



**BROWN**  
Alpert Medical School

**Clinical Psychology Training Programs at Brown: a Consortium of the  
Providence VA Medical Center, Lifespan, and Care New England  
Postdoctoral Fellowship Training Program  
Postdoctoral Fellowship Description: CLINICAL FOCUS**

**Title:** Postdoctoral Fellowship in Adolescent Acute Care Services for Addiction and High-Risk Behaviors

APA-accredited:  Yes  No

**Site:** Bradley Hospital

**Supervisor(s):** Robert Miranda Jr., Ph.D., Primary Supervisor, Bradley Hospital (VISTA IOP)  
Elisabeth Frazier, Ph.D., Primary Supervisor, Bradley Hospital (Adolescent Partial)

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**Description of Sites**

Bradley Hospital is the nation's first psychiatric hospital devoted to children and adolescents and is a national leader in training and research in child and adolescent psychiatry. The clinical psychology fellow will receive intensive training in substance use and co-occurring disorders at Bradley Hospital under the supervision of Dr. Robert Miranda. At Bradley Hospital, the fellow will gain competency in evidence-based assessment and treatment of adolescent substance use disorders in an intensive outpatient setting. Youth may be court-involved, school-referred, or privately referred. This rotation provides training and exposure to individual, group, and family-based substance abuse treatment. The multidisciplinary team is comprised of psychologists, psychiatrists, social workers, licensed mental health clinicians, and milieu staff. The clinical psychology fellow will have opportunities to assess adolescents with recent substance use who present with a range of co-occurring issues (including suicidality, non-suicidal self-injury, and behavior problems). The fellow will be responsible for conducting an initial diagnostic assessment and evidence-based individual, group, and family-based treatments. Co-therapy and live supervision will occur. The fellow will participate in and receive supervision (individual and group) in all aspects of the substance use and co-occurring disorder treatment services. Many opportunities for involvement in ongoing research on adolescent substance use are available.

In the Adolescent Partial Hospital Program (APHP), the clinical psychology fellow will develop competency in family, individual, and group therapy with adolescents who present with serious emotional and behavioral challenges within a partial hospital setting. The adolescents (ranging in age from 12-18 years old) display a broad range of psychopathology and diversity that is representative of the diversity across the state of Rhode Island and into Massachusetts. Patients represent a wide range of populations in terms of race, socioeconomic status, sexuality, and gender identity. Adolescents in our program seek treatment and support for mood and anxiety disorders, self-injurious behavior and suicidality, behavioral and interpersonal challenges, family conflict, academic struggles and school refusal, challenges with gender and identity development, social difficulties related to autism spectrum disorders, and the effects of trauma. The program aims to provide intensive therapeutic interventions with adolescents and their families, as well as consultation with their schools and outpatient providers. Adolescents typically remain in the program for 2-3 weeks. Fellows will participate in and receive supervision in all aspects of the APHP. They will complete clinical evaluations of patients and their families, as well as provide

empirically based individual, group, and family therapies. Fellows will also participate in planning and consultation regarding patient transition back to community settings (school and outpatient therapies). Fellows may also have the opportunity to work with interpreters in the context of individual and family therapy. Clinical psychology fellows gain experience working collaboratively with a multidisciplinary treatment team that includes milieu therapists, nurses, teachers, psychologists, occupational therapists, art therapists, social workers, and psychiatrists.

### **Fellowship Aims**

1. To provide the Fellow with specialized postdoctoral training in treating adolescents in partial hospitalization and intensive outpatient acute care settings, including the assessment and treatment of co-occurring disorders and other high-risk behaviors (i.e. self-injury, suicidality).
2. To enable the Fellow to gain experience in the delivery of evidence-based individual, family, and group interventions for adolescents presenting with high-risk behaviors and substance use disorders as part of an interdisciplinary team.
3. To provide the fellow with professional development and experience in preparation for an academic clinical career in adolescent psychopathology and substance use.
4. To provide the fellow with a strong working knowledge of research involving adolescent psychopathology, substance use, and adolescent risk prevention.

### **Fellowship Timeline**

The duration of this APA-accredited fellowship is 1 year, with a second year of a general clinical fellowship contingent upon satisfactory progress during the first year. The anticipated start date is July of the training year. Activities are distributed as follows: 70% clinical time, 20% research time, and 10% didactic time.

### **Clinical Activity Plan**

70% of the Fellow's time (28 hours/week) will be devoted to clinical activities split between the VISTA co-occurring disorders intensive outpatient clinic and the adolescent partial hospitalization program. The fellow will spend 12 clinical hours/week in VISTA and 16 clinical hours/week in the APHP.

To ensure that the fellow receives a high level of clinical training in the area of assessment and treatment of adolescent psychopathology and substance use, the following activities will be required during the fellowship:

- **Treatment services:** The fellow will conduct evidence-based individual, group, and family therapy. The fellow will also supervise psychology residents and practicum students in the provision of skills-based groups for patients.
  - a. Individual psychotherapy (2 cases/week in VISTA; 2 cases/week in APHP)
  - b. Family psychotherapy (2 cases/week in VISTA; 3 cases/week in APHP)
  - c. Group-based psychotherapy (2 groups/week in VISTA; 1 group/week in APHP)
  - d. Individual Supervision (2 hours/week, 1 hour each with Drs. Miranda and Frazier)

- Clinical assessment: The fellow will conduct clinical and diagnostic evaluations of adolescents on their caseload using empirically-based assessment measures as indicated (2 hours/week).
- Clinical administration: The fellow will participate in rounds, treatment team meetings, group supervision, and will be actively involved in treatment planning and program development activities in addition to completing all required documentation and clinical administrative duties. Up to 7 hours/week will be devoted to treatment teams, clinical administration, and program development activities.
- Licensure: The Fellow will apply for licensure as a Psychologist in the State of Rhode Island. Applying for temporary licensure prior to starting fellowship is optional, but not required.

### **Research Activity Plan**

20% of the fellow's time (8 hours/week) will be spent on research activities focused on the assessment and treatment of adolescents, including 1 hour per week of supervision in clinical research. The fellow will be exposed to various aspects of clinical research work in this area through participation in the following activities:

- Review of relevant literature, diagnostic and clinical assessment of adolescent study participants, evaluating outcomes of implementing empirically based interventions for adolescents and their families, quality improvement projects, and manuscript preparation and submission: The fellow will be encouraged to collaborate on manuscripts and poster submissions at national conferences. Individually tailored goals will be established in this area.

### **Didactics**

The fellow will participate in the following postdoctoral seminars through the Brown Postdoctoral Training Program (10% of fellow time, 4 hours/week).

Mandatory Didactics: Core Seminar Series (1 per month);  
DPHB Academic Grand Rounds (1 per month);  
Clinical Ethics Seminar Series (1 per month); and  
Child Track Seminar Series (1 per week).

Optional Didactics: Academic Friday—e.g., Grantsmanship, Special Topics in Statistics and Center for Alcohol and Addiction Studies (CAAS) Seminars

### **Supervision and Evaluation**

Supervision of both clinical and research duties will be provided in the form of weekly individual supervision (one hour for each clinical activity, with Dr. Miranda (1 hour per week) as the primary clinical supervisor at the co-occurring disorders intensive outpatient program and Dr. Frazier (1 hour per week) for the partial hospitalization program. The fellow will also receive 1 hour of supervision in clinical research (Drs. Miranda and Frazier). In total, there will be a minimum of three hours of structured supervision per week.

In addition, the fellow will provide mentored clinical supervision for clinical psychology residents and practicum students when they are assigned to the clinical service with the fellow.

Every 6 months for the duration of the fellowship, the fellow and the supervisors will provide formal evaluations, and evaluations of the program relative to the goals and learning objectives of the fellowship.

**Resource Requirements**

Fellow will be provided with the following resources:

- Access to space appropriate for clinical care
- A computer and project specific software including statistical software
- Internet access
- Telephone

**For CPP, CCPSP, and CNSP fellows, individual office space is provided**

**Path toward licensure:** YES  NO  The fellow will receive clinical hours toward licensing through the clinical activity plan as well as the clinical research activities (assessment of adolescents enrolled in clinical research studies).

**Reporting and approval**

This fellowship will be part of the CCPSP. The position has been discussed and approved by the CCPSP faculty.

Director, Clinical Child Psychology Specialty Program

Director, Postdoctoral Fellowship Training Program