Title: Postdoctoral Fellowship in Adolescent Forensic Psychology

APA-accredited: __X__ Yes _____No

Site: Bradley Hasbro Children’s Research Center
Rhode Island Family Court (RIFC) Mental Health Clinic
Rhode Island Training School (RITS)

Supervisor(s): Kathleen Kemp, Ph.D., Primary Supervisor, Mental Health Clinic
Elizabeth Lowenhaupt, M.D., Elisabeth Frazier, Ph.D., and Dawn Nero, PsyD, RITS

Description of Site
The Bradley Hasbro Children’s Research Center (BHCRC) combines child and adolescent expertise from two of the major teaching hospitals for The Warren Alpert Medical School of Brown University, Bradley Hospital and Hasbro Children’s Hospital. Bradley Hospital is the nation’s first psychiatric hospital devoted to children and adolescents and is a national leader in training and research in child and adolescent psychiatry.

The post-doctoral fellow will be integrally involved in the operations of the Rhode Island Family Court (RIFC) Mental Health Clinic (MHC). The MHC provides the opportunity to develop competency in forensic assessment of children and adolescents. The court clinic population includes juveniles court-ordered by RIFC judges on both the juvenile justice and child welfare calendars to receive comprehensive mental health and/or psychological evaluations (e.g., competency to stand trial). Fellows may also have the experience of performing emergency (acute risk) assessments, as well as participating in consultations to the bench. The emphasis of training is on learning procedures of evidence-based forensic mental health and dual diagnosis assessment and writing forensic behavioral health reports, as well as providing testimony related to submitted forensic reports and clinical consultations.

The MHC also provides the opportunity to develop competency in evidenced-based and promising practice-based interventions for children and adolescents involved in the juvenile justice system. The clinical forensic psychology fellows will have the opportunity to co-lead evidence-based anger management, emotion regulation, and dating violence groups with youth diverted from formal judicial processing to the Juvenile Intake Department. The fellow will learn how to provide treatment updates to court staff (in written format) and may get exposure to testifying in court. Clinical psychology fellows will gain experience working collaboratively with a multidisciplinary treatment team that includes case managers, social workers, court administrators, psychologists, judges, sheriffs, teachers, and child welfare workers.
The fellow will also participate in training at the Rhode Island Training School (RITS). At the RITS, the clinical psychology fellow has the opportunity to develop competency in evidenced-based mental health and substance use treatment of detained (pre-adjudicated) and incarcerated (post-adjudicated) youth. Interventions are individual, group-based and family-based (when families are available). The fellow will provide individual mental health treatment and/or other types of non-substance abuse related group treatment such as evidence-based anger management, criminal responsibility, sexual health, sleep hygiene, and others. The fellow will learn how to provide treatment updates to the court (in written format) and may get exposure to testifying in court. Clinical psychology fellows will gain experience working collaboratively with a multidisciplinary treatment team that includes case managers, social workers, training school administrators, psychologists, judges, probation, teachers, and child welfare workers.

**Fellowship Aims**

1. To provide the fellow with clinical training and experience in preparation for an academic clinical career in adolescent psychopathology with youth involved in the juvenile justice system.

2. To provide the fellow with broad post-doctoral training in the area of forensic assessment including comprehensive mental health, substance abuse, and psycholegal evaluations with a juvenile justice population.

3. To provide the fellow with a strong working knowledge of research involving adolescent psychopathology, adolescent risk prevention, juvenile justice and mental health.

**Fellowship Timeline**

The duration of the fellowship is 1 year. The anticipated start date is August/September of the training year.

**Clinical Activity Plan**

Activities will be distributed as follows: 70% clinical time, 20% research time, and 10% didactic time. The proposed breakdown is 28 hours a week in clinical services (including individual and group supervision), 4 hours a week for didactic activities (grand rounds, post doc seminar, Friday research seminars), and 8 hours of research time (assessments/clinical work in ongoing treatment research studies, data collection and analysis, writing, mentorship) across the one-year fellowship.

In order to ensure that the fellow receives a high level of clinical training in the area of assessment and treatment, the following activities will be required during the fellowship:

- Treatment services: The fellow will conduct evidence-based individual, group, and family therapy. The fellow will also supervise the provision of skills based groups for patients.
  a. Individual psychotherapy (4 hours/week)
  b. Family psychotherapy (1-2 hours/week)
  c. Group-based psychotherapy (4 hours/week)
d. Individual Supervision (2 hours/week)

- Clinical assessment: The fellow will conduct clinical and diagnostic evaluations of adolescents in the Mental Health Clinic. 12 hours/week will be devoted to forensic mental health/diagnostic evaluations, individual supervision (minimum 1 hour/week), and report writing.

- Clinical administration: The fellow will participate in rounds, staff meetings, group supervision, and will be actively involved in treatment planning and program development activities in addition to completing all required documentation and clinical administrative duties. 4 hours/week will be devoted to team and to clinical administration and program development activities.

**Research Activity Plan**

20% of the fellow’s time will be spent on research activities focused on the assessment and treatment of juvenile justice-involved adolescents. The fellow will be exposed to various aspects of clinical research work in this area through participation in the following activities:

- Review of relevant literature, diagnostic and clinical assessment of adolescent study participants, evaluating outcomes of implementing empirically based interventions for juvenile justice-involved youth and their families, quality improvement projects, and manuscript preparation and submission: The fellow will be encouraged to collaborate on manuscripts and poster submissions at national conferences. Individually tailored goals will be established in this area.

Path toward licensure: YES ___ X ___ NO _____ The fellow will receive clinical hours toward licensing through the clinical activity plan.

**Didactics**

The fellow will participate in the following postdoctoral seminars through the Postdoctoral Fellowship Training Program (for up to 10% of fellow time). The fellow may participate in the weekly postdoctoral research seminars offered through the Postdoctoral Fellowship Training Program. Depending on the specific interests and background of the research fellow, additional didactics may be available to the postdoctoral fellow such as the weekly Forensic Psychiatry Seminar or monthly Forensic Trainings at the RITS.

Didactics:

- Core Seminars (1 per month)
- DPHB Academic Grand Rounds (1 per month)
- Clinical Ethics (1 per month)
- Relevant Track Seminars
- Academic Friday – Grantsmanship seminars, Special Topics in Statistics.

In addition, the fellow will provide mentored clinical supervision for clinical psychology residents and practicum students when they are assigned to the clinical service with the fellow.
**Supervision and Evaluation**
Supervision of both clinical and research duties will be provided in the form of weekly individual supervision (one hour for each clinical activity, with Dr. Kemp as the primary clinical supervisor at the Mental Health Clinic and Dr. Lowenhaupt as primary clinical supervisor with Drs. Frazier and Nero providing clinical supervision at the RITS, and two additional supervision hours from other activities). In total, there will be a minimum of four hours of structured educational activities per week, including supervision and didactics.

Every 6 months for the duration of the fellowship, the fellow and the supervisors will provide formal evaluations, and evaluations of the program relative to the goals and learning objectives of the fellowship.

**Resource Requirements**
Fellow will be provided with the following resources:
- Access to space appropriate for clinical care
- A computer and project specific software including statistical software
- Internet access
- Telephone

**Reporting and approval**
This fellowship will be part of the Child Track. The position has been discussed and approved by the Child track faculty in their monthly meeting.

Postdoctoral Fellowship Track Coordinator

Director for Clinical Psychology Program (CPP)

Director, Postdoctoral Fellowship Training Program