



ESOB

The Early Sobriety Group at Brown

The **Early Sobriety Group (ESOB)** is a weekly, one-hour meeting for Brown students who have made a commitment to maintain sobriety, due to a history of substance abuse. The group provides a safe environment for discussion of matters related to recovery in general and to life as a college student at Brown in particular. The ultimate objective of the group is to help students develop the social support necessary for sustained recovery from substance abuse so that they may continue their studies at and ultimately graduate from college.

There is no requirement that members be affiliated with any other recovery, 12th step, or support group. A student wishing to join the Early Sobriety Group meets with Dean O'Neill, who determines whether or not the student meets the criteria for group membership.

In addition to weekly meetings, ESOB also hosts social outings, dinners, attendance at films, shows and other events throughout the semester.

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Open Hours: Spring 2016 Fridays 1-4pm