

# CLAS 0210

## Sport in the Ancient Greek World



- Class 2
- Friday 29 January
- The ancient games as ritual and politics

# Gymnasion (Gymnasium)



King Agesilaos  
(4th c. BC)

Pausanias  
(2nd c. AD)

*The Gymnasion at Olympia*



# Stadion (Latin: Stadium)

Stadium at Delphi

•gymnos

*naked, nude*

•gymnastes

*trainer in nude exercises, coach*

•athletes

*professional athlete*

•athlon

*a prize given at a contest*

•athlos (pl. athla)

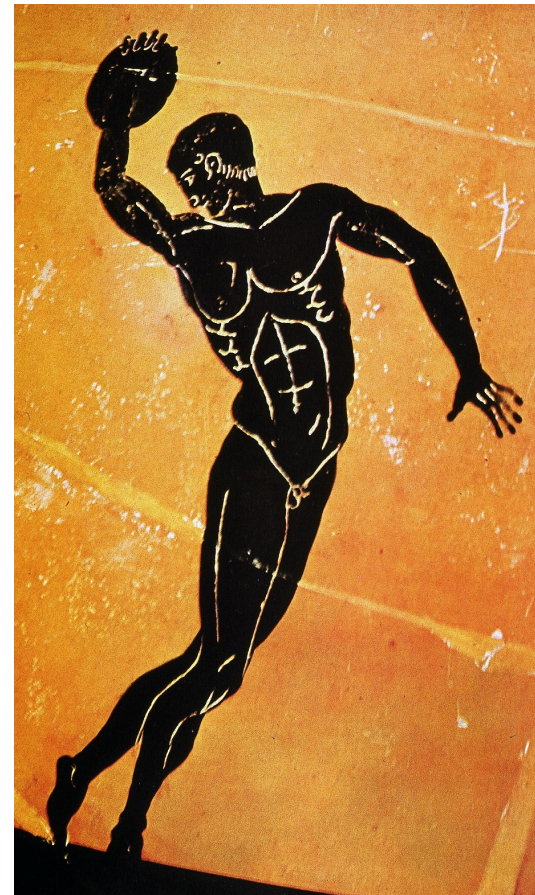
*contest (games)*

For all technical terms, consult  
Stephen G. Miller,  
*Ancient Greek Athletics*, Glossary  
(p. 241).



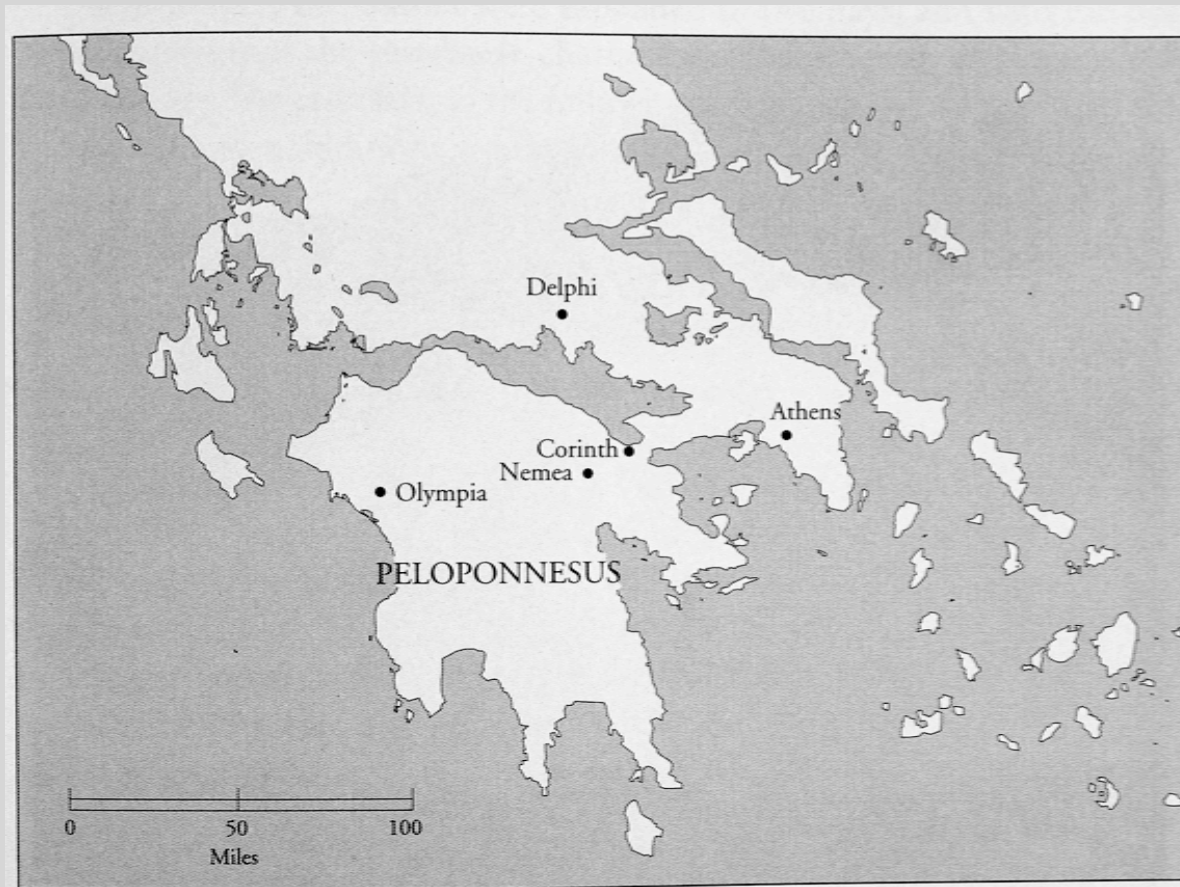


Long jump



Discus

# Sites of the major Greek Games



*Map 6*  
*Sites of major Greek games. The Olympics were held at Olympia; the Pythian Games at Delphi; the Isthmian Games near Corinth at Isthmia; and the Nemean Games at Nemea. Together, these four constituted the ancient "circuit" of Greek athletic festivals. The most important local games were held at Athens during the Pan-athenaic festival.*



Inscriptions

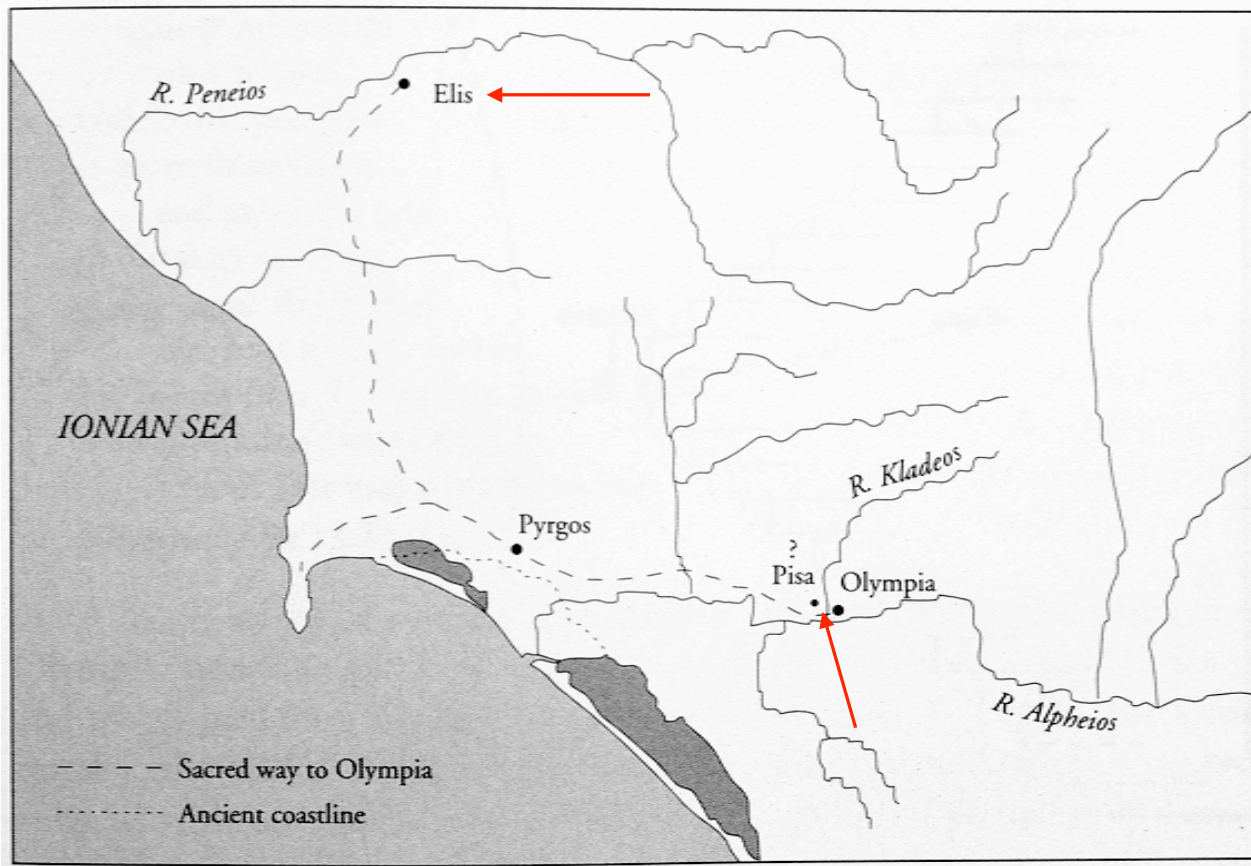


Excavations



Vase paintings

# Location of Olympia, Elis, River Alpheios



## Map 9

*The athletes' route from Elis to Olympia. Two days before the Olympics began, the judges, athletes, and their trainers began their 36-mile journey along the sacred way to Olympia.*



## The Ancient Olympics: Fact or Myth?



### *Question:*

We've just celebrated the 28th Olympiad of the modern Games, inaugurated 108 years ago. For how many years did the ancient Games run?



**A: For about 1,200 years, beginning in 776 BC**

## Your guesses...

- 60
- 80
- $200 \times 4$
- $250 \times 3$
- 300
- $400 \times 4$
- 500
- 700
- 800
- 1,000
- $1,200 \times 2$
- 1,500

## The Ancient Olympics: Fact or Myth?

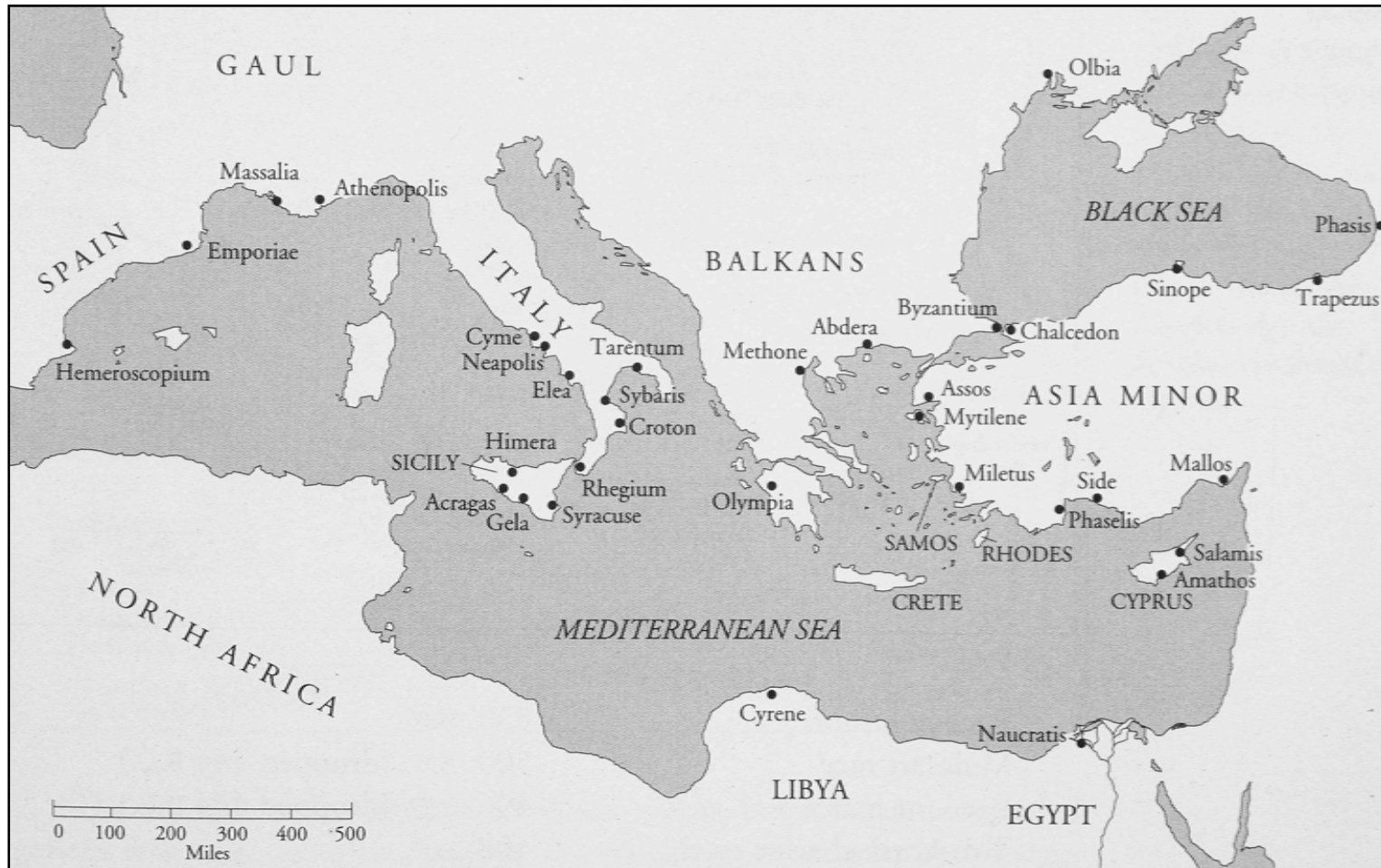


### *Question:*

War caused the cancellation of the modern Olympics in 1916, 1940, and 1944. How often were the Games cancelled in antiquity?

**A:** Never — they were held every fourth summer for over 1,000 years, without a break.

# Greek colonies outside Greece that sent athletes to Olympia in the 5th century BC



## The Ancient Olympics: Fact or Myth?



### Question

Then, as now, the Olympic Games were open to competitors of all nations and races. True or false?



A: False. The Games were multinational, but **panhellenic** (“all-Greek”), rather than truly international

# The Ancient Olympics: Fact or Myth?



## Question

Both men and women competed in the ancient Olympic Games.  
True or false?

**A: False.**  
Only free, male  
Greeks could take part



# Terms to remember

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- **Hellas** (Greece); **Hellenes** (Greeks); **Panhellenic**
- “**Crown**” (stephanitic) games (stephanos = crown)
- **Olympia**, **Delphi**, **Nemea**, **Isthmia**, with crowns of:
  - Olive, laurel, wild celery, pine
- The circuit of games = the **periodos**
- The 4-year cycle of Olympic Games = an **Olympiad**



## What was *not* at the ancient Olympic Games?

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- ✘ No winter events (introduced only in 1924)
- ✘ No water sports (swimming, diving, sailing...)
- ✘ No ball sports
- ✘ No team sports of any kind
- ✘ No events for women
- ✘ No gold, silver, and bronze medals
- ✘ No prizes for coming 2nd or 3rd
- ✘ No marathon race

*Mount Olympus*





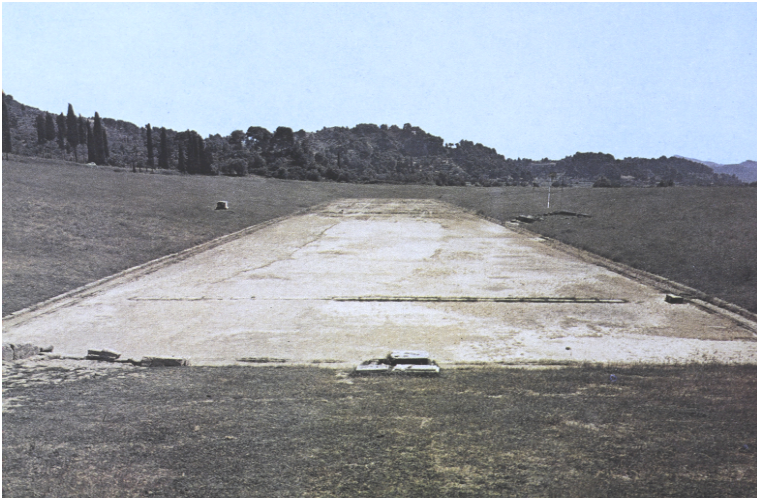


The Greeks did all these things... just not at the Olympic Games



# Stadia for footraces

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Olympia



Delphi

- **Stadion**
- = a unit of length, 600 ancient feet
- = a footrace that was 1 stadion in length
- = the parallel-sided place for running the “stade race” (modern **stadium**, although these are generally oval in shape)

# Hoplitodromos (hoplite race)



- Hoplites = foot soldier

# The Ancient Olympics: Fact or Myth?



## Question

The Olympic Marathon race was introduced to memorialize a famous runner at the Battle of Marathon, in 490 BC



A.: False. The marathon is an entirely modern race, first held at the 1896 Olympic Games

1896 marathon →





Athens

Marathon



# The Ancient Olympics: Fact or Myth?



## *Question*

The ancient Games always began with the lighting of the sacred Olympic flame.



**A.: False.**

The torch relay to the Games and the lighting of the Olympic flame is a creation of the “Nazi” Berlin games of 1936



# Torch relay races



member of winning team



- Nike (victory)

Altar

# The riddle of the rings

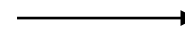
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Baron Pierre de Coubertin,  
creator of the modern games



- Leni Riefenstahl, director of the 1936 movie *Olympia*





# The fake 'ancient' rings, 1936



block with rings

starting line at Delphi

