# J-1|H-1B Titling Guidelines

<table>
<thead>
<tr>
<th>Visa Type</th>
<th>Sponsorship Type</th>
<th>Accepted Titles</th>
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<td>For additional support determining sponsorship type please be in touch with the Office of International Student and Scholar Services</td>
<td>Typical positions/titles that are provided and may be appropriate for one or both visas are:</td>
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| **H-1B** | The H-1B is an employment based visa. The positions sponsored on this visa are those considered to be employment of a temporary or non-temporary nature (and must be eligible for the H). | • Investigator  
• Instructor  
• Research Associate - minimum of a Master’s degree required  
• Senior Research Associate - minimum of a completed PhD |
| **J-1** | The J-1 is an Exchange Visitor visa and is used for research/teaching positions that are temporary in nature. They can be paid or unpaid. | • Visiting Professor  
• Visiting Scholar  
• Visiting Assistant Professor  
• Visiting Lecturer  
• Visiting Research Associate |

Titles *not* accepted:

1. Research Scholar  
   These titles can be confusing to OISS as it is a combination of the J-1 category (Research Scholar) and the title (Visiting Scholar).
2. Visiting Research Scholar  
3. Post-doctoral Fellow – The Office of Graduate and Postdoctoral Studies can provide assistance with these titles.

Effective: February 1, 2020
BioMed Faculty Administration

Required documentation as outlined by OISS for an appointment letter for a visa appointment letter from BioMed Faculty Administration.

**Affiliates with antiquated titles:**

- Departments should be sure to review the candidates role and function to properly assign an updated title at the time of reappointment.