



BROWN
Alpert Medical School

**Clinical Psychology Training Programs at Brown: A Consortium of the
Providence VA Medical Center,
Lifespan, and Care New England
Postdoctoral Fellowship Training Program
Postdoctoral Fellowship Description: RESEARCH FOCUS**

Title: Postdoctoral Fellowship in Adolescent Psychopathology and Psychotherapy

Site: Bradley/Hasbro Children's Research Center

APA-accredited: ___YES __X__NO

Supervisor(s): Yovanska Duarte-Velez, PhD (Primary Supervisor)
Anthony Spirito, PhD, ABPP (Supervisor)

Description

The goal of this fellowship is to provide training in the assessment and treatment of adolescent psychopathology, including depression, suicidality, non-suicidal self-injury, and trauma, specifically in Latinx youth. Training goals will be met by participating in a clinical research program. The aim of the proposed research is to test the effect of a culturally centered treatment protocol, the Socio-cognitive behavioral therapy (SCBT), versus Treatment as Usual, on suicidal thoughts and attempts, and depressive symptoms, in a clinical sample of Latinx adolescents. The study is trying to determine whether taking into account perspectives of Latin immigrant families and minoritized Latinx youth will lead to better outcomes in this high-risk group.

The program is based at the Emma Pendleton Bradley Hospital, the nation's first psychiatric hospital devoted exclusively to children and adolescents. A Lifespan partner and a teaching hospital of the Warren Alpert Medical School of Brown University, Bradley Hospital has established itself as a national center for training and research in child and adolescent psychiatry. Each year, Bradley Hospital has over 1,000 inpatient child and adolescent psychiatric admissions and over 10,000 outpatient appointments.

Fellowship Aims

- To provide exposure to a comprehensive outpatient treatment program for Latinx adolescents.
- To provide the fellow with training in the clinical assessment of adolescents presenting with suicidal behavior, NSSI, and/or trauma.
- To provide the fellow exposure to structured interviewing to derive diagnoses and assess life events.
- To actively participate in analyzing data, presenting results at national meetings, and writing original peer-reviewed manuscripts.

Fellowship Timeline

The duration of the fellowship is 2 years, with an anticipated start date of September 1, 2022.

Research Activity (45%)

Forty five percent of the fellow's time will be devoted to research, academic/didactic, and professional training experiences. The fellow will participate in the following activities:

- Review of relevant literature: The fellow will review literature in the areas of adolescent suicide, adolescent NSSI, trauma, and the influences of socio-cultural, and individual factors on treatment response for the preparation of manuscripts and grant applications. 5%
- Study participation: The fellow will participate in the evaluation of adolescent suicidal behavior, diagnoses, and NSSI, and the rating of protocol therapy sessions. 20%
- Manuscript preparation and submission: The fellow will be encouraged to collaborate on manuscript preparation and poster submissions at national conferences. Individually tailored goals will be established in this area. 7.5%
- Grant preparation and submission. The fellow will be required to participate in mentor grant writing and encouraged to write their own grant application. 7.5%
- The fellow will be required to participate in weekly research meetings. 5%

Clinical Activity Plan (45%)

A total of forty five percent of the fellow's time will be devoted to the direct and indirect service to adolescent patients in order to ensure that the fellow receives clinical training in the provision of evidence-based psychotherapy for Latinx youth and their families, specifically culturally centered CBT (Socio-cognitive behavioral therapy for suicidal behaviors- SCBT-SB). Treatment will focus on Latinx youth with mood disorder, suicidal behaviors, and trauma. This will include the following activities:

- Treatment services: The fellow will participate in the care of outpatients through both home-based services and in an on-site outpatient Specialized Clinic for Latinx youth. Instruction in evidence-based treatments protocols (CBT, SCBT-SB, IPT, TF-CBT) will be provided.
- Licensure as a Psychologist: The fellow will be able to work towards successfully negotiating all aspects of the licensure process, and obtain licensure as a psychologist. In order to sit for licensure, the fellow must attend the monthly Clinical Ethics Seminar during the first year of the fellowship.

Path toward licensure: YES X NO The fellow will receive clinical hours toward licensing through both the clinical activity plan as well as clinical research activities (structured clinical assessments of adolescents).

Didactics Plan (10%)

Post-Doctoral Seminars: The fellow will be required to participate in the post-doctoral research seminar series through the Brown University Postdoctoral Training Program.

Didactics:

Core Seminars (1 per month)

DPHB Academic Grand Rounds (1 per month)

Clinical Ethics – if intending to sit for licensure (1 per month)

Relevant Track Seminars

Academic Friday – Grantsmanship seminars, Special Topics in Statistics.

Supervision and Evaluation

Supervision will be provided in the form of one-hour weekly individual research supervision and one-hour clinical supervision by Drs. Duarte-Velez, and Spirito. The Fellow and supervisors will develop individualized training goals and training objectives at the beginning of the fellowship year.

At the conclusion and midpoint of the fellowship, the fellow and the supervisors will provide formal evaluations, and evaluations of the program relative to the goals and learning objectives of the fellowship.

Resource Requirements

Fellow will be provided with the following resources:

- Office space:
- A personal desktop computer and project specific software
- Internet access
- Telephone

Reporting and approval

This fellowship will be part of the Child Track. The position has been discussed and approved by the RFP faculty and Training Committee.

Associate Director, Research Fellowship Program

Director, Postdoctoral Fellowship Training Program