10 Reasons Why You Should Come to Brown for Ophthalmology

Resident Edition

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BROWN Alpert Medical School
Overview

Some reasons are about the program and some reasons are about your life outside the program; our goal is to demonstrate what it actually means or would be like to be a resident here.
Balance in Training

Clinical Experience
Surgical Experience

Research and Academic Investigation
10. Convenience

- Between our clinical site at this location/RIH and the VA is about an 8-10 minutes drive

- Once you’re on call, all of the hospitals and services you’d be called to are connected!
  - Only exception is going to the VA, which is still close
  - Useful at odd times and in the freezing cold
  - Also, safer than traveling a ton at night

- You don’t need to rely on public transportation
9. Affordability/Accessibility

- Huge range of availability and affordability in terms of living within less than 15 minutes from work
- Providence is much more affordable for living, compared to the larger surrounding cities
- Centrally and easily accessible to Boston, NY, and with an AmTrak station & international airport
8. Research

- Annual Research Symposium
- Allocation for each first author presentation
- These endeavors are encouraged & supported

Residents travel nationally and internationally to present research at well-recognized Medical & Ophthalmology meetings:

To name a few:
- AAO
- ARVO
- NANOS
- WOC
- NEOS
- ASRS
- ASCRS
Top left: WOC, Barcelona
Top middle: AAO, Chicago
Top right: ARVO, Honolulu
Bottom Left: ISOPT, Valencia
Bottom Right: Women in Ophthalmology, Idaho
7. Perks

- BCSC full set
- AAO Q Bank (released in 2018)
- Encrypted USB Drive
- Indirect headpiece supplied
- Advocacy (PGY3)
- AAO (PGY4)
- NEOS
- Call Room
- Food $$
- New imaging software and technology
- Cataract Dry/Wet Labs, Suturing Labs
- Surgical Simulator Experience
- Post Call Day
  - More surgery, academic time, sleep, shadowing, studying, etc
When you have to use all your food money before you leave residency
6. No Fellows

- You learn to manage most things that would often be deferred to a fellow, and thus the clinical acumen you gain is unparalleled.
- Surgical time is not sacrificed by giving cases to those in fellowships.
- Direct management and coordination with attendings, thus fostering stronger relationships.
- Less watching, more doing.
5. Teaching/Guidance

• Attendings are always willing to teach

• You’re never alone; there is *always* someone who will be able to back you up during a busy night or day.

• Modalities of Teaching:
  • Integrated lecture series every Tuesday AM
  • M&M, Grand Rounds, Journal Club, Pathology Conferences
  • Suturing Labs & Cataract Labs
  • Dry Labs for new surgical technique (i.e. iStent)
4. Flexibility/Change

- Change is good, and moving parts based on recommendations from residents, ancillary staff, and attendings are what keep the program going.
- So many new faculty have started in the last 1-2 years; goals for expansion, change in location, and additional resources are underway.
3. Camaraderie

- Relationships with colleagues, faculty, and ancillary staff
2. Surgical Experience & Clinical Experience

- Surgical
  - Begins first year
  - Several new physicians operating between the VA and Coro; you will have exposure to surgery in every subspecialty
  - You don’t have to travel to somewhere far away for a few months to get what you need; it’s all right here

- Clinical
  - Volume is large; Level 1 Trauma Center
  - Patient diversity is vast between RIH and the VA as is the pathology
  - We are busy; we do more than we watch, and there is a level of autonomy that increases with each year
1. Time

- Your time is invaluable as a resident; we have ways to ascertain that you still have some.

- Academic Time (PGY4)
- Post call (PGY2-3)
- Shared weekend and weekday call
Bonus Reason: Fellowship and Post Graduation Plans

- If you want to be a general ophthalmologist, you will be ready to be one after this program.

- If you want to do a fellowship, then you can be competitive for that too.
Recent Graduates

2019 Graduates
- Medical Retina, Cleveland Clinic
- Glaucoma, OHSU, Portland
- Vitreoretinal Surgery, Boston University

2018 Graduates
- Medical Retina, Boston University
- Vitreoretinal Surgery, Retina and Vitreous of Texas
- Medical Retina, University of Iowa

2017 Graduates
- Oculoplastics Moorfields, England then Oculoplastics (ASOPRS), Duke University
- Pediatric Ophthalmology, Wills Eye Hospital
- Private Practice

2016 Graduates
- Oculoplastics (ASOPRS), Vanderbilt University
- Anterior Segment, Koch Eye
- Private Practice
- Cornea & Refractive Surgery, Wilmer Eye Institute, Johns Hopkins
Thank you, good luck on your journey!

Interview Social 2019

The District
December 5, 2019
6 PM