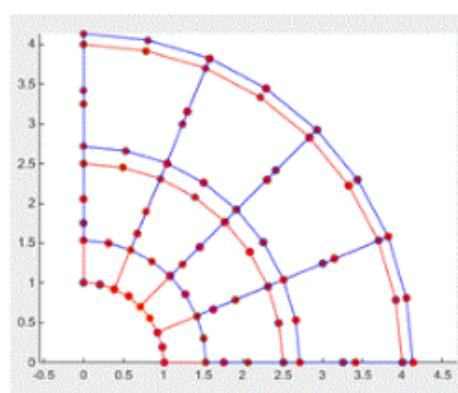
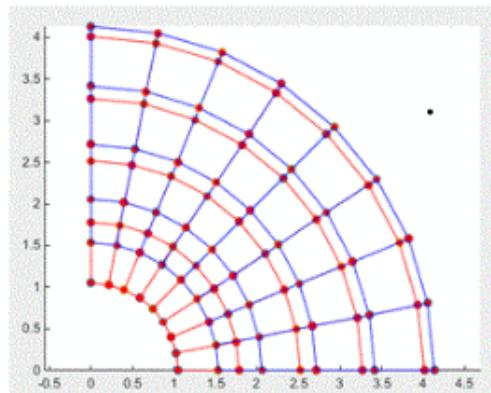


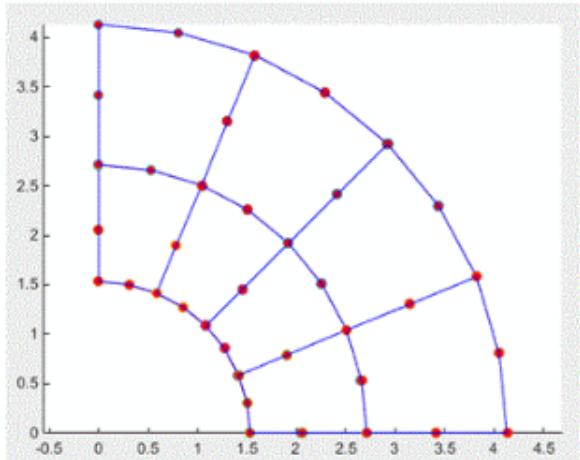
- Volumetric Locking
 - For near-incompressible materials, all conventional elements ‘lock’ and predict zero displacement solutions for most loading
 - Problem is caused by too many incompressibility constraints (one for each integration point) compared to number of DOFs



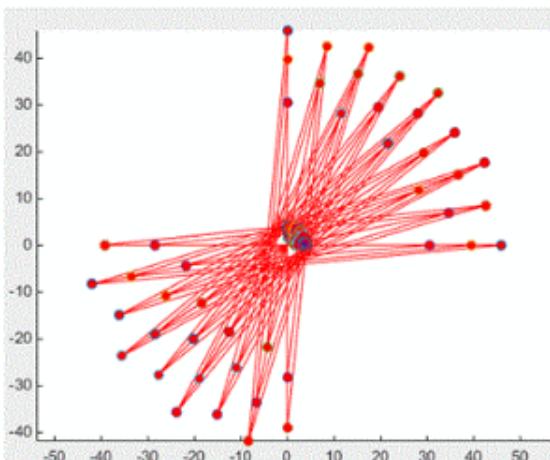
Fix #1 (works for some elements) – reduced integration

- Use one order lower integration scheme

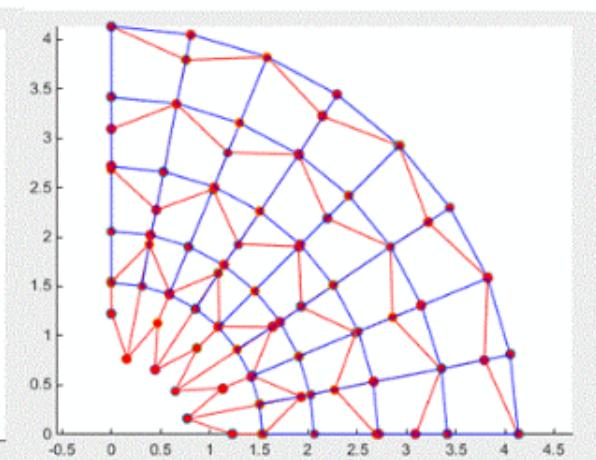
Number of integration points for reduced integration schemes	
Linear triangle (3 nodes): 1 point	Linear tetrahedron (4 nodes): 1 point
Quadratic triangle (6 nodes): 3 points	Quadratic tetrahedron (10 nodes): 4 points
Linear quadrilateral (4 nodes): 1 point	Linear brick (8 nodes): 1 point
Quadratic quadrilateral (8 nodes): 4 points	Quadratic brick (20 nodes): 8 points



8 noded quads – perfect!



4 noded quads – Hourgassing



Scaled to show hourglass mode

Fixes for locking

- R.I. with hourglass control (works for all element types; choice and design of hourglass stiffness is tricky)
- Selective reduced integration (works for all elements; hard to extend to finite strains)
- B-bar method (works for all elements; finite strain version exists)

Fix #2 Reduced Integration with hourglass control

Basic Idea : Add artificial stiffeners to resist hourgassing

Approach : Introduce "Hourglass base vectors"

Hourglass base vectors	
Linear quadrilateral	$\Gamma^{a(1)} = (+1, -1, +1, -1)$
Linear brick	$\Gamma^{a(1)} = (+1, +1, -1, -1, -1, -1, +1, +1)$ $\Gamma^{a(2)} = (+1, -1, -1, +1, -1, +1, +1, -1)$ $\Gamma^{a(3)} = (+1, -1, +1, -1, +1, -1, +1, -1)$ $\Gamma^{a(4)} = (-1, +1, -1, +1, +1, -1, +1, -1)$

These describe hourgassing in square / cubic elements

Correction for arbitrary geometry

$$\gamma^{a(m)} = \int a^{(m)} - \sum_{b=1}^{\# \text{nodes}} \prod_{j=1}^b x_j^b \frac{\partial N^a}{\partial x_j}(0)$$

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Now introduce modified el stiffness

$$k_{aibk} = \int_{\Omega_{el}} C_{jke} \frac{\partial N^b}{\partial x_e} \frac{\partial N^a}{\partial x_j} dV + \beta \sum_{m=1}^{\# \text{ modes}} \gamma^{a(m)} \gamma^{b(m)}$$

Ω_{el} - el volume

β - "hourglass stiffness" Typically $\sim 0.05 \times$ shear modulus

Implementation : 2)

$$[k_{ei}] = \sum_{\substack{\text{reduced} \\ \text{int pt}}} [B_i]^T [D] [B_i] \gamma w_i + \beta \sum_{e_i} \begin{bmatrix} \gamma^1 \gamma^1 & \gamma^1 \gamma^1 & \gamma^1 \gamma^2 \\ \gamma^1 \gamma^1 & \gamma^1 \gamma^1 & \gamma^1 \gamma^2 \\ \gamma^2 \gamma^1 & \gamma^2 \gamma^1 & \gamma^2 \gamma^2 \end{bmatrix} \dots$$

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ABAQUS menus:

Element Type

Element Library
 Standard Explicit

Geometric Order
 Linear Quadratic

Quad Tri

Reduced integration Incompatible modes

Element Controls

Hourglass stiffness: Use default Specify

Viscosity: Use default Specify

Second-order accuracy: Yes No

Distortion control: Use default Yes No
Length ratio:

Hourglass control: Use default Enhanced Relax stiffness Stiffness Viscous Combined
Stiffness-viscous weight factor:

Element deletion: Use default Yes No

Max Degradation: Use default Specify

Scaling factors: Displacement hourglass: Linear bulk viscosity:

Element Type

Element Library
 Standard Explicit

Geometric Order
 Linear Quadratic

Quad Tri

Reduced integration

Element Controls

Viscosity: Use default Specify

Element deletion: Use default Yes No

Max Degradation: Use default Specify

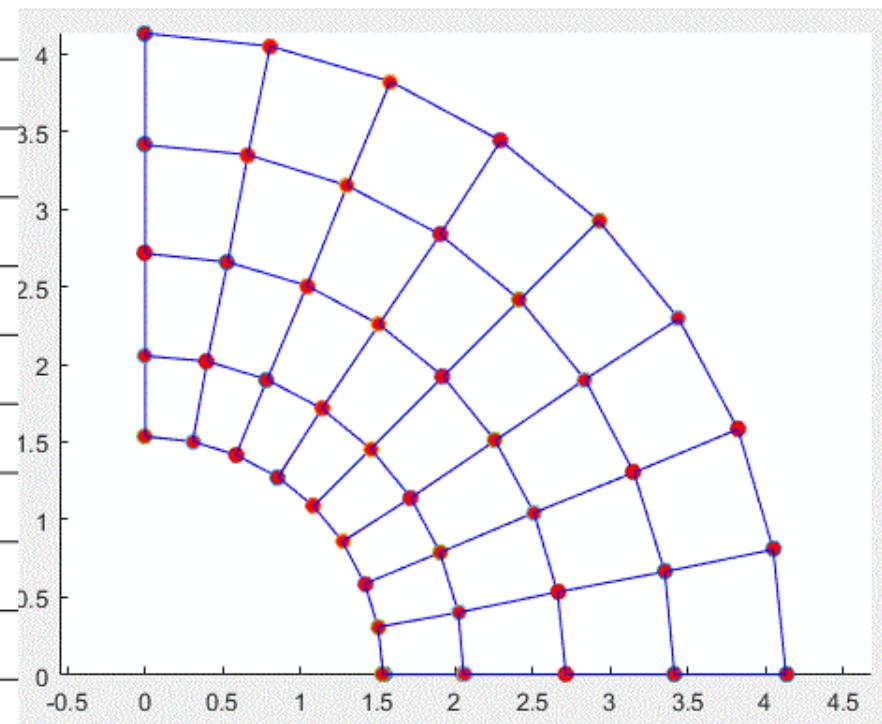
Not needed for quadratic elements

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This stabilizes all elements:

- Advantage: Speed
-good for explicit
- Disadvantages: choice of
 β can be tricky

Stabilization can fail for
large deformations



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Fix #3: "Selective reduced integration"

- Basic idea: separate volumetric & shear modes in element and integrate separately
- Approach: Define "deviatoric" strain

$$\epsilon_{ij} = \epsilon_{ij} - \epsilon_v s_{ij} \leftarrow \text{Shear}$$

$$\begin{aligned} \epsilon_v &= \epsilon_{RR}/3 \quad (3D) \\ \epsilon_v &= (\epsilon_{11} + \epsilon_{22})/2 \quad (2D) \end{aligned} \quad \left. \begin{array}{l} \text{Volumetric} \\ \text{Strains} \end{array} \right\}$$

Define new $[B]$ matrices

$$\underline{\epsilon} = [B^{\text{dev}}] \underline{u} \quad \underline{\epsilon}^{\text{vol}} = [B^{\text{vol}}] \underline{u}$$

$\underline{\epsilon}$, $\underline{\epsilon}^{\text{vol}}$ stored as before

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2D [B] matrices

$$\underline{e} = \begin{bmatrix} e_{11} \\ e_{22} \\ 2e_{12} \end{bmatrix} \quad \underline{\varepsilon^{VOL}} = \frac{1}{2} \begin{bmatrix} \varepsilon_{11} + \varepsilon_{22} \\ \varepsilon_{11} + \varepsilon_{22} \\ 0 \end{bmatrix}$$

$$[B] = \begin{bmatrix} \frac{\partial N^1}{\partial x_1} & 0 & \frac{\partial N^2}{\partial x_1} & 0 & \frac{\partial N^3}{\partial x_1} & 0 \\ 0 & \frac{\partial N^1}{\partial x_2} & 0 & \frac{\partial N^2}{\partial x_2} & 0 & \frac{\partial N^3}{\partial x_2} \\ \frac{\partial N^1}{\partial x_2} & \frac{\partial N^1}{\partial x_1} & \frac{\partial N^2}{\partial x_2} & \frac{\partial N^2}{\partial x_1} & \frac{\partial N^3}{\partial x_2} & \frac{\partial N^3}{\partial x_1} \end{bmatrix} \quad [B^{VOL}] = \frac{1}{2} \begin{bmatrix} \frac{\partial N^1}{\partial x_1} & \frac{\partial N^1}{\partial x_2} & \frac{\partial N^2}{\partial x_1} & \frac{\partial N^2}{\partial x_2} & \frac{\partial N^3}{\partial x_1} & \frac{\partial N^3}{\partial x_2} \\ \frac{\partial N^1}{\partial x_1} & \frac{\partial N^1}{\partial x_2} & \frac{\partial N^2}{\partial x_1} & \frac{\partial N^2}{\partial x_2} & \frac{\partial N^3}{\partial x_1} & \frac{\partial N^3}{\partial x_2} \\ 0 & 0 & 0 & 0 & 0 & 0 \end{bmatrix} \dots$$

$$\underline{e} = \begin{bmatrix} e_{11} \\ e_{22} \\ e_{33} \\ e_{12} \\ e_{13} \\ e_{23} \end{bmatrix} \quad \underline{\varepsilon^{VOL}} = \frac{1}{3} \begin{bmatrix} \varepsilon_{11} + \varepsilon_{22} + \varepsilon_{33} \\ \varepsilon_{11} + \varepsilon_{22} + \varepsilon_{33} \\ \varepsilon_{11} + \varepsilon_{22} + \varepsilon_{33} \\ 0 \\ 0 \\ 0 \end{bmatrix}$$

$$[B^{DEV}] = [B] - [B^{VOL}]$$

$$[B] = \begin{bmatrix} \frac{\partial N^1}{\partial x_1} & 0 & 0 & \frac{\partial N^2}{\partial x_1} & 0 & 0 \\ 0 & \frac{\partial N^1}{\partial x_2} & 0 & 0 & \frac{\partial N^2}{\partial x_2} & 0 \\ 0 & 0 & \frac{\partial N^1}{\partial x_3} & 0 & 0 & \frac{\partial N^2}{\partial x_3} \\ \frac{\partial N^1}{\partial x_2} & \frac{\partial N^1}{\partial x_1} & 0 & \frac{\partial N^2}{\partial x_2} & \frac{\partial N^2}{\partial x_1} & 0 \\ \frac{\partial N^1}{\partial x_3} & 0 & \frac{\partial N^1}{\partial x_1} & \frac{\partial N^2}{\partial x_3} & 0 & \frac{\partial N^2}{\partial x_1} \\ 0 & \frac{\partial N^1}{\partial x_3} & \frac{\partial N^1}{\partial x_2} & 0 & \frac{\partial N^2}{\partial x_3} & \frac{\partial N^2}{\partial x_2} \end{bmatrix} \dots$$

$$[B^{VOL}] = \frac{1}{3} \begin{bmatrix} \frac{\partial N^1}{\partial x_1} & \frac{\partial N^1}{\partial x_2} & \frac{\partial N^1}{\partial x_3} & \frac{\partial N^2}{\partial x_1} & \frac{\partial N^2}{\partial x_2} & \frac{\partial N^2}{\partial x_3} \\ \frac{\partial N^1}{\partial x_1} & \frac{\partial N^1}{\partial x_2} & \frac{\partial N^1}{\partial x_3} & \frac{\partial N^2}{\partial x_1} & \frac{\partial N^2}{\partial x_2} & \frac{\partial N^2}{\partial x_3} \\ \frac{\partial N^1}{\partial x_1} & \frac{\partial N^1}{\partial x_2} & \frac{\partial N^1}{\partial x_3} & \frac{\partial N^2}{\partial x_1} & \frac{\partial N^2}{\partial x_2} & \frac{\partial N^2}{\partial x_3} \\ 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 \end{bmatrix}$$

$$[B^{DEV}] = [B] - [B^{VOL}]$$

3D [B] matrices

Now assemble $[k^e]$ with new $[B]$ matrices

$$[k^e] = \int_{S_{e,1}} [B^{DEV} + B^{VOL}]^T [D] [B^{DEV} + B^{VOL}] dV$$

$$R = \int_{S_{e,1}} [B^{DEV} + B^{VOL}]^T \underline{\sigma}^0 dV$$

Full *Reduced*

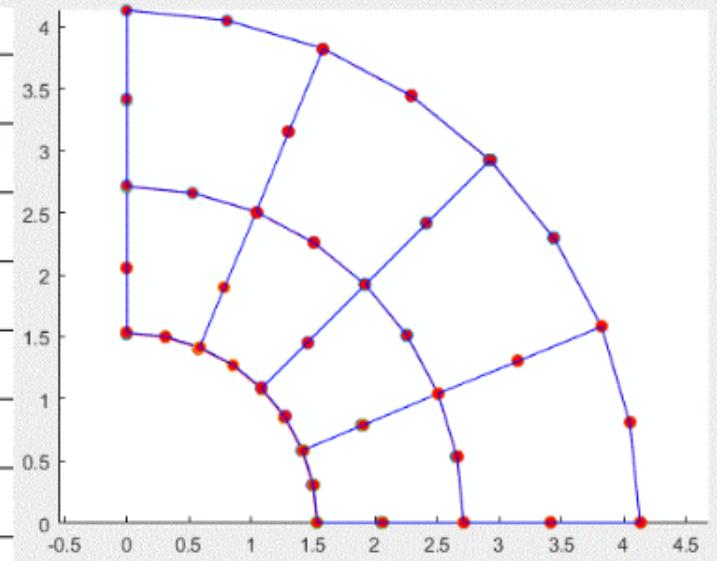
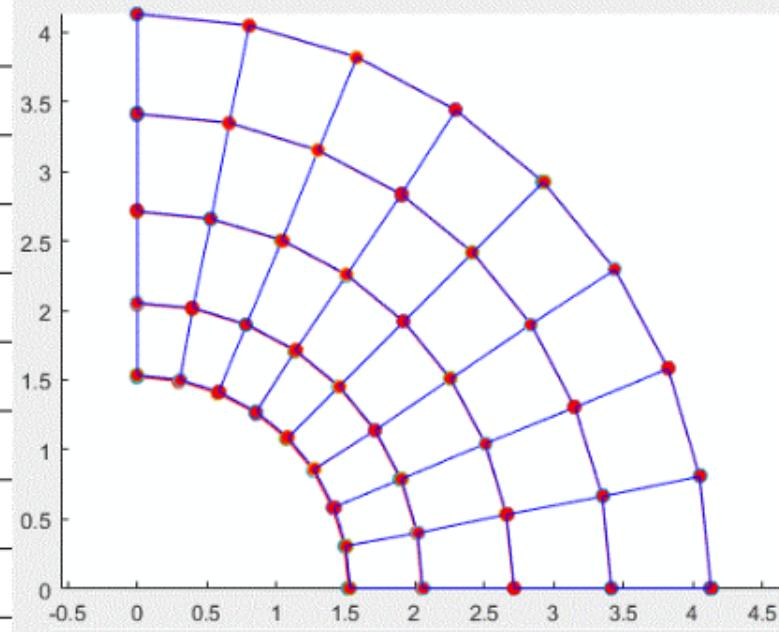
Note that $[B^{DEV}]^T [D] [B^{VOL}] = 0$

$$\Rightarrow [k^e] = \int_{S_{e,1}} [B^{DEV}]^T [D] [B^{DEV}] dV + \int_{S_{e,1}} [B^{VOL}]^T [D] [B^{VOL}] dV$$

Evaluate with full integration *Reduced int*

This cures locking in all element types

- Easy to implement
- Hard to extend to finite strains



Fix #4 "B-bar" method

Alternative approach to selective reduced integration

- Introduce a new strain field inside each element

$$\text{Let } \varepsilon_{ij} = e_{ij} + \varepsilon_v \delta_{ij}$$

We want ε_v to be constant throughout element

Introduce ω averaged volumetric strain

$$\omega = \frac{1}{V_{\text{el}}} \int_{V_{\text{el}}} \varepsilon_v dV$$

$$\text{Let } \bar{\varepsilon}_{ij} = e_{ij} + \omega \delta_{ij}$$

Implementation :

Define new \bar{B} matrix : $\bar{\epsilon} = [\bar{B}] \bar{u}$

Can express \bar{B} in terms of vol averaged shape function derivs

$$\frac{\partial \bar{N}^a}{\partial x_j} = \frac{1}{\text{Vol}_e} \int_{\text{Vol}_e} \frac{\partial N^a}{\partial x_j} dV$$

Then 2D \bar{B} matrix is :

$$[\bar{B}] = \begin{bmatrix} \frac{\partial N^1}{\partial x_1} & 0 & \frac{\partial N^2}{\partial x_1} & 0 & \frac{\partial N^3}{\partial x_1} & 0 \\ 0 & \frac{\partial N^1}{\partial x_2} & 0 & \frac{\partial N^2}{\partial x_2} & 0 & \frac{\partial N^3}{\partial x_2} \\ \frac{\partial N^1}{\partial x_2} & \frac{\partial N^1}{\partial x_1} & \frac{\partial N^2}{\partial x_2} & \frac{\partial N^2}{\partial x_1} & \frac{\partial N^3}{\partial x_2} & \frac{\partial N^3}{\partial x_1} \end{bmatrix} - \frac{1}{2} \begin{bmatrix} \frac{\partial N^1}{\partial x_1} & \frac{\partial N^1}{\partial x_2} & \frac{\partial N^2}{\partial x_1} & \frac{\partial N^2}{\partial x_2} & \frac{\partial N^3}{\partial x_1} & \frac{\partial N^3}{\partial x_2} \\ \frac{\partial N^1}{\partial x_1} & \frac{\partial N^1}{\partial x_2} & \frac{\partial N^2}{\partial x_1} & \frac{\partial N^2}{\partial x_2} & \frac{\partial N^3}{\partial x_1} & \frac{\partial N^3}{\partial x_2} \\ 0 & 0 & 0 & 0 & 0 & 0 \end{bmatrix} + \frac{1}{2} \begin{bmatrix} \frac{\partial N^1}{\partial x_1} & \frac{\partial N^1}{\partial x_2} & \frac{\partial N^2}{\partial x_1} & \frac{\partial N^2}{\partial x_2} & \frac{\partial N^3}{\partial x_1} & \frac{\partial N^3}{\partial x_2} \\ \frac{\partial N^1}{\partial x_1} & \frac{\partial N^1}{\partial x_2} & \frac{\partial N^2}{\partial x_1} & \frac{\partial N^2}{\partial x_2} & \frac{\partial N^3}{\partial x_1} & \frac{\partial N^3}{\partial x_2} \\ 0 & 0 & 0 & 0 & 0 & 0 \end{bmatrix}$$

3D is also similar

Finally assemble stiffness & force vectors
as before

$$[k^e] = \int_{S_{el}} [\bar{B}]^T [D] [\bar{B}] dV \quad R = \int_{S_{el}} [\bar{B}]^T \underline{\sigma} dV$$

Can evaluate these with full integration

- Notes:
- This is default element in ABAQUS
 - This can be extended to finite strains

"F-bar" method : define deformation gradient

$$\bar{F}_{ij} = \frac{\bar{J}}{J} F_{ij} \quad J = \det(F) \quad \bar{J} = \int_{S_{el}} J dV$$

6.5 : "Hybrid" elements for fully incompressible solids

All methods discussed so far give singular $[K]$
when $N \rightarrow 0.5$

Need to re-derive FE equations for fully incompressible linear elasticity

Field Eqs.: $\epsilon_{ij} = (\partial u_i / \partial x_j + \partial u_j / \partial x_i) / 2$

$$\sigma_{ij} = 2\mu \epsilon_{ij} + \frac{1}{3}\rho \delta_{ij}$$

$$\frac{1}{3} \epsilon_{kk} = \frac{1}{3} \frac{\partial u_k}{\partial x_k} = 0 \quad (\text{Incompressibility})$$

$$\frac{\partial \sigma_{ij}}{\partial x_j} = 0 \quad (\text{Equilibrium})$$

page 16 Weak form: Let η_i and q be "test functions"

Hence

$$\int_R \frac{\partial}{\partial x_j} \left\{ 2\mu \epsilon_{ij} + \frac{1}{3} p \delta_{ij} \right\} \eta_i \, dV = 0 \quad (1)$$

$$\int_R \frac{1}{3} \frac{\partial u_k}{\partial x_k} q \, dV = 0 \quad (2)$$

Integrate (1) by parts:

$$\int_R \left\{ 2\mu \epsilon_{ij} \frac{\partial \eta_i}{\partial x_j} + \frac{1}{3} p \frac{\partial \eta_i}{\partial x_j} \right\} dV - \int_{S_2} t_i^* \eta_i \, dA = 0 \quad \forall \eta_i \quad (3)$$

(3), (2) are new governing eqs

FE interpolation :

$$u_i = N^a(\underline{x}) u_i^a \quad \eta_i = N^a \eta_i^a$$

$$p = M^a(\underline{x}) p^a \quad q = M^a(\underline{x}) q^a$$

M, N - interpolation functions
 u_i^a, η_i^a - nodal values

p^a, q^a - nodal values of pressure