Programs and Services: Undergraduate Students

**Career Counseling**

From your first year through your last semester and beyond graduation, take advantage of a range of advising services at CareerLAB.

### Peer Career Advisor (PCA) Open Hours

<table>
<thead>
<tr>
<th>What are they?</th>
<th>Peer Career Advisor Open Hours are the place for quick questions and resume or cover letter help. Brown students meet with a PCA prior to scheduling an appointment with a counselor.</th>
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</thead>
<tbody>
<tr>
<td>How long do they last?</td>
<td>About 10-15 minutes</td>
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</table>
| What will we discuss? | ● How to create or refine resumes, cover letters and LinkedIn or other online profiles.  
● Exploring Brown and CareerLAB’s resources such as BrownConnect and Handshake.  
● Practicing interview skills through "mini-mocks."  
● Connecting with alumni through BrownConnect and LinkedIn. |
| How do I get started? | Visit Peer Advisor open hours!  
Open hours are held at CareerLAB from 1:30-3:30 pm, every Sunday – Friday |

### Career Counseling

<table>
<thead>
<tr>
<th>What is it?</th>
<th>Scheduled appointments with Career Counselors for longer discussion.</th>
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<tr>
<td>How long does it last?</td>
<td>30 minutes</td>
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</table>
| What will we discuss? | ● Feeling of confusion or uncertainty of what direction to take.  
● Connections between concentrations and careers.  
● Individualized career plans.  
● Mock (practice) interviews.  
● Help with deciding offers and offer negotiation.  
● Evaluating whether Graduate School make sense.  
● Using career assessment tools to match your personality with industry options that make sense. |
| How do I get started? | Log into Handshake at brown.joinhandshake.com/ and follow the prompts on the appointments page to schedule a meeting. All counselors are available to chat about any industry. |

*You do not need to come in with questions! Career Counselors can drive the conversation if you are unsure of where or how to start.*

The CareerLAB is located at 167 Angell Street, across from the Brown Bookstore side entrance.
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JOB & INTERNSHIP OPPORTUNITIES AND FUNDING

Job & Internship Opportunities

- **Handshake** allows you to explore and apply for job and internship opportunities, schedule Career Counselor appointments and see the full calendar of CareerLAB and employer events.
- **BrownConnect** is your one-stop-shop for internship and research opportunities, alumni connections and funding.
- The [Linking Internships and Knowledge (LINK) program](#) supplements unpaid or low-paying summer internships.
- The CareerLAB offers a variety of funded signature internship programs.
- Each semester on campus, there are [Career Fairs](#) as well as active recruiting from more than 180 Employers.

Programs and Events offered by CareerLAB each semester:

- 50+ skill-building workshops spanning a variety of topics including Resume and Cover Letter Writing, Effective Interviewing, Organizing the Job/Internship Search, Connecting with Alumni, Getting Started at CareerLAB and more.
- 60+ Alumni Speakers representing venerable organizations across various fields, such as Huffington Post, Federal Communications Commission, CNN, Bain, Goldman Sachs, Ralph Lauren and more.
- Residence hall and Student Group programs facilitated by Peer Career Advisors.

A complete calendar of CareerLAB events can be found at [brown.joinhandshake.com/calendars](http://brown.joinhandshake.com/calendars).

CAREER RESOURCES

CareerLAB assists in the development of life-long self-assessment and job search skills. The office helps you succeed by connecting you with resources, programs and services. In addition to offering advising and various programming on campus, CareerLAB has online resources available at [brown.edu/careerlab](http://brown.edu/careerlab). Here is a sampling:

- [Vault.com](http://Vault.com)
- [GoinGlobal](http://GoinGlobal)
- **Career Field Info**: Resources and job and internship listings for the Arts, STEM, Careers in the Common Good, Business, Government, Media, and other industries.

SOCIAL MEDIA

Connect with us for up-to-date information regarding opportunities, resources, programs and more:

[Facebook](#)  [Twitter](#)  [Instagram](#)  [YouTube](#)