TESTING PROMISING INTERVENTIONS USING RIGOROUS METHODS

The Q&I Center aims to test and disseminate interventions to improve care for individuals residing in or transitioning through skilled nursing centers. We achieve our mission by partnering with innovators (providers, researchers, or others) and the profession, first to test promising interventions and then to spread successes nationally.

THE PROBLEM

Many providers are innovators, by necessity. But too often promising interventions remain unproven, without the scientific evidence base necessary either to show results or to evaluate implementation strategies. And once proven, successful interventions may not be translated into widespread practice.

OUR STEPWISE PROCESS

We work with people who have interventions at any of these stages:

- **Pilot**: To test the intervention at a small number of sites
- **Feasibility Study**: To determine whether or not the intervention is effective
- **Implementation Study**: To evaluate how to scale a successful intervention for implementation
- **Dissemination**: To translate successful findings into practice

OUR EXPERTISE

Our experience includes measurement, interventional research, pragmatic trials, and quality improvement. We also have national MDS and FFS Medicare claims data (2000-present). Our close relationship with Brown’s Center for Gerontology and Healthcare Research enables collaboration with renowned researchers.

Working together requires time, money, and commitment from our team and from yours. We ask that innovators co-fund pilots and partner with us to seek external funding for later studies.

A UNIQUE PARTNERSHIP

The Q&I Center is a partnership between academia and the long-term and post-acute care profession. We work with all post-acute and long-term care providers—as research collaborators and participants.

The American Health Care Association and National Center for Assisted Living (AHCA/NCAL) provided a generous gift to launch the center. Now, our team provides unbiased research expertise and AHCA/NCAL members are among the facilities that help to identify, test, and disseminate interventions.

A BROAD LENS

We focus on interventions that have been implemented, even if only on a limited scale. These may include approaches to improve clinical care, organizational culture, leadership, or other key facets of healthcare quality and cost. Some of our priority areas center on care transitions, health IT, infections, and workforce.

NATIONAL REACH & VISIBILITY

Our national partners, like ACHA/NCAL, serve as a ready-made network for nursing center research. For example, we invite AHCA’s 9,300 nursing center members to suggest and collaborate on testing interventions, or to volunteer either to participate in studies or implement findings.

Do you have an intervention that you are interested in testing and disseminating? Reach out to us.

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