Contemplative Studies
SUMMER INTENSIVE
JUNE 23 - AUGUST 8, 2014

AN INTRODUCTION TO CONTEMPLATIVE STUDIES
UNIV0540
(H. ROTH): TU/TH 1:30 - 5:30 PM
Introduction to the new field of Contemplative Studies focusing on identifying methods human beings have found, across cultures and across time, to concentrate, broaden and deepen conscious awareness. We will study what these methods and experiences entail, how to critically appraise them, how to experience them ourselves, and how they influence the development of empathy, health, and well-being.

MEDITATION AND THE BRAIN: APPLICATIONS IN BASIC AND CLINICAL SCIENCE
UNIV0090
(J. DAVIS/W. BRITTON/C. KERR): M/W 8:30 AM - 12:20 PM
This class is a detailed exploration of the most recent neuroscientific research of meditation. The course explores the cognitive, affective, and neurophysiological effects of meditation practices with reference to their clinical applications in health, psychiatry and medicine. Current methodological challenges and directions for future research will also be explored.

CONTEMPLATIVE APPROACHES TO LIVING AND DYING
UNIV 0333
(JARED LINDAHL): M/W/F 1-3:40
One of the central components of a religious tradition are beliefs about the meaning of human existence—a meaning that is constructed in relation to the significance of one's inevitable death, the nature of the afterlife, and conceptions of salvation. These core beliefs also deeply inform the ethics, rituals, and contemplative practices of religious communities. Through an investigation of four case studies, this course will explore how different religious traditions orient human life in relationship to a meaningful death. Particular emphasis will be placed on contemplative practices for skillful living and dying and on relating to death through rituals.

The Summer Intensive also features meditation instruction, guest lectures, a film series, contemplative parties, performances of contemplative music and a field trip to an area contemplative practice center.

ENROLL ONLINE
WWW.BROWN.EDU/CE/UNDERGRAD/SUMMER

FEES
Residential
One Course: $7,104
Two Courses: $10,478
Limited residences at Contemplative House available

Non-Residential
One Course: $3,604
Two Courses: $6,978

Further Inquiries
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