10 Reasons Why You Should Come to Brown for Ophthalmology

Resident Edition

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Overview

Some reasons are about the program and some reasons are about your life outside the program; our goal is to demonstrate what it actually means or would be like to be a resident here.
Balance in Training

Clinical Experience
Surgical Experience

Research and Academic Investigation
10. Convenience

• Between our clinical site at this location/RIH and the VA is about an 8-10 minutes drive

• Once you’re on call, all of the hospitals and services you’d be called to are connected!
  • Only exception is going to the VA
  • Useful at odd times and in the freezing cold
  • Also, safer than traveling a ton at night

• You don’t need to rely on public transportation
9. Affordability/Accessibility

- Huge range of availability and affordability in terms of living within less than 15 minutes from work
- Providence is much more affordable for living, compared to the larger surrounding cities
- Centrally and easily accessible to Boston, NY, and with an international airport
8. Research

- Annual Research Symposium
- Allocation for each time you’re first author
- These endeavors are encouraged
- Just in the past year we’ve had residents travel nationally and internationally to present research at well-recognized Medical & Ophthalmology meetings:

  - To name a few:
    - AAO
    - ARVO
    - NANOS
    - WOC
    - NEOS
    - ASRS
    - ASCRS
    - American Public Health Association
7. Perks

- BCSC full hard copy/online set
- AAO Q Bank (released in 2018)
- Encrypted USB Drive
- Indirect headpiece supplied to you in clinics
- Advocacy (PGY3)
- AAO (PGY4)
- NEOS
- Call Room
- Food $$
- New imaging software and technology
- Surgical Simulator Experience
- Post Call Day
  - Academic time, sleep, shadowing, studying, etc
When you have to use all your food money before you leave residency
6. No Fellows

- You learn to manage most things that would often be deferred to a fellow, and thus the clinical acumen you gain is unparalleled.
- Surgical time is not sacrificed by giving cases to those in fellowships.
- Direct management and coordination with attendings.
- Less watching, more doing.
5. Teaching/Guidance

- Attendings are always willing to teach

- You’re never alone; there is *always* someone who will be able to back you up during a busy night or day.

- Modalities of Teaching:
  - New integrated lecture series beginning Jan 2019
  - M&M, Grand Rounds, Journal Club, Pathology Conferences
  - Suturing Wet Lab
  - Dry Labs for new surgical technique (i.e. iStent)
4. Flexibility/Change

- Change is good, and moving parts based on recommendations from residents, ancillary staff, and attendings are what keep the program going.

- New faculty have started in the last year, with more to come in the next year; goals for expansion, change in location, and additional resources are underway.
3. Camaraderie

• Relationships with colleagues, faculty, and ancillary staff
2. Surgical Experience & Clinical Experience

- **Surgical**
  - Begins first year
  - Several new physicians operating between the VA and Coro; you will have exposure to surgery in every subspecialty
  - You don’t have to travel to somewhere foreign for a few months to get what you need; it’s all right here

- **Clinical**
  - Volume is large; Level 1 Trauma Center
  - Patient diversity is vast between RIH and the VA as is the pathology
  - We are busy; we do more than we watch, and there is a level of autonomy that increases with each year
1. Time

- Your time is invaluable as a resident; we have ways to ascertain that you still have some.

- Academic Time (PGY4)
- Post call (PGY2-3)
- Shared weekend and weekday call
Bonus Reason: Fellowship and Post Graduation Plans

• If you want to be a general ophthalmologist, you will be ready to be one after this program.

• If you want to do a fellowship, then you can.
Recent Graduates

2018 Graduates
- Medical Retina, Boston University
- Vitreoretinal Surgery, Retina and Vitreous of Texas
- Medical Retina, University of Iowa

2017 Graduates
- Oculoplastics Moorfields, England, Oculoplastics, Duke University
- Pediatric Ophthalmology, Wills Eye Hospital
- Private Practice

2016 Graduates
- Oculoplastics, Vanderbilt University
- Anterior Segment, Koch Eye
- Private Practice
- Cornea, Wilmer Eye Institute, Johns Hopkins