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**Importance of pre and post-travel testing for LTBI**
Testing for latent TB infection is easy and painless. It involves either a skin test or blood test. Ideally, you should have a test prior to your travel but more importantly, you should get tested about 8 weeks after you return home. If your test is positive, your health care provider may offer you medication to reduce your risk of developing active TB in the future. You can get a test for TB infection from your primary care provider or student health services.

**Know the signs and symptoms of active TB**
Most people with active TB will experience some combination of these symptoms: prolonged fever, nightsweats, cough, swollen lymph nodes, decreased appetite or weight loss. If you experience any of these symptoms after you return home, you should seek medical care and ask your health care provider about the possibility of TB.

<table>
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<tr>
<th>Date of last TB skin test/IGRA</th>
<th>Result of last TB test (Positive/Negative)</th>
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