IN PARTNERSHIP WITH PUC-RIO
THE CASA-BRASIL DIVISIONAL CENTER PROVIDES EDUCATION ABROAD PROGRAMS AND FACILITATES INTERNATIONAL RESEARCH COLLABORATIONS.
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SECTION ONE:
INTRODUCTION AND PROGRAM OVERVIEW
INTRODUCTION

Congratulations on your acceptance to the Consortium for Advanced Studies Abroad (CASA) Divisional Center in Brazil. This semester-length program provides you with an unparalleled opportunity to examine, firsthand, some of the key political, social, economic and culture issues affecting this fascinating country and its South American neighbors. The CASA-Brasil program is delivered in conjunction with the Pontificia Universidade Católica (PUC-Rio), recognized as among the most prestigious research universities in Brazil.

This handbook will provide you with a wealth of information that will guide you as you prepare to immerse yourself fully into the academic and cultural context of Rio de Janeiro and its surrounding region. Use it as a resource but don’t consider it to be your only guide to Rio and the CASA-Brasil program. Dedicated staff at each of the CASA member institutions, together with our experienced personnel on-site are fully committed to delivering a program that will challenge you to go beyond your comfort zone, to gain an understanding of the subtle – and sometimes not so subtle – nuances that have come to define life in this fascinating region of South America. As you prepare for your experience abroad, heed the advice provided in the following pages; read up on Rio de Janeiro, and allow your mind to be open to discovery.

CONSORTIUM FOR ADVANCED STUDIES ABROAD (CASA)

The Consortium for Advanced Studies Abroad (CASA) is a non-profit academic consortium of eleven leading comprehensive research universities formed for the purpose of organizing and delivering rigorous education abroad programs in collaboration with leading world universities. CASA member institutions are Brown University, Columbia University, Cornell University, Dartmouth College, Harvard University, Johns Hopkins University, The University of Melbourne, Northwestern University, Trinity College Dublin, The University of Pennsylvania and Vanderbilt University.

Each Divisional Center has a fully operative physical presence in the host country, led by a permanent on-site administrative director and support staff. The centers provide a rich academic environment for CASA students and faculty from across disciplines to engage with select international partner universities. CASA’s focus is to provide profound learning opportunities both in and out of the classroom, engaging students locally through carefully programmed curricular and co-curricular activities that are delivered, wherever possible, in the target language.

PROGRAM OVERVIEW

This CASA program builds upon one of Brown University’s longest running study abroad programs, developed over thirty years ago in close collaboration with Brown’s Department of Portuguese and Brazilian Studies. The strength of the CASA-Brasil program, which was launched in 2018 in a new and expanded iteration, is based upon the foundation laid by both the Department of Portuguese and Brazilian Studies and Professor Luiz Valente, working in close collaboration with Brown’s Office of International Programs. Prof. Valente continues to be closely involved with the program as the Brown faculty representative to CASA-Brasil, and joins the program in July and August of each year during the proseminar and the Bahia field visit. Today the program harnesses the academic strengths and research ties to Brazil of the full Consortium membership to provide exceptional study abroad experiences to serious students. CASA’s key institutional partner is the Pontificia Universidade Católica (PUC-Rio), Brazil’s premier private university, consistently ranked among the top universities in the country.
PUC-Rio enjoys a reputation as one of the top research universities in Brazil. Students who participate in the CASA-Brasil program enroll in courses across 26 departments organized in four academic centers: Theology and Human Sciences, Social Sciences, Science and Technology, and Biomedical Sciences.

CASA-Brasil’s selection of Rio de Janeiro as its program location is deliberate. As the second largest city in Brazil, Rio de Janeiro is Brazil’s emotional and cultural center where, situated between beaches and a jutting mountain range, life is varied, culturally diverse and intense. PUC-Rio is located in Gávea, a charming and safe neighborhood. Several city bus lines pass by the university, and the Botanical Gardens and Leblon beach are within walking distance of the campus.

SUGGESTED READINGS

- The Rio de Janeiro Reader: History, Culture, Politics (The Latin America Readers). Daryle Williams (Editor), Amy Chazkel (Editor), Paulo Knauss de Mendonça (Editor). Duke University Press. 2016

THE CASA* CENTER PROGRAM STAFF

CASA-Brasil Center Director: Dr. Kark Erik Schollhammer

As resident director Dr. Schollhammer is charged with the overall responsibility for administering the CASA Center, including day-to-day management, student advising, liaison with PUC-Rio and supervision of all aspects of the program.

Prior to his recent full-time appointment as CASA-Brasil Center Director, Dr. Karl Erik Schollhammer served, for 12 years, as the Resident Director of the Brown-in-Brazil program at PUC-Rio. He holds an M.A. in Nordic Literature and a Ph.D. in Semiotics and Latin American Literature from the Aarhus University (Denmark).

Contact Information

Office Hours: Monday – Friday, 9:00 am to 12:00 pm
Tel: (+55 21) 975 18 47 55
E-mail: karlerikschollhammer@me.com / karl.erik@rio.casa.education
CASA-Brasil’s study center, at the Matteo Ricci Research Center, Estrada de Gávea, 50, is a vibrant intellectual space located in close proximity to PUC-Rio.

Matteo Ricci Research Center
Estrada de Gávea, 50
Gávea, CEP 22451-262
Rio de Janeiro

The CASA-Brasil program works very closely with the Central Coordination of International Collaboration (CCCI) at PUC-Rio responsible for accommodation, general orientation and registration of international students.

International Students’ Coordinator

Mrs. Linda Cristina Sousa
Coordinator of International Students
Coordenação Central de Cooperação Internacional – CCCI
International Programs Central Coordination Office
PUC-Rio Rua Marquês de São Vicente, 225
Ed. Pe. Leonel Franca, 8º andar
22 453-900 Rio de Janeiro - RJ - Brasil
Tel. (55 21) 3527-1577 / 3527-1578 # 4
Fax: (55 21) 3527-1094
E-mail: incoming-ccci@puc-rio.br
http://www.puc-rio.br/ccci

Housing Services

Mr. Leonardo Dias
Tel: (55 21) 3527-1577 / 3527-1578 # 5
Fax: (55 21) 3527-1094
E-mail: housing-ccci@puc-rio.br http://www.puc-rio.br/ccci

PUC-RIO

PUC-Rio was created in 1940 by the Jesuit Order with the objective of developing knowledge based on humanistic values. The university now has 20,000 students who come from a variety of religious, ethnic and social backgrounds. The Pontifícia Universidade Católica do Rio de Janeiro (PUC-Rio) is recognized as one of the most important doctoral research centers in the country. The campus is located in Gávea, a charming neighborhood located near the forest and the beach. A large number of city bus lines makes it easy to get to and from campus. There are four libraries on campus: the Central Library and a specialized library per academic center. The RDC computer center was the first internet provider in the country and has a state-of-the-art multiprocessor computer, a graphics computing center, among other equipment and programs. All PUC-Rio students, including international students, benefit from free access to the Internet from terminals located in various microcomputer laboratories on campus.

***Dates shown are the end of the final exams, so students may end the course before the dates stipulated
Attention students who are staying for the full academic year: Second-semester classes (i.e., what at PUC will be called 2019.1) start in late February, with final exams in late June and early July. The exact dates won’t be set until sometime in November 2018.

BEFORE YOU LEAVE HOME

Reminders

✓ Talk to your professors. They have an interest in your travels and studies and may be able to offer insight into your academic pursuits. The Portuguese and Brazilian Studies professors have many contacts around Brazil and are great sources of information and encouragement.
✓ Make sure you have the email addresses of any professors or contacts at your home university you may need.
✓ Although it seems far off, make arrangements for your return. For example, will you be needing a proxy for the housing lottery on your home campus?
✓ Discuss with departments the viability of credits from PUC for concentration credit. Do you have graduation requirements you must fulfill while abroad?
✓ Remember that you must notify the proper offices of your intent to study abroad.
✓ Look into the deadlines for Royce Fellowships or other grant possibilities – you may come up with a good project idea while abroad. Also remember to bring anything you may need for applying for internships from abroad (resume, writing samples, etc.) Many internships have October and November deadlines.
✓ Check to make sure that you are covered by an insurance policy while abroad.
✓ If you intend to call home you should look into phone rate options while still in the USA. Is it cheaper for you to call them or for them to call you? (probably the latter)
Are you planning to use a phone card?

What to Pack?

✓ Lightweight pants are a good idea. People wear pants to school more often than shorts, though this is changing. Cotton clothing is great for Rio weather.
✓ A light jacket (In the form of a sweatshirt/poncho, breathable is good!)
✓ A rain jacket (Brazilians don’t usually wear American style raincoats but instead use small fold-up umbrellas; this keeps the rain off but doesn’t get too hot.)
✓ Something nice to wear out at night to clubs and dinner (Rio is known for the disparity between day-wear and night-wear.)
✓ A small flashlight (Particularly useful when you travel)
✓ Ear plugs (if you are a light sleeper Rio can be a noisy city at night)
✓ Jeans and shorts
✓ T-shirts/tank tops
✓ Antacid, aspirin, Tylenol... if you have a favorite brand
✓ Sun screen (Tanning oil is common and reasonably priced but sun protection, especially high numbers, tends to be imported and expensive!)
✓ Shoes
✓ Tennis shoes
✓ Comfortable walking shoes/hiking boots
✓ Dress shoes
✓ Flip flops or sandals -- you can also buy a cheap and stylish pair of havaianas (Brazilian flip flops) when you get there
✓ A small travel bag or backpack (Something convenient to travel with on busses within the city and for weekend excursions)
✓ Any prescription medications you may require (it would be a good idea to get enough for your full stay as getting them while in Brazil can be more complicated.)
✓ If you wear prescription glasses, bring an extra pair and the prescription.
✓ Sunglasses
✓ American gifts are always appreciated by locals. Especially something for your host family is a good idea.
✓ Perhaps most important of all...Don’t forget your dictionary and a grammar book or two.
✓ Past students have also recommended bringing a wireless router

**Consider This** (Ideas from previous students)

- Don’t take a lot of “dry clean only” clothes -- dry cleaning is expensive.
- You should bring a stain stick with you. Bleach in Brazil seems to be weaker than in the States, yet at the same time it manages to eat holes through your clothing with ease.
- If you wear make-up or use skin products it might be advisable for you to stock up before you go. Chances are you won’t be able to find your product label in Brazil and even if you do it will be imported and therefore 2-3 times more expensive than here in the USA.
- PUC’s computer lab takes some getting used to but is adequate and holds reasonable hours. Bring your laptop or tablet if you own one. Wireless is available throughout the campus.
- Don’t bother buying a swimsuit before you go. The Brazilian ones are nicer, cheaper and (if that’s your preference) smaller.
- Materials you have read on Brazilian History or notebooks from Portuguese and Brazilian Studies classes may be of renewed interest to you while in Rio. Needless to say they may be good references for classes you take at PUC.
SECTION TWO:

ACADEMIC PROGRAM OVERVIEW
FALL 2018 CALENDAR

04 July Arrival with airport pick-up
05 July Cultural & Academic orientation + Placement Test
06 July Federal Police (Immigration) Registration
   The International Office will assist international students with the Federal Police requirements. After the official date, students will be responsible for their own registration. Local Labs Computer RDC building. Students will receive a message with day and time scheduled for each one.
07 July City Tour (Departure 8am and arrival 6pm Meeting Point: in front of Bike Racks)
09 July Pre-term Portuguese Intensive Course - Classes Begin
13-15 July Field Trip to Paraty (Departure 9am and arrival 6pm Meeting Point: Bike Racks)
21 July Field Trip to Petropolis (Departure 8am and arrival 6pm Meeting Point: Bike Racks)
25-28 July The 14th International Conference of the Brazilian Studies Association (BRASA)
30 July Pre-term Portuguese Intensive Course - Classes End
07 August Get together meeting 1:30pm
01-08 August Field Trip to Salvador Bahia
10 August My first day at PUC-Rio - For fresh students – Just to know more about campus – Campus tour
13 August Classes begin
23 August Beginning of Term Cocktail (3 pm to 5 pm August Drop & add (online) to be scheduled)
   students should check the specific day at the PUC online.
   September Courses Cancellation on line (to be scheduled)
07 September Holiday break – Independence day
06 October Field trip - Meeting Point: Bike Racks
12-15 October Holiday break- N.Sra da Aparecida
15 October Exchange Period Extension Deadline - Deadline for submitting application for 2019.1
02 November Holiday – Dia dos mortos (Finados)
15 November Holiday – Dia da proclamação da República
20 November Holiday – Consciência Negra
06 December End of term cocktail 3 pm to 5 pm
07-09 December Field Trip to Ilha Grande
20 December Classes end***

ACADEMIC PROGRAM

The academic program, for both the fall and spring semester terms, is divided into a required Language Orientation and Cultural Pro-seminar (3 semester hours), and The Semester Program (14-16 semester hours).

PART I:
LANGUAGE ORIENTATION AND CULTURAL PRO-SEMINAR PROGRAM (3 HOURS)

The Language Orientation and Cultural Pro-seminar is an intensive course during the first four weeks of the program in Rio de Janeiro (three weeks in July for fall and January/February for spring) and Salvador (one week in August for fall and February for spring) prior to the start of the regular academic semester. Host institutions are PUC-Rio (Rio de Janeiro component) and the Associação Cultural Brasil-Estados Unidos/Brazil-US Cultural Association, ACBEU (Salvador component).
The Pro-seminar is comprised of four components:

- Four to six lectures taught by PUC-Rio faculty on topics dealing with Brazilian Culture, History and Society.
- An Intensive Portuguese language course (60 hours) including weekly city-trips and visits to museums and cultural institutions in Rio de Janeiro.
- Excursions to the cities of Paraty and Petropolis, daytrips to the Sugarloaf and the Corcovado mountains, and an introductory meeting arranged by the International Office about course registration, federal police visits, the visa process, and student life in Rio de Janeiro.
- A trip to the state of Bahia during the week preceding the start of the regular semester for an intensive program of lectures and visits focusing on Afro-Bahian history and culture. This program is organized by the Associação Cultural Brasil-Estados Unidos (ACBEU) in Salvador.

In addition – and considered an integral part of the Pro-seminar – a series of pro-seminar lectures will be organized over the course of the semester term around a select topic that, appropriate for Brazil, transcends national boundaries and is part of a research collaboration across CASA Divisional Centers in Argentina, Brazil, Chile, Cuba and Spain. For 2018-19, the selected topic focuses on *The Recovery of Historical Memory*.

**Lectures will include:**

- *The Brazilian Black Movement during the Military Dictatorship*
  - Prof. Angela Paiva, Department of Social Science PUC-Rio
- “Transitional justice in Brazil: old and new challenges to Brazilian democracy”
  - Prof. Márcia Nina Bernandes, Department of Law, PUC-Rio
- *Historical Memory in Brazilian Film*
  - Prof. Daniel Caetano, Department of Film, UFF
- *Brazilian Popular Music and Culture*
  - Prof. Júlio Diniz, Department of Letters, PUC-Rio
- *Remembering the Nation: Antônio Callado’s Everlasting.*
  - Prof. Luiz Fernando Valente, Portuguese and Brazilian Studies, Brown University
- “Rio’s Olympian Ambition: What price the global gaze?”
  - Prof. Scott Salmon, New School, New York

**Suggested readings:**


**Intensive Portuguese Language Course**

60 hours language immersion

As part of the Language Orientation and Cultural Pro-seminar, this intensive language course, offered in July and January/February, is delivered through PUC-Rio’s widely-recognized Portuguese as a Second Language program. Taught by qualified PUC-Rio language faculty, this course is required for all CASA program participants and will provide students with a strong foundation upon which they will carry out their semester studies.

In order to place candidates according to their proficiency in the Portuguese language, students will take a Portuguese Placement Test Online prior to their arrival at the program. Upon receiving confirmation of the Portuguese test results, students will be able to preliminarily register online for The Semester Program courses as well as for the Portuguese as a Foreign Language class corresponding to their respective levels.

Upon arriving at PUC-Rio, students will also take an oral test in order to confirm their language level. Any necessary adjustments can be made during the Add/Drop period.

**Excursions**

• Shortly after arrival to Rio de Janeiro, students will spend a weekend in the small village of Paraty where they have the opportunity to study and experience first-hand the environment of preserved colonial architecture and history.

• A day trip to the town of Petropolis with a visit to the palace of the second Brazilian emperor, Dom Pedro II.

• A daylong city tour around Rio de Janeiro with visits to the Sugarloaf and to the Corcovado Mountain.
Visits to the Republic Museum, to the Museum of the Indigenous People, to the Metropolitan Theater and to the Cultural Institute of Moreira Salles. We will take a walk to the historical center of Rio de Janeiro with visits to the Pedra de Sal and to the Morro da Providencia.

One week trip to Salvador (Bahia)

Students undertake an intensive program of excursions and visits to historical and cultural sites of interest in the state capital of Bahia and surrounding areas. During the morning sessions invited local specialists in the African heritage in Brazilian culture offer lectures at the ACBEU center.

Grading of Pro-Seminar

The grading is based on a combination of the grade achieved at the intensive language course and the evaluation of a final essay (10-15 pages). The idea is that the student in the essay will deliver a personal account of the academic perspective offered by the invited lectures combined with the individual readings and research in the selected CASA topic — The Recovery of Historical Memory — and the trips and excursions in the field as a qualified individual experience of Brazil. The essay is due at the end of the semester.

PART II: THE SEMESTER PROGRAM AT PUC-Rio

Upon completion of the Language Orientation and Cultural Pro-seminar, Brown students enroll in PUC-Rio courses taught in Portuguese for a total of 15 weeks. Students enroll in three direct enrollment courses (10-12 semester hours) plus Portuguese as a Second Language — designed to bring students’ formal language skills to the highest possible level — for 4 semester hours (totaling 14-16 semester hours). Direct enrollment courses can be found across many academic areas, including History, Anthropology, Literature, International Relations, Psychology, Political Science, Economics, Geography, Cultural Studies, Art History, Biology, Physics and Engineering. The link to direct enrollment courses can be found here. Most direct enrollment courses meet for 60 hours over the course of the 15-week semester (4 semester hours).

The link to direct enrollment courses can be found at http://www.puc-rio.br/ensinopesq/ccg/cursos.html

Most direct enrollment courses meet for 60 hours over the course of the 15-week semester (4 semester hours).

A sampling of direct enrollment courses available at PUC-Rio include:

Cultural Studies/Art History

- Brazilian Culture
- History of the Press in Brazil
- History of Brazilian Cinema
- History of Advertising in Brazil
- Public films and Commercials
- Documentary Cinema
- History of Modern Art
Economics

- Contemporary Brazilian Economy
- General Economic History II

Geography

- Physical Geography--Geomorphology
- Human Geography--Agrarian Space and Production of Work
- Human Geography--Urban Space
- Human & Economic Geography
- Spatial Formation of Latin America
- Biogeography
- Regional Geography--Modern World I

History/Political Science

- Brazilian History II
- Brazilian History IV
- History of the Americas IV
- History of the Americas VI
- Social and Political Organizations of Brazil
- Political Institutions of Brazil
- Political, Economic and Social History of Brazil
- Constitutional Law I
- Brazil’s Foreign Policy

Literature

- Brazilian Literature--Poetry Masters
- Brazilian Literature Masterworks--Prose Masters
- Discourse Semantics
- Individual Research Project
- American Literature
- Communication & Brazilian Literature

Psychology

- Psychological Systems IV (Psychoanalysis)

Religious Studies

- Pastoral: Afro-Brazilian Cults
- History of the Church in Latin America

Social Anthropology

- Ideologies in Latin America
- Sociology of Everyday Life
- Cultural Anthropology
- Brazilian Anthropology I
PUC-RIO AND BRAZILIAN HIGHER EDUCATION OVERVIEW

All degree-seeking university students take a basic cycle of studies in either humanities or science. Following the basic cycle, students enter the professional cycle of undergraduate courses. Electives classes in other fields are allowed and diversified study is encouraged.

Academic Year

The academic school year normally runs from February/March through December. The year is divided into two semesters. Some institutions, especially those that have large enrollments and are located in urban areas, offer three "shifts" of classes each day—morning, afternoon and evening.

First Semester: February/March to July
Second Semester: August to December
Number of classes typical PUC-Rio Students take per term: 4 subjects /20 credits (minimum 2, maximum 5)

Fall Semester for CASA-Brasil students: July – December
Spring Semester for CASA-Brasil students: January – June

Grading

PUC-Rio uses a 1-10 grading scale converted to the US system as follows (see below).

Brazilian Grade to U.S. Credit Equivalent

A transcript from PUC-Rio gives the number of hours spent in class per week and per semester to assist home universities in determining the number of credits for each class. Most direct enrollment content (non-intensive language) courses meet for 4 hours per week over 15 weeks. These courses would each be the equivalent of a four semester-hour course in the United States and an 8 ECTS course in those universities that use the ECTS system.

PUC-Rio’s Grading Scale

Ø (minimum) ----- 5 (minimum passing grade) ----- 10 (maximum)

Example: Grade Conversion Scale (US Universities x PUC-Rio)

A+ = 10
A = 9,5
A-= 9,0
B+ = 8,5
B = 8,0
B- = 7,5
C+ = 7,0
C = 6,5
C- = 6,0
D+ = 5,5
D = 5,0
F = Any grade below 5,0
INTERNship and volunteer opportunities

Students interested in a practical engagement experience can utilize PUC-Rio’s Coordenação Central de Estágios e Serviços Profissionais (CCESP) to locate non-credit bearing internship and volunteer possibilities in and around Acari, Parque de Cidade, and Rocinha. PUC-Rio students can engage in activities such as health care, engineering, small community planning, and vocational education.

Previous students have been involved with the following projects in and around Rio de Janeiro:
- Providing care to underserved children at the Integrated Social Development Centre Vargem Grande, RJ;
- Construction of a containment wall and involvement with an environmental education project at the Favela Rio das Pedras;
- Revitalization of housing conditions in the Alto da Boa Vista (Tijuacu, Fazendinha and Furnas);
- Serving as translator for various social projects at the Translation Center for the Study of Social Exclusion;

The Department of Social Work runs a considerable number of community projects in which PUC-Rio international students are invited to participate.

BRICS Policy Center

The BRICS Policy Center/Center for Studies and Research is a joint initiative of the Rio City Hall and PUC-Rio. Established as a think tank in 2010, the center has five research teams working on the following topics relevant to Brazil, Russia, India, China, and South Africa: International Politics and the Multilateral Agenda; Development, Commerce, Finance and Investment; Technical Cooperation and Science & Technology; Urban Development and Sustainability; and Economic and Political Analysis. Past students have been involved in the coordination of workshops, colloquia, lectures, and seminars to debate relevant topics, allowing them to engage with recognized experts in their fields.

HOUSING

PUC-Rio and CASA-Brasil offer an enriching opportunity for students to experience the Brazilian way of life by placing them in a home-stay program. CASA-Brasil students will be placed in homes located in the south zone of the city, the same as the university. Most families live near the university, within 30-40 minutes from campus by city bus. Host families are carefully screened by the Coordinating Center for International Cooperation (CCCI) and approved by the CASA Brazil Center Director. They represent a wide range of incomes and situations, from single families, to couples without children, to families with children.

Each student will sign a contract and be given a monthly stipend in order to pay the monthly rent and cover the cost of additional meals, outside of breakfast, taken during his/her stay. The rent includes a private room with a bed, a fan, a weekly change of sheets and towels, access to light and gas and a Brazilian breakfast (coffee, milk, bread, butter, jelly and fruit). Access to kitchen and laundry facilities is also included. Telephone use is to be arranged between the student and the family. Please be aware that some houses have only shared rooms (2 beds). In this case the rental per student will be lower than the private room. Not all homes have internet available. For the houses with internet access, the price for the connection is R$ 35 per month.
Please Note:
PUC-Rio serves as a liaison to facilitate the introduction between exchange students and host families interested in receiving them. PUC-Rio is not responsible for the payment of rent, student expenditures, or the student’s failure to abide by the house rules previously agreed upon by both parties. However, should the need arise, PUC-Rio will support and help both parties in improving the interaction between them. PUC-Rio does not have a contract with these families, we serve as an intermediate, and they are independent to do what is best for them.

HEALTH

While overseas, the CASA-Brasil director and on-site staff are available to help students seek care in the event of a medical emergency. They also offer orientations to help students understand any risks specific to the area where they are studying abroad.

Typically, if a student seeks medical care, they will be required to pay out of pocket and submit for reimbursement at a later date. We encourage students to learn what their insurance provider's require prior to participating in study abroad.

Health Insurance

Prior to their departure for Rio de Janeiro, all students are required to demonstrate to their home university that they have obtained a comprehensive health plan that will provide coverage for accidents and illness, including emergency evacuation and repatriation, for their entire period abroad of the program. If you are currently covered by a plan through your home university, you may be provided with the option to continue this coverage while abroad. If not, you will need to present evidence of coverage to your home institution before you travel abroad.

Questions to consider when acquiring health insurance of study abroad:

- Will the plan cover hospitalization for accidents and illnesses for the entire period while I’m abroad?
- Will the plan cover doctor visits and medication prescribed abroad?
- Is there a deductible? If so, how much?
- Is there a dollar limit to the amount of coverage provided?
- What are the procedures for filing a claim for medical expenses abroad? Do I need to pay expenses up front and then submit receipts to the insurance company for reimbursement? Make sure that you get full information form your policy about how to arrange for routine treatment, medical emergency procedures, and what is required to pay for or be reimbursed for a claim.
- Many overseas health providers will not process American insurance claims and will expect payment at the time of the treatment so students should have access to a minimum of $400 in reserve for emergencies. Be sure to obtain a receipt to submit with your insurance claim.
- When does the plan begin and end?
- Will this insurance cover me in the U.S. for the insured semester if I decide, for medical or other reasons, to return before the end of the program? (If students have a serious accident or illness abroad, they may need to return to the U.S. for further care; it is therefore important that the student carry coverage that applies not only abroad, but in the U.S. during the study abroad period as well).
- Does the plan cover pre-existing medical conditions?
Immunizations

It is recommended to provide vaccination against Yellow Fever and Hepatitis A and B. If you don’t succeed to do it before departure you can get these your vaccination for free at any Public Health Unit (UPA). The major concern during the rain season is Denge, Zica and Chicungunha fever, all transmitted by the *Aedes (Stegomyia) aegypti* mosquito. The best advice is to always use a good mosquito repellent. Unless you plan to travel in the Amazon rainforest you don’t need to worry about malaria.

Vitamins and Prescription Drugs

If you take any prescription drugs or take vitamins you must bring enough of these items with you to last for the duration of your stay in Brazil as medicines may vary from country to country. You also cannot send medicines through the international mail as customs agents can confiscate these. You should also take the original prescription with you to verify that it is a prescription and for you personally. Otherwise customs agents could confiscate medicines when you enter the country if they search your luggage. Also request that your doctor give you the generic name of any prescription medicines just in case you need to describe what you are taking to a Brazilian physician.

Allergies

If you have them, make sure to stock up on medicine before you go. You are able to find allergy medicine at any farmácia, but if you have a personal preference, you should bring your own from the States. Keep in mind that since you are going to be living in an environment very different from the one you are accustomed to, you may have heightened allergic reactions upon arrival, until your body adjusts.

Water

Tap water in Rio, although not necessarily unsafe, doesn’t taste good. In some other parts of Brazil tap water may be unsafe. At home Brazilians drink water that has been run through a water purifying system known as *filtro*. It is referred to as *água filtrada*. Away from home Brazilians always drink mineral water (*água mineral*), either sparkling (*com gás*) or unsparkling (*sem gás*).

Contraception, STD’s & Counseling Services

It is extremely important to be informed ahead of time about the availability of various services and products related to contraception, STDs and sexual activity. The following information is a brief outline. Birth control is widely available in Brazil (in clinics and family planning services, usually). Condoms are also easily purchased in pharmacies and in vending machines in bars, pubs and on the street. Abortion is illegal and is sanctioned only in cases of rape, incest, fetus malformation, and threat of serious physical or psychological harm to the mother.

Unprotected sexual activity risks exposure to sexually transmitted diseases, including AIDS. Anyone worried that they may have become exposed to HIV or STDs, can be tested in public health units in Brazil; the results are confidential. There is a range of counseling services in Rio de Janeiro. Family planning services comparable to Planned Parenthood are available, as is counseling in the event of sexual assault. The program will provide you with the addresses and telephone numbers for the latter when you first arrive.
Hospitals and Clinics

- **Hospital Miguel Couto** (free of charge): Rua Bartolomeu Mitre nº 1018, Gávea, Rio de Janeiro- RJ Telefone: 3111-3801.

- **Clínica São Vicente** – private (24 hours): Rua São Borges 204, Gávea, Rio de Janeiro- RJ Telefone: 2529-4422.


Through some of its specialized centers, PUC-Rio also provides social assistance to its students and staff as well as the outside community.

The **Center for Assistance to Homeless Children (NEAM)**, the **Training Office for Law Students (EMA)**, the **Applied Psychology Service (SPA)** and the First Aid Center also serve an important function on campus.

- **Outpatient at PUC-Rio (Ambulatório)**
  PUC-Rio has a small clinic located in the Village that is open from 8 am to 8 pm.
  Attendance at the clinic is carried out by accredited doctors and is free for staff and students. This clinic is convenient for simple cases such as headache, sore throat and fever. For cases requiring a specialist, students must go to a private or public clinic in Rio de Janeiro.

- **UPA - Emergency Unit - public clinic**
  The Emergency Care Units - UPA 24 health facilities are of intermediate complexity situated between Primary Care and Hospital Network, which together with this, compose an organized Emergency Care Network.


What it takes to be served in UPA:

- Patients should attend UPAs, preferably carrying original identity document.
- Severe cases will be seen regardless of documentation.


SECTION THREE:

LIFE IN RIO
SPORTS

In Rio

In Rio de Janeiro, football (soccer) and beach sports (volleyball, foot volleyball, racquetball, surfing, windsurfing, etc.) are very popular.

The city of Rio de Janeiro and other entities offer various sports activities for free, especially during the summer. Make sure the activity is in operation by the mentioned webpages.

To get free activities in Rio de Janeiro visit: http://visit.rio/en/o-que-fazer/sports/

Basketball

Basketball is not as popular in Brazil as it is in the US. Most of the Rio clubs that sponsor soccer teams (Flamengo, Botafogo, Vasco, etc.) also sponsor basketball teams. The games are lots of fun and not expensive to watch. Call one of the clubs to get information on the basketball schedule or look in the paper for game dates. As a side note, every club team has two import American basketball players per team who usually don’t speak a word of Portuguese and would be psyched to hang out with you guys.

Volleyball

Brazilians love watching and playing volleyball. Volleyball games are often shown on television. Many people play at the beach.

Joining a gym (“academia”)

There are “academias” (gyms) everywhere in Rio, including one at PUC (for which all students, even local students, are required to pay an extra fee.) Some of the “academias” are very fancy (and, consequently, very expensive), with private trainers, swimming pools and saunas, but you should be able to join a good one for the equivalent of about US$50 a month. Do some legwork. Visit various gyms and inquire whether they offer any discounts for students. They’re easy to join, generally accept memberships on a month by month basis and can be a good place to meet people.

At PUC-Rio

PUC-RIO has 3 sports areas where many sports are played, such as football (soccer), volleyball and capoeira. In addition, both international students and the regular students are allowed to swim at one of the most famous clubs in town, the Flamengo Football (soccer) Club. It is located within walking distance of campus.

These activities are charged separately and if you want to participate should contact the Department of Physical Education to enroll.

Department of Physical Education PUC-Rio
Edificio Cardeal Leme,  
Tels: 3327-1364/1365
ABOUT THE CAMPUS

The Gávea campus, where most undergraduate courses and most graduate work take place, has a built area of approximately 82 thousand square meters and is located in the Tijuca Forest area in the Southern part of Rio de Janeiro. At the historical Solar Grandjean De Montigny, PUC-RIO's Cultural Center, visual arts exhibitions are held year-round.

Close to the campus, students also have easy access to a large number of shops, banks, specialized bookstores, restaurants, a movie and a shopping mall. The beautiful Botanical Garden and Leblon beach are also only within walking distance.

Central Library in the Frings Building, 3rd and 4th floor

All you need is your PUC ID to check books out of the library at PUC.

Note* Books are checked out for a much shorter period of time at the PUC library than we are accustomed to. Watch out for fines! Also, PUC students are very serious about the library. NO TALKING!

Places to Eat at PUC-Rio

Bandeijão

A cafeteria-style dining room—R$8.00 for a plate, a real bargain. Bandeijão is open for breakfast from 6:30am to 9:00am, for lunch from 10:15am to 2:30pm, and for dinner from 6:00pm to 9pm. The food is quite good if you want a big meal which always consists of feijão com arroz, algum tipo de carne e sobremesa. Bandeijão is located below the Bank Itaú in the Frings building. There are, however, various other eateries around campus and small restaurants on Rua Marquês de São Vicente to explore.

Couve-Flor

This restaurant on the second floor of Edifício Padre Leonel Franca (the same building where the Coordenação Central de Cooperação Internacional—PUC's OIP—is located) offers an excellent buffet lunch and dinner. You pay by the weight (a quilo) of your meal. It isn't cheap, but the food is very good and there's a wide choice of entrées, salads, side dishes and desserts.

Lanchonetes

There are several snack bars scattered all over the campus. One of the most popular with Brown-in-Brazil Students is the “Bar das Freiras,” located across from the PUC Bookstore, in the Leme Building. It offers a reasonably priced lunch, but is closed for dinner. There are also several cheap and tasty sandwich shops and “comida-a-kilo” places on Rua Marquês de São Vicente, just outside of the campus.

BUDGETING YOUR MONEY

The program fee you pay your home university covers tuition and related academic and programming activities, the Language and Culture Pro seminar, program excursions, housing, and other program-related events. It does not cover mandatory health insurance (see Health Related Issues, above), airfare, meals, books, local public transportation and related personal expenses.
Refund policies are governed by each CASA* member institution and may vary. Consult with your study abroad office.

Before you leave for Rio de Janeiro, you should plan how to handle your money during your term or year abroad. You will need to budget for expenses such as food, local transportation, toiletries, social activities, and any additional travel (see CASA*- Rio de Janeiro website, Life in Rio section for an estimated weekly budget). The Brazilian banking system is normally quite efficient, but even so there can be long delays in transferring money overseas and without having a local account it becomes almost impossible. The most convenient way to access funds is by using the ATMs located on campus or in the closest shopping mall.

If you need more funds while abroad, it is much easier (and less costly)-to deposit money in your U.S. account rather than try to send you money by bank wire. ATM withdrawals generally give you a competitive exchange rate, but bear in mind that you will be charged a transaction fee by your home bank. If you plan to use an ATM card, advise your home bank that you will be out of the country so that it can ensure that your card will be operative in Rio de Janeiro. You may also want to consider having your parent/guardian’s name on your account. Finally, make sure you will have a PIN that functions internationally.

Credit cards, particularly Mastercard and Visa, have become commonplace throughout Brazil and can be invaluable in a financial emergency. Ask your bank for PIN number that will be valid in Brazil. In the event of an emergency, you can go into any Visa- or Mastercard-participating bank, present your credit card, and draw cash immediately. Because of high interests rates and fees charged for cash advances, it is advisable to avoid this method to obtain money unless you have no other option.

Some Brazilian banks like Banco ITAÚ operates in United States and should you have can access your account here from both countries.

**STUDENT VISA INFORMATION**

**Brazilian Consulate**

Students must obtain the visa at any Brazilian consulate. A personal visit to the consulate may be required. Be aware that, as an international exchange student, you cannot enroll at PUC-Rio without a student visa. This visa cannot be obtained in Brazil. It must be obtained prior to arrival.

The Brazilian Consulate within your area of jurisdiction will require you to fill out a visa application form to obtain a student visa. This form must be stamped by the Brazilian Consulate and must include both your parents' names and your full name, even if they are passed away.

This visa form must be presented to the Federal Police (Immigration) office no later than 30 days after your arrival in Brazil. If you arrive in Brazil before the official arrival date, please contact CCCI immediately. To fill out the Visa Application Form correctly, please pay close attention to the instructions below:

- Your name must be written according to the following sequence: Name/Middle Name/Last Name.
- Initials are not allowed
- You must provide your parents' complete name and no initials can be used
- You should use capital letters to fill out the visa application form
When you apply for the student visa, the Brazilian Embassy or consulate will ask you, at the moment of application, to give an address in Brazil. We suggest that you give the PUC-Rio’s International Office as a temporary address. This procedure has some reasons:

- The Embassy will always be able to contact you via the PUC-Rio address in case you decide to move out of your homestay or initial place of residence.
- The homestay matching process begins after students apply for their visas. Therefore, do not wait for your Accommodation information to apply for your visa. The address is below:

PUC-Rio - CCCI
Rua Marquês de São Vicente, 225
Ed. Pe. Leonel Franca, 8º andar
22 451-900 Rio de Janeiro - RJ - Brasil

Diplomacy Department in Rio

Please be aware that if you do not follow the specific visa solicitation instructions, you will have to go to Palácio Itamaraty (Diplomacy Department in Rio) in order to correct wrong information on your visa application form before registering at the Federal Police Department. Corrections done by yourself will not be accepted. As mentioned above, the visa application form must be presented to the Federal Police upon arrival. Please do not forget to bring the form with you to Brazil. Without this document, you will not be able to register with the Federal Police. If you do not register by the 30th day after your arrival, you will be considered illegal in Brazil and will have to pay a daily fee until you manage to go.

The Federal Police (immigration) have the right to ask you to leave the country in case you take so long to process your registration. In order to register you must take to the Federal Police (after your arrival): 2 photos 3cm X 4cm sized and colored, the Federal Police appointment confirmation, cadaster and receipt of the payment of the two fees (CCCI will help you with this procedure), original Passport and original Visa Form Application. Copies will not be accepted.

The Brazilian authorities require International student to register their visa in the first 30 days of their arrival. Students have to request an appointment at the federal Police website: http://www.pf.gov.br

Make sure that you request your appointment within 5 days of your arrival to have enough time to pay the required fees and get official documents. In case the student fails to register the visa within the 30 days. Students will pay a daily fine for the authorities and may jeopardize their stay in the country.

A tourist visa is not accepted for studying at PUC-Rio for Regular semester. Students with a Brazilian passport entrance do not need to go to the Federal Police.

Necessary documents to register at the Federal Police upon arrival in Rio:

- Passport (original and copy);
- Visa form (original and copy);
- 2 photos (3cm x 4cm colored sized photos – with white background)
- Schedule of your appointment for the VISA registration at the Federal Police website and print the 2 forms to be paid any Brazilian bank. This appointment should be scheduled by
the 5th Day after your arrival. Leonardo Dias will be in charge of assisting the students during the Federal Police process and appointment.

SAFETY

Safety for students abroad is carefully monitored by the CASA-Brasil residential director and the Brown OIP staff. We work with students during the pre-departure process to prepare them for their surroundings, and educate them on what to expect in their new environment. Should a student ever feel unsafe while abroad, he or she should immediately speak with the CASA-Brasil director or onsite staff.

General Safety Tips

- BE AWARE of what is going on around you!
- Don’t go jogging around Lagoa after dark. If you jog on the beach late at night, make sure there are plenty of people around.
- Don’t get on a bus with large groups of rowdy youths on it. You never know when trouble might start and it’s best not to take the chance of being there. If you are already riding the bus when a large group of rowdy kids gets on and you notice people start getting off the bus, get off too and wait for the next bus. Be very careful speaking English loudly in public, especially on buses. It’s just asking for trouble.
- Don't wear any jewelry or a watch that you wouldn't mind losing.
- Consider calling radio taxi to return home at night rather than taking the bus or a regular yellow taxi.
- Carry a minimum amount of cash and don’t carry all your money in one place. Instead, keep your money on you in several places, so that you are never left with nothing.
- Consider wearing a money belt.
- If you are robbed or assaulted, you should always have some money that you can hand over right away, and then get out of the situation. Do not fight back.
- Make three (3) photocopies of your passport ID page, airlines tickets, and credit cards. Leave one copy at home. Bring the second copy with you in case something gets lost or stolen abroad, and give the third copy to your program resident director. Bring extra passport size photos for student ID’s abroad, a replacement passport if needed, or for obtaining a visa abroad.

TRAVEL ASSISTANCE/EMERGENCY EVACUATION

NOTE: Always try to get in touch with the Resident Director first if you need any emergency assistance.

All students abroad are automatically covered by a travel assistance plan administered by International SOS, whose services range from telephone advice and referrals to full-scale evacuation by private air ambulance. International SOS has more than 3,500 professionals in 24-hour alarm centers, international clinics and remote-site medical facilities across five continents. You can access up-to-date reports on more than 170 countries worldwide on health issues, medical care and vaccination requirements via the International SOS website—your home page for travel health and safety information. To use their services or should you have any questions about the coverage, visit the International SOS website. For reference purposes, the group membership number is 11BSGC0000031. Please note: This is not a health insurance plan but for medical referrals and emergency evacuation only. All students are required to demonstrate to their
respective home universities that they have obtained a comprehensive health plan. (See below)

International SOS website: https://www.internationalsos.com/

Rio Tourist Police

Rua Humberto de Campos, 315 Leblon, Rio de Janeiro (at the corner with Avenida Afrânio de Mello Franco) Phone: 2332-2924. Open 24h -They are specialized in handling foreigner’s problems, they are fast and speak English.

Police emergency number #190

CULTURAL TIPS & ETIQUETTE

Climate

Rio’s average temperature is around 27°C (80 °F) which may reach 40°C (low 100s °F) during the summer months from December through March. In the middle of winter (July), the temperatures in Rio can drop as low as 18°C (65°F) during the day, but never drop below 12°C (54°F) in the evening.

Business Hours

Most stores are open from 9 am to 6:30 pm / 7 pm on weekdays, RIO and from 9 am to 1 pm on Saturdays. However, many shopping centers stay open from 10 am to 10 pm on weekdays and from 3 pm to 9 pm on Sundays. The banks are open from 10 am to 4 pm. ATM services are available from 6 am to 9 pm.

Electricity

The electric current in Rio is 127 volts (60 cycles). If you have any doubts, check with the owner of the house or apartment. Transformers to boost the current from 110 volts to 220 volts are available in most electrical supply stores. It is also advisable to purchase an international outlet converter.

Tipping

Hotels generally include in the bill any service charges.

Restaurant tips are discretionary but are often included on the final bill as a "suggestion." In Brazil the norm is to give a tip.

Taxi tips are not expected by drivers although most passengers will round the fare up if they are satisfied with the service.

Clothing

Rio’s tropical weather makes light summer clothing most practical, especially for outdoor activities like sightseeing. Most restaurants and nightspots do not have a strict dress code; therefore, polo shirts, t-shirts, slacks, blouses, skirts, sun dresses and sneakers are accepted at most places. Even
though winter in Brazil is not so cold we recommend you bring one jacket for rainy and winter days.

**Carioca Vocabulary**

If you want to come off like a real Carioca, always end your social encounters with one of the following:

* A gente se vê (I’ll see you)
* Te ligo (I’ll call you)
* Aparece lá em casa (stop by the house)

Remember, these phrases are not to be taken literally and are just pleasant ways of saying good-bye.

**IN AND AROUND RIO**

**Transportation**

There are numerous urban bus lines in Rio to reach PUC -Rio campus. The bus ticket is around R$ 3,80 for any path and the integration of Metro and Bus is a fast and practical solution for the fare of R$ 5,40. If you travel together a Taxi or a UBER is often a cheaper solution.

Bicycles are a good and healthy option of transportation. Students can either buy a bike or use the public available bikes (https://bikerio.tembici.com.br). At night, it is advisable to take a taxi if you go out.

You can easily find extensive bus lists and a map of the city’s metro system once you are in Rio. Consider buying a copy of *Guia Quatro Rodas Rio*.

Most Brazilians travel around the country by bus. The bus system is great and you can take the bus almost anywhere you would want to go. The payoffs are that the prices are much better than traveling by air, you get to see the countryside and you get a real feel for Brazilian life. The drawbacks are the obvious...long bus rides over bumpy roads. Don’t just show up to the Rodoviária expecting to find a bus leaving when you want to travel with an open seat for you. Plan your trip and call ahead. There is also the possibility of renting a car. Renting a car in Brazil is relatively easy, but much more expensive than in the United States. You’ll need is a driver’s license and a major credit card. If you want to know more about road safety around the world, you can get a student membership in ASIRT for $25.00. They give reports, tips, safety language cards for each country. Contact: http://www.asirt.org/

**Lodging**

As far as places to stay go, *pousadas* and youth hostels tend to be cheaper than hotels. If you plan on staying in youth hostels while you travel, it is a good idea (although not necessary) to join the Youth Hostel Association before you travel.

To join and buy the youth hostel book go to: *STB - Student Travel Bureau* (an affiliate of Council Travel) corner of Rua Visconde de Pirajá (550) and Rua Aníbal de Mendonça in Ipanema on the 2nd floor of the Lareria restaurant, Tel. 2512-8577.

There are some amazing places to travel just hours outside of Rio. Call the Rodoviária for bus times and they are perfect for a weekend trip. Paraty, Ilha Grande and Ouro Preto are all beautiful, have lots of pousadas, and are pretty cheap in the off-season. In Paraty and Ilha Grande you can rent a
boat for a day and see the surrounding beaches, many of which are isolated and can be truly defined as "tropical paradise."

Libraries

**Centro Cultural Banco do Brasil**
Rua Primeiro de Março at the corner with Avenida Presidente Vargas, 5th floor – Centro. This is an excellent library with nice reading rooms and a good magazine collection (Portuguese and English). However, you can’t check anything out. It also has a large film collection (Brazilian, American and other foreign films) and nice viewing rooms you can reserve in which to watch the film. This building also hosts many plays and exhibitions during the year for free or at minimal ticket prices. Pick up the monthly schedule when you visit.

**IBEU Library (Instituto Brasil-Estados Unidos)**
Located in the IBEU building at Avenida Nossa Senhora de Copacabana 690, between Rua Santa Clara and Rua Figueiredo de Magalhães. Not an exceptional library, but it has some good magazines and is closer to PUC than the others.

**Biblioteca National**
Av. Rio Branco in front of Praça Floriano Metrô stop: Cinelândia The line to get in can be somewhat long but it does have a large collection of books. If you are doing research for a PUC class or an independent project, you should definitely visit this library. This is a library for research not to study in, you cannot take anything in except paper and a pencil and you cannot check any books out.

**Real Gabinete Português de Leitura**
In the center of Rio, at Rua Luís de Camões, 30, you find a marvelous historical library founded in 1837 with access to a number of Portuguese bibliographic rarities. The reading room is an oasis for study and research in the heart of the city.

**Museu de Arte Moderna (MAM)**
Aterro de Flamengo near downtown The MAM library is a great resource! There is also a film library. The staff is very helpful and the books tend to be materials you will never see in the United States. Unfortunately, you can’t check anything out. It is open from 12:00 noon to 6:00 pm of weekdays, but call and check. Entrance is free.

**Places to Go and Things to See**

Remember that Rio is a large city with many diverse neighborhoods and an enormous variety of activities to sample from. Beware of spending all your time in the Gávea-Leblon-Ipanema enclave around PUC. For suggestions on what to do check *Rio Show*, a supplement to the Friday edition of the newspaper *O Globo*, or *Veja-Rio*, a supplement to the weekly magazine *Veja*.

**Ecological Groups for Hikes** *(ask about programação de caminhadas)*

*Trilhas do Rio*, 9723-8990, (21) 7586-1302, (21) 3884-0311
*RJ Adventura*, 8089-3874, 7405-4354
*Adventura Ecoturismo*, 2709-8637

*Aribira Aventuras*, 2235-3716
*Jeep-Tours*, 2108-5800, 2108-5818
*Rio Hiking*, 2552-9204
Museu Chácara do Céu - Santa Teresa
Has a good collection of Brazilian art and is in a beautiful location. The hours are odd so you might want to check before you go visit.

Quinta da Boa Vista
Zoo and The National Museum, the Museu Nacional de Folclore is located next to the Palácio do Catete

Pista Cláudio Coutinho in Urca near Praia Vermelha
A nice walk with gorgeous views. The path is somewhat hidden, so you might have to ask where the entrance is located.

Arpoador
Where Praia Copacabana and Praia Ipanema intersect, there is an open air concert spot that has live shows with all types of music, every Sunday evening. The crowd is young and lively and the area around the concert is full of vendors selling food, clothes, jewelry and other knickknacks.

The Hippie Fair (Feira Hippie)
The Hippie Fair is a large open air market held between 9 am and 6 pm every Sunday in Praça General Osório, Ipanema. Artisans come from all over Brazil to sell a variety of goods including, leather, jewelry, hammocks, art, clothes, food, music. The prices are great and it’s a fun place to just browse through.

Feira nordestina
São Cristóvão, great on Saturday nights and Sundays.

Lapa
Friday nights in Lapa become an all out street fair, with the botequins overflowing into the street and live bands featuring every kind of music – forró, samba, pagode, funk, hip-hop, chorinho, reggae – really most of anything. It’s a sort of bohemian gathering place for Rio’s young, and as you make friends you’ll run into them here. It doesn’t usually get going until after midnight and remember (as always) to be careful.

The Beaches
To truly understand the Carioca it is imperative that you take part in the beach scene. Located on the coast, much of Rio’s music, vocabulary, jokes, styles, and pastimes revolve around the beach. Along Rio’s coast are “postos”, or lifeguard posts, every kilometer. Groups tend to meet at a posto regularly and thus it isn’t odd for a Carioca to ask you which posto you hang out at to try to understand what “galera” or crowd you belong to.

TRADITIONAL BRAZILIAN DANCE CLUBS

Clubbing is a major part of the young carioca lifestyle and Rio is full of great clubs. The most traditional dances are samba, pagada and forró.

Asa Branca, on Av. Mem de Sá 17, in Lapa. Tel. 2 252-4428
This club offers a large dance floor surrounded by small tables and chairs with big band samba and pagode groups performing on a stage in front, and a balcony with more seats and tables up higher so you can look down on the dance floor. If you want to experience a traditional Brazilian atmosphere not crowded with mauricinhos and patricinhas, you should check this place out.
The two most famous ballroom/dancehall style clubs are Estudantina, in Praça Tiradentes 79, 1st floor, and Elite, Rua Frei Caneca 4, 1st floor. Elite is smaller than Estudantina while Estudantina, and a larger stage and live bands and an atmosphere from an earlier age.

For Forró parties with live música nordestina try the Quinta do Bosque at Rua Prefeito João Felipe número 9 in Santa Teresa. It's hard to get to but worth it for the completely Carioca experience of forró.

Your best bet is to make some Brazilian friends and have them take you out to the neighborhood samba, forró, or pagode parties they know about. Also have them teach you the dances. Just about everyone (in and out of PUC) is excited about teaching an American to dance. Brazilians are extremely proud of their national music and dance. However, don't be surprised by how limited many cariocas are in the clubs that they go to. Most kids have two or three regular spots and feel even more foreign than Americans do in other places. Be prepared that most discos and clubs in Brazil charge an entrance fee and/or a minimum drink fee.

Escolas de Samba
As carnival nears the Escolas are the place to go watch the school rehearse. Mangueira and Salgueiro are the two most popular, something like Flamengo and Fluminense are to futebol. Highly recommended, particularly towards the end of the year.

Beija-Flor
Rua Priacinha Wallace Paes, Leme 1652, Nilópolis
O número de telefone: 2791-1353

Estação Primeira de Mangueira
Rua Visconde de Niterói 1072, Mangueira
O numero de telefone: 2234-4129

Portela
Rua Clara Nunes 81, Madureira
2390-0471

Mocidade Independente de Padre Miguel
Rua Cel. Tamrindo 38, Padre Miguel
O numero de telefone: 2332-5823

Império Serrano
Av. Ministro Edgar Romero 114, Madureira
O número de telefone: 2359-4944

RESTAURANTS & BARS (PUC-Rio Area)

“Tomar um chope” is an important part of Brazilian social life. It's common to meet with friends and sit for hours having drinks and munching on peticos. It's a great way to spend time with Brazilian friends who may not have a lot of cash to go to clubs and nice restaurants.

Academia da Cachaça
Rua Conde. Bernadotte 26, Leblon (next to Sendas)
Small open air café. A great spot to taste the variety of Brazilian drinks made with cachaça.
Restaurante Braseiro da Gávea
Praça Santos Dumont da Gávea

Conversa Fiada
Rua Maria Quitéria, Ipanema.

Hipódromo
Praça da Gávea; near PUC in Gávea, this bar fills up with university-aged people during weekends.

Sindicato do Chope
There is a Sindicato in Leblon on R. Ataulfo de Paiva, one in Copacabana on R. Santa Clara and one in Ipanema. A good open air spot to kick back and have a chope (Brazilian draft beer) with your friends while watching the passers-by. The food is of average price and occasionally tasty.

Pizzaria Guanabara
Rua Ataulfo de Paiva, Leblon
Good pizza, good chope.

Rio has more restaurants than most cities in the world. Those who can afford it have tremendous culinary resources at their fingertips. Many of Rio's most interesting restaurants are not located, however, in the PUC area. Explore possibilities in Flamengo, Botafogo, Laranjeiras and downtown. For a more up to date listing it is best to consult a guide to Rio like that published by the Lonely Planet. Check also the weekly Veja-Rio (an insert to the Veja magazine) or Rio Show (a supplement to the Friday edition of O Globo).

FINAL THOUGHTS

Get to know your Porteiro (doorman) -- he orchestrates the social dynamics in your building and knows all! This is especially important if you are renting your own apartment. Remember that he is an employee of the building, though.

If you have an American Express account it is a good idea to call and ask them to send you their American Express World Wide Traveler's Companion— a travelers aid book full of very useful facts, helpful information and important phone numbers and addresses.

Lojas Americanas is a department store comparable to American K-Mart. They have everything from notebooks and pens to cups, knives, bowls, laundry soap and all household cleaning products, CDs and tapes, etc. There is a Lojas Americanas located in Ipanema on Rua Visconde de Pirajá and one in Copacabana on Avenida Nossa Senhora de Copacabana

Brazilians iron everything. Sometimes they even iron their underwear!

Times de Futebol (Soccer teams) The two most popular teams in the city are Flamengo and Vasco. Fans from these opposing teams have the strongest rivalry in Rio. These two teams along with Botafogo and Fluminense dominate carioca club soccer. Other major Brazilian teams include the Corinthian, Palmeiras, Santos, Guarani, (São Paulo), Internacional and Grêmio (Porto Alegre), Salvador and Bahia (Bahia), Sport (Recife), Atlético Mineiro and Cruzeiro (Belo Horizonte). *

Note: It is impossible to live in Brazil and not get involved in the country’s fanatical love for soccer (and TV soap operas)! Remember that Brazil is the only country to have won five World Cups. The best way to start a conversation with any random Brazilian is to ask them about which team they
follow. People are passionate about it, but good natured (for the most part... don't go making fun of a Flamenguista right after Flamengo has lost). Brazilians are especially impressed if you know anything about Brazilian football, so it's worth it to pick up a sports paper and catch up on the news. The same applies for novelas (soap operas).

Make sure that you leave yourself room and money to pick up some Brazilian clothes, music and literature while you are there. There is a lot of great stuff that you'll never come across in the states. Also, while some of the more main stream commercial places (berimbau music, etc) are cheaper, the selection and staff advice is much better in a bookstore like Livraria da Travessa.

The “Hippie Fair” (“Feira Hippie”) in Praça General Osório on Sundays is a great place to pick up some local arts and crafts, funny clothes and bahian food, even though hippies are long gone. Be prepared to bargain. Also, once a month or so there is a Mercado Mundo Mix, a huge flea market of the coolest fashions. Lots of great stuff.
Bring cash.
US CONTACT INFO

**Brown University students**
*Office of International Programs*
Tel. (401) 863-3555  
Fax (401) 863-3311  
Office hours: Monday through Friday, 8:30am – 5:00pm  
www.brown.edu/OIP/OIP@brown.edu  
For health-related and/or safety emergency outside of business hours, call the Brown Campus Police at (401) 863-4111. For administrative and academic questions, contact OIP Study Abroad Coordinator, Macala Lamour, at (401) 863-3555.

**Columbia University students**
*Office of Global Programs*
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Fax: 212-854-5164  
ogp@columbia.edu  
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**Cornell University students**
*Cornell Abroad*
Tel. (607) 255-6224  
Fax: (607) 255-8700  
Office hours: M-F 9:00am – 4:00 pm;  
www.cuabroad.cornell.edu  
For health-related and/or safety emergency outside of business hours, call the Cornell Police Department at (607) 255-1111. For academic and administrative questions, contact Education Abroad Advisor, Stephen Capobianco, slc328@cornell.edu, at (607) 255-6224.

**Dartmouth College students**
*Guarini Institute of International Education*
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Executive Director John Tansey: john.g.tansey@dartmouth.edu  
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**Harvard University students**
*Harvard College Office of International Education*
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Office hours: Monday through Friday, 9:00am – 5:00pm  
oie.fas.harvard.edu  
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**Johns Hopkins University students**
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**Northwestern University students**  
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www.northwestern.edu/studyabroad*  
For health-related and/or safety/emergency outside of business hours, call the Northwestern University Police at (847) 491-3456.  
For administrative and academic questions contact Jessica Fetridge at jessica.fetridge@northwestern.edu or (847) 467-6400. For program payment and financial matters, contact Krista Bethel, Assistant Director of Study Abroad Financial Services, 847-491-7400

**University of Pennsylvania students**  
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