Title: Postdoctoral Fellowship in School-Based Day Treatment and Child/Adolescent Psychopathology

APA Accredited: YES X NO __

Site: Bradley School Providence

Supervisor(s): Lisa Freda, Psy.D. (Primary Supervisor)
James Breck, Psy.D.
Laura Deihl, Ph.D.
Alexis Lamb, Ph.D.
Anthony Spirito, Ph.D., ABPP

Description of Site
The Bradley School Providence, an affiliate of Bradley Hospital, is a school-funded day treatment program for youth with psychiatric and developmental disabilities between the ages of 10 and 21. This setting allows for exposure to a broad range of psychopathology within a combined psychiatric/educational setting. In addition, there are several Bradley School classrooms embedded within local public middle and high schools that receive clinical services through our program. Referral concerns include most of the major diagnostic categories seen in childhood and adolescence. Youth are referred by the director of special education from their local public schools in both Rhode Island and Massachusetts. Typically, approximately 120 students are in attendance throughout the school year. On-site therapeutic services are provided to the students and their families. Fellows participate fully as members of multidisciplinary treatment teams and have close collaboration with psychologists, clinical social workers, special education teachers, classroom behavior specialists, nurses, occupational therapists, and speech/language pathologists.

Fellowship Aims
1. To provide the fellow with broad clinical training in the area of school-based treatment of child/adolescent psychopathology.

2. To enable the fellow to gain experience in the delivery of psychological assessment, consultation, and treatment for students with serious mental health/behavioral health issues and developmental challenges.

3. To enable the fellow to gain experience providing leadership for a multidisciplinary treatment team in a psychiatric school setting.

4. To provide the fellow with a strong working knowledge and training on skills necessary to conduct research in the area of adolescent risk (Dr. Spirito).
**Fellowship Timeline**
The duration of the fellowship is 2 years, contingent upon satisfactory progress. The two year timeline is designed to allow for the opportunity to learn and take on the primary leadership role for one treatment team. The anticipated start date is July or August of the training year. Activities are distributed as follows: 70% clinical time, 20% research time, and 10% didactic time.

**Clinical Activity Plan (70%)**
70% of the Fellow’s time will be devoted to clinical activities in the Bradley School. In order to ensure that the fellow receives a high level of clinical training in the area of school-based day treatment, the following activities will be required during the fellowship:

- **Treatment services (35%)**: The Fellow will conduct individual, family, and/or group therapy for students in the context of a consultative/educational model in the Bradley School Providence. Fellows will have the opportunity to develop and deliver a range of interventions, including Dialectical Behavior Therapy (DBT) oriented treatments. Safety assessment and crisis management are integrated into the fellow’s caseload. Opportunities exist for fellows to develop group treatments according to their particular areas of interest.

- **Clinical assessment (20%)**: The Fellow will conduct clinical, diagnostic, and/or cognitive assessments of students in the Bradley School Providence. Opportunities for formal school consultations to local public schools are offered for interested fellows.

- **Clinical administration (15%)**: The Fellow will participate in training activities designed to teach the skills necessary for assuming the leadership role of one multidisciplinary team in the Bradley School.

- **Licensure**: The Fellow will apply for licensure as a Psychologist in the State of Rhode Island.

Path toward licensure: YES X NO The fellow will receive clinical hours toward licensing through the clinical activity plan described above.

**Research Activity Plan (20%)**
20% of the Fellow’s time will be spent on research activities. The Fellow will be exposed to various aspects of clinical research work in the area of adolescent risk. This is achieved via participation in the following activities:

- **Review of relevant literature**: The fellow will be provided with a series of readings in the area of adolescent psychopathology/risk.

- **Manuscript preparation and submission**: The fellow will be encouraged to collaborate on manuscript preparation and poster submissions at national conferences. Individually tailored goals will be established in this area.

- **Study coordination**: The Fellow will develop a research proposal in an area of interest within the broad area of adolescent risk to implement during the fellowship term.

- **Grant writing**: For those fellows interested in learning about grantsmanship, mentoring opportunities are provided. In this case, the Fellow will develop a grant idea and submit a grant proposal by the end of the fellowship term.
Didactics (10%)
10% time is available for mandatory didactics. If the optional didactic (Academic Friday) is chosen, this time will come out of the 20% research time.

Postdoctoral Seminars: The fellow will participate in post-doctoral seminars through the Brown Postdoctoral Training Program.

Mandatory Didactics:
- Core Seminar Series (1 per month);
- DPHB Academic Grand Rounds (1 per month);
- Clinical Ethics Seminar Series (1 per month); and
- Child Track Seminar Series (1 per month).

Optional Didactics:
- Academic Friday–Grantsmanship, Special Topics in Statistic and Alcohol Center Seminars.

Supervision and Evaluation
Supervision will be provided in the form of weekly individual clinical supervision with licensed psychologists on site (Drs. Freda, Chung-Break, Deihl, and Lamb) and individual/group research supervision (Dr. Spirito). Dr. Freda serves as the primary supervisor for the fellowship.

At every 6 months for the duration of the fellowship, the fellow and the supervisors will provide formal evaluations, and evaluations of the program relative to the goals and learning objectives of the fellowship.

Resource Requirements
Fellow will be provided with the following resources:

- Access to space appropriate for clinical care
- A computer and project specific software
- Internet access
- Telephone
- For CPP fellows, individual office space is provided.

Reporting and approval
This fellowship will be part of the Child track. The position has been discussed and approved by the Child track faculty in their monthly meeting of 10/14 (pending).

Postdoctoral Track Coordinator

Director, Clinical Psychology Program

Director, Postdoctoral Fellowship Training Program