The personal statement is an important part of the LINK application. The statement is your opportunity to thoughtfully express what you hope to gain from the internship experience and to pull all of your application materials together. Pay close attention to detail and remember to proofread all of your application materials.

The guidelines below are provided to assist you in preparing your statement. Consider how the internship will help you with the following:

- Explore career options and understand possible career pathways;
- Develop knowledge specific to a career or work setting
- Acquire work specific skills related to communication, teamwork, time management, interpersonal skills, and goal setting.
- Increase cross-cultural understanding, social awareness and the ability to work in diverse environments
- Develop academic skills, e.g. analysis, synthesis, building conceptual models
- Apply academic learning and grow intellectually

After reading your personal statement the selection committee members should have a clear understanding of why you want to pursue this particular internship and how it will contribute to your overall career exploration.

**Need additional help?**

CareerLAB offers resources and tips on preparing internship applications. Bring your application, personal statement and resume in for a review. Come to the general CareerLAB walk in hours from 1:30-3:30pm Monday through Friday at 167 Angell Street, 1st floor or make an appointment online through the Brown Student Job and Internship Board. Simply [login to your account](#) and go to your calendar to search for advisor availability.