALIAN VEGETABLE SAUTE

CARROTS, CAULIFLOWER FLORETTE FRSH,
ZUCCHINI SQUASH, WHITE ONION, VIRGIN
OLIVE OIL, GARLIC CHOPPED/IN OIL, BASE
VEGAN SAVORY RSTD VEGETABLE, WATER**Nutrition Facts**

Portion Size	4oz portion
calories	50.20
fat (gm)	2.50
sat fat (gm)	0.30
chol (mg)	0.00
sodium (mg)	27.70
carbs (gm)	6.80
fiber (gm)	2.00
protein (gm)	1.20

IVY LUNCH CASH**2/13/12****LUNCH**

ROASTED FINGERLING POTATOES

FINGERLING POTATOES , SHALLOTS,
VIRGIN OLIVE OIL, SPICE CARAWAY SEED
WHL, SALT, GROUND BLACK PEPPER

Nutrition Facts

Portion Size	4oz portion
calories	120.50
fat (gm)	4.50
sat fat (gm)	0.60
chol (mg)	0.00
sodium (mg)	74.90
carbs (gm)	18.90
fiber (gm)	1.80
protein (gm)	1.90

IVY LUNCH CASH

2/13/12

LUNCH

SWEET POTATO FRIES

SWEET POTATO FRIES

Nutrition Facts

Portion Size	3 oz Portion
calories	182.10
fat (gm)	8.10
sat fat (gm)	0.50
chol (mg)	0.00
sodium (mg)	121.40
carbs (gm)	25.30
fiber (gm)	
protein (gm)	2.00

IVY LUNCH CASH

2/13/12

LUNCH

IVY RM ASST FRESH WHOLE F

BANANAS, BARTLETTS PEARS , ORANGES
FRESH NAVEL, RED DELICIOUS APPLES

Nutrition Facts

Portion Size	7.020 oz Portion
calories	13.00
fat (gm)	0.00
sat fat (gm)	0.00
chol (mg)	0.00
sodium (mg)	0.20
carbs (gm)	3.40
fiber (gm)	0.50
protein (gm)	0.10

IVY LUNCH CASH

2/13/12

LUNCH

APPLE PIE

APPLE SLICED/FRESH, PASTRY FLOUR, WATER, ALL PURPOSE SHORTENING, GRANULATED CANE SUGAR, APPLE PIE STABILIZER, EGGS SHELL ORGANIC-CAGE FREE, CINNAMON SPICE, SALT, NON-FAT MILK

Nutrition Facts

Portion Size	5.740 oz Portion
calories	2742.50
fat (gm)	144.00
sat fat (gm)	57.40
chol (mg)	145.60
sodium (mg)	1947.60
carbs (gm)	342.30
fiber (gm)	16.50
protein (gm)	27.40

IVY LUNCH CASH**2/13/12****LUNCH**

BARS RASPBERRY CRUMBLE '06

YELLOW CAKE MIX, RASPBERRY FILLING, BUTTER, QUICK OATS, EGGS SHELL ORGANIC-CAGE FREE

Nutrition Facts

Portion Size	~PORTIONS
calories	405.90
fat (gm)	18.50
sat fat (gm)	4.10
chol (mg)	39.30
sodium (mg)	518.20
carbs (gm)	56.00
fiber (gm)	0.70
protein (gm)	5.40

IVY LUNCH CASH**2/13/12****LUNCH**

CHOCOLATE BROWNIE PARFAIT W/NUTS

WHOLE MILK, CHOCOLATE PUDDING, HEAVY CREAM, CHOCOLATE SYRUP TOPPING, EGGS - LIQUID, GRANULATED CANE SUGAR, MARGARINE, CAKE FLOUR, CHOCOLATE FUDGE BASE, CHOPPED WALNUTS , VANILLA EXTRACT, SALT

Nutrition Facts

Portion Size	SERVING
calories	106.30
fat (gm)	4.70
sat fat (gm)	1.90
chol (mg)	23.20
sodium (mg)	94.60
carbs (gm)	12.70
fiber (gm)	0.20
protein (gm)	3.20

IVY LUNCH CASH**2/13/12****LUNCH**

COOKIES ASST HM '06

CAKE FLOUR, BUTTER, GRANULATED CANE SUGAR, CHOCOLATE CHIPS, LIGHT BROWN SUGAR, QUICK OATS, UNBLEACHED FLOUR, EGGS - LIQUID, RAISINS, RASPBERRY FILLING, DATES PITTED WHOLE, FILLING ORANGE PINEAPPLE, WATER, VANILLA EXTRACT, BAKING SODA, NON-FAT MILK, GROUND CINNAMON, GROUND NUTMEG

Nutrition Facts	
Portion Size	COOKIE
calories	109.20
fat (gm)	4.80
sat fat (gm)	0.70
chol (mg)	6.50
sodium (mg)	55.80
carbs (gm)	15.80
fiber (gm)	0.40
protein (gm)	1.30

IVY LUNCH CASH**2/13/12****LUNCH**

GARLIC BREAD

FLOUR, WATER, BUTTER, YEAST, EGG WHITES, VEGETABLE ALL PURPOSE SHORTENING, GARLIC CHOPPED/IN OIL, SALT, GRANULATED CANE SUGAR, FRESH PARSLEY

Nutrition Facts	
Portion Size	1.77 OZ PORTION
calories	150.10
fat (gm)	6.20
sat fat (gm)	3.60
chol (mg)	14.70
sodium (mg)	171.00
carbs (gm)	20.10
fiber (gm)	0.70
protein (gm)	2.90

IVY LUNCH CASH**2/13/12****LUNCH**

LIME JELLO

WATER, GELATIN LIME, HEAVY CREAM, GRANULATED CANE SUGAR, VANILLA EXTRACT

Nutrition Facts	
Portion Size	4.560 oz Portion
calories	121.80
fat (gm)	4.90
sat fat (gm)	3.30
chol (mg)	20.50
sodium (mg)	86.50
carbs (gm)	17.20
fiber (gm)	0.00
protein (gm)	1.40

IVY LUNCH CASH**2/13/12****LUNCH**

ASSORTED FROSTED CUPCAKES

WATER, CONFECTIONARY SUGAR,
CHOCOLATE CAKE MIX, YELLOW CAKE MIX,
VEGETABLE SHORTENING, CHOCOLATE
FUDGE BASE, CORN SYRUP , ICING BASE,
VANILLA EXTRACT, SALT

Nutrition Facts

Portion Size	CUPCAKE
calories	471.20
fat (gm)	19.40
sat fat (gm)	6.30
chol (mg)	17.80
sodium (mg)	458.20
carbs (gm)	72.80
fiber (gm)	0.00
protein (gm)	4.20

IVY LUNCH CASH**2/14/12****LUNCH**

CAKE RASPBERRY BLACK SATIN FUDGE '08

BUTTER, HEAVY CREAM, EGGS - LIQUID,
SEMI-SWEET CHOCOLATE, WATER, LIGHT
BROWN SUGAR, UNSWEETENED
CHOCOLATE, CONFECT PASTE
RASPBERRY, GRANULATED CANE SUGAR,
VANILLA EXTRACT

Nutrition Facts

Portion Size	slice
calories	428.70
fat (gm)	36.10
sat fat (gm)	22.30
chol (mg)	157.00
sodium (mg)	31.60
carbs (gm)	24.70
fiber (gm)	2.00
protein (gm)	3.90

IVY LUNCH CASH**2/14/12****LUNCH**

CHICKEN RICE SOUP

WATER, WHITE RICE, CHICKEN MEAT CKD
1/2" FRZ, DICED WHITE ONIONS, CARROTS,
CELERY, BASE CHICKEN SAVORY RSTD NO
MSG, MARGARINE 1# SOLIDS (MILK FREE),
FRESH PARSLEY

Nutrition Facts

Portion Size	6 oz Portion
calories	59.90
fat (gm)	0.90
sat fat (gm)	0.20
chol (mg)	13.60
sodium (mg)	39.10
carbs (gm)	6.90
fiber (gm)	0.50
protein (gm)	5.70

IVY LUNCH CASH**2/14/12****LUNCH**

COOKIES GRMT LINZER '07

UNBLEACHED FLOUR, BUTTER, PRESERVE RASPBERRY, GRANULATED CANE SUGAR, CONFECTIONARY SUGAR, VANILLA EXTRACT, SALT, BAKING PAN LINERS 16X24

Nutrition Facts

Portion Size	COOKIE ~2 oz
calories	245.20
fat (gm)	11.30
sat fat (gm)	7.10
chol (mg)	30.40
sodium (mg)	22.40
carbs (gm)	33.40
fiber (gm)	0.60
protein (gm)	2.20

IVY LUNCH CASH**2/14/12****LUNCH**

VEGAN LENTIL SOUP

LENTIL BEANS, WATER, DICED WHITE ONIONS, CARROTS, VIRGIN OLIVE OIL, CELERY, TOMATO PASTE USDA GRD FCY, GRANULATED GARLIC, SALT, GROUND BLACK PEPPER, BAY LEAVES, OREGANO

Nutrition Facts

Portion Size	6 oz Portion
calories	158.80
fat (gm)	5.40
sat fat (gm)	0.80
chol (mg)	0.00
sodium (mg)	234.40
carbs (gm)	20.30
fiber (gm)	7.40
protein (gm)	8.50

IVY LUNCH CASH**2/14/12****LUNCH**

BLACK BN & SPIN SFT TACO

TURTLE BEANS, WHITE FLOUR TORTILLA, TOMATOES, SPINACH, SHREDDED MONTERAY JACK CHEESE , FRESH CILANTRO , TOMATOES, OLIVES, WATER, JALAPENO PEPPERS, JUICE TOMATO 46 OZ, CHILI GREEN CHOPPED, DICED WHITE ONIONS, CIDER VINEGAR, TABASCO/RED DEVIL HOT SAU, GROUND BLACK PEPPER, GROUND CAYENNE PEPPER

Nutrition Facts

Portion Size	6 OZ
calories	187.30
fat (gm)	5.50
sat fat (gm)	2.00
chol (mg)	9.40
sodium (mg)	125.10
carbs (gm)	26.10
fiber (gm)	5.30
protein (gm)	9.50

IVY LUNCH CASH**2/14/12****LUNCH**

BREADED CHICKEN FINGERS

BREADED CHICKEN TENDERS

Nutrition Facts

Portion Size	4 piece
calories	425.80
fat (gm)	28.30
sat fat (gm)	5.70
chol (mg)	65.00
sodium (mg)	775.50
carbs (gm)	20.90
fiber (gm)	
protein (gm)	20.60

IVY LUNCH CASH**2/14/12****LUNCH**

CHICKEN CAESAR WRAP

CHICKEN BREAST BNLSKL 4oz, ROMAINE
LETTUCE, WHITE TORTILLA , GRATED
ROMANO CHEESE , KEN'S CAESAR DELUXE
DRESSING, SALT, GRANULATED GARLIC,
GROUND PAPRIKA, GROUND BLACK
PEPPER

Nutrition Facts

Portion Size	11 oz Portion
calories	746.10
fat (gm)	37.90
sat fat (gm)	11.60
chol (mg)	140.40
sodium (mg)	1378.60
carbs (gm)	39.20
fiber (gm)	1.90
protein (gm)	62.60

IVY LUNCH CASH**2/14/12****LUNCH**

GREEN CHILE CHICK ENCHILADA

CHICKEN MEAT CKD 1/2" FRZ, WATER,
WHITE FLOUR TORTILLA, CHILI GREEN
CHOPPED, MARGARINE 1# SOLIDS (MILK
FREE), UNBLEACHED FLOUR, DICED WHITE
ONIONS, BASE CHICKEN SAVORY RSTD NO
MSG, SPICE CUMIN GROUND, SALT, GARLIC
CHOPPED/IN OIL, GROUND WHITE PEPPER

Nutrition Facts

Portion Size	2 EACH
calories	252.90
fat (gm)	6.40
sat fat (gm)	1.30
chol (mg)	44.50
sodium (mg)	155.90
carbs (gm)	27.20
fiber (gm)	0.30
protein (gm)	20.60

IVY LUNCH CASH**2/14/12****LUNCH**

IVY FISH SANDWICH

FISH HADDOCK FILET BRD FRZ 4OZ, ROLL DELI SPLIT TOP, GREEN LEAF LETTUCE, TOMATOES, PICKLES SPEARS DELI FRESH, MAYONNAISE , RELISH SWEET GREEN

<u>Nutrition Facts</u>	
Portion Size	8 OZ PORTION
calories	152.00
fat (gm)	14.70
sat fat (gm)	2.20
chol (mg)	7.30
sodium (mg)	417.50
carbs (gm)	4.30
fiber (gm)	1.20
protein (gm)	1.00

IVY LUNCH CASH

2/14/12

LUNCH

IVY ANGELL POCKET SANDWICH

WHITE SYRIAN BREAD, TOMATOES, PICKLES SPEARS DELI FRESH, GARBANZO BEANS, BULGUR CRACKED WHEAT , FRESH PARSLEY, CUCUMBER, TAHINI PASTE, LEMON JUICE, VIRGIN OLIVE OIL, SPINACH, DICED WHITE ONIONS, WATER, SALT, GARLIC, SPICE CUMIN GROUND, GROUND ALL SPICE, MINT LEAVES

<u>Nutrition Facts</u>	
Portion Size	7.480 oz Portion
calories	547.40
fat (gm)	14.00
sat fat (gm)	1.70
chol (mg)	0.00
sodium (mg)	735.90
carbs (gm)	88.40
fiber (gm)	1.80
protein (gm)	16.60

IVY LUNCH CASH

2/14/12

LUNCH

IVY BACON-LETTUCE-TOMATO SAND

WHITE PULLMAN BREAD, TOMATOES, GREEN LEAF LETTUCE, SLICED BACON, PICKLES SLICED DILLS THIN, MAYONNAISE

<u>Nutrition Facts</u>	
Portion Size	5 oz Portion
calories	404.30
fat (gm)	23.20
sat fat (gm)	5.20
chol (mg)	36.90
sodium (mg)	806.50
carbs (gm)	32.30
fiber (gm)	1.10
protein (gm)	15.80

IVY LUNCH CASH

2/14/12

LUNCH

IVY BUFFALO CHICKEN WRAP

CHICKEN BREAST BNLSKL 4oz, TOMATO AND BASIL TORTILLA , TOMATOES, GREEN LEAF LETTUCE, KEN'S BLUE CHEESE CREAMY DELUXE DRESSING, BUFFALO HOT SAUCE FRANK'S

Nutrition Facts

Portion Size	portion
calories	523.50
fat (gm)	17.30
sat fat (gm)	4.80
chol (mg)	99.80
sodium (mg)	765.20
carbs (gm)	46.60
fiber (gm)	0.60
protein (gm)	42.30

IVY LUNCH CASH**2/14/12****LUNCH**

IVY CHARLESFIELD SANDWICH

BOARS HEAD ROAST BEEF, ROLLS CAL BULKIE CORNML, PICKLES SPEARS DELI FRESH, TOMATOES, MUENSTER CHEESE, MUSHROOMS FRESH, GREEN LEAF LETTUCE, SOUR CREAM, HORSERADISH, SALT, GROUND MUSTARD, GROUND WHITE PEPPER

Nutrition Facts

Portion Size	SANDWICH
calories	518.80
fat (gm)	18.10
sat fat (gm)	8.70
chol (mg)	79.90
sodium (mg)	1269.30
carbs (gm)	50.90
fiber (gm)	3.50
protein (gm)	40.00

IVY LUNCH CASH**2/14/12****LUNCH**

IVY CHICKEN SALAD SANDWICH

ROLLS CAL BULKIE CORNML, CHICKEN MEAT CKD 1/2" FRZ, TOMATOES, MAYONNAISE , FRESH CELERY STALKS, PICKLES SLICED DILLS THIN, GREEN LEAF LETTUCE, SALT, GROUND WHITE PEPPER

Nutrition Facts

Portion Size	10.670 oz Portion
calories	639.60
fat (gm)	35.80
sat fat (gm)	5.60
chol (mg)	66.30
sodium (mg)	1171.60
carbs (gm)	49.40
fiber (gm)	3.50
protein (gm)	28.30

IVY LUNCH CASH**2/14/12****LUNCH**

IVY GRILLED AM CHEESE SANDWICH

AMERICAN CHEESE, PICKLES SLICED DILLS
THIN, WHITE PULLMAN BREAD,
SHORTENING PHASE BUTTER SUB

Nutrition Facts	
Portion Size	4 oz Portion
calories	111.70
fat (gm)	9.20
sat fat (gm)	6.00
chol (mg)	22.50
sodium (mg)	615.50
carbs (gm)	1.80
fiber (gm)	0.10
protein (gm)	6.20

IVY LUNCH CASH**2/14/12****LUNCH**

IVY GRILLED CHEESE&TOMATO SAND

WHEAT VIENNA BREAD, AMERICAN
CHEESE, TOMATOES, PICKLES SLICED
DILLS THIN, SHORTENING PHASE BUTTER
SUB

Nutrition Facts	
Portion Size	5 oz Portion
calories	446.30
fat (gm)	21.30
sat fat (gm)	12.70
chol (mg)	44.80
sodium (mg)	1587.90
carbs (gm)	43.90
fiber (gm)	3.70
protein (gm)	21.70

IVY LUNCH CASH**2/14/12****LUNCH**

IVY GRILLED CHEESEBURGER

BEEF CHUCK ROLL NATURAL, HAMBURGER
BUN, AMERICAN CHEESE, SHORTENING
PHASE BUTTER SUB

Nutrition Facts	
Portion Size	5.320 oz Portion
calories	202.60
fat (gm)	8.20
sat fat (gm)	4.00
chol (mg)	14.90
sodium (mg)	659.40
carbs (gm)	25.50
fiber (gm)	
protein (gm)	8.00

IVY LUNCH CASH**2/14/12****LUNCH**

IVY GRILLED CHICKEN SANDWICH

CHICKEN BREAST CKD GRILL MARK, ROLLS
CAL BULKIE CORNML, GREEN LEAF
LETTUCE, TOMATOES, HONEY MUSTARD,
BBQ SAUCE, SWEET & SOUR SAUCE

Nutrition Facts	
Portion Size	Sandwich
calories	443.80
fat (gm)	9.50
sat fat (gm)	1.50
chol (mg)	71.40
sodium (mg)	1152.70
carbs (gm)	57.70
fiber (gm)	3.10
protein (gm)	30.80

IVY LUNCH CASH**2/14/12****LUNCH**

IVY GRILLED FRANKFURT ON BUN

BEEF FRANKS, HOT DOG BUN,
SHORTENING PHASE BUTTER SUB

Nutrition Facts	
Portion Size	5.090 oz Portion
calories	252.40
fat (gm)	14.70
sat fat (gm)	5.00
chol (mg)	22.60
sodium (mg)	719.30
carbs (gm)	23.00
fiber (gm)	0.00
protein (gm)	8.80

IVY LUNCH CASH**2/14/12****LUNCH**

IVY GRILLED HAM & CHEESE SANDWICH

BOARS HEAD BLACK FOREST HAM, WHITE
PULLMAN BREAD, AMERICAN CHEESE,
SHORTENING PHASE BUTTER SUB

Nutrition Facts	
Portion Size	5 oz Portion
calories	328.90
fat (gm)	12.20
sat fat (gm)	6.00
chol (mg)	68.00
sodium (mg)	1441.20
carbs (gm)	31.10
fiber (gm)	
protein (gm)	25.20

IVY LUNCH CASH**2/14/12****LUNCH**

IVY GRILLED HAMBURGER REG

BEEF CHUCK ROLL NATURAL, HAMBURGER
BUN, SHORTENING PHASE BUTTER SUB

Nutrition Facts

Portion Size 4.320 oz Portion
calories 133.00
fat (gm) 2.20
sat fat (gm) 0.00
chol (mg) 0.00
sodium (mg) 321.20
carbs (gm) 25.00
fiber (gm)
protein (gm) 4.00

IVY LUNCH CASH**2/14/12****LUNCH**

IVY ROOM TURKEY & GOUDA (SIDNEY FRAN

BOARS HEAD OVEN ROASTED TURKEY,
TOMATO AND BASIL TORTILLA ,
GARLIC/HERB TORTILLA , WHITE TORTILLA ,
SPINACH TORTILLA , GOUDA CHEESE,
DIJON MUSTARD, MAYONNAISE , EGG
PLANT, RED ONIONS, ZUCCHINI SQUASH,
RED PEPPERS, YELLOW SUMMER SQUASH,
SALT, GRANULATED GARLIC, GROUND
BLACK PEPPER, OIL PAN COATING SPRAY
AEROSOL SOY

Nutrition Facts

Portion Size each
calories 448.10
fat (gm) 18.00
sat fat (gm) 5.90
chol (mg) 48.30
sodium (mg) 1347.70
carbs (gm) 39.00
fiber (gm) 0.90
protein (gm) 31.00

IVY LUNCH CASH**2/14/12****LUNCH**

IVY SHAVED STK & CHS SANDWICH

SHAVED STEAK, TORPEDO ROLL,
PROVOLONE CHEESE, WHITE ONION

Nutrition Facts

Portion Size 4.500 oz Portion
calories 429.60
fat (gm) 14.00
sat fat (gm) 9.00
chol (mg) 44.50
sodium (mg) 747.20
carbs (gm) 41.10
fiber (gm) 0.40
protein (gm) 33.30

IVY LUNCH CASH**2/14/12****LUNCH**

IVY SLICED HAM SANDWICH

BOARS HEAD BLACK FOREST HAM, ROLLS CAL BULKIE CORNML, TOMATOES, PICKLES SLICED DILLS THIN, GREEN LEAF LETTUCE, MUSTARD SALAD

<u>Nutrition Facts</u>	
Portion Size	10.420 oz Portion
calories	399.10
fat (gm)	6.00
sat fat (gm)	0.60
chol (mg)	51.50
sodium (mg)	1473.10
carbs (gm)	57.10
fiber (gm)	3.30
protein (gm)	27.50

IVY LUNCH CASH

2/14/12

LUNCH

IVY SLICED ROAST BEEF SANDWICH

BOARS HEAD ROAST BEEF, ROLLS CAL BULKIE CORNML, TOMATOES, PICKLES SLICED DILLS THIN, GREEN LEAF LETTUCE, MAYONNAISE

<u>Nutrition Facts</u>	
Portion Size	SANDWICH
calories	542.70
fat (gm)	20.80
sat fat (gm)	4.20
chol (mg)	57.50
sodium (mg)	962.50
carbs (gm)	54.40
fiber (gm)	3.30
protein (gm)	36.00

IVY LUNCH CASH

2/14/12

LUNCH

IVY SLICED TURKEY BREAST SAND

BOARS HEAD OVEN ROASTED TURKEY, ROLLS CAL BULKIE CORNML, TOMATOES, PICKLES SLICED DILLS THIN, GREEN LEAF LETTUCE, MAYONNAISE

<u>Nutrition Facts</u>	
Portion Size	10.670 oz Portion
calories	508.40
fat (gm)	18.30
sat fat (gm)	2.40
chol (mg)	40.40
sodium (mg)	1425.00
carbs (gm)	53.50
fiber (gm)	3.30
protein (gm)	32.60

IVY LUNCH CASH

2/14/12

LUNCH

IVY SPICY CHICKEN SANDWICH

CHICKEN BRST BRD SPICY 4.3 oz, ROLLS
BULKIE WHITE CALISE , KEN'S BLUE
CHEESE DRESSING, TOMATOES, GREEN
LEAF LETTUCE

Nutrition Facts	
Portion Size	10 - OZ SANDWICH
calories	791.40
fat (gm)	45.80
sat fat (gm)	7.40
chol (mg)	88.30
sodium (mg)	1963.60
carbs (gm)	60.00
fiber (gm)	1.90
protein (gm)	35.80

IVY LUNCH CASH**2/14/12****LUNCH**

IVY TUNAFISH SALAD SANDWICH

TUNA WHITE SOLID IN WATER, ROLLS CAL
BULKIE CORNML, TOMATOES, MAYONNAISE
, PICKLES SLICED DILLS THIN, GREEN LEAF
LETTUCE, FRESH PARSLEY, SALT, FREEZE
DRIED CHIVES, GROUND BLACK PEPPER

Nutrition Facts	
Portion Size	SANDWICH
calories	717.20
fat (gm)	38.90
sat fat (gm)	6.30
chol (mg)	86.60
sodium (mg)	1502.30
carbs (gm)	50.70
fiber (gm)	3.20
protein (gm)	43.20

IVY LUNCH CASH**2/14/12****LUNCH**

IVY WATERMAN SANDWICH

BOARS HEAD OVEN ROASTED TURKEY,
ROLLS CAL BULKIE CORNML, TOMATOES,
SLICED CHEDDAR CHEESE, PICKLES
SPEARS DELI FRESH, GREEN LEAF
LETTUCE, MAYONNAISE , SLICED BACON

Nutrition Facts	
Portion Size	SANDWICH
calories	600.20
fat (gm)	28.00
sat fat (gm)	9.00
chol (mg)	72.80
sodium (mg)	1565.00
carbs (gm)	48.00
fiber (gm)	3.00
protein (gm)	38.40

IVY LUNCH CASH**2/14/12****LUNCH**

Sauces for Chicken Fingers

SWEET & SOUR SAUCE, BBQ SAUCE,
HONEY MUSTARD

Nutrition Facts	
Portion Size	Each
calories	52.00
fat (gm)	1.60
sat fat (gm)	0.20
chol (mg)	2.90
sodium (mg)	168.40
carbs (gm)	9.80
fiber (gm)	
protein (gm)	0.20

IVY LUNCH CASH

2/14/12

LUNCH

TURKEY CRANBERRY MAYONNAI

BOARS HEAD OVEN ROASTED TURKEY,
FLOUR TORTILLA, FRESH PLUM TOMATOES,
GREEN LEAF LETTUCE, JELLIED
CRANBERRY SAUCE, MAYONNAISE

Nutrition Facts	
Portion Size	11.250 oz Portion
calories	393.80
fat (gm)	17.30
sat fat (gm)	2.40
chol (mg)	35.80
sodium (mg)	640.30
carbs (gm)	35.10
fiber (gm)	0.60
protein (gm)	24.80

IVY LUNCH CASH

2/14/12

LUNCH

VEGGIE PATTIES ORIGINAL

VEG PATTY ORIGINAL, ROLLS BULKIE
WHEAT CALISE

Nutrition Facts	
Portion Size	4 oz Portion
calories	204.30
fat (gm)	5.00
sat fat (gm)	1.60
chol (mg)	8.20
sodium (mg)	680.30
carbs (gm)	31.30
fiber (gm)	
protein (gm)	10.40

IVY LUNCH CASH

2/14/12

LUNCH

CORN & SWEET PEPPER SAUTE

CORN, GREEN PEPPERS, RED PEPPERS,
HALF & HALF CREAM, MARGARINE 1#
SOLIDS (MILK FREE), SALT, GROUND BLACK
PEPPER

Nutrition Facts

Portion Size	4oz portion
calories	103.60
fat (gm)	2.90
sat fat (gm)	1.00
chol (mg)	3.20
sodium (mg)	72.30
carbs (gm)	19.90
fiber (gm)	2.40
protein (gm)	2.90

IVY LUNCH CASH**2/14/12****LUNCH**

FRENCH FRIED ONION RINGS

BATTERED ONION RINGS

Nutrition Facts

Portion Size	3oz portion
calories	281.90
fat (gm)	15.90
sat fat (gm)	7.10
chol (mg)	14.40
sodium (mg)	439.90
carbs (gm)	32.00
fiber (gm)	
protein (gm)	3.80

IVY LUNCH CASH**2/14/12****LUNCH**

FRENCH FRIES CURLEY IVY ROOM

FRENCH FRIES

Nutrition Facts

Portion Size	3 oz Portion
calories	160.10
fat (gm)	7.00
sat fat (gm)	1.00
chol (mg)	0.00
sodium (mg)	300.20
carbs (gm)	22.00
fiber (gm)	
protein (gm)	2.00

IVY LUNCH CASH**2/14/12****LUNCH**

RED RICE

WHITE RICE, TOMATOES, RED PEPPERS,
DICED WHITE ONIONS, MARGARINE 1#
SOLIDS (MILK FREE), GRANULATED CANE
SUGAR, GROUND PAPRIKA, SALT,
TABASCO/RED DEVIL HOT SAU, WATER

Nutrition Facts

Portion Size 4 oz Portion
calories 119.10
fat (gm) 0.40
sat fat (gm) 0.10
chol (mg) 0.00
sodium (mg) 82.30
carbs (gm) 25.50
fiber (gm) 0.70
protein (gm) 2.60

IVY LUNCH CASH**2/14/12****LUNCH**

SWEET POTATO FRIES

SWEET POTATO FRIES

Nutrition Facts

Portion Size 3 oz Portion
calories 182.10
fat (gm) 8.10
sat fat (gm) 0.50
chol (mg) 0.00
sodium (mg) 121.40
carbs (gm) 25.30
fiber (gm)
protein (gm) 2.00

IVY LUNCH CASH**2/14/12****LUNCH**

IVY RM ASST FRESH WHOLE F

BANANAS, BARTLETTS PEARS , ORANGES
FRESH NAVEL, RED DELICIOUS APPLES

Nutrition Facts

Portion Size 7.020 oz Portion
calories 13.00
fat (gm) 0.00
sat fat (gm) 0.00
chol (mg) 0.00
sodium (mg) 0.20
carbs (gm) 3.40
fiber (gm) 0.50
protein (gm) 0.10

IVY LUNCH CASH**2/14/12****LUNCH**

COOKIES ASST HM '06

CAKE FLOUR, BUTTER, GRANULATED CANE SUGAR, CHOCOLATE CHIPS, LIGHT BROWN SUGAR, QUICK OATS, UNBLEACHED FLOUR, EGGS - LIQUID, RAISINS, RASPBERRY FILLING, DATES PITTED WHOLE, FILLING ORANGE PINEAPPLE, WATER, VANILLA EXTRACT, BAKING SODA , NON-FAT MILK, GROUND CINNAMON, GROUND NUTMEG

Nutrition Facts

Portion Size	COOKIE
calories	109.20
fat (gm)	4.80
sat fat (gm)	0.70
chol (mg)	6.50
sodium (mg)	55.80
carbs (gm)	15.80
fiber (gm)	0.40
protein (gm)	1.30

IVY LUNCH CASH**2/14/12****LUNCH**

OATMEAL BREAD

FLOUR, WATER, QUICK OATS, MOLASSES, NON-FAT MILK, VEGETABLE ALL PURPOSE SHORTENING, YEAST, SALT

Nutrition Facts

Portion Size	SLICE 2.4 oz
calories	164.90
fat (gm)	2.30
sat fat (gm)	0.70
chol (mg)	1.10
sodium (mg)	248.60
carbs (gm)	30.80
fiber (gm)	1.60
protein (gm)	4.90

IVY LUNCH CASH**2/14/12****LUNCH**

SPLIT PEA SOUP W/ HAM

WATER, DRIED GREEN SPLIT PEAS, HAM , POTATOES, CARROTS, DICED WHITE ONIONS, CELERY, MARGARINE 1# SOLIDS (MILK FREE), SALT

Nutrition Facts

Portion Size	6 oz Portion
calories	89.90
fat (gm)	2.40
sat fat (gm)	0.70
chol (mg)	13.50
sodium (mg)	472.40
carbs (gm)	10.40
fiber (gm)	3.00
protein (gm)	7.00

IVY LUNCH CASH**2/15/12****LUNCH**

VEGETARIAN CREAM OF TOMATO SOUP

WHOLE MILK, TOMATO PUREE USDA GRD
FCY, WATER, TOMATO PASTE USDA GRD
FCY, MARGARINE 1# SOLIDS (MILK FREE),
UNBLEACHED FLOUR, CARROTS, DICED
WHITE ONIONS, SALT, CELERY,
GRANULATED CANE SUGAR, GROUND
WHITE PEPPER, BAY LEAVES

Nutrition Facts

Portion Size	6 oz Portion
calories	96.30
fat (gm)	3.00
sat fat (gm)	1.70
chol (mg)	11.00
sodium (mg)	423.30
carbs (gm)	12.70
fiber (gm)	0.20
protein (gm)	4.00

IVY LUNCH CASH

2/15/12

LUNCH

BREADED CHICKEN FINGERS

BREADED CHICKEN TENDERS

Nutrition Facts

Portion Size	4 piece
calories	425.80
fat (gm)	28.30
sat fat (gm)	5.70
chol (mg)	65.00
sodium (mg)	775.50
carbs (gm)	20.90
fiber (gm)	
protein (gm)	20.60

IVY LUNCH CASH

2/15/12

LUNCH

CHICKEN CAESAR WRAP

CHICKEN BREAST BNLSKL 4oz, ROMAINE
LETTUCE, WHITE TORTILLA , GRATED
ROMANO CHEESE , KEN'S CAESAR DELUXE
DRESSING, SALT, GRANULATED GARLIC,
GROUND PAPRIKA, GROUND BLACK
PEPPER

Nutrition Facts

Portion Size	11 oz Portion
calories	746.10
fat (gm)	37.90
sat fat (gm)	11.60
chol (mg)	140.40
sodium (mg)	1378.60
carbs (gm)	39.20
fiber (gm)	1.90
protein (gm)	62.60

IVY LUNCH CASH

2/15/12

LUNCH

IVY FISH SANDWICH

FISH HADDOCK FILET BRD FRZ 4OZ, ROLL DELI SPLIT TOP, GREEN LEAF LETTUCE, TOMATOES, PICKLES SPEARS DELI FRESH, MAYONNAISE , RELISH SWEET GREEN

Nutrition Facts	
Portion Size	8 OZ PORTION
calories	152.00
fat (gm)	14.70
sat fat (gm)	2.20
chol (mg)	7.30
sodium (mg)	417.50
carbs (gm)	4.30
fiber (gm)	1.20
protein (gm)	1.00

IVY LUNCH CASH

2/15/12

LUNCH

IVY ANGELL POCKET SANDWICH

WHITE SYRIAN BREAD, TOMATOES, PICKLES SPEARS DELI FRESH, GARBANZO BEANS, BULGUR CRACKED WHEAT , FRESH PARSLEY, CUCUMBER, TAHINI PASTE, LEMON JUICE, VIRGIN OLIVE OIL, SPINACH, DICED WHITE ONIONS, WATER, SALT, GARLIC, SPICE CUMIN GROUND, GROUND ALL SPICE, MINT LEAVES

Nutrition Facts	
Portion Size	7.480 oz Portion
calories	547.40
fat (gm)	14.00
sat fat (gm)	1.70
chol (mg)	0.00
sodium (mg)	735.90
carbs (gm)	88.40
fiber (gm)	1.80
protein (gm)	16.60

IVY LUNCH CASH

2/15/12

LUNCH

IVY BACON-LETTUCE-TOMATO SAND

WHITE PULLMAN BREAD, TOMATOES, GREEN LEAF LETTUCE, SLICED BACON, PICKLES SLICED DILLS THIN, MAYONNAISE

Nutrition Facts	
Portion Size	5 oz Portion
calories	404.30
fat (gm)	23.20
sat fat (gm)	5.20
chol (mg)	36.90
sodium (mg)	806.50
carbs (gm)	32.30
fiber (gm)	1.10
protein (gm)	15.80

IVY LUNCH CASH

2/15/12

LUNCH

IVY BUFFALO CHICKEN WRAP

CHICKEN BREAST BNLSKL 4oz, TOMATO AND BASIL TORTILLA , TOMATOES, GREEN LEAF LETTUCE, KEN'S BLUE CHEESE CREAMY DELUXE DRESSING, BUFFALO HOT SAUCE FRANK'S

Nutrition Facts	
Portion Size	portion
calories	523.50
fat (gm)	17.30
sat fat (gm)	4.80
chol (mg)	99.80
sodium (mg)	765.20
carbs (gm)	46.60
fiber (gm)	0.60
protein (gm)	42.30

IVY LUNCH CASH**2/15/12****LUNCH**

IVY CHARLESFIELD SANDWICH

BOARS HEAD ROAST BEEF, ROLLS CAL BULKIE CORNML, PICKLES SPEARS DELI FRESH, TOMATOES, MUENSTER CHEESE, MUSHROOMS FRESH, GREEN LEAF LETTUCE, SOUR CREAM, HORSERADISH, SALT, GROUND MUSTARD, GROUND WHITE PEPPER

Nutrition Facts	
Portion Size	SANDWICH
calories	518.80
fat (gm)	18.10
sat fat (gm)	8.70
chol (mg)	79.90
sodium (mg)	1269.30
carbs (gm)	50.90
fiber (gm)	3.50
protein (gm)	40.00

IVY LUNCH CASH**2/15/12****LUNCH**

IVY CHICKEN SALAD SANDWICH

ROLLS CAL BULKIE CORNML, CHICKEN MEAT CKD 1/2" FRZ, TOMATOES, MAYONNAISE , FRESH CELERY STALKS, PICKLES SLICED DILLS THIN, GREEN LEAF LETTUCE, SALT, GROUND WHITE PEPPER

Nutrition Facts	
Portion Size	10.670 oz Portion
calories	639.60
fat (gm)	35.80
sat fat (gm)	5.60
chol (mg)	66.30
sodium (mg)	1171.60
carbs (gm)	49.40
fiber (gm)	3.50
protein (gm)	28.30

IVY LUNCH CASH**2/15/12****LUNCH**

IVY GRILLED AM CHEESE SANDWICH

AMERICAN CHEESE, PICKLES SLICED DILLS
THIN, WHITE PULLMAN BREAD,
SHORTENING PHASE BUTTER SUB

<u>Nutrition Facts</u>	
Portion Size	4 oz Portion
calories	111.70
fat (gm)	9.20
sat fat (gm)	6.00
chol (mg)	22.50
sodium (mg)	615.50
carbs (gm)	1.80
fiber (gm)	0.10
protein (gm)	6.20

IVY LUNCH CASH

2/15/12

LUNCH

IVY GRILLED CHEESE&TOMATO SAND

WHEAT VIENNA BREAD, AMERICAN
CHEESE, TOMATOES, PICKLES SLICED
DILLS THIN, SHORTENING PHASE BUTTER
SUB

<u>Nutrition Facts</u>	
Portion Size	5 oz Portion
calories	446.30
fat (gm)	21.30
sat fat (gm)	12.70
chol (mg)	44.80
sodium (mg)	1587.90
carbs (gm)	43.90
fiber (gm)	3.70
protein (gm)	21.70

IVY LUNCH CASH

2/15/12

LUNCH

IVY GRILLED CHEESEBURGER

BEEF CHUCK ROLL NATURAL, HAMBURGER
BUN, AMERICAN CHEESE, SHORTENING
PHASE BUTTER SUB

<u>Nutrition Facts</u>	
Portion Size	5.320 oz Portion
calories	202.60
fat (gm)	8.20
sat fat (gm)	4.00
chol (mg)	14.90
sodium (mg)	659.40
carbs (gm)	25.50
fiber (gm)	
protein (gm)	8.00

IVY LUNCH CASH

2/15/12

LUNCH

IVY GRILLED HAMBURGER REG

BEEF CHUCK ROLL NATURAL, HAMBURGER
BUN, SHORTENING PHASE BUTTER SUB

Nutrition Facts	
Portion Size	4.320 oz Portion
calories	133.00
fat (gm)	2.20
sat fat (gm)	0.00
chol (mg)	0.00
sodium (mg)	321.20
carbs (gm)	25.00
fiber (gm)	
protein (gm)	4.00

IVY LUNCH CASH**2/15/12****LUNCH**

IVY ROOM TURKEY & GOUDA (SIDNEY FRAN

BOARS HEAD OVEN ROASTED TURKEY,
TOMATO AND BASIL TORTILLA ,
GARLIC/HERB TORTILLA , WHITE TORTILLA ,
SPINACH TORTILLA , GOUDA CHEESE,
DIJON MUSTARD, MAYONNAISE , EGG
PLANT, RED ONIONS, ZUCCHINI SQUASH,
RED PEPPERS, YELLOW SUMMER SQUASH,
SALT, GRANULATED GARLIC, GROUND
BLACK PEPPER, OIL PAN COATING SPRAY
AEROSOL SOY

Nutrition Facts	
Portion Size	each
calories	448.10
fat (gm)	18.00
sat fat (gm)	5.90
chol (mg)	48.30
sodium (mg)	1347.70
carbs (gm)	39.00
fiber (gm)	0.90
protein (gm)	31.00

IVY LUNCH CASH**2/15/12****LUNCH**

IVY SHAVED STK & CHS SANDWICH

SHAVED STEAK, TORPEDO ROLL,
PROVOLONE CHEESE, WHITE ONION

Nutrition Facts	
Portion Size	4.500 oz Portion
calories	429.60
fat (gm)	14.00
sat fat (gm)	9.00
chol (mg)	44.50
sodium (mg)	747.20
carbs (gm)	41.10
fiber (gm)	0.40
protein (gm)	33.30

IVY LUNCH CASH**2/15/12****LUNCH**

IVY SPICY CHICKEN SANDWICH

CHICKEN BRST BRD SPICY 4.3 oz, ROLLS
BULKIE WHITE CALISE , KEN'S BLUE
CHEESE DRESSING, TOMATOES, GREEN
LEAF LETTUCE

Nutrition Facts

Portion Size	10 - OZ SANDWICH
calories	791.40
fat (gm)	45.80
sat fat (gm)	7.40
chol (mg)	88.30
sodium (mg)	1963.60
carbs (gm)	60.00
fiber (gm)	1.90
protein (gm)	35.80

IVY LUNCH CASH

2/15/12

LUNCH

IVY TUNAFISH SALAD SANDWICH

TUNA WHITE SOLID IN WATER, ROLLS CAL
BULKIE CORNML, TOMATOES, MAYONNAISE
, PICKLES SLICED DILLS THIN, GREEN LEAF
LETTUCE, FRESH PARSLEY, SALT, FREEZE
DRIED CHIVES, GROUND BLACK PEPPER

Nutrition Facts

Portion Size	SANDWICH
calories	717.20
fat (gm)	38.90
sat fat (gm)	6.30
chol (mg)	86.60
sodium (mg)	1502.30
carbs (gm)	50.70
fiber (gm)	3.20
protein (gm)	43.20

IVY LUNCH CASH

2/15/12

LUNCH

IVY WATERMAN SANDWICH

BOARS HEAD OVEN ROASTED TURKEY,
ROLLS CAL BULKIE CORNML, TOMATOES,
SLICED CHEDDAR CHEESE, PICKLES
SPEARS DELI FRESH, GREEN LEAF
LETTUCE, MAYONNAISE , SLICED BACON

Nutrition Facts

Portion Size	SANDWICH
calories	600.20
fat (gm)	28.00
sat fat (gm)	9.00
chol (mg)	72.80
sodium (mg)	1565.00
carbs (gm)	48.00
fiber (gm)	3.00
protein (gm)	38.40

IVY LUNCH CASH

2/15/12

LUNCH

VEGETARIAN CAJUN PASTA

ROTINI, HEAVY CREAM, RED PEPPERS,
ZUCCHINI SQUASH, FRESH PARSLEY, SALT,
VIRGIN OLIVE OIL, GROUND PAPRIKA,
ONION POWDER, SPICE GARLIC POWDER,
GROUND CAYENNE PEPPER, GROUND
WHITE PEPPER, GROUND BLACK PEPPER,
THYME LEAF, GROUND OREGANO

Nutrition Facts

Portion Size	6 oz Portion
calories	526.90
fat (gm)	7.90
sat fat (gm)	3.40
chol (mg)	20.80
sodium (mg)	319.00
carbs (gm)	96.90
fiber (gm)	0.60
protein (gm)	16.60

IVY LUNCH CASH

2/15/12

LUNCH

VEGGIE PATTIES ORIGINAL

VEG PATTY ORIGINAL, ROLLS BULKIE
WHEAT CALISE

Nutrition Facts

Portion Size	4 oz Portion
calories	204.30
fat (gm)	5.00
sat fat (gm)	1.60
chol (mg)	8.20
sodium (mg)	680.30
carbs (gm)	31.30
fiber (gm)	
protein (gm)	10.40

IVY LUNCH CASH

2/15/12

LUNCH

FRENCH FRIED ONION RINGS

BATTERED ONION RINGS

Nutrition Facts

Portion Size	3oz portion
calories	281.90
fat (gm)	15.90
sat fat (gm)	7.10
chol (mg)	14.40
sodium (mg)	439.90
carbs (gm)	32.00
fiber (gm)	
protein (gm)	3.80

IVY LUNCH CASH

2/15/12

LUNCH

FRENCH FRIES CURLEY IVY ROOM

FRENCH FRIES

Nutrition Facts

Portion Size	3 oz Portion
calories	160.10
fat (gm)	7.00
sat fat (gm)	1.00
chol (mg)	0.00
sodium (mg)	300.20
carbs (gm)	22.00
fiber (gm)	
protein (gm)	2.00

IVY LUNCH CASH**2/15/12****LUNCH**

ITALIAN TOSCANO COUS COUS

WATER, ISRAELI COUSCOUS, YELLOW PEPPERS, RED PEPPERS, GREEN PEPPERS, FRESH PARMESAN CHEESE, BASE VEGAN SAVORY RSTD VEGETABLE, FRESH BASIL, SALT, GROUND BLACK PEPPER

Nutrition Facts

Portion Size	4 OZ. PORTIONS:
calories	284.50
fat (gm)	1.30
sat fat (gm)	0.60
chol (mg)	2.60
sodium (mg)	104.20
carbs (gm)	56.10
fiber (gm)	3.90
protein (gm)	10.40

IVY LUNCH CASH**2/15/12****LUNCH**

SAUTEED BROCCOLI & GARLIC

BROCCOLI, OLIVES, DICED WHITE ONIONS, MARGARINE 1# SOLIDS (MILK FREE), GARLIC CHOPPED/IN OIL, VIRGIN OLIVE OIL, OREGANO

Nutrition Facts

Portion Size	4oz portion
calories	58.40
fat (gm)	3.40
sat fat (gm)	0.60
chol (mg)	0.00
sodium (mg)	122.70
carbs (gm)	5.60
fiber (gm)	1.80
protein (gm)	2.00

IVY LUNCH CASH**2/15/12****LUNCH**

SWEET POTATO FRIES

SWEET POTATO FRIES

Nutrition Facts

Portion Size	3 oz Portion
calories	182.10
fat (gm)	8.10
sat fat (gm)	0.50
chol (mg)	0.00
sodium (mg)	121.40
carbs (gm)	25.30
fiber (gm)	
protein (gm)	2.00

IVY LUNCH CASH**2/15/12****LUNCH**

IVY RM ASST FRESH WHOLE F

BANANAS, BARTLETTS PEARS , ORANGES
FRESH NAVEL, RED DELICIOUS APPLES**Nutrition Facts**

Portion Size	7.020 oz Portion
calories	13.00
fat (gm)	0.00
sat fat (gm)	0.00
chol (mg)	0.00
sodium (mg)	0.20
carbs (gm)	3.40
fiber (gm)	0.50
protein (gm)	0.10

IVY LUNCH CASH**2/15/12****LUNCH**

ANADAMA BREAD

UNBLEACHED FLOUR, WATER, MOLASSES,
CORN MEAL, VEGETABLE SALAD OIL,
GRANULATED CANE SUGAR, YEAST, SALT**Nutrition Facts**

Portion Size	1.900 oz Portion
calories	124.40
fat (gm)	2.50
sat fat (gm)	0.20
chol (mg)	0.00
sodium (mg)	91.70
carbs (gm)	22.50
fiber (gm)	0.60
protein (gm)	2.60

IVY LUNCH CASH**2/15/12****LUNCH**

BUTTERSCOTCH PUDDING

WHOLE MILK, PUDDING BUTTERSCOT INST,
HEAVY CREAM, GRANULATED CANE
SUGAR, VANILLA EXTRACT

Nutrition Facts

Portion Size	2.500 oz Portion
calories	62.40
fat (gm)	4.60
sat fat (gm)	2.80
chol (mg)	18.50
sodium (mg)	32.20
carbs (gm)	3.30
fiber (gm)	0.00
protein (gm)	1.70

IVY LUNCH CASH

2/15/12

LUNCH

CHOCOLATE CAKE

CHOCOLATE CAKE MIX, CONFECTIONARY
SUGAR, WATER, CHOCOLATE FUDGE BASE,
CORN SYRUP , VEGETABLE SHORTENING

Nutrition Facts

Portion Size	SLICE 3.26 oz
calories	565.90
fat (gm)	17.90
sat fat (gm)	4.40
chol (mg)	15.90
sodium (mg)	611.70
carbs (gm)	101.70
fiber (gm)	0.00
protein (gm)	6.00

IVY LUNCH CASH

2/15/12

LUNCH

COOKIES ASST HM '06

CAKE FLOUR, BUTTER, GRANULATED CANE
SUGAR, CHOCOLATE CHIPS, LIGHT BROWN
SUGAR, QUICK OATS, UNBLEACHED
FLOUR, EGGS - LIQUID, RAISINS,
RASPBERRY FILLING, DATES PITTED
WHOLE, FILLING ORANGE PINEAPPLE,
WATER, VANILLA EXTRACT, BAKING SODA ,
NON-FAT MILK, GROUND CINNAMON,
GROUND NUTMEG

Nutrition Facts

Portion Size	COOKIE
calories	109.20
fat (gm)	4.80
sat fat (gm)	0.70
chol (mg)	6.50
sodium (mg)	55.80
carbs (gm)	15.80
fiber (gm)	0.40
protein (gm)	1.30

IVY LUNCH CASH

2/15/12

LUNCH

CREAM CHEESE BROWNIES

GRANULATED CANE SUGAR, EGGS - LIQUID, ALL PURPOSE SHORTENING, CREAM CHEESE, CAKE FLOUR, ROYAL DUTCH COCOA, CHOCOLATE CAKE MIX, CONDENSED MILK, WATER, VANILLA EXTRACT, SALT

Nutrition Facts

Portion Size	2.75 OZ PORTION
calories	315.40
fat (gm)	15.90
sat fat (gm)	7.00
chol (mg)	62.10
sodium (mg)	202.00
carbs (gm)	40.60
fiber (gm)	0.30
protein (gm)	3.30

IVY LUNCH CASH

2/15/12

LUNCH

ORANGE JELLO FRUITED CT-5

WATER, TROPICAL FRUIT SALAD, GELATIN ORANGE

Nutrition Facts

Portion Size	4.870 oz Portion
calories	83.70
fat (gm)	0.00
sat fat (gm)	0.00
chol (mg)	0.00
sodium (mg)	88.00
carbs (gm)	20.20
fiber (gm)	0.30
protein (gm)	1.50

IVY LUNCH CASH

2/15/12

LUNCH

BEEF BARLEY SOUP

BARLEY PEARL, DICED WHITE ONIONS, CARROTS, TOMATOES, CELERY, BEEF, GREEN PEAS, BASE BEEF SAVORY RSTD NO MSG, WATER

Nutrition Facts

Portion Size	6 oz Portion
calories	41.90
fat (gm)	0.40
sat fat (gm)	0.10
chol (mg)	4.40
sodium (mg)	23.90
carbs (gm)	7.10
fiber (gm)	1.30
protein (gm)	2.60

IVY LUNCH CASH

2/16/12

LUNCH

VEGETARIAN SQUASH BISQUE

BUTTERNUT SQUASH, WATER, HEAVY CREAM, APPLE SLICED/FRESH, DICED WHITE ONIONS, BASE VEGAN SAVORY RSTD VEGETABLE, SALT, ROSEMARY, GROUND BLACK PEPPER

Nutrition Facts

Portion Size	6 oz Portion
calories	105.60
fat (gm)	6.10
sat fat (gm)	4.00
chol (mg)	24.80
sodium (mg)	85.80
carbs (gm)	11.90
fiber (gm)	1.90
protein (gm)	0.90

IVY LUNCH CASH

2/16/12

LUNCH

BREADED CHICKEN FINGERS

BREADED CHICKEN TENDERS

Nutrition Facts

Portion Size	4 piece
calories	425.80
fat (gm)	28.30
sat fat (gm)	5.70
chol (mg)	65.00
sodium (mg)	775.50
carbs (gm)	20.90
fiber (gm)	
protein (gm)	20.60

IVY LUNCH CASH

2/16/12

LUNCH

CHICKEN CAESAR WRAP

CHICKEN BREAST BNLSKL 4oz, ROMAINE LETTUCE, WHITE TORTILLA, GRATED ROMANO CHEESE, KEN'S CAESAR DELUXE DRESSING, SALT, GRANULATED GARLIC, GROUND PAPRIKA, GROUND BLACK PEPPER

Nutrition Facts

Portion Size	11 oz Portion
calories	746.10
fat (gm)	37.90
sat fat (gm)	11.60
chol (mg)	140.40
sodium (mg)	1378.60
carbs (gm)	39.20
fiber (gm)	1.90
protein (gm)	62.60

IVY LUNCH CASH

2/16/12

LUNCH

CHICKEN MILANESE

CHICKEN 9 CUT (KFC), WATER, MUSHROOMS FRESH, WHITE ONION, JELLIED CRANBERRY SAUCE, MARGARINE 1# SOLIDS (MILK FREE), MARSALA WINE PASTENE, UNBLEACHED FLOUR, BASE CHICKEN SAVORY RSTD NO MSG, SALT, ROSEMARY, GROUND BLACK PEPPER, GRANULATED GARLIC, WORCESTERSHIRE SAUCE, GROUND WHITE PEPPER, OREGANO

Nutrition Facts

Portion Size	8 oz Portion
calories	321.60
fat (gm)	11.80
sat fat (gm)	3.30
chol (mg)	118.60
sodium (mg)	380.60
carbs (gm)	7.80
fiber (gm)	0.60
protein (gm)	43.00

IVY LUNCH CASH

2/16/12

LUNCH

IVY FISH SANDWICH

FISH HADDOCK FILET BRD FRZ 4OZ, ROLL DELI SPLIT TOP, GREEN LEAF LETTUCE, TOMATOES, PICKLES SPEARS DELI FRESH, MAYONNAISE , RELISH SWEET GREEN

Nutrition Facts

Portion Size	8 OZ PORTION
calories	152.00
fat (gm)	14.70
sat fat (gm)	2.20
chol (mg)	7.30
sodium (mg)	417.50
carbs (gm)	4.30
fiber (gm)	1.20
protein (gm)	1.00

IVY LUNCH CASH

2/16/12

LUNCH

IVY ANGELL POCKET SANDWICH

WHITE SYRIAN BREAD, TOMATOES, PICKLES SPEARS DELI FRESH, GARBANZO BEANS, BULGUR CRACKED WHEAT , FRESH PARSLEY, CUCUMBER, TAHINI PASTE, LEMON JUICE, VIRGIN OLIVE OIL, SPINACH, DICED WHITE ONIONS, WATER, SALT, GARLIC, SPICE CUMIN GROUND, GROUND ALL SPICE, MINT LEAVES

Nutrition Facts

Portion Size	7.480 oz Portion
calories	547.40
fat (gm)	14.00
sat fat (gm)	1.70
chol (mg)	0.00
sodium (mg)	735.90
carbs (gm)	88.40
fiber (gm)	1.80
protein (gm)	16.60

IVY LUNCH CASH

2/16/12

LUNCH

IVY BACON-LETTUCE-TOMATO SAND

WHITE PULLMAN BREAD, TOMATOES,
GREEN LEAF LETTUCE, SLICED BACON,
PICKLES SLICED DILLS THIN, MAYONNAISE

Nutrition Facts	
Portion Size	5 oz Portion
calories	404.30
fat (gm)	23.20
sat fat (gm)	5.20
chol (mg)	36.90
sodium (mg)	806.50
carbs (gm)	32.30
fiber (gm)	1.10
protein (gm)	15.80

IVY LUNCH CASH**2/16/12****LUNCH**

IVY BUFFALO CHICKEN WRAP

CHICKEN BREAST BNLSKL 4oz, TOMATO
AND BASIL TORTILLA , TOMATOES, GREEN
LEAF LETTUCE, KEN'S BLUE CHEESE
CREAMY DELUXE DRESSING, BUFFALO HOT
SAUCE FRANK'S

Nutrition Facts	
Portion Size	portion
calories	523.50
fat (gm)	17.30
sat fat (gm)	4.80
chol (mg)	99.80
sodium (mg)	765.20
carbs (gm)	46.60
fiber (gm)	0.60
protein (gm)	42.30

IVY LUNCH CASH**2/16/12****LUNCH**

IVY CHARLESFIELD SANDWICH

BOARS HEAD ROAST BEEF, ROLLS CAL
BULKIE CORNML, PICKLES SPEARS DELI
FRESH, TOMATOES, MUENSTER CHEESE,
MUSHROOMS FRESH, GREEN LEAF
LETTUCE, SOUR CREAM, HORSERADISH,
SALT, GROUND MUSTARD, GROUND WHITE
PEPPER

Nutrition Facts	
Portion Size	SANDWICH
calories	518.80
fat (gm)	18.10
sat fat (gm)	8.70
chol (mg)	79.90
sodium (mg)	1269.30
carbs (gm)	50.90
fiber (gm)	3.50
protein (gm)	40.00

IVY LUNCH CASH**2/16/12****LUNCH**

IVY GRILLED CHEESEBURGER

BEEF CHUCK ROLL NATURAL, HAMBURGER
BUN, AMERICAN CHEESE, SHORTENING
PHASE BUTTER SUB

<u>Nutrition Facts</u>	
Portion Size	5.320 oz Portion
calories	202.60
fat (gm)	8.20
sat fat (gm)	4.00
chol (mg)	14.90
sodium (mg)	659.40
carbs (gm)	25.50
fiber (gm)	
protein (gm)	8.00

IVY LUNCH CASH

2/16/12

LUNCH

IVY GRILLED FRANKFURT ON BUN

BEEF FRANKS, HOT DOG BUN,
SHORTENING PHASE BUTTER SUB

<u>Nutrition Facts</u>	
Portion Size	5.090 oz Portion
calories	252.40
fat (gm)	14.70
sat fat (gm)	5.00
chol (mg)	22.60
sodium (mg)	719.30
carbs (gm)	23.00
fiber (gm)	0.00
protein (gm)	8.80

IVY LUNCH CASH

2/16/12

LUNCH

IVY GRILLED HAM & CHEESE SANDWICH

BOARS HEAD BLACK FOREST HAM, WHITE
PULLMAN BREAD, AMERICAN CHEESE,
SHORTENING PHASE BUTTER SUB

<u>Nutrition Facts</u>	
Portion Size	5 oz Portion
calories	328.90
fat (gm)	12.20
sat fat (gm)	6.00
chol (mg)	68.00
sodium (mg)	1441.20
carbs (gm)	31.10
fiber (gm)	
protein (gm)	25.20

IVY LUNCH CASH

2/16/12

LUNCH

IVY GRILLED HAMBURGER REG

BEEF CHUCK ROLL NATURAL, HAMBURGER
BUN, SHORTENING PHASE BUTTER SUB

Nutrition Facts	
Portion Size	4.320 oz Portion
calories	133.00
fat (gm)	2.20
sat fat (gm)	0.00
chol (mg)	0.00
sodium (mg)	321.20
carbs (gm)	25.00
fiber (gm)	
protein (gm)	4.00

IVY LUNCH CASH**2/16/12****LUNCH**

IVY ROOM TURKEY & GOUDA (SIDNEY FRAN

BOARS HEAD OVEN ROASTED TURKEY,
TOMATO AND BASIL TORTILLA ,
GARLIC/HERB TORTILLA , WHITE TORTILLA ,
SPINACH TORTILLA , GOUDA CHEESE,
DIJON MUSTARD, MAYONNAISE , EGG
PLANT, RED ONIONS, ZUCCHINI SQUASH,
RED PEPPERS, YELLOW SUMMER SQUASH,
SALT, GRANULATED GARLIC, GROUND
BLACK PEPPER, OIL PAN COATING SPRAY
AEROSOL SOY

Nutrition Facts	
Portion Size	each
calories	448.10
fat (gm)	18.00
sat fat (gm)	5.90
chol (mg)	48.30
sodium (mg)	1347.70
carbs (gm)	39.00
fiber (gm)	0.90
protein (gm)	31.00

IVY LUNCH CASH**2/16/12****LUNCH**

IVY SHAVED STK & CHS SANDWICH

SHAVED STEAK, TORPEDO ROLL,
PROVOLONE CHEESE, WHITE ONION

Nutrition Facts	
Portion Size	4.500 oz Portion
calories	429.60
fat (gm)	14.00
sat fat (gm)	9.00
chol (mg)	44.50
sodium (mg)	747.20
carbs (gm)	41.10
fiber (gm)	0.40
protein (gm)	33.30

IVY LUNCH CASH**2/16/12****LUNCH**

IVY SLICED HAM SANDWICH

BOARS HEAD BLACK FOREST HAM, ROLLS CAL BULKIE CORNML, TOMATOES, PICKLES SLICED DILLS THIN, GREEN LEAF LETTUCE, MUSTARD SALAD

Nutrition Facts	
Portion Size	10.420 oz Portion
calories	399.10
fat (gm)	6.00
sat fat (gm)	0.60
chol (mg)	51.50
sodium (mg)	1473.10
carbs (gm)	57.10
fiber (gm)	3.30
protein (gm)	27.50

IVY LUNCH CASH**2/16/12****LUNCH**

IVY SLICED ROAST BEEF SANDWICH

BOARS HEAD ROAST BEEF, ROLLS CAL BULKIE CORNML, TOMATOES, PICKLES SLICED DILLS THIN, GREEN LEAF LETTUCE, MAYONNAISE

Nutrition Facts	
Portion Size	SANDWICH
calories	542.70
fat (gm)	20.80
sat fat (gm)	4.20
chol (mg)	57.50
sodium (mg)	962.50
carbs (gm)	54.40
fiber (gm)	3.30
protein (gm)	36.00

IVY LUNCH CASH**2/16/12****LUNCH**

IVY SLICED TURKEY BREAST SAND

BOARS HEAD OVEN ROASTED TURKEY, ROLLS CAL BULKIE CORNML, TOMATOES, PICKLES SLICED DILLS THIN, GREEN LEAF LETTUCE, MAYONNAISE

Nutrition Facts	
Portion Size	10.670 oz Portion
calories	508.40
fat (gm)	18.30
sat fat (gm)	2.40
chol (mg)	40.40
sodium (mg)	1425.00
carbs (gm)	53.50
fiber (gm)	3.30
protein (gm)	32.60

IVY LUNCH CASH**2/16/12****LUNCH**

IVY SPICY CHICKEN SANDWICH

CHICKEN BRST BRD SPICY 4.3 oz, ROLLS
BULKIE WHITE CALISE , KEN'S BLUE
CHEESE DRESSING, TOMATOES, GREEN
LEAF LETTUCE

<u>Nutrition Facts</u>	
Portion Size	10 - OZ SANDWICH
calories	791.40
fat (gm)	45.80
sat fat (gm)	7.40
chol (mg)	88.30
sodium (mg)	1963.60
carbs (gm)	60.00
fiber (gm)	1.90
protein (gm)	35.80

IVY LUNCH CASH

2/16/12

LUNCH

IVY TUNAFISH SALAD SANDWICH

TUNA WHITE SOLID IN WATER, ROLLS CAL
BULKIE CORNML, TOMATOES, MAYONNAISE
, PICKLES SLICED DILLS THIN, GREEN LEAF
LETTUCE, FRESH PARSLEY, SALT, FREEZE
DRIED CHIVES, GROUND BLACK PEPPER

<u>Nutrition Facts</u>	
Portion Size	SANDWICH
calories	717.20
fat (gm)	38.90
sat fat (gm)	6.30
chol (mg)	86.60
sodium (mg)	1502.30
carbs (gm)	50.70
fiber (gm)	3.20
protein (gm)	43.20

IVY LUNCH CASH

2/16/12

LUNCH

IVY WATERMAN SANDWICH

BOARS HEAD OVEN ROASTED TURKEY,
ROLLS CAL BULKIE CORNML, TOMATOES,
SLICED CHEDDAR CHEESE, PICKLES
SPEARS DELI FRESH, GREEN LEAF
LETTUCE, MAYONNAISE , SLICED BACON

<u>Nutrition Facts</u>	
Portion Size	SANDWICH
calories	600.20
fat (gm)	28.00
sat fat (gm)	9.00
chol (mg)	72.80
sodium (mg)	1565.00
carbs (gm)	48.00
fiber (gm)	3.00
protein (gm)	38.40

IVY LUNCH CASH

2/16/12

LUNCH

MACARONI AND CHEESE - RECIPE

WHOLE MILK, ELBOW MACARONI,
CHEDDAR CHEESE SAUCE, SHREDDED
CHEDDAR CHEESE, MARGARINE 1# SOLIDS
(MILK FREE), UNBLEACHED FLOUR, LAYS
POTATO CHIPS, GRATED ROMANO CHEESE
, SALT, GROUND WHITE PEPPER, WATER

Nutrition Facts

Portion Size	8 oz Portion
calories	571.50
fat (gm)	13.60
sat fat (gm)	5.40
chol (mg)	29.40
sodium (mg)	556.50
carbs (gm)	90.70
fiber (gm)	0.20
protein (gm)	20.70

IVY LUNCH CASH

2/16/12

LUNCH

Sauces for Chicken Fingers

SWEET & SOUR SAUCE, BBQ SAUCE,
HONEY MUSTARD

Nutrition Facts

Portion Size	Each
calories	52.00
fat (gm)	1.60
sat fat (gm)	0.20
chol (mg)	2.90
sodium (mg)	168.40
carbs (gm)	9.80
fiber (gm)	
protein (gm)	0.20

IVY LUNCH CASH

2/16/12

LUNCH

TURKEY CRANBERRY MAYONNAI

BOARS HEAD OVEN ROASTED TURKEY,
FLOUR TORTILLA, FRESH PLUM TOMATOES,
GREEN LEAF LETTUCE, JELLIED
CRANBERRY SAUCE, MAYONNAISE

Nutrition Facts

Portion Size	11.250 oz Portion
calories	393.80
fat (gm)	17.30
sat fat (gm)	2.40
chol (mg)	35.80
sodium (mg)	640.30
carbs (gm)	35.10
fiber (gm)	0.60
protein (gm)	24.80

IVY LUNCH CASH

2/16/12

LUNCH

VEGGIE PATTIES ORIGINALVEG PATTY ORIGINAL, ROLLS BULKIE
WHEAT CALISE**Nutrition Facts**

Portion Size	4 oz Portion
calories	204.30
fat (gm)	5.00
sat fat (gm)	1.60
chol (mg)	8.20
sodium (mg)	680.30
carbs (gm)	31.30
fiber (gm)	
protein (gm)	10.40

IVY LUNCH CASH**2/16/12****LUNCH**

FRENCH FRIED ONION RINGS

BATTERED ONION RINGS

Nutrition Facts

Portion Size	3oz portion
calories	281.90
fat (gm)	15.90
sat fat (gm)	7.10
chol (mg)	14.40
sodium (mg)	439.90
carbs (gm)	32.00
fiber (gm)	
protein (gm)	3.80

IVY LUNCH CASH**2/16/12****LUNCH**

FRENCH FRIES CURLEY IVY ROOM

FRENCH FRIES

Nutrition Facts

Portion Size	3 oz Portion
calories	160.10
fat (gm)	7.00
sat fat (gm)	1.00
chol (mg)	0.00
sodium (mg)	300.20
carbs (gm)	22.00
fiber (gm)	
protein (gm)	2.00

IVY LUNCH CASH**2/16/12****LUNCH**

Mashed Red Bliss Potatoes w/garlic

RED BLISS POTATOES, WHOLE MILK,
SCALLIONS BUNCHES, MARGARINE 1#
SOLIDS (MILK FREE), GARLIC, SALT, VIRGIN
OLIVE OIL, GROUND WHITE PEPPER,
KOSHER SALT

Nutrition Facts

Portion Size 4 oz Portion
calories 105.70
fat (gm) 1.20
sat fat (gm) 0.50
chol (mg) 2.90
sodium (mg) 281.00
carbs (gm) 21.60
fiber (gm) 1.90
protein (gm) 2.50

IVY LUNCH CASH

2/16/12

LUNCH

SUGAR SNAP PEAS

SUGAR SNAP PEAS

Nutrition Facts

Portion Size 4oz portion
calories 70.70
fat (gm) 0.30
sat fat (gm) 0.10
chol (mg) 0.00
sodium (mg) 4.40
carbs (gm) 12.60
fiber (gm) 4.40
protein (gm) 4.70

IVY LUNCH CASH

2/16/12

LUNCH

SWEET POTATO FRIES

SWEET POTATO FRIES

Nutrition Facts

Portion Size 3 oz Portion
calories 182.10
fat (gm) 8.10
sat fat (gm) 0.50
chol (mg) 0.00
sodium (mg) 121.40
carbs (gm) 25.30
fiber (gm)
protein (gm) 2.00

IVY LUNCH CASH

2/16/12

LUNCH

IVY RM ASST FRESH WHOLE F

BANANAS, BARTLETTS PEARS , ORANGES
FRESH NAVEL, RED DELICIOUS APPLES

Nutrition Facts	
Portion Size	7.020 oz Portion
calories	13.00
fat (gm)	0.00
sat fat (gm)	0.00
chol (mg)	0.00
sodium (mg)	0.20
carbs (gm)	3.40
fiber (gm)	0.50
protein (gm)	0.10

IVY LUNCH CASH

2/16/12

LUNCH

CHEESECAKE OREO '06

OREO PIECES, SOUR CREAM, CREAM
CHEESE, EGGS - LIQUID, GRANULATED
CANE SUGAR, BUTTER, VANILLA EXTRACT,
FOIL PAN 10" HEMMED

Nutrition Facts	
Portion Size	~PORTIONS
calories	230.80
fat (gm)	16.50
sat fat (gm)	8.80
chol (mg)	109.30
sodium (mg)	111.50
carbs (gm)	28.60
fiber (gm)	0.00
protein (gm)	4.10

IVY LUNCH CASH

2/16/12

LUNCH

COOKIES ASST HM '06

CAKE FLOUR, BUTTER, GRANULATED CANE
SUGAR, CHOCOLATE CHIPS, LIGHT BROWN
SUGAR, QUICK OATS, UNBLEACHED
FLOUR, EGGS - LIQUID, RAISINS,
RASPBERRY FILLING, DATES PITTED
WHOLE, FILLING ORANGE PINEAPPLE,
WATER, VANILLA EXTRACT, BAKING SODA ,
NON-FAT MILK, GROUND CINNAMON,
GROUND NUTMEG

Nutrition Facts	
Portion Size	COOKIE
calories	109.20
fat (gm)	4.80
sat fat (gm)	0.70
chol (mg)	6.50
sodium (mg)	55.80
carbs (gm)	15.80
fiber (gm)	0.40
protein (gm)	1.30

IVY LUNCH CASH

2/16/12

LUNCH

PARFAIT STRWBRY YOG GRANOLA

STRAWBERRY YOGURT, CEREAL GRANOLA
OATS & HONEY, STRAWBERRY FRESH CAL,
STRAWBERRIES WHL IQF FROZ,
GRANULATED CANE SUGAR

Nutrition Facts

Portion Size	GOBLET 8 oz
calories	474.70
fat (gm)	12.60
sat fat (gm)	7.80
chol (mg)	19.00
sodium (mg)	118.90
carbs (gm)	84.80
fiber (gm)	5.70
protein (gm)	10.60

IVY LUNCH CASH

2/16/12

LUNCH

PIE PECAN CT-8

CORN SYRUP , PECANS HALVES, EGGS -
LIQUID, PASTRY FLOUR, LIGHT BROWN
SUGAR, ALL PURPOSE SHORTENING,
MARGARINE, WATER, VANILLA EXTRACT,
SALT, NON-FAT MILK, GRANULATED CANE
SUGAR

Nutrition Facts

Portion Size	4.980 oz Portion
calories	5863.90
fat (gm)	306.00
sat fat (gm)	57.80
chol (mg)	916.00
sodium (mg)	1761.60
carbs (gm)	645.30
fiber (gm)	25.00
protein (gm)	59.60

IVY LUNCH CASH

2/16/12

LUNCH

MANHATTEN CLAM CHOWDER

WATER, POTATOES, CLAM JUICE,
CHOPPED CLAMS, DICED WHITE ONIONS,
TOMATOES, CELERY, MARGARINE 1#
SOLIDS (MILK FREE), CORN STARCH, SALT,
GROUND BLACK PEPPER

Nutrition Facts

Portion Size	6 oz Portion
calories	80.50
fat (gm)	0.60
sat fat (gm)	0.10
chol (mg)	10.30
sodium (mg)	399.00
carbs (gm)	13.70
fiber (gm)	1.00
protein (gm)	4.90

IVY LUNCH CASH

2/17/12

LUNCH

CHICKEN CAESAR WRAP

CHICKEN BREAST BNLSKL 4oz, ROMAINE LETTUCE, WHITE TORTILLA , GRATED ROMANO CHEESE , KEN'S CAESAR DELUXE DRESSING, SALT, GRANULATED GARLIC, GROUND PAPRIKA, GROUND BLACK PEPPER

Nutrition Facts	
Portion Size	11 oz Portion
calories	746.10
fat (gm)	37.90
sat fat (gm)	11.60
chol (mg)	140.40
sodium (mg)	1378.60
carbs (gm)	39.20
fiber (gm)	1.90
protein (gm)	62.60

IVY LUNCH CASH**2/17/12****LUNCH**

IVY FISH SANDWICH

FISH HADDOCK FILET BRD FRZ 4OZ, ROLL DELI SPLIT TOP, GREEN LEAF LETTUCE, TOMATOES, PICKLES SPEARS DELI FRESH, MAYONNAISE , RELISH SWEET GREEN

Nutrition Facts	
Portion Size	8 OZ PORTION
calories	152.00
fat (gm)	14.70
sat fat (gm)	2.20
chol (mg)	7.30
sodium (mg)	417.50
carbs (gm)	4.30
fiber (gm)	1.20
protein (gm)	1.00

IVY LUNCH CASH**2/17/12****LUNCH**

IVY ANGELL POCKET SANDWICH

WHITE SYRIAN BREAD, TOMATOES, PICKLES SPEARS DELI FRESH, GARBANZO BEANS, BULGUR CRACKED WHEAT , FRESH PARSLEY, CUCUMBER, TAHINI PASTE, LEMON JUICE, VIRGIN OLIVE OIL, SPINACH, DICED WHITE ONIONS, WATER, SALT, GARLIC, SPICE CUMIN GROUND, GROUND ALL SPICE, MINT LEAVES

Nutrition Facts	
Portion Size	7.480 oz Portion
calories	547.40
fat (gm)	14.00
sat fat (gm)	1.70
chol (mg)	0.00
sodium (mg)	735.90
carbs (gm)	88.40
fiber (gm)	1.80
protein (gm)	16.60

IVY LUNCH CASH**2/17/12****LUNCH**

IVY BACON-LETTUCE-TOMATO SAND

WHITE PULLMAN BREAD, TOMATOES,
GREEN LEAF LETTUCE, SLICED BACON,
PICKLES SLICED DILLS THIN, MAYONNAISE

Nutrition Facts

Portion Size	5 oz Portion
calories	404.30
fat (gm)	23.20
sat fat (gm)	5.20
chol (mg)	36.90
sodium (mg)	806.50
carbs (gm)	32.30
fiber (gm)	1.10
protein (gm)	15.80

IVY LUNCH CASH**2/17/12****LUNCH**

IVY BUFFALO CHICKEN WRAP

CHICKEN BREAST BNLSKL 4oz, TOMATO
AND BASIL TORTILLA , TOMATOES, GREEN
LEAF LETTUCE, KEN'S BLUE CHEESE
CREAMY DELUXE DRESSING, BUFFALO HOT
SAUCE FRANK'S

Nutrition Facts

Portion Size	portion
calories	523.50
fat (gm)	17.30
sat fat (gm)	4.80
chol (mg)	99.80
sodium (mg)	765.20
carbs (gm)	46.60
fiber (gm)	0.60
protein (gm)	42.30

IVY LUNCH CASH**2/17/12****LUNCH**

IVY CHARLESFIELD SANDWICH

BOARS HEAD ROAST BEEF, ROLLS CAL
BULKIE CORNML, PICKLES SPEARS DELI
FRESH, TOMATOES, MUENSTER CHEESE,
MUSHROOMS FRESH, GREEN LEAF
LETTUCE, SOUR CREAM, HORSERADISH,
SALT, GROUND MUSTARD, GROUND WHITE
PEPPER

Nutrition Facts

Portion Size	SANDWICH
calories	518.80
fat (gm)	18.10
sat fat (gm)	8.70
chol (mg)	79.90
sodium (mg)	1269.30
carbs (gm)	50.90
fiber (gm)	3.50
protein (gm)	40.00

IVY LUNCH CASH**2/17/12****LUNCH**

IVY CHICKEN SALAD SANDWICH

ROLLS CAL BULKIE CORNML, CHICKEN MEAT CKD 1/2" FRZ, TOMATOES, MAYONNAISE , FRESH CELERY STALKS, PICKLES SLICED DILLS THIN, GREEN LEAF LETTUCE, SALT, GROUND WHITE PEPPER

Nutrition Facts

Portion Size	10.670 oz Portion
calories	639.60
fat (gm)	35.80
sat fat (gm)	5.60
chol (mg)	66.30
sodium (mg)	1171.60
carbs (gm)	49.40
fiber (gm)	3.50
protein (gm)	28.30

IVY LUNCH CASH**2/17/12****LUNCH**

IVY GRILLED AM CHEESE SANDWICH

AMERICAN CHEESE, PICKLES SLICED DILLS THIN, WHITE PULLMAN BREAD, SHORTENING PHASE BUTTER SUB

Nutrition Facts

Portion Size	4 oz Portion
calories	111.70
fat (gm)	9.20
sat fat (gm)	6.00
chol (mg)	22.50
sodium (mg)	615.50
carbs (gm)	1.80
fiber (gm)	0.10
protein (gm)	6.20

IVY LUNCH CASH**2/17/12****LUNCH**

IVY GRILLED CHEESE&TOMATO SAND

WHEAT VIENNA BREAD, AMERICAN CHEESE, TOMATOES, PICKLES SLICED DILLS THIN, SHORTENING PHASE BUTTER SUB

Nutrition Facts

Portion Size	5 oz Portion
calories	446.30
fat (gm)	21.30
sat fat (gm)	12.70
chol (mg)	44.80
sodium (mg)	1587.90
carbs (gm)	43.90
fiber (gm)	3.70
protein (gm)	21.70

IVY LUNCH CASH**2/17/12****LUNCH**

IVY GRILLED CHEESEBURGER

BEEF CHUCK ROLL NATURAL, HAMBURGER
BUN, AMERICAN CHEESE, SHORTENING
PHASE BUTTER SUB

Nutrition Facts	
Portion Size	5.320 oz Portion
calories	202.60
fat (gm)	8.20
sat fat (gm)	4.00
chol (mg)	14.90
sodium (mg)	659.40
carbs (gm)	25.50
fiber (gm)	
protein (gm)	8.00

IVY LUNCH CASH**2/17/12****LUNCH**

IVY GRILLED CHICKEN SANDWICH

CHICKEN BREAST CKD GRILL MARK, ROLLS
CAL BULKIE CORNML, GREEN LEAF
LETTUCE, TOMATOES, HONEY MUSTARD,
BBQ SAUCE, SWEET & SOUR SAUCE

Nutrition Facts	
Portion Size	Sandwich
calories	443.80
fat (gm)	9.50
sat fat (gm)	1.50
chol (mg)	71.40
sodium (mg)	1152.70
carbs (gm)	57.70
fiber (gm)	3.10
protein (gm)	30.80

IVY LUNCH CASH**2/17/12****LUNCH**

IVY GRILLED FRANKFURT ON BUN

BEEF FRANKS, HOT DOG BUN,
SHORTENING PHASE BUTTER SUB

Nutrition Facts	
Portion Size	5.090 oz Portion
calories	252.40
fat (gm)	14.70
sat fat (gm)	5.00
chol (mg)	22.60
sodium (mg)	719.30
carbs (gm)	23.00
fiber (gm)	0.00
protein (gm)	8.80

IVY LUNCH CASH**2/17/12****LUNCH**

IVY GRILLED HAM & CHEESE SANDWICH

BOARS HEAD BLACK FOREST HAM, WHITE PULLMAN BREAD, AMERICAN CHEESE, SHORTENING PHASE BUTTER SUB

Nutrition Facts	
Portion Size	5 oz Portion
calories	328.90
fat (gm)	12.20
sat fat (gm)	6.00
chol (mg)	68.00
sodium (mg)	1441.20
carbs (gm)	31.10
fiber (gm)	
protein (gm)	25.20

IVY LUNCH CASH**2/17/12****LUNCH**

IVY GRILLED HAMBURGER REG

BEEF CHUCK ROLL NATURAL, HAMBURGER BUN, SHORTENING PHASE BUTTER SUB

Nutrition Facts	
Portion Size	4.320 oz Portion
calories	133.00
fat (gm)	2.20
sat fat (gm)	0.00
chol (mg)	0.00
sodium (mg)	321.20
carbs (gm)	25.00
fiber (gm)	
protein (gm)	4.00

IVY LUNCH CASH**2/17/12****LUNCH**

IVY ROOM TURKEY & GOUDA (SIDNEY FRAN

BOARS HEAD OVEN ROASTED TURKEY, TOMATO AND BASIL TORTILLA , GARLIC/HERB TORTILLA , WHITE TORTILLA , SPINACH TORTILLA , GOUDA CHEESE, DIJON MUSTARD, MAYONNAISE , EGG PLANT, RED ONIONS, ZUCCHINI SQUASH, RED PEPPERS, YELLOW SUMMER SQUASH, SALT, GRANULATED GARLIC, GROUND BLACK PEPPER, OIL PAN COATING SPRAY AEROSOL SOY

Nutrition Facts	
Portion Size	each
calories	448.10
fat (gm)	18.00
sat fat (gm)	5.90
chol (mg)	48.30
sodium (mg)	1347.70
carbs (gm)	39.00
fiber (gm)	0.90
protein (gm)	31.00

IVY LUNCH CASH**2/17/12****LUNCH**

IVY SHAVED STK & CHS SANDWICH

SHAVED STEAK, TORPEDO ROLL,
PROVOLONE CHEESE, WHITE ONION

Nutrition Facts	
Portion Size	4.500 oz Portion
calories	429.60
fat (gm)	14.00
sat fat (gm)	9.00
chol (mg)	44.50
sodium (mg)	747.20
carbs (gm)	41.10
fiber (gm)	0.40
protein (gm)	33.30

IVY LUNCH CASH**2/17/12****LUNCH**

IVY SLICED HAM SANDWICH

BOARS HEAD BLACK FOREST HAM, ROLLS
CAL BULKIE CORNML, TOMATOES, PICKLES
SLICED DILLS THIN, GREEN LEAF LETTUCE,
MUSTARD SALAD

Nutrition Facts	
Portion Size	10.420 oz Portion
calories	399.10
fat (gm)	6.00
sat fat (gm)	0.60
chol (mg)	51.50
sodium (mg)	1473.10
carbs (gm)	57.10
fiber (gm)	3.30
protein (gm)	27.50

IVY LUNCH CASH**2/17/12****LUNCH**

IVY SLICED ROAST BEEF SANDWICH

BOARS HEAD ROAST BEEF, ROLLS CAL
BULKIE CORNML, TOMATOES, PICKLES
SLICED DILLS THIN, GREEN LEAF LETTUCE,
MAYONNAISE

Nutrition Facts	
Portion Size	SANDWICH
calories	542.70
fat (gm)	20.80
sat fat (gm)	4.20
chol (mg)	57.50
sodium (mg)	962.50
carbs (gm)	54.40
fiber (gm)	3.30
protein (gm)	36.00

IVY LUNCH CASH**2/17/12****LUNCH**

IVY SLICED TURKEY BREAST SAND

BOARS HEAD OVEN ROASTED TURKEY,
ROLLS CAL BULKIE CORNML, TOMATOES,
PICKLES SLICED DILLS THIN, GREEN LEAF
LETTUCE, MAYONNAISE

Nutrition Facts	
Portion Size	10.670 oz Portion
calories	508.40
fat (gm)	18.30
sat fat (gm)	2.40
chol (mg)	40.40
sodium (mg)	1425.00
carbs (gm)	53.50
fiber (gm)	3.30
protein (gm)	32.60

IVY LUNCH CASH**2/17/12****LUNCH**

IVY SPICY CHICKEN SANDWICH

CHICKEN BRST BRD SPICY 4.3 oz, ROLLS
BULKIE WHITE CALISE , KEN'S BLUE
CHEESE DRESSING, TOMATOES, GREEN
LEAF LETTUCE

Nutrition Facts	
Portion Size	10 - OZ SANDWICH
calories	791.40
fat (gm)	45.80
sat fat (gm)	7.40
chol (mg)	88.30
sodium (mg)	1963.60
carbs (gm)	60.00
fiber (gm)	1.90
protein (gm)	35.80

IVY LUNCH CASH**2/17/12****LUNCH**

IVY TUNAFISH SALAD SANDWICH

TUNA WHITE SOLID IN WATER, ROLLS CAL
BULKIE CORNML, TOMATOES, MAYONNAISE
, PICKLES SLICED DILLS THIN, GREEN LEAF
LETTUCE, FRESH PARSLEY, SALT, FREEZE
DRIED CHIVES, GROUND BLACK PEPPER

Nutrition Facts	
Portion Size	SANDWICH
calories	717.20
fat (gm)	38.90
sat fat (gm)	6.30
chol (mg)	86.60
sodium (mg)	1502.30
carbs (gm)	50.70
fiber (gm)	3.20
protein (gm)	43.20

IVY LUNCH CASH**2/17/12****LUNCH**

IVY WATERMAN SANDWICH

BOARS HEAD OVEN ROASTED TURKEY,
ROLLS CAL BULKIE CORNML, TOMATOES,
SLICED CHEDDAR CHEESE, PICKLES
SPEARS DELI FRESH, GREEN LEAF
LETTUCE, MAYONNAISE , SLICED BACON

Nutrition Facts	
Portion Size	SANDWICH
calories	600.20
fat (gm)	28.00
sat fat (gm)	9.00
chol (mg)	72.80
sodium (mg)	1565.00
carbs (gm)	48.00
fiber (gm)	3.00
protein (gm)	38.40

IVY LUNCH CASH**2/17/12****LUNCH**

RED POTATO FRITATA

RED BLISS POTATOES, EGGS - LIQUID, RED
PEPPERS, WHOLE MILK, SHREDDED
CHEDDAR CHEESE, DICED WHITE ONIONS,
GRATED ROMANO CHEESE , MARGARINE
1# SOLIDS (MILK FREE), FRESH BASIL,
FRESH PARSLEY, SALT, GROUND WHITE
PEPPER

Nutrition Facts	
Portion Size	8.6oz portion
calories	204.70
fat (gm)	9.90
sat fat (gm)	4.00
chol (mg)	254.30
sodium (mg)	262.30
carbs (gm)	16.80
fiber (gm)	1.90
protein (gm)	12.40

IVY LUNCH CASH**2/17/12****LUNCH**

Sauces for Chicken Fingers

SWEET & SOUR SAUCE, BBQ SAUCE,
HONEY MUSTARD

Nutrition Facts	
Portion Size	Each
calories	52.00
fat (gm)	1.60
sat fat (gm)	0.20
chol (mg)	2.90
sodium (mg)	168.40
carbs (gm)	9.80
fiber (gm)	
protein (gm)	0.20

IVY LUNCH CASH**2/17/12****LUNCH**

TURKEY CRANBERRY MAYONNAI

BOARS HEAD OVEN ROASTED TURKEY,
FLOUR TORTILLA, FRESH PLUM TOMATOES,
GREEN LEAF LETTUCE, JELLIED
CRANBERRY SAUCE, MAYONNAISE

Nutrition Facts	
Portion Size	11.250 oz Portion
calories	393.80
fat (gm)	17.30
sat fat (gm)	2.40
chol (mg)	35.80
sodium (mg)	640.30
carbs (gm)	35.10
fiber (gm)	0.60
protein (gm)	24.80

IVY LUNCH CASH**2/17/12****LUNCH**

VEGGIE PATTIES ORIGINAL

VEG PATTY ORIGINAL, ROLLS BULKIE
WHEAT CALISE

Nutrition Facts	
Portion Size	4 oz Portion
calories	204.30
fat (gm)	5.00
sat fat (gm)	1.60
chol (mg)	8.20
sodium (mg)	680.30
carbs (gm)	31.30
fiber (gm)	
protein (gm)	10.40

IVY LUNCH CASH**2/17/12****LUNCH**

FRENCH FRIED ONION RINGS

BATTERED ONION RINGS

Nutrition Facts	
Portion Size	3oz portion
calories	281.90
fat (gm)	15.90
sat fat (gm)	7.10
chol (mg)	14.40
sodium (mg)	439.90
carbs (gm)	32.00
fiber (gm)	
protein (gm)	3.80

IVY LUNCH CASH**2/17/12****LUNCH**

FRENCH FRIES CURLEY IVY ROOM

FRENCH FRIES

Nutrition Facts

Portion Size	3 oz Portion
calories	160.10
fat (gm)	7.00
sat fat (gm)	1.00
chol (mg)	0.00
sodium (mg)	300.20
carbs (gm)	22.00
fiber (gm)	
protein (gm)	2.00

IVY LUNCH CASH**2/17/12****LUNCH**

GARLICKY GREEN BEANS

GREEN BEANS, VIRGIN OLIVE OIL, GARLIC,
FRESH PARSLEY, SALT, GROUND BLACK
PEPPER, TARRAGON LEAVES**Nutrition Facts**

Portion Size	3 OZ PORTION
calories	64.50
fat (gm)	3.90
sat fat (gm)	0.60
chol (mg)	0.00
sodium (mg)	116.20
carbs (gm)	7.10
fiber (gm)	3.00
protein (gm)	1.80

IVY LUNCH CASH**2/17/12****LUNCH**

SPANISH RICE

WHITE RICE, TOMATOES, GREEN PEPPERS,
DICED WHITE ONIONS, VIRGIN OLIVE OIL,
GARLIC CHOPPED/IN OIL, SALT,
ROSEMARY, BASIL LEAVES, GROUND
WHITE PEPPER, WATER**Nutrition Facts**

Portion Size	4 oz Portion
calories	134.70
fat (gm)	3.30
sat fat (gm)	0.50
chol (mg)	0.00
sodium (mg)	251.90
carbs (gm)	23.60
fiber (gm)	1.00
protein (gm)	2.50

IVY LUNCH CASH**2/17/12****LUNCH**

SWEET POTATO FRIES

SWEET POTATO FRIES

Nutrition Facts

Portion Size	3 oz Portion
calories	182.10
fat (gm)	8.10
sat fat (gm)	0.50
chol (mg)	0.00
sodium (mg)	121.40
carbs (gm)	25.30
fiber (gm)	
protein (gm)	2.00

IVY LUNCH CASH**2/17/12****LUNCH**

IVY RM ASST FRESH WHOLE FBANANAS, BARTLETTS PEARS , ORANGES
FRESH NAVEL, RED DELICIOUS APPLES**Nutrition Facts**

Portion Size	7.020 oz Portion
calories	13.00
fat (gm)	0.00
sat fat (gm)	0.00
chol (mg)	0.00
sodium (mg)	0.20
carbs (gm)	3.40
fiber (gm)	0.50
protein (gm)	0.10

IVY LUNCH CASH**2/17/12****LUNCH**

COOKIES ASST HM '06CAKE FLOUR, BUTTER, GRANULATED CANE
SUGAR, CHOCOLATE CHIPS, LIGHT BROWN
SUGAR, QUICK OATS, UNBLEACHED
FLOUR, EGGS - LIQUID, RAISINS,
RASPBERRY FILLING, DATES PITTED
WHOLE, FILLING ORANGE PINEAPPLE,
WATER, VANILLA EXTRACT, BAKING SODA ,
NON-FAT MILK, GROUND CINNAMON,
GROUND NUTMEG**Nutrition Facts**

Portion Size	COOKIE
calories	109.20
fat (gm)	4.80
sat fat (gm)	0.70
chol (mg)	6.50
sodium (mg)	55.80
carbs (gm)	15.80
fiber (gm)	0.40
protein (gm)	1.30

IVY LUNCH CASH**2/17/12****LUNCH**

FOCACCIA W/ROSEMARY

UNBLEACHED FLOUR, WATER, VIRGIN OLIVE OIL, FRESH ROSEMARY, GARLIC CHOPPED/IN OIL, YEAST, GRANULATED CANE SUGAR, SALT

Nutrition Facts

Portion Size	PORTIONS
calories	172.20
fat (gm)	5.20
sat fat (gm)	0.70
chol (mg)	0.00
sodium (mg)	167.80
carbs (gm)	27.10
fiber (gm)	1.00
protein (gm)	3.70

IVY LUNCH CASH**2/17/12****LUNCH**

PANETTONE BREAD PUDDING

WHOLE MILK, EGGS SHELL ORGANIC-CAGE FREE, UNBLEACHED FLOUR, GRANULATED CANE SUGAR, HEAVY CREAM, BUTTER, EGGS - LIQUID, RAISINS, GOLDEN RAISINS, ORANGE PEEL CANDIED, YEAST, SALT, VANILLA EXTRACT, CINNAMON SPICE, GROUND NUTMEG, RUM FLAVOR

Nutrition Facts

Portion Size	4 OZ PORTION
calories	285.00
fat (gm)	14.20
sat fat (gm)	8.30
chol (mg)	144.10
sodium (mg)	171.40
carbs (gm)	32.20
fiber (gm)	0.60
protein (gm)	6.20

IVY LUNCH CASH**2/17/12****LUNCH**

PIE BLUEBERRY CT-8

FILLING BLUEBERRY JAR , PASTRY FLOUR, ALL PURPOSE SHORTENING, WATER, EGGS SHELL ORGANIC-CAGE FREE, SALT, NON-FAT MILK, GRANULATED CANE SUGAR, HALF & HALF CREAM

Nutrition Facts

Portion Size	5.540 oz Portion
calories	3536.50
fat (gm)	143.00
sat fat (gm)	56.50
chol (mg)	102.10
sodium (mg)	2033.30
carbs (gm)	533.30
fiber (gm)	24.40
protein (gm)	23.90

IVY LUNCH CASH**2/17/12****LUNCH**

RASPBERRY JELLO

WATER, HEAVY CREAM, GRANULATED
CANE SUGAR, GELATIN RASPBERRY,
VANILLA EXTRACT

Nutrition Facts	
Portion Size	4.560 oz Portion
calories	109.40
fat (gm)	9.70
sat fat (gm)	6.50
chol (mg)	40.30
sodium (mg)	9.00
carbs (gm)	3.00
fiber (gm)	0.00
protein (gm)	0.10

IVY LUNCH CASH

2/17/12

LUNCH

YELLOW CAKE WITH COCONUT

CONFECTIONARY SUGAR, VEGETABLE
SHORTENING, WATER, GRANULATED CANE
SUGAR, CAKE FLOUR, COCONUT FLAKES,
EGGS - LIQUID, NON-FAT MILK, ICING BASE,
BAKING POWDER, VANILLA EXTRACT, SALT,
BUTRA

Nutrition Facts	
Portion Size	2.900 oz Portion
calories	334.00
fat (gm)	18.60
sat fat (gm)	8.70
chol (mg)	37.70
sodium (mg)	221.50
carbs (gm)	40.10
fiber (gm)	0.50
protein (gm)	2.30

IVY LUNCH CASH

2/17/12

LUNCH
