



**BROWN**  
Alpert Medical School

**Clinical Psychology Training Programs at Brown: A Consortium of the  
Providence VA Medical Center,  
Lifespan, and Care New England  
Postdoctoral Fellowship Training Program  
Postdoctoral Fellowship Description: RESEARCH FOCUS**

**Title:** Postdoctoral Fellowship in Adolescent Psychopathology/Treatment Research

**Site:** Brown University DPHB, Butler Hospital, and the Bradley/Hasbro Children's Research Center

APA-accredited: \_\_\_YES\_\_ NO

**Supervisor(s):** Anthony Spirito, PhD, ABPP (Primary Supervisor)  
Jennifer Wolff, PhD

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**Description**

The goal of this fellowship is to provide clinical research training in the assessment and treatment of adolescent psychopathology specifically focused on depression, suicidality and non-suicidal self-injury. Training Goals will be met by participating in one of two different research programs. The first is focused on brief interventions for suicidal adolescents, one on safety planning in the Emergency Department (part of a larger 4 site PCORI grant) and the other a 2 site, NIMH-funded adjunctive intervention on positive affect training with psychiatrically hospitalized adolescents.

The program is based in the Department of Psychiatry and Human Behavior at the, the Warren Alpert Medical School of Brown University and Brown's two teaching hospitals for psychiatric patients, Bradley Hospital and the adolescent unit at Butler Hospital.

**Fellowship Aims**

- To provide the fellow with training in the clinical and laboratory assessment of adolescents presenting with suicidal behavior and NSSI. .
- To provide the fellow exposure to brief interventions for adolescent suicidal behavior and conducting an RCT with suicidal patients.
- To actively participate in analyzing data, presenting results at national meetings, and writing original peer-reviewed manuscripts.

**Fellowship Timeline**

The duration of the fellowship is 1 year, with an anticipated start date of July 1, 2022. Renewal for a 2<sup>nd</sup> year is also possible upon mutual agreement that a second year meets fellow and project needs.

**Research Activity (75%)**

Seventy-five percent of the fellow's time will be devoted to research, academic/didactic, and professional training experiences. The fellow will participate in the following activities:

- Study participation: The fellow will participate in the two RCTs including weekly research team meetings, project management, supervision of intervention delivery, supervision of RAs, and NIH/IRB documentation. 50%

- **Manuscript preparation and submission:** The fellow will be encouraged to collaborate on manuscript preparation and poster submissions at national conferences. Individually tailored goals will be established in this area. 10%
- **Grant preparation and submission.** The fellow will be required to participate in mentor grant writing and encouraged to write their own grant application if desired. 15%

### **Clinical Activity Plan (15%)**

A total of 15% of the fellow's time will be devoted to the direct and indirect service to adolescent patients in order to ensure that the fellow receives clinical training in the provision of psychotherapy, specifically CBT. This will include the following activities:

- **Treatment services:** The fellow will participate in the care of inpatients on the Adolescent Unit at Bradley Hospital. Instruction in an evidence-based CBT protocol will be provided.
- **Licensure as a Psychologist:** The fellow will be able to work towards successfully negotiating all aspects of the licensure process, and obtain licensure as a psychologist. In order to sit for licensure, the fellow must attend the monthly Clinical Ethics Seminar during the first year of the fellowship.

Path toward licensure: YES  X  NO   The fellow will receive clinical hours toward licensing through both the clinical activity plan as well as clinical research activities

### **Didactics Plan (10%)**

Post-Doctoral Seminars: The fellow will be required to participate in the post-doctoral research seminar series through the Brown University Postdoctoral Training Program.

Didactics:

Core Seminars (1 per month)

DPHB Academic Grand Rounds (1 per month)

Clinical Ethics – if intending to sit for licensure (1 per month)

Relevant Track Seminars

Academic Friday – Grantsmanship seminars, Special Topics in Statistics.

### **Supervision and Evaluation**

Supervision will be provided in the form of one-hour weekly individual research supervision by Drs. Spirito and Wolff. . Additional clinical supervision will be arranged on the Adolescent Inpatient Unit by Dr. Wolff. The Fellow and supervisors will develop individualized training goals and training objectives at the beginning of the fellowship year.

At the conclusion and midpoint of the fellowship, the fellow and the supervisors will provide formal evaluations, and evaluations of the program relative to the goals and learning objectives of the fellowship.

### **Resource Requirements**

Fellow will be provided with the following resources:

- Office space:
- A personal desktop computer and project specific software
- Internet access
- Telephone

### **Reporting and approval**

This fellowship will be part of the RFP. The position has been discussed and approved by the RFP faculty.

Associate Director, Research Fellowship Program

Director, Postdoctoral Fellowship Training Program