
SEAFOOD GUMBO W/CLAM JUICE

WATER, TOMATOES, CLAM JUICE, WHITE RICE, OKRA , SHRIMP, DICED WHITE ONIONS, MARGARINE 1# SOLIDS (MILK FREE), UNBLEACHED FLOUR, SALT, GARLIC CHOPPED/IN OIL, GROUND BLACK PEPPER, BAY LEAVES

Nutrition Facts	
Portion Size	6 oz Portion
calories	73.40
fat (gm)	0.60
sat fat (gm)	0.10
chol (mg)	20.20
sodium (mg)	427.30
carbs (gm)	12.90
fiber (gm)	0.30
protein (gm)	3.60

IVY LUNCH CASH**2/20/12****LUNCH**

VEGETARIAN CREAM OF ASPARAGUS SOUP

WHOLE MILK, ASPARAGUS CUTS & TIPS, WATER, MARGARINE 1# SOLIDS (MILK FREE), UNBLEACHED FLOUR, SALT, GROUND WHITE PEPPER, CELERY SALT

Nutrition Facts	
Portion Size	6 oz Portion
calories	110.70
fat (gm)	4.80
sat fat (gm)	2.80
chol (mg)	18.30
sodium (mg)	467.00
carbs (gm)	11.40
fiber (gm)	0.60
protein (gm)	5.20

IVY LUNCH CASH**2/20/12****LUNCH**

BREADED CHICKEN FINGERS

BREADED CHICKEN TENDERS

Nutrition Facts	
Portion Size	4 piece
calories	425.80
fat (gm)	28.30
sat fat (gm)	5.70
chol (mg)	65.00
sodium (mg)	775.50
carbs (gm)	20.90
fiber (gm)	
protein (gm)	20.60

IVY LUNCH CASH**2/20/12****LUNCH**

CHICKEN CAESAR WRAP

CHICKEN BREAST BNLSKL 4oz, ROMAINE
LETTUCE, WHITE TORTILLA , GRATED
ROMANO CHEESE , KEN'S CAESAR DELUXE
DRESSING, SALT, GRANULATED GARLIC,
GROUND PAPRIKA, GROUND BLACK
PEPPER

Nutrition Facts

Portion Size	11 oz Portion
calories	746.10
fat (gm)	37.90
sat fat (gm)	11.60
chol (mg)	140.40
sodium (mg)	1378.60
carbs (gm)	39.20
fiber (gm)	1.90
protein (gm)	62.60

IVY LUNCH CASH

2/20/12

LUNCH

COUNTRY STYLE BAKED HAM

HAM , BROWN SUGAR, JUICE FZ CON
ORANGE 5:1, GROUND MUSTARD, GROUND
CLOVES, SPICE GINGER GRD

Nutrition Facts

Portion Size	4oz portion
calories	152.20
fat (gm)	7.20
sat fat (gm)	2.40
chol (mg)	54.10
sodium (mg)	1238.10
carbs (gm)	4.40
fiber (gm)	0.00
protein (gm)	16.90

IVY LUNCH CASH

2/20/12

LUNCH

IVY FISH SANDWICH

FISH HADDOCK FILET BRD FRZ 4OZ, ROLL
DELI SPLIT TOP, GREEN LEAF LETTUCE,
TOMATOES, PICKLES SPEARS DELI FRESH,
MAYONNAISE , RELISH SWEET GREEN

Nutrition Facts

Portion Size	8 OZ PORTION
calories	152.00
fat (gm)	14.70
sat fat (gm)	2.20
chol (mg)	7.30
sodium (mg)	417.50
carbs (gm)	4.30
fiber (gm)	1.20
protein (gm)	1.00

IVY LUNCH CASH

2/20/12

LUNCH

IVY ANGELL POCKET SANDWICH

WHITE SYRIAN BREAD, TOMATOES,
PICKLES SPEARS DELI FRESH, GARBANZO
BEANS, BULGUR CRACKED WHEAT , FRESH
PARSLEY, CUCUMBER, TAHINI PASTE,
LEMON JUICE, VIRGIN OLIVE OIL, SPINACH,
DICED WHITE ONIONS, WATER, SALT,
GARLIC, SPICE CUMIN GROUND, GROUND
ALL SPICE, MINT LEAVES

<u>Nutrition Facts</u>	
Portion Size	7.480 oz Portion
calories	547.40
fat (gm)	14.00
sat fat (gm)	1.70
chol (mg)	0.00
sodium (mg)	735.90
carbs (gm)	88.40
fiber (gm)	1.80
protein (gm)	16.60

IVY LUNCH CASH**2/20/12****LUNCH**

IVY BACON-LETTUCE-TOMATO SAND

WHITE PULLMAN BREAD, TOMATOES,
GREEN LEAF LETTUCE, SLICED BACON,
PICKLES SLICED DILLS THIN, MAYONNAISE

<u>Nutrition Facts</u>	
Portion Size	5 oz Portion
calories	404.30
fat (gm)	23.20
sat fat (gm)	5.20
chol (mg)	36.90
sodium (mg)	806.50
carbs (gm)	32.30
fiber (gm)	1.10
protein (gm)	15.80

IVY LUNCH CASH**2/20/12****LUNCH**

IVY BUFFALO CHICKEN WRAP

CHICKEN BREAST BNLSKL 4oz, TOMATO
AND BASIL TORTILLA , TOMATOES, GREEN
LEAF LETTUCE, KEN'S BLUE CHEESE
CREAMY DELUXE DRESSING, BUFFALO HOT
SAUCE FRANK'S

<u>Nutrition Facts</u>	
Portion Size	portion
calories	523.50
fat (gm)	17.30
sat fat (gm)	4.80
chol (mg)	99.80
sodium (mg)	765.20
carbs (gm)	46.60
fiber (gm)	0.60
protein (gm)	42.30

IVY LUNCH CASH**2/20/12****LUNCH**

IVY CHARLESFIELD SANDWICH

BOARS HEAD ROAST BEEF, ROLLS CAL
BULKIE CORNML, PICKLES SPEARS DELI
FRESH, TOMATOES, MUENSTER CHEESE,
MUSHROOMS FRESH, GREEN LEAF
LETTUCE, SOUR CREAM, HORSERADISH,
SALT, GROUND MUSTARD, GROUND WHITE
PEPPER

<u>Nutrition Facts</u>	
Portion Size	SANDWICH
calories	518.80
fat (gm)	18.10
sat fat (gm)	8.70
chol (mg)	79.90
sodium (mg)	1269.30
carbs (gm)	50.90
fiber (gm)	3.50
protein (gm)	40.00

IVY LUNCH CASH**2/20/12****LUNCH**

IVY CHICKEN SALAD SANDWICH

ROLLS CAL BULKIE CORNML, CHICKEN
MEAT CKD 1/2" FRZ, TOMATOES,
MAYONNAISE , FRESH CELERY STALKS,
PICKLES SLICED DILLS THIN, GREEN LEAF
LETTUCE, SALT, GROUND WHITE PEPPER

<u>Nutrition Facts</u>	
Portion Size	10.670 oz Portion
calories	639.60
fat (gm)	35.80
sat fat (gm)	5.60
chol (mg)	66.30
sodium (mg)	1171.60
carbs (gm)	49.40
fiber (gm)	3.50
protein (gm)	28.30

IVY LUNCH CASH**2/20/12****LUNCH**

IVY GRILLED AM CHEESE SANDWICH

AMERICAN CHEESE, PICKLES SLICED DILLS
THIN, WHITE PULLMAN BREAD,
SHORTENING PHASE BUTTER SUB

<u>Nutrition Facts</u>	
Portion Size	4 oz Portion
calories	111.70
fat (gm)	9.20
sat fat (gm)	6.00
chol (mg)	22.50
sodium (mg)	615.50
carbs (gm)	1.80
fiber (gm)	0.10
protein (gm)	6.20

IVY LUNCH CASH**2/20/12****LUNCH**

IVY GRILLED CHEESEBURGER

BEEF CHUCK ROLL NATURAL, HAMBURGER
BUN, AMERICAN CHEESE, SHORTENING
PHASE BUTTER SUB

Nutrition Facts	
Portion Size	5.320 oz Portion
calories	202.60
fat (gm)	8.20
sat fat (gm)	4.00
chol (mg)	14.90
sodium (mg)	659.40
carbs (gm)	25.50
fiber (gm)	
protein (gm)	8.00

IVY LUNCH CASH**2/20/12****LUNCH**

IVY GRILLED CHICKEN SANDWICH

CHICKEN BREAST CKD GRILL MARK, ROLLS
CAL BULKIE CORNML, GREEN LEAF
LETTUCE, TOMATOES, HONEY MUSTARD,
BBQ SAUCE, SWEET & SOUR SAUCE

Nutrition Facts	
Portion Size	Sandwich
calories	443.80
fat (gm)	9.50
sat fat (gm)	1.50
chol (mg)	71.40
sodium (mg)	1152.70
carbs (gm)	57.70
fiber (gm)	3.10
protein (gm)	30.80

IVY LUNCH CASH**2/20/12****LUNCH**

IVY GRILLED FRANKFURT ON BUN

BEEF FRANKS, HOT DOG BUN,
SHORTENING PHASE BUTTER SUB

Nutrition Facts	
Portion Size	5.090 oz Portion
calories	252.40
fat (gm)	14.70
sat fat (gm)	5.00
chol (mg)	22.60
sodium (mg)	719.30
carbs (gm)	23.00
fiber (gm)	0.00
protein (gm)	8.80

IVY LUNCH CASH**2/20/12****LUNCH**

IVY GRILLED HAM & CHEESE SANDWICH

BOARS HEAD BLACK FOREST HAM, WHITE PULLMAN BREAD, AMERICAN CHEESE, SHORTENING PHASE BUTTER SUB

Nutrition Facts	
Portion Size	5 oz Portion
calories	328.90
fat (gm)	12.20
sat fat (gm)	6.00
chol (mg)	68.00
sodium (mg)	1441.20
carbs (gm)	31.10
fiber (gm)	
protein (gm)	25.20

IVY LUNCH CASH

2/20/12

LUNCH

IVY GRILLED HAMBURGER REG

BEEF CHUCK ROLL NATURAL, HAMBURGER BUN, SHORTENING PHASE BUTTER SUB

Nutrition Facts	
Portion Size	4.320 oz Portion
calories	133.00
fat (gm)	2.20
sat fat (gm)	0.00
chol (mg)	0.00
sodium (mg)	321.20
carbs (gm)	25.00
fiber (gm)	
protein (gm)	4.00

IVY LUNCH CASH

2/20/12

LUNCH

IVY ROOM TURKEY & GOUDA (SIDNEY FRAN

BOARS HEAD OVEN ROASTED TURKEY, TOMATO AND BASIL TORTILLA , GARLIC/HERB TORTILLA , WHITE TORTILLA , SPINACH TORTILLA , GOUDA CHEESE, DIJON MUSTARD, MAYONNAISE , EGG PLANT, RED ONIONS, ZUCCHINI SQUASH, RED PEPPERS, YELLOW SUMMER SQUASH, SALT, GRANULATED GARLIC, GROUND BLACK PEPPER, OIL PAN COATING SPRAY AEROSOL SOY

Nutrition Facts	
Portion Size	each
calories	448.10
fat (gm)	18.00
sat fat (gm)	5.90
chol (mg)	48.30
sodium (mg)	1347.70
carbs (gm)	39.00
fiber (gm)	0.90
protein (gm)	31.00

IVY LUNCH CASH

2/20/12

LUNCH

IVY SHAVED STK & CHS SANDWICH

SHAVED STEAK, TORPEDO ROLL,
PROVOLONE CHEESE, WHITE ONION

Nutrition Facts	
Portion Size	4.500 oz Portion
calories	429.60
fat (gm)	14.00
sat fat (gm)	9.00
chol (mg)	44.50
sodium (mg)	747.20
carbs (gm)	41.10
fiber (gm)	0.40
protein (gm)	33.30

IVY LUNCH CASH**2/20/12****LUNCH**

IVY SLICED HAM SANDWICH

BOARS HEAD BLACK FOREST HAM, ROLLS
CAL BULKIE CORNML, TOMATOES, PICKLES
SLICED DILLS THIN, GREEN LEAF LETTUCE,
MUSTARD SALAD

Nutrition Facts	
Portion Size	10.420 oz Portion
calories	399.10
fat (gm)	6.00
sat fat (gm)	0.60
chol (mg)	51.50
sodium (mg)	1473.10
carbs (gm)	57.10
fiber (gm)	3.30
protein (gm)	27.50

IVY LUNCH CASH**2/20/12****LUNCH**

IVY SLICED ROAST BEEF SANDWICH

BOARS HEAD ROAST BEEF, ROLLS CAL
BULKIE CORNML, TOMATOES, PICKLES
SLICED DILLS THIN, GREEN LEAF LETTUCE,
MAYONNAISE

Nutrition Facts	
Portion Size	SANDWICH
calories	542.70
fat (gm)	20.80
sat fat (gm)	4.20
chol (mg)	57.50
sodium (mg)	962.50
carbs (gm)	54.40
fiber (gm)	3.30
protein (gm)	36.00

IVY LUNCH CASH**2/20/12****LUNCH**

IVY SLICED TURKEY BREAST SAND

BOARS HEAD OVEN ROASTED TURKEY,
ROLLS CAL BULKIE CORNML, TOMATOES,
PICKLES SLICED DILLS THIN, GREEN LEAF
LETTUCE, MAYONNAISE

Nutrition Facts	
Portion Size	SANDWICH
calories	508.40
fat (gm)	18.30
sat fat (gm)	2.40
chol (mg)	40.40
sodium (mg)	1425.00
carbs (gm)	53.50
fiber (gm)	3.30
protein (gm)	32.60

IVY LUNCH CASH**2/20/12****LUNCH**

IVY SPICY CHICKEN SANDWICH

CHICKEN BRST BRD SPICY 4.3 oz, ROLLS
BULKIE WHITE CALISE , KEN'S BLUE
CHEESE DRESSING, TOMATOES, GREEN
LEAF LETTUCE

Nutrition Facts	
Portion Size	10 - OZ SANDWICH
calories	791.40
fat (gm)	45.80
sat fat (gm)	7.40
chol (mg)	88.30
sodium (mg)	1963.60
carbs (gm)	60.00
fiber (gm)	1.90
protein (gm)	35.80

IVY LUNCH CASH**2/20/12****LUNCH**

IVY TUNAFISH SALAD SANDWICH

TUNA WHITE SOLID IN WATER, ROLLS CAL
BULKIE CORNML, TOMATOES, MAYONNAISE
, PICKLES SLICED DILLS THIN, GREEN LEAF
LETTUCE, FRESH PARSLEY, SALT, FREEZE
DRIED CHIVES, GROUND BLACK PEPPER

Nutrition Facts	
Portion Size	SANDWICH
calories	717.20
fat (gm)	38.90
sat fat (gm)	6.30
chol (mg)	86.60
sodium (mg)	1502.30
carbs (gm)	50.70
fiber (gm)	3.20
protein (gm)	43.20

IVY LUNCH CASH**2/20/12****LUNCH**

IVY WATERMAN SANDWICH

BOARS HEAD OVEN ROASTED TURKEY,
ROLLS CAL BULKIE CORNML, TOMATOES,
SLICED CHEDDAR CHEESE, PICKLES
SPEARS DELI FRESH, GREEN LEAF
LETTUCE, MAYONNAISE , SLICED BACON

Nutrition Facts

Portion Size	SANDWICH
calories	600.20
fat (gm)	28.00
sat fat (gm)	9.00
chol (mg)	72.80
sodium (mg)	1565.00
carbs (gm)	48.00
fiber (gm)	3.00
protein (gm)	38.40

IVY LUNCH CASH

2/20/12

LUNCH

Sauces for Chicken Fingers

SWEET & SOUR SAUCE, BBQ SAUCE,
HONEY MUSTARD

Nutrition Facts

Portion Size	Each
calories	52.00
fat (gm)	1.60
sat fat (gm)	0.20
chol (mg)	2.90
sodium (mg)	168.40
carbs (gm)	9.80
fiber (gm)	
protein (gm)	0.20

IVY LUNCH CASH

2/20/12

LUNCH

SPINACH SOUFFLE

WHOLE MILK, SPINACH, EGGS - LIQUID,
EGG WHITES, SHREDDED CHEDDAR
CHEESE, MARGARINE 1# SOLIDS (MILK
FREE), UNBLEACHED FLOUR, GRATED
ROMANO CHEESE , TABASCO/RED DEVIL
HOT SAU

Nutrition Facts

Portion Size	8 oz Portion
calories	217.70
fat (gm)	12.50
sat fat (gm)	6.30
chol (mg)	120.60
sodium (mg)	273.20
carbs (gm)	12.10
fiber (gm)	0.70
protein (gm)	14.80

IVY LUNCH CASH

2/20/12

LUNCH

TURKEY CRANBERRY MAYONNAI

BOARS HEAD OVEN ROASTED TURKEY,
FLOUR TORTILLA, FRESH PLUM TOMATOES,
GREEN LEAF LETTUCE, JELLIED
CRANBERRY SAUCE, MAYONNAISE

Nutrition Facts

Portion Size	11.250 oz Portion
calories	393.80
fat (gm)	17.30
sat fat (gm)	2.40
chol (mg)	35.80
sodium (mg)	640.30
carbs (gm)	35.10
fiber (gm)	0.60
protein (gm)	24.80

IVY LUNCH CASH

2/20/12

LUNCH

VEGGIE PATTIES ORIGINAL

VEG PATTY ORIGINAL, ROLLS BULKIE
WHEAT CALISE

Nutrition Facts

Portion Size	4 oz Portion
calories	204.30
fat (gm)	5.00
sat fat (gm)	1.60
chol (mg)	8.20
sodium (mg)	680.30
carbs (gm)	31.30
fiber (gm)	
protein (gm)	10.40

IVY LUNCH CASH

2/20/12

LUNCH

FRENCH FRIED ONION RINGS

BATTERED ONION RINGS

Nutrition Facts

Portion Size	3oz portion
calories	281.90
fat (gm)	15.90
sat fat (gm)	7.10
chol (mg)	14.40
sodium (mg)	439.90
carbs (gm)	32.00
fiber (gm)	
protein (gm)	3.80

IVY LUNCH CASH

2/20/12

LUNCH

FRENCH FRIES CURLEY IVY ROOM

FRENCH FRIES

Nutrition Facts

Portion Size 3 oz Portion
calories 160.10
fat (gm) 7.00
sat fat (gm) 1.00
chol (mg) 0.00
sodium (mg) 300.20
carbs (gm) 22.00
fiber (gm)
protein (gm) 2.00

IVY LUNCH CASH

2/20/12

LUNCH

SWEET & WHITE POTATO AU GRATIN

JUICE APPLE 46 OZ CAN, POTATOES, YAMS,
SHREDDED CHEDDAR CHEESE, CORN
STARCH, FRESH PARSLEY, GROUND ALL
SPICE, GROUND NUTMEG

Nutrition Facts

Portion Size 6oz portion
calories 208.10
fat (gm) 4.70
sat fat (gm) 2.60
chol (mg) 15.20
sodium (mg) 102.80
carbs (gm) 36.60
fiber (gm) 3.30
protein (gm) 5.40

IVY LUNCH CASH

2/20/12

LUNCH

SWEET POTATO FRIES

SWEET POTATO FRIES

Nutrition Facts

Portion Size 3 oz Portion
calories 182.10
fat (gm) 8.10
sat fat (gm) 0.50
chol (mg) 0.00
sodium (mg) 121.40
carbs (gm) 25.30
fiber (gm)
protein (gm) 2.00

IVY LUNCH CASH

2/20/12

LUNCH

ZUCCHINI

ZUCCHINI SQUASH

Nutrition Facts

Portion Size	4oz portion
calories	16.80
fat (gm)	0.30
sat fat (gm)	0.10
chol (mg)	0.00
sodium (mg)	0.80
carbs (gm)	3.60
fiber (gm)	1.20
protein (gm)	0.80

IVY LUNCH CASH**2/20/12****LUNCH**

IVY RM ASST FRESH WHOLE FBANANAS, BARTLETTS PEARS , ORANGES
FRESH NAVEL, RED DELICIOUS APPLES**Nutrition Facts**

Portion Size	7.020 oz Portion
calories	13.00
fat (gm)	0.00
sat fat (gm)	0.00
chol (mg)	0.00
sodium (mg)	0.20
carbs (gm)	3.40
fiber (gm)	0.50
protein (gm)	0.10

IVY LUNCH CASH**2/20/12****LUNCH**

BUTTERMILK CORN BREADFIESTA MUFFIN MIX, BUTTERMILK, CORN
MEAL, VEGETABLE SALAD OIL**Nutrition Facts**

Portion Size	~PORTIONS
calories	192.70
fat (gm)	6.00
sat fat (gm)	0.20
chol (mg)	6.40
sodium (mg)	242.60
carbs (gm)	31.10
fiber (gm)	0.00
protein (gm)	4.30

IVY LUNCH CASH**2/20/12****LUNCH**

COOKIES ASST HM '06

CAKE FLOUR, BUTTER, GRANULATED CANE SUGAR, CHOCOLATE CHIPS, LIGHT BROWN SUGAR, QUICK OATS, UNBLEACHED FLOUR, EGGS - LIQUID, RAISINS, RASPBERRY FILLING, DATES PITTED WHOLE, FILLING ORANGE PINEAPPLE, WATER, VANILLA EXTRACT, BAKING SODA , NON-FAT MILK, GROUND CINNAMON, GROUND NUTMEG

Nutrition Facts

Portion Size	COOKIE
calories	109.20
fat (gm)	4.80
sat fat (gm)	0.70
chol (mg)	6.50
sodium (mg)	55.80
carbs (gm)	15.80
fiber (gm)	0.40
protein (gm)	1.30

IVY LUNCH CASH**2/20/12****LUNCH**

RASPBERRY JELLO

WATER, HEAVY CREAM, GRANULATED CANE SUGAR, GELATIN RASPBERRY, VANILLA EXTRACT

Nutrition Facts

Portion Size	4.560 oz Portion
calories	109.40
fat (gm)	9.70
sat fat (gm)	6.50
chol (mg)	40.30
sodium (mg)	9.00
carbs (gm)	3.00
fiber (gm)	0.00
protein (gm)	0.10

IVY LUNCH CASH**2/20/12****LUNCH**

TIRAMISU '06

MASCARPONE CHEESE, WATER, HEAVY CREAM, MARSALA WINE PASTENE, GRANULATED CANE SUGAR, LADY FINGERS, EGGS SHELL ORGANIC-CAGE FREE, ROYAL DUTCH COCOA, COFFEE LIQUID CONCENTRATE DEC - AUTOCRAT

Nutrition Facts

Portion Size	~PORTIONS
calories	224.40
fat (gm)	13.20
sat fat (gm)	8.30
chol (mg)	97.10
sodium (mg)	129.20
carbs (gm)	21.30
fiber (gm)	0.20
protein (gm)	2.00

IVY LUNCH CASH**2/20/12****LUNCH**

VANILLA TAPIOCA PUDDING

PUDDING TAPIOCA, WHOLE MILK, HEAVY CREAM, GRANULATED CANE SUGAR, VANILLA EXTRACT

Nutrition Facts

Portion Size	2.730 oz Portion
calories	106.90
fat (gm)	5.40
sat fat (gm)	2.80
chol (mg)	15.60
sodium (mg)	79.90
carbs (gm)	11.90
fiber (gm)	0.00
protein (gm)	1.60

IVY LUNCH CASH

2/20/12

LUNCH

BREADED CHICKEN FINGERS

BREADED CHICKEN TENDERS

Nutrition Facts

Portion Size	4 piece
calories	425.80
fat (gm)	28.30
sat fat (gm)	5.70
chol (mg)	65.00
sodium (mg)	775.50
carbs (gm)	20.90
fiber (gm)	
protein (gm)	20.60

IVY LUNCH CASH

2/21/12

LUNCH

CHICKEN CAESAR WRAP

CHICKEN BREAST BNLSKL 4oz, ROMAINE LETTUCE, WHITE TORTILLA , GRATED ROMANO CHEESE , KEN'S CAESAR DELUXE DRESSING, SALT, GRANULATED GARLIC, GROUND PAPRIKA, GROUND BLACK PEPPER

Nutrition Facts

Portion Size	11 oz Portion
calories	746.10
fat (gm)	37.90
sat fat (gm)	11.60
chol (mg)	140.40
sodium (mg)	1378.60
carbs (gm)	39.20
fiber (gm)	1.90
protein (gm)	62.60

IVY LUNCH CASH

2/21/12

LUNCH

IVY FISH SANDWICH

FISH HADDOCK FILET BRD FRZ 4OZ, ROLL DELI SPLIT TOP, GREEN LEAF LETTUCE, TOMATOES, PICKLES SPEARS DELI FRESH, MAYONNAISE , RELISH SWEET GREEN

Nutrition Facts	
Portion Size	8 OZ PORTION
calories	152.00
fat (gm)	14.70
sat fat (gm)	2.20
chol (mg)	7.30
sodium (mg)	417.50
carbs (gm)	4.30
fiber (gm)	1.20
protein (gm)	1.00

IVY LUNCH CASH

2/21/12

LUNCH

IVY ANGELL POCKET SANDWICH

WHITE SYRIAN BREAD, TOMATOES, PICKLES SPEARS DELI FRESH, GARBANZO BEANS, BULGUR CRACKED WHEAT , FRESH PARSLEY, CUCUMBER, TAHINI PASTE, LEMON JUICE, VIRGIN OLIVE OIL, SPINACH, DICED WHITE ONIONS, WATER, SALT, GARLIC, SPICE CUMIN GROUND, GROUND ALL SPICE, MINT LEAVES

Nutrition Facts	
Portion Size	7.480 oz Portion
calories	547.40
fat (gm)	14.00
sat fat (gm)	1.70
chol (mg)	0.00
sodium (mg)	735.90
carbs (gm)	88.40
fiber (gm)	1.80
protein (gm)	16.60

IVY LUNCH CASH

2/21/12

LUNCH

IVY BACON-LETTUCE-TOMATO SAND

WHITE PULLMAN BREAD, TOMATOES, GREEN LEAF LETTUCE, SLICED BACON, PICKLES SLICED DILLS THIN, MAYONNAISE

Nutrition Facts	
Portion Size	5 oz Portion
calories	404.30
fat (gm)	23.20
sat fat (gm)	5.20
chol (mg)	36.90
sodium (mg)	806.50
carbs (gm)	32.30
fiber (gm)	1.10
protein (gm)	15.80

IVY LUNCH CASH

2/21/12

LUNCH

IVY BUFFALO CHICKEN WRAP

CHICKEN BREAST BNLSKL 4oz, TOMATO AND BASIL TORTILLA , TOMATOES, GREEN LEAF LETTUCE, KEN'S BLUE CHEESE CREAMY DELUXE DRESSING, BUFFALO HOT SAUCE FRANK'S

Nutrition Facts	
Portion Size	portion
calories	523.50
fat (gm)	17.30
sat fat (gm)	4.80
chol (mg)	99.80
sodium (mg)	765.20
carbs (gm)	46.60
fiber (gm)	0.60
protein (gm)	42.30

IVY LUNCH CASH**2/21/12****LUNCH**

IVY CHARLESFIELD SANDWICH

BOARS HEAD ROAST BEEF, ROLLS CAL BULKIE CORNML, PICKLES SPEARS DELI FRESH, TOMATOES, MUENSTER CHEESE, MUSHROOMS FRESH, GREEN LEAF LETTUCE, SOUR CREAM, HORSERADISH, SALT, GROUND MUSTARD, GROUND WHITE PEPPER

Nutrition Facts	
Portion Size	SANDWICH
calories	518.80
fat (gm)	18.10
sat fat (gm)	8.70
chol (mg)	79.90
sodium (mg)	1269.30
carbs (gm)	50.90
fiber (gm)	3.50
protein (gm)	40.00

IVY LUNCH CASH**2/21/12****LUNCH**

IVY CHICKEN SALAD SANDWICH

ROLLS CAL BULKIE CORNML, CHICKEN MEAT CKD 1/2" FRZ, TOMATOES, MAYONNAISE , FRESH CELERY STALKS, PICKLES SLICED DILLS THIN, GREEN LEAF LETTUCE, SALT, GROUND WHITE PEPPER

Nutrition Facts	
Portion Size	10.670 oz Portion
calories	639.60
fat (gm)	35.80
sat fat (gm)	5.60
chol (mg)	66.30
sodium (mg)	1171.60
carbs (gm)	49.40
fiber (gm)	3.50
protein (gm)	28.30

IVY LUNCH CASH**2/21/12****LUNCH**

IVY GRILLED AM CHEESE SANDWICH

AMERICAN CHEESE, PICKLES SLICED DILLS
THIN, WHITE PULLMAN BREAD,
SHORTENING PHASE BUTTER SUB

Nutrition Facts	
Portion Size	4 oz Portion
calories	111.70
fat (gm)	9.20
sat fat (gm)	6.00
chol (mg)	22.50
sodium (mg)	615.50
carbs (gm)	1.80
fiber (gm)	0.10
protein (gm)	6.20

IVY LUNCH CASH**2/21/12****LUNCH**

IVY GRILLED CHEESE&TOMATO SAND

WHEAT VIENNA BREAD, AMERICAN
CHEESE, TOMATOES, PICKLES SLICED
DILLS THIN, SHORTENING PHASE BUTTER
SUB

Nutrition Facts	
Portion Size	5 oz Portion
calories	446.30
fat (gm)	21.30
sat fat (gm)	12.70
chol (mg)	44.80
sodium (mg)	1587.90
carbs (gm)	43.90
fiber (gm)	3.70
protein (gm)	21.70

IVY LUNCH CASH**2/21/12****LUNCH**

IVY GRILLED CHEESEBURGER

BEEF CHUCK ROLL NATURAL, HAMBURGER
BUN, AMERICAN CHEESE, SHORTENING
PHASE BUTTER SUB

Nutrition Facts	
Portion Size	5.320 oz Portion
calories	202.60
fat (gm)	8.20
sat fat (gm)	4.00
chol (mg)	14.90
sodium (mg)	659.40
carbs (gm)	25.50
fiber (gm)	
protein (gm)	8.00

IVY LUNCH CASH**2/21/12****LUNCH**

IVY GRILLED HAMBURGER REG

BEEF CHUCK ROLL NATURAL, HAMBURGER
BUN, SHORTENING PHASE BUTTER SUB

Nutrition Facts	
Portion Size	4.320 oz Portion
calories	133.00
fat (gm)	2.20
sat fat (gm)	0.00
chol (mg)	0.00
sodium (mg)	321.20
carbs (gm)	25.00
fiber (gm)	
protein (gm)	4.00

IVY LUNCH CASH**2/21/12****LUNCH**

IVY ROOM TURKEY & GOUDA (SIDNEY FRAN

BOARS HEAD OVEN ROASTED TURKEY,
TOMATO AND BASIL TORTILLA ,
GARLIC/HERB TORTILLA , WHITE TORTILLA ,
SPINACH TORTILLA , GOUDA CHEESE,
DIJON MUSTARD, MAYONNAISE , EGG
PLANT, RED ONIONS, ZUCCHINI SQUASH,
RED PEPPERS, YELLOW SUMMER SQUASH,
SALT, GRANULATED GARLIC, GROUND
BLACK PEPPER, OIL PAN COATING SPRAY
AEROSOL SOY

Nutrition Facts	
Portion Size	each
calories	448.10
fat (gm)	18.00
sat fat (gm)	5.90
chol (mg)	48.30
sodium (mg)	1347.70
carbs (gm)	39.00
fiber (gm)	0.90
protein (gm)	31.00

IVY LUNCH CASH**2/21/12****LUNCH**

IVY SHAVED STK & CHS SANDWICH

SHAVED STEAK, TORPEDO ROLL,
PROVOLONE CHEESE, WHITE ONION

Nutrition Facts	
Portion Size	4.500 oz Portion
calories	429.60
fat (gm)	14.00
sat fat (gm)	9.00
chol (mg)	44.50
sodium (mg)	747.20
carbs (gm)	41.10
fiber (gm)	0.40
protein (gm)	33.30

IVY LUNCH CASH**2/21/12****LUNCH**

IVY SLICED HAM SANDWICH

BOARS HEAD BLACK FOREST HAM, ROLLS CAL BULKIE CORNML, TOMATOES, PICKLES SLICED DILLS THIN, GREEN LEAF LETTUCE, MUSTARD SALAD

Nutrition Facts	
Portion Size	10.420 oz Portion
calories	399.10
fat (gm)	6.00
sat fat (gm)	0.60
chol (mg)	51.50
sodium (mg)	1473.10
carbs (gm)	57.10
fiber (gm)	3.30
protein (gm)	27.50

IVY LUNCH CASH**2/21/12****LUNCH**

IVY SLICED ROAST BEEF SANDWICH

BOARS HEAD ROAST BEEF, ROLLS CAL BULKIE CORNML, TOMATOES, PICKLES SLICED DILLS THIN, GREEN LEAF LETTUCE, MAYONNAISE

Nutrition Facts	
Portion Size	SANDWICH
calories	542.70
fat (gm)	20.80
sat fat (gm)	4.20
chol (mg)	57.50
sodium (mg)	962.50
carbs (gm)	54.40
fiber (gm)	3.30
protein (gm)	36.00

IVY LUNCH CASH**2/21/12****LUNCH**

IVY SLICED TURKEY BREAST SAND

BOARS HEAD OVEN ROASTED TURKEY, ROLLS CAL BULKIE CORNML, TOMATOES, PICKLES SLICED DILLS THIN, GREEN LEAF LETTUCE, MAYONNAISE

Nutrition Facts	
Portion Size	10.670 oz Portion
calories	508.40
fat (gm)	18.30
sat fat (gm)	2.40
chol (mg)	40.40
sodium (mg)	1425.00
carbs (gm)	53.50
fiber (gm)	3.30
protein (gm)	32.60

IVY LUNCH CASH**2/21/12****LUNCH**

IVY SPICY CHICKEN SANDWICH

CHICKEN BRST BRD SPICY 4.3 oz, ROLLS
BULKIE WHITE CALISE , KEN'S BLUE
CHEESE DRESSING, TOMATOES, GREEN
LEAF LETTUCE

Nutrition Facts

Portion Size	10 - OZ SANDWICH
calories	791.40
fat (gm)	45.80
sat fat (gm)	7.40
chol (mg)	88.30
sodium (mg)	1963.60
carbs (gm)	60.00
fiber (gm)	1.90
protein (gm)	35.80

IVY LUNCH CASH

2/21/12

LUNCH

IVY TUNAFISH SALAD SANDWICH

TUNA WHITE SOLID IN WATER, ROLLS CAL
BULKIE CORNML, TOMATOES, MAYONNAISE
, PICKLES SLICED DILLS THIN, GREEN LEAF
LETTUCE, FRESH PARSLEY, SALT, FREEZE
DRIED CHIVES, GROUND BLACK PEPPER

Nutrition Facts

Portion Size	SANDWICH
calories	717.20
fat (gm)	38.90
sat fat (gm)	6.30
chol (mg)	86.60
sodium (mg)	1502.30
carbs (gm)	50.70
fiber (gm)	3.20
protein (gm)	43.20

IVY LUNCH CASH

2/21/12

LUNCH

IVY WATERMAN SANDWICH

BOARS HEAD OVEN ROASTED TURKEY,
ROLLS CAL BULKIE CORNML, TOMATOES,
SLICED CHEDDAR CHEESE, PICKLES
SPEARS DELI FRESH, GREEN LEAF
LETTUCE, MAYONNAISE , SLICED BACON

Nutrition Facts

Portion Size	SANDWICH
calories	600.20
fat (gm)	28.00
sat fat (gm)	9.00
chol (mg)	72.80
sodium (mg)	1565.00
carbs (gm)	48.00
fiber (gm)	3.00
protein (gm)	38.40

IVY LUNCH CASH

2/21/12

LUNCH

FRENCH FRIED ONION RINGS

BATTERED ONION RINGS

Nutrition Facts

Portion Size 3oz portion
calories 281.90
fat (gm) 15.90
sat fat (gm) 7.10
chol (mg) 14.40
sodium (mg) 439.90
carbs (gm) 32.00
fiber (gm)
protein (gm) 3.80

IVY LUNCH CASH

2/21/12

LUNCH

FRENCH FRIES CURLEY IVY ROOM

FRENCH FRIES

Nutrition Facts

Portion Size 3 oz Portion
calories 160.10
fat (gm) 7.00
sat fat (gm) 1.00
chol (mg) 0.00
sodium (mg) 300.20
carbs (gm) 22.00
fiber (gm)
protein (gm) 2.00

IVY LUNCH CASH

2/21/12

LUNCH

SWEET POTATO FRIES

SWEET POTATO FRIES

Nutrition Facts

Portion Size 3 oz Portion
calories 182.10
fat (gm) 8.10
sat fat (gm) 0.50
chol (mg) 0.00
sodium (mg) 121.40
carbs (gm) 25.30
fiber (gm)
protein (gm) 2.00

IVY LUNCH CASH

2/21/12

LUNCH

IVY RM ASST FRESH WHOLE F

BANANAS, BARTLETTS PEARS , ORANGES
FRESH NAVEL, RED DELICIOUS APPLES

Nutrition Facts	
Portion Size	7.020 oz Portion
calories	13.00
fat (gm)	0.00
sat fat (gm)	0.00
chol (mg)	0.00
sodium (mg)	0.20
carbs (gm)	3.40
fiber (gm)	0.50
protein (gm)	0.10

IVY LUNCH CASH

2/21/12

LUNCH

BREAD PUDDING

WATER, EGGS - LIQUID, NON-FAT MILK,
GRANULATED CANE SUGAR, WHITE
PULLMAN BREAD, RAISINS, MARGARINE,
VANILLA EXTRACT, UNBLEACHED FLOUR,
SALT, GROUND NUTMEG

Nutrition Facts	
Portion Size	6.350 oz Portion
calories	226.50
fat (gm)	4.60
sat fat (gm)	1.20
chol (mg)	111.10
sodium (mg)	385.30
carbs (gm)	36.40
fiber (gm)	0.20
protein (gm)	10.50

IVY LUNCH CASH

2/21/12

LUNCH

BUTTERSCOTCH PUDDING

WHOLE MILK, PUDDING BUTTERSCOT INST,
HEAVY CREAM, GRANULATED CANE
SUGAR, VANILLA EXTRACT

Nutrition Facts	
Portion Size	2.500 oz Portion
calories	62.40
fat (gm)	4.60
sat fat (gm)	2.80
chol (mg)	18.50
sodium (mg)	32.20
carbs (gm)	3.30
fiber (gm)	0.00
protein (gm)	1.70

IVY LUNCH CASH

2/21/12

LUNCH

CHOC CAKE SHEET

CHOCOLATE CAKE MIX, CONFECTIONARY SUGAR, WATER, CHOCOLATE FUDGE BASE, CORN SYRUP , VEGETABLE SHORTENING

Nutrition Facts

Portion Size	2.350 oz Portion
calories	435.40
fat (gm)	13.70
sat fat (gm)	3.30
chol (mg)	10.90
sodium (mg)	418.30
carbs (gm)	78.80
fiber (gm)	0.00
protein (gm)	4.40

IVY LUNCH CASH

2/21/12

LUNCH

COOKIES ASST HM '06

CAKE FLOUR, BUTTER, GRANULATED CANE SUGAR, CHOCOLATE CHIPS, LIGHT BROWN SUGAR, QUICK OATS, UNBLEACHED FLOUR, EGGS - LIQUID, RAISINS, RASPBERRY FILLING, DATES PITTED WHOLE, FILLING ORANGE PINEAPPLE, WATER, VANILLA EXTRACT, BAKING SODA , NON-FAT MILK, GROUND CINNAMON, GROUND NUTMEG

Nutrition Facts

Portion Size	COOKIE
calories	109.20
fat (gm)	4.80
sat fat (gm)	0.70
chol (mg)	6.50
sodium (mg)	55.80
carbs (gm)	15.80
fiber (gm)	0.40
protein (gm)	1.30

IVY LUNCH CASH

2/21/12

LUNCH

FRENCH BREAD

FLOUR, WATER, YEAST, EGG WHITES, VEGETABLE ALL PURPOSE SHORTENING, SALT, GRANULATED CANE SUGAR, CORN STARCH

Nutrition Facts

Portion Size	2.17 oz Portion
calories	143.60
fat (gm)	1.30
sat fat (gm)	0.40
chol (mg)	0.50
sodium (mg)	241.90
carbs (gm)	28.30
fiber (gm)	1.00
protein (gm)	4.00

IVY LUNCH CASH

2/21/12

LUNCH

ORANGE JELLO

WATER, GELATIN ORANGE, HEAVY CREAM,
GRANULATED CANE SUGAR, VANILLA
EXTRACT

Nutrition Facts

Portion Size	4.560 oz Portion
calories	121.80
fat (gm)	4.90
sat fat (gm)	3.30
chol (mg)	20.50
sodium (mg)	86.50
carbs (gm)	17.20
fiber (gm)	0.00
protein (gm)	1.40

IVY LUNCH CASH

2/21/12

LUNCH

KALE AND LINGUICA SOUP

WATER, POTATOES, PINTO BEANS,
LINGUICA, KALE, DICED WHITE ONIONS,
BASE BEEF SAVORY RSTD NO MSG, VIRGIN
OLIVE OIL, GROUND WHITE PEPPER,
GARLIC CHOPPED/IN OIL

Nutrition Facts

Portion Size	6 oz Portion
calories	75.10
fat (gm)	4.50
sat fat (gm)	1.30
chol (mg)	8.40
sodium (mg)	165.70
carbs (gm)	6.10
fiber (gm)	0.50
protein (gm)	2.80

IVY LUNCH CASH

2/22/12

LUNCH

VEGETARIAN CREAM OF BROCCOLI SOUP

WHOLE MILK, BROCCOLI, WATER,
MARGARINE 1# SOLIDS (MILK FREE),
UNBLEACHED FLOUR, SALT, GROUND
WHITE PEPPER, CELERY SALT

Nutrition Facts

Portion Size	6 oz Portion
calories	134.40
fat (gm)	5.80
sat fat (gm)	3.30
chol (mg)	21.70
sodium (mg)	531.00
carbs (gm)	14.10
fiber (gm)	0.80
protein (gm)	6.20

IVY LUNCH CASH

2/22/12

LUNCH

BREADED CHICKEN FINGERS

BREADED CHICKEN TENDERS

Nutrition Facts

Portion Size	4 piece
calories	425.80
fat (gm)	28.30
sat fat (gm)	5.70
chol (mg)	65.00
sodium (mg)	775.50
carbs (gm)	20.90
fiber (gm)	
protein (gm)	20.60

IVY LUNCH CASH

2/22/12

LUNCH

BUFFALO STYLE CHICKEN WINGS

CHICKEN , JUICE TOMATO 46 OZ,
TABASCO/RED DEVIL HOT SAU, SPICE
GARLIC SALT, GROUND BLACK PEPPER

Nutrition Facts

Portion Size	7 oz Portion
calories	570.30
fat (gm)	37.70
sat fat (gm)	10.10
chol (mg)	136.20
sodium (mg)	976.30
carbs (gm)	21.40
fiber (gm)	0.80
protein (gm)	34.70

IVY LUNCH CASH

2/22/12

LUNCH

CHICKEN CAESAR WRAP

CHICKEN BREAST BNLSKL 4oz, ROMAINE
LETTUCE, WHITE TORTILLA , GRATED
ROMANO CHEESE , KEN'S CAESAR DELUXE
DRESSING, SALT, GRANULATED GARLIC,
GROUND PAPRIKA, GROUND BLACK
PEPPER

Nutrition Facts

Portion Size	11 oz Portion
calories	746.10
fat (gm)	37.90
sat fat (gm)	11.60
chol (mg)	140.40
sodium (mg)	1378.60
carbs (gm)	39.20
fiber (gm)	1.90
protein (gm)	62.60

IVY LUNCH CASH

2/22/12

LUNCH

IVY FISH SANDWICH

FISH HADDOCK FILET BRD FRZ 4OZ, ROLL DELI SPLIT TOP, GREEN LEAF LETTUCE, TOMATOES, PICKLES SPEARS DELI FRESH, MAYONNAISE , RELISH SWEET GREEN

Nutrition Facts

Portion Size	8 OZ PORTION
calories	152.00
fat (gm)	14.70
sat fat (gm)	2.20
chol (mg)	7.30
sodium (mg)	417.50
carbs (gm)	4.30
fiber (gm)	1.20
protein (gm)	1.00

IVY LUNCH CASH**2/22/12****LUNCH**

IVY ANGELL POCKET SANDWICH

WHITE SYRIAN BREAD, TOMATOES, PICKLES SPEARS DELI FRESH, GARBANZO BEANS, BULGUR CRACKED WHEAT , FRESH PARSLEY, CUCUMBER, TAHINI PASTE, LEMON JUICE, VIRGIN OLIVE OIL, SPINACH, DICED WHITE ONIONS, WATER, SALT, GARLIC, SPICE CUMIN GROUND, GROUND ALL SPICE, MINT LEAVES

Nutrition Facts

Portion Size	7.480 oz Portion
calories	547.40
fat (gm)	14.00
sat fat (gm)	1.70
chol (mg)	0.00
sodium (mg)	735.90
carbs (gm)	88.40
fiber (gm)	1.80
protein (gm)	16.60

IVY LUNCH CASH**2/22/12****LUNCH**

IVY BACON-LETTUCE-TOMATO SAND

WHITE PULLMAN BREAD, TOMATOES, GREEN LEAF LETTUCE, SLICED BACON, PICKLES SLICED DILLS THIN, MAYONNAISE

Nutrition Facts

Portion Size	5 oz Portion
calories	404.30
fat (gm)	23.20
sat fat (gm)	5.20
chol (mg)	36.90
sodium (mg)	806.50
carbs (gm)	32.30
fiber (gm)	1.10
protein (gm)	15.80

IVY LUNCH CASH**2/22/12****LUNCH**

IVY BUFFALO CHICKEN WRAP

CHICKEN BREAST BNLSKL 4oz, TOMATO AND BASIL TORTILLA , TOMATOES, GREEN LEAF LETTUCE, KEN'S BLUE CHEESE CREAMY DELUXE DRESSING, BUFFALO HOT SAUCE FRANK'S

Nutrition Facts	
Portion Size	portion
calories	523.50
fat (gm)	17.30
sat fat (gm)	4.80
chol (mg)	99.80
sodium (mg)	765.20
carbs (gm)	46.60
fiber (gm)	0.60
protein (gm)	42.30

IVY LUNCH CASH**2/22/12****LUNCH**

IVY CHARLESFIELD SANDWICH

BOARS HEAD ROAST BEEF, ROLLS CAL BULKIE CORNML, PICKLES SPEARS DELI FRESH, TOMATOES, MUENSTER CHEESE, MUSHROOMS FRESH, GREEN LEAF LETTUCE, SOUR CREAM, HORSERADISH, SALT, GROUND MUSTARD, GROUND WHITE PEPPER

Nutrition Facts	
Portion Size	SANDWICH
calories	518.80
fat (gm)	18.10
sat fat (gm)	8.70
chol (mg)	79.90
sodium (mg)	1269.30
carbs (gm)	50.90
fiber (gm)	3.50
protein (gm)	40.00

IVY LUNCH CASH**2/22/12****LUNCH**

IVY CHICKEN SALAD SANDWICH

ROLLS CAL BULKIE CORNML, CHICKEN MEAT CKD 1/2" FRZ, TOMATOES, MAYONNAISE , FRESH CELERY STALKS, PICKLES SLICED DILLS THIN, GREEN LEAF LETTUCE, SALT, GROUND WHITE PEPPER

Nutrition Facts	
Portion Size	10.670 oz Portion
calories	639.60
fat (gm)	35.80
sat fat (gm)	5.60
chol (mg)	66.30
sodium (mg)	1171.60
carbs (gm)	49.40
fiber (gm)	3.50
protein (gm)	28.30

IVY LUNCH CASH**2/22/12****LUNCH**

IVY GRILLED AM CHEESE SANDWICH

AMERICAN CHEESE, PICKLES SLICED DILLS THIN, WHITE PULLMAN BREAD, SHORTENING PHASE BUTTER SUB

<u>Nutrition Facts</u>	
Portion Size	4 oz Portion
calories	111.70
fat (gm)	9.20
sat fat (gm)	6.00
chol (mg)	22.50
sodium (mg)	615.50
carbs (gm)	1.80
fiber (gm)	0.10
protein (gm)	6.20

IVY LUNCH CASH

2/22/12

LUNCH

IVY GRILLED CHEESE&TOMATO SAND

WHEAT VIENNA BREAD, AMERICAN CHEESE, TOMATOES, PICKLES SLICED DILLS THIN, SHORTENING PHASE BUTTER SUB

<u>Nutrition Facts</u>	
Portion Size	5 oz Portion
calories	446.30
fat (gm)	21.30
sat fat (gm)	12.70
chol (mg)	44.80
sodium (mg)	1587.90
carbs (gm)	43.90
fiber (gm)	3.70
protein (gm)	21.70

IVY LUNCH CASH

2/22/12

LUNCH

IVY GRILLED CHEESEBURGER

BEEF CHUCK ROLL NATURAL, HAMBURGER BUN, AMERICAN CHEESE, SHORTENING PHASE BUTTER SUB

<u>Nutrition Facts</u>	
Portion Size	5.320 oz Portion
calories	202.60
fat (gm)	8.20
sat fat (gm)	4.00
chol (mg)	14.90
sodium (mg)	659.40
carbs (gm)	25.50
fiber (gm)	
protein (gm)	8.00

IVY LUNCH CASH

2/22/12

LUNCH

IVY GRILLED CHICKEN SANDWICH

CHICKEN BREAST CKD GRILL MARK, ROLLS
CAL BULKIE CORNML, GREEN LEAF
LETTUCE, TOMATOES, HONEY MUSTARD,
BBQ SAUCE, SWEET & SOUR SAUCE

Nutrition Facts

Portion Size	Sandwich
calories	443.80
fat (gm)	9.50
sat fat (gm)	1.50
chol (mg)	71.40
sodium (mg)	1152.70
carbs (gm)	57.70
fiber (gm)	3.10
protein (gm)	30.80

IVY LUNCH CASH

2/22/12

LUNCH

IVY GRILLED FRANKFURT ON BUN

BEEF FRANKS, HOT DOG BUN,
SHORTENING PHASE BUTTER SUB

Nutrition Facts

Portion Size	5.090 oz Portion
calories	252.40
fat (gm)	14.70
sat fat (gm)	5.00
chol (mg)	22.60
sodium (mg)	719.30
carbs (gm)	23.00
fiber (gm)	0.00
protein (gm)	8.80

IVY LUNCH CASH

2/22/12

LUNCH

IVY GRILLED HAM & CHEESE SANDWICH

BOARS HEAD BLACK FOREST HAM, WHITE
PULLMAN BREAD, AMERICAN CHEESE,
SHORTENING PHASE BUTTER SUB

Nutrition Facts

Portion Size	5 oz Portion
calories	328.90
fat (gm)	12.20
sat fat (gm)	6.00
chol (mg)	68.00
sodium (mg)	1441.20
carbs (gm)	31.10
fiber (gm)	
protein (gm)	25.20

IVY LUNCH CASH

2/22/12

LUNCH

IVY GRILLED HAMBURGER REG

BEEF CHUCK ROLL NATURAL, HAMBURGER
BUN, SHORTENING PHASE BUTTER SUB

Nutrition Facts	
Portion Size	4.320 oz Portion
calories	133.00
fat (gm)	2.20
sat fat (gm)	0.00
chol (mg)	0.00
sodium (mg)	321.20
carbs (gm)	25.00
fiber (gm)	
protein (gm)	4.00

IVY LUNCH CASH**2/22/12****LUNCH**

IVY ROOM TURKEY & GOUDA (SIDNEY FRAN

BOARS HEAD OVEN ROASTED TURKEY,
TOMATO AND BASIL TORTILLA ,
GARLIC/HERB TORTILLA , WHITE TORTILLA ,
SPINACH TORTILLA , GOUDA CHEESE,
DIJON MUSTARD, MAYONNAISE , EGG
PLANT, RED ONIONS, ZUCCHINI SQUASH,
RED PEPPERS, YELLOW SUMMER SQUASH,
SALT, GRANULATED GARLIC, GROUND
BLACK PEPPER, OIL PAN COATING SPRAY
AEROSOL SOY

Nutrition Facts	
Portion Size	each
calories	448.10
fat (gm)	18.00
sat fat (gm)	5.90
chol (mg)	48.30
sodium (mg)	1347.70
carbs (gm)	39.00
fiber (gm)	0.90
protein (gm)	31.00

IVY LUNCH CASH**2/22/12****LUNCH**

IVY SHAVED STK & CHS SANDWICH

SHAVED STEAK, TORPEDO ROLL,
PROVOLONE CHEESE, WHITE ONION

Nutrition Facts	
Portion Size	4.500 oz Portion
calories	429.60
fat (gm)	14.00
sat fat (gm)	9.00
chol (mg)	44.50
sodium (mg)	747.20
carbs (gm)	41.10
fiber (gm)	0.40
protein (gm)	33.30

IVY LUNCH CASH**2/22/12****LUNCH**

IVY SLICED HAM SANDWICH

BOARS HEAD BLACK FOREST HAM, ROLLS CAL BULKIE CORNML, TOMATOES, PICKLES SLICED DILLS THIN, GREEN LEAF LETTUCE, MUSTARD SALAD

Nutrition Facts	
Portion Size	10.420 oz Portion
calories	399.10
fat (gm)	6.00
sat fat (gm)	0.60
chol (mg)	51.50
sodium (mg)	1473.10
carbs (gm)	57.10
fiber (gm)	3.30
protein (gm)	27.50

IVY LUNCH CASH**2/22/12****LUNCH**

IVY SLICED ROAST BEEF SANDWICH

BOARS HEAD ROAST BEEF, ROLLS CAL BULKIE CORNML, TOMATOES, PICKLES SLICED DILLS THIN, GREEN LEAF LETTUCE, MAYONNAISE

Nutrition Facts	
Portion Size	SANDWICH
calories	542.70
fat (gm)	20.80
sat fat (gm)	4.20
chol (mg)	57.50
sodium (mg)	962.50
carbs (gm)	54.40
fiber (gm)	3.30
protein (gm)	36.00

IVY LUNCH CASH**2/22/12****LUNCH**

IVY SLICED TURKEY BREAST SAND

BOARS HEAD OVEN ROASTED TURKEY, ROLLS CAL BULKIE CORNML, TOMATOES, PICKLES SLICED DILLS THIN, GREEN LEAF LETTUCE, MAYONNAISE

Nutrition Facts	
Portion Size	10.670 oz Portion
calories	508.40
fat (gm)	18.30
sat fat (gm)	2.40
chol (mg)	40.40
sodium (mg)	1425.00
carbs (gm)	53.50
fiber (gm)	3.30
protein (gm)	32.60

IVY LUNCH CASH**2/22/12****LUNCH**

IVY SPICY CHICKEN SANDWICH

CHICKEN BRST BRD SPICY 4.3 oz, ROLLS
BULKIE WHITE CALISE , KEN'S BLUE
CHEESE DRESSING, TOMATOES, GREEN
LEAF LETTUCE

Nutrition Facts	
Portion Size	10 - OZ SANDWICH
calories	791.40
fat (gm)	45.80
sat fat (gm)	7.40
chol (mg)	88.30
sodium (mg)	1963.60
carbs (gm)	60.00
fiber (gm)	1.90
protein (gm)	35.80

IVY LUNCH CASH**2/22/12****LUNCH**

IVY TUNAFISH SALAD SANDWICH

TUNA WHITE SOLID IN WATER, ROLLS CAL
BULKIE CORNML, TOMATOES, MAYONNAISE
, PICKLES SLICED DILLS THIN, GREEN LEAF
LETTUCE, FRESH PARSLEY, SALT, FREEZE
DRIED CHIVES, GROUND BLACK PEPPER

Nutrition Facts	
Portion Size	SANDWICH
calories	717.20
fat (gm)	38.90
sat fat (gm)	6.30
chol (mg)	86.60
sodium (mg)	1502.30
carbs (gm)	50.70
fiber (gm)	3.20
protein (gm)	43.20

IVY LUNCH CASH**2/22/12****LUNCH**

IVY WATERMAN SANDWICH

BOARS HEAD OVEN ROASTED TURKEY,
ROLLS CAL BULKIE CORNML, TOMATOES,
SLICED CHEDDAR CHEESE, PICKLES
SPEARS DELI FRESH, GREEN LEAF
LETTUCE, MAYONNAISE , SLICED BACON

Nutrition Facts	
Portion Size	SANDWICH
calories	600.20
fat (gm)	28.00
sat fat (gm)	9.00
chol (mg)	72.80
sodium (mg)	1565.00
carbs (gm)	48.00
fiber (gm)	3.00
protein (gm)	38.40

IVY LUNCH CASH**2/22/12****LUNCH**

Sauces for Chicken Fingers

SWEET & SOUR SAUCE, BBQ SAUCE,
HONEY MUSTARD

Nutrition Facts	
Portion Size	Each
calories	52.00
fat (gm)	1.60
sat fat (gm)	0.20
chol (mg)	2.90
sodium (mg)	168.40
carbs (gm)	9.80
fiber (gm)	
protein (gm)	0.20

IVY LUNCH CASH

2/22/12

LUNCH

TURKEY CRANBERRY MAYONNAI

BOARS HEAD OVEN ROASTED TURKEY,
FLOUR TORTILLA, FRESH PLUM TOMATOES,
GREEN LEAF LETTUCE, JELLIED
CRANBERRY SAUCE, MAYONNAISE

Nutrition Facts	
Portion Size	11.250 oz Portion
calories	393.80
fat (gm)	17.30
sat fat (gm)	2.40
chol (mg)	35.80
sodium (mg)	640.30
carbs (gm)	35.10
fiber (gm)	0.60
protein (gm)	24.80

IVY LUNCH CASH

2/22/12

LUNCH

VEGAN CHOW MEIN W/TOFU

BEANS SPROUTS, WATER, EXTRA FIRM
TOFU, WHITE ONION, CELERY,
MUSHROOMS FRESH, SCALLIONS
BUNCHES, CHOW MEIN NOODLES, SLICED
WATER CHESTNUTS, SOY SAUCE,
PIMENTOS, CORN STARCH, BASE VEGAN
SAVORY RSTD VEGETABLE, SALT, GROUND
WHITE PEPPER

Nutrition Facts	
Portion Size	8 oz Portion
calories	130.20
fat (gm)	3.70
sat fat (gm)	0.70
chol (mg)	0.00
sodium (mg)	636.40
carbs (gm)	16.90
fiber (gm)	1.70
protein (gm)	7.40

IVY LUNCH CASH

2/22/12

LUNCH

VEGGIE PATTIES ORIGINALVEG PATTY ORIGINAL, ROLLS BULKIE
WHEAT CALISE**Nutrition Facts**

Portion Size	4 oz Portion
calories	204.30
fat (gm)	5.00
sat fat (gm)	1.60
chol (mg)	8.20
sodium (mg)	680.30
carbs (gm)	31.30
fiber (gm)	
protein (gm)	10.40

IVY LUNCH CASH**2/22/12****LUNCH**

BELGIAN CARROTS

BELGIUM CARROTS

Nutrition Facts

Portion Size	4oz portion
calories	24.90
fat (gm)	0.00
sat fat (gm)	0.00
chol (mg)	0.00
sodium (mg)	213.70
carbs (gm)	6.40
fiber (gm)	
protein (gm)	0.70

IVY LUNCH CASH**2/22/12****LUNCH**

FRENCH FRIED ONION RINGS

BATTERED ONION RINGS

Nutrition Facts

Portion Size	3oz portion
calories	281.90
fat (gm)	15.90
sat fat (gm)	7.10
chol (mg)	14.40
sodium (mg)	439.90
carbs (gm)	32.00
fiber (gm)	
protein (gm)	3.80

IVY LUNCH CASH**2/22/12****LUNCH**

FRENCH FRIES CURLEY IVY ROOM

FRENCH FRIES

<u>Nutrition Facts</u>	
Portion Size	3 oz Portion
calories	160.10
fat (gm)	7.00
sat fat (gm)	1.00
chol (mg)	0.00
sodium (mg)	300.20
carbs (gm)	22.00
fiber (gm)	
protein (gm)	2.00

IVY LUNCH CASH

2/22/12

LUNCH

PARSLEY POTATOES

POTATOES, FRESH PARSLEY

<u>Nutrition Facts</u>	
Portion Size	4 oz Portion
calories	97.70
fat (gm)	0.10
sat fat (gm)	0.00
chol (mg)	0.00
sodium (mg)	6.00
carbs (gm)	22.70
fiber (gm)	2.10
protein (gm)	2.00

IVY LUNCH CASH

2/22/12

LUNCH

SWEET POTATO FRIES

SWEET POTATO FRIES

<u>Nutrition Facts</u>	
Portion Size	3 oz Portion
calories	182.10
fat (gm)	8.10
sat fat (gm)	0.50
chol (mg)	0.00
sodium (mg)	121.40
carbs (gm)	25.30
fiber (gm)	
protein (gm)	2.00

IVY LUNCH CASH

2/22/12

LUNCH

IVY RM ASST FRESH WHOLE F

BANANAS, BARTLETTS PEARS , ORANGES
FRESH NAVEL, RED DELICIOUS APPLES

<u>Nutrition Facts</u>	
Portion Size	7.020 oz Portion
calories	13.00
fat (gm)	0.00
sat fat (gm)	0.00
chol (mg)	0.00
sodium (mg)	0.20
carbs (gm)	3.40
fiber (gm)	0.50
protein (gm)	0.10

IVY LUNCH CASH

2/22/12

LUNCH

CHEESECAKE CARAMEL APPLE '08 w/nuts

CREAM CHEESE, GRANULATED CANE
SUGAR, FILLING APPLE TURNOVER, EGGS -
LIQUID, HEAVY CREAM, LIGHT BROWN
SUGAR, CARAMEL DIP , WALNUTS PIECES,
BUTTER, QUICK OATS, GRAHAM CRACKER
CRUMBS, CAKE FLOUR, VANILLA EXTRACT,
FOIL PAN ROUND 10"

<u>Nutrition Facts</u>	
Portion Size	~CHEESECAKES
calories	7627.20
fat (gm)	471.20
sat fat (gm)	215.10
chol (mg)	1897.30
sodium (mg)	3648.10
carbs (gm)	718.80
fiber (gm)	13.70
protein (gm)	111.40

IVY LUNCH CASH

2/22/12

LUNCH

COOKIES ASST HM '06

CAKE FLOUR, BUTTER, GRANULATED CANE
SUGAR, CHOCOLATE CHIPS, LIGHT BROWN
SUGAR, QUICK OATS, UNBLEACHED
FLOUR, EGGS - LIQUID, RAISINS,
RASPBERRY FILLING, DATES PITTED
WHOLE, FILLING ORANGE PINEAPPLE,
WATER, VANILLA EXTRACT, BAKING SODA ,
NON-FAT MILK, GROUND CINNAMON,
GROUND NUTMEG

<u>Nutrition Facts</u>	
Portion Size	COOKIE
calories	109.20
fat (gm)	4.80
sat fat (gm)	0.70
chol (mg)	6.50
sodium (mg)	55.80
carbs (gm)	15.80
fiber (gm)	0.40
protein (gm)	1.30

IVY LUNCH CASH

2/22/12

LUNCH

ECLAIR CHOC FROSTED LARGE

WATER, CHOCOLATE FROSTING, EGGS - LIQUID, GRANULATED CANE SUGAR, FLOUR, VEGETABLE ALL PURPOSE SHORTENING, BAVARIAN CRM PWDER FZTHAW, MARGARINE, BAKING POWDER

Nutrition Facts

Portion Size	5.890 oz Portion
calories	364.00
fat (gm)	18.30
sat fat (gm)	6.50
chol (mg)	87.70
sodium (mg)	198.20
carbs (gm)	46.60
fiber (gm)	0.70
protein (gm)	4.70

IVY LUNCH CASH

2/22/12

LUNCH

HONEY WHEAT BREAD

FLOUR, WATER, WHOLE WHEAT FLOUR, VEGETABLE ALL PURPOSE SHORTENING, HONEY, NON-FAT MILK, YEAST, SALT

Nutrition Facts

Portion Size	2.400 oz Portion
calories	164.20
fat (gm)	2.00
sat fat (gm)	0.70
chol (mg)	1.10
sodium (mg)	298.60
carbs (gm)	31.70
fiber (gm)	2.10
protein (gm)	5.00

IVY LUNCH CASH

2/22/12

LUNCH

LIME JELLO

WATER, GELATIN LIME, HEAVY CREAM, GRANULATED CANE SUGAR, VANILLA EXTRACT

Nutrition Facts

Portion Size	4.560 oz Portion
calories	121.80
fat (gm)	4.90
sat fat (gm)	3.30
chol (mg)	20.50
sodium (mg)	86.50
carbs (gm)	17.20
fiber (gm)	0.00
protein (gm)	1.40

IVY LUNCH CASH

2/22/12

LUNCH

MAGIC BARS

CONDENSED MILK, GRAHAM CRACKER CRUMBS, SEMISWEET CHOCOLATE CHIPS, BUTTER, COCONUT FLAKES

<u>Nutrition Facts</u>	
Portion Size	3.25 oz portion
calories	355.40
fat (gm)	23.40
sat fat (gm)	9.00
chol (mg)	10.60
sodium (mg)	324.60
carbs (gm)	35.40
fiber (gm)	0.50
protein (gm)	4.70

IVY LUNCH CASH**2/22/12****LUNCH**

VANILLA PUDDING

WHOLE MILK, PUDDING VANILLA INSTANT

<u>Nutrition Facts</u>	
Portion Size	5.100 oz Portion
calories	70.20
fat (gm)	2.90
sat fat (gm)	1.80
chol (mg)	12.70
sodium (mg)	59.20
carbs (gm)	8.10
fiber (gm)	
protein (gm)	3.00

IVY LUNCH CASH**2/22/12****LUNCH**

CHICKEN VEGETABLE SOUP

WATER, CHICKEN MEAT CKD 1/2" FRZ, EGG NOODLES , DICED WHITE ONIONS, CARROTS, CELERY, BASE CHICKEN SAVORY RSTD NO MSG

<u>Nutrition Facts</u>	
Portion Size	6 oz Portion
calories	65.30
fat (gm)	0.90
sat fat (gm)	0.20
chol (mg)	31.20
sodium (mg)	37.40
carbs (gm)	8.60
fiber (gm)	0.40
protein (gm)	5.60

IVY LUNCH CASH**2/23/12****LUNCH**

VEGETARIAN CORN CHOWDER

CREAMED CORN, POTATOES, WHOLE MILK,
WATER, DICED WHITE ONIONS,
MARGARINE 1# SOLIDS (MILK FREE),
UNBLEACHED FLOUR, SALT, GROUND
WHITE PEPPER

Nutrition Facts

Portion Size	6 oz Portion
calories	106.10
fat (gm)	1.90
sat fat (gm)	0.90
chol (mg)	5.50
sodium (mg)	435.10
carbs (gm)	20.70
fiber (gm)	1.50
protein (gm)	3.00

IVY LUNCH CASH

2/23/12

LUNCH

BREADED CHICKEN FINGERS

BREADED CHICKEN TENDERS

Nutrition Facts

Portion Size	4 piece
calories	425.80
fat (gm)	28.30
sat fat (gm)	5.70
chol (mg)	65.00
sodium (mg)	775.50
carbs (gm)	20.90
fiber (gm)	
protein (gm)	20.60

IVY LUNCH CASH

2/23/12

LUNCH

CHEESE CREAM SAUCE

WHOLE MILK, CHEDDAR CHEESE SAUCE,
SHREDDED CHEDDAR CHEESE,
MARGARINE 1# SOLIDS (MILK FREE),
UNBLEACHED FLOUR, SALT, GROUND
WHITE PEPPER

Nutrition Facts

Portion Size	2 oz Portion
calories	62.80
fat (gm)	3.40
sat fat (gm)	1.60
chol (mg)	9.20
sodium (mg)	201.50
carbs (gm)	5.20
fiber (gm)	0.10
protein (gm)	2.30

IVY LUNCH CASH

2/23/12

LUNCH

CHICKEN CAESAR WRAP

CHICKEN BREAST BNLSKL 4oz, ROMAINE LETTUCE, WHITE TORTILLA , GRATED ROMANO CHEESE , KEN'S CAESAR DELUXE DRESSING, SALT, GRANULATED GARLIC, GROUND PAPRIKA, GROUND BLACK PEPPER

Nutrition Facts

Portion Size	11 oz Portion
calories	746.10
fat (gm)	37.90
sat fat (gm)	11.60
chol (mg)	140.40
sodium (mg)	1378.60
carbs (gm)	39.20
fiber (gm)	1.90
protein (gm)	62.60

IVY LUNCH CASH

2/23/12

LUNCH

CHICKEN POT PIE

WATER, CHICKEN MEAT CKD 1/2" FRZ, PASTRY FLOUR, POTATOES, CARROTS, ALL PURPOSE SHORTENING, CELERY, MARGARINE 1# SOLIDS (MILK FREE), UNBLEACHED FLOUR, WHITE ONION, BASE CHICKEN SAVORY RSTD NO MSG, WORCESTERSHIRE SAUCE, HALF & HALF CREAM, EGGS SHELL ORGANIC-CAGE FREE, SALT, NON-FAT MILK, GRANULATED CANE SUGAR

Nutrition Facts

Portion Size	8.500 oz Portion
calories	349.50
fat (gm)	15.20
sat fat (gm)	5.60
chol (mg)	64.50
sodium (mg)	265.10
carbs (gm)	27.70
fiber (gm)	1.60
protein (gm)	23.50

IVY LUNCH CASH

2/23/12

LUNCH

IVY FISH SANDWICH

FISH HADDOCK FILET BRD FRZ 4OZ, ROLL DELI SPLIT TOP, GREEN LEAF LETTUCE, TOMATOES, PICKLES SPEARS DELI FRESH, MAYONNAISE , RELISH SWEET GREEN

Nutrition Facts

Portion Size	8 OZ PORTION
calories	152.00
fat (gm)	14.70
sat fat (gm)	2.20
chol (mg)	7.30
sodium (mg)	417.50
carbs (gm)	4.30
fiber (gm)	1.20
protein (gm)	1.00

IVY LUNCH CASH

2/23/12

LUNCH

IVY ANGELL POCKET SANDWICH

WHITE SYRIAN BREAD, TOMATOES,
PICKLES SPEARS DELI FRESH, GARBANZO
BEANS, BULGUR CRACKED WHEAT , FRESH
PARSLEY, CUCUMBER, TAHINI PASTE,
LEMON JUICE, VIRGIN OLIVE OIL, SPINACH,
DICED WHITE ONIONS, WATER, SALT,
GARLIC, SPICE CUMIN GROUND, GROUND
ALL SPICE, MINT LEAVES

Nutrition Facts	
Portion Size	7.480 oz Portion
calories	547.40
fat (gm)	14.00
sat fat (gm)	1.70
chol (mg)	0.00
sodium (mg)	735.90
carbs (gm)	88.40
fiber (gm)	1.80
protein (gm)	16.60

IVY LUNCH CASH**2/23/12****LUNCH**

IVY BACON-LETTUCE-TOMATO SAND

WHITE PULLMAN BREAD, TOMATOES,
GREEN LEAF LETTUCE, SLICED BACON,
PICKLES SLICED DILLS THIN, MAYONNAISE

Nutrition Facts	
Portion Size	5 oz Portion
calories	404.30
fat (gm)	23.20
sat fat (gm)	5.20
chol (mg)	36.90
sodium (mg)	806.50
carbs (gm)	32.30
fiber (gm)	1.10
protein (gm)	15.80

IVY LUNCH CASH**2/23/12****LUNCH**

IVY BUFFALO CHICKEN WRAP

CHICKEN BREAST BNLSKL 4oz, TOMATO
AND BASIL TORTILLA , TOMATOES, GREEN
LEAF LETTUCE, KEN'S BLUE CHEESE
CREAMY DELUXE DRESSING, BUFFALO HOT
SAUCE FRANK'S

Nutrition Facts	
Portion Size	portion
calories	523.50
fat (gm)	17.30
sat fat (gm)	4.80
chol (mg)	99.80
sodium (mg)	765.20
carbs (gm)	46.60
fiber (gm)	0.60
protein (gm)	42.30

IVY LUNCH CASH**2/23/12****LUNCH**

IVY CHARLESFIELD SANDWICH

BOARS HEAD ROAST BEEF, ROLLS CAL
BULKIE CORNML, PICKLES SPEARS DELI
FRESH, TOMATOES, MUENSTER CHEESE,
MUSHROOMS FRESH, GREEN LEAF
LETTUCE, SOUR CREAM, HORSERADISH,
SALT, GROUND MUSTARD, GROUND WHITE
PEPPER

<u>Nutrition Facts</u>	
Portion Size	SANDWICH
calories	518.80
fat (gm)	18.10
sat fat (gm)	8.70
chol (mg)	79.90
sodium (mg)	1269.30
carbs (gm)	50.90
fiber (gm)	3.50
protein (gm)	40.00

IVY LUNCH CASH**2/23/12****LUNCH**

IVY CHICKEN SALAD SANDWICH

ROLLS CAL BULKIE CORNML, CHICKEN
MEAT CKD 1/2" FRZ, TOMATOES,
MAYONNAISE , FRESH CELERY STALKS,
PICKLES SLICED DILLS THIN, GREEN LEAF
LETTUCE, SALT, GROUND WHITE PEPPER

<u>Nutrition Facts</u>	
Portion Size	10.670 oz Portion
calories	639.60
fat (gm)	35.80
sat fat (gm)	5.60
chol (mg)	66.30
sodium (mg)	1171.60
carbs (gm)	49.40
fiber (gm)	3.50
protein (gm)	28.30

IVY LUNCH CASH**2/23/12****LUNCH**

IVY GRILLED AM CHEESE SANDWICH

AMERICAN CHEESE, PICKLES SLICED DILLS
THIN, WHITE PULLMAN BREAD,
SHORTENING PHASE BUTTER SUB

<u>Nutrition Facts</u>	
Portion Size	4 oz Portion
calories	111.70
fat (gm)	9.20
sat fat (gm)	6.00
chol (mg)	22.50
sodium (mg)	615.50
carbs (gm)	1.80
fiber (gm)	0.10
protein (gm)	6.20

IVY LUNCH CASH**2/23/12****LUNCH**

IVY GRILLED CHEESE&TOMATO SAND

WHEAT VIENNA BREAD, AMERICAN
CHEESE, TOMATOES, PICKLES SLICED
DILLS THIN, SHORTENING PHASE BUTTER
SUB

Nutrition Facts	
Portion Size	5 oz Portion
calories	446.30
fat (gm)	21.30
sat fat (gm)	12.70
chol (mg)	44.80
sodium (mg)	1587.90
carbs (gm)	43.90
fiber (gm)	3.70
protein (gm)	21.70

IVY LUNCH CASH**2/23/12****LUNCH**

IVY GRILLED CHEESEBURGER

BEEF CHUCK ROLL NATURAL, HAMBURGER
BUN, AMERICAN CHEESE, SHORTENING
PHASE BUTTER SUB

Nutrition Facts	
Portion Size	5.320 oz Portion
calories	202.60
fat (gm)	8.20
sat fat (gm)	4.00
chol (mg)	14.90
sodium (mg)	659.40
carbs (gm)	25.50
fiber (gm)	
protein (gm)	8.00

IVY LUNCH CASH**2/23/12****LUNCH**

IVY GRILLED CHICKEN SANDWICH

CHICKEN BREAST CKD GRILL MARK, ROLLS
CAL BULKIE CORNML, GREEN LEAF
LETTUCE, TOMATOES, HONEY MUSTARD,
BBQ SAUCE, SWEET & SOUR SAUCE

Nutrition Facts	
Portion Size	Sandwich
calories	443.80
fat (gm)	9.50
sat fat (gm)	1.50
chol (mg)	71.40
sodium (mg)	1152.70
carbs (gm)	57.70
fiber (gm)	3.10
protein (gm)	30.80

IVY LUNCH CASH**2/23/12****LUNCH**

IVY GRILLED FRANKFURT ON BUN

BEEF FRANKS, HOT DOG BUN,
SHORTENING PHASE BUTTER SUB

<u>Nutrition Facts</u>	
Portion Size	5.090 oz Portion
calories	252.40
fat (gm)	14.70
sat fat (gm)	5.00
chol (mg)	22.60
sodium (mg)	719.30
carbs (gm)	23.00
fiber (gm)	0.00
protein (gm)	8.80

IVY LUNCH CASH**2/23/12****LUNCH**

IVY GRILLED HAM & CHEESE SANDWICH

BOARS HEAD BLACK FOREST HAM, WHITE
PULLMAN BREAD, AMERICAN CHEESE,
SHORTENING PHASE BUTTER SUB

<u>Nutrition Facts</u>	
Portion Size	5 oz Portion
calories	328.90
fat (gm)	12.20
sat fat (gm)	6.00
chol (mg)	68.00
sodium (mg)	1441.20
carbs (gm)	31.10
fiber (gm)	
protein (gm)	25.20

IVY LUNCH CASH**2/23/12****LUNCH**

IVY GRILLED HAMBURGER REG

BEEF CHUCK ROLL NATURAL, HAMBURGER
BUN, SHORTENING PHASE BUTTER SUB

<u>Nutrition Facts</u>	
Portion Size	4.320 oz Portion
calories	133.00
fat (gm)	2.20
sat fat (gm)	0.00
chol (mg)	0.00
sodium (mg)	321.20
carbs (gm)	25.00
fiber (gm)	
protein (gm)	4.00

IVY LUNCH CASH**2/23/12****LUNCH**

IVY ROOM TURKEY & GOUDA (SIDNEY FRAN)

BOARS HEAD OVEN ROASTED TURKEY,
TOMATO AND BASIL TORTILLA ,
GARLIC/HERB TORTILLA , WHITE TORTILLA ,
SPINACH TORTILLA , GOUDA CHEESE,
DIJON MUSTARD, MAYONNAISE , EGG
PLANT, RED ONIONS, ZUCCHINI SQUASH,
RED PEPPERS, YELLOW SUMMER SQUASH,
SALT, GRANULATED GARLIC, GROUND
BLACK PEPPER, OIL PAN COATING SPRAY
AEROSOL SOY

Nutrition Facts	
Portion Size	each
calories	448.10
fat (gm)	18.00
sat fat (gm)	5.90
chol (mg)	48.30
sodium (mg)	1347.70
carbs (gm)	39.00
fiber (gm)	0.90
protein (gm)	31.00

IVY LUNCH CASH**2/23/12****LUNCH**

IVY SHAVED STK & CHS SANDWICH

SHAVED STEAK, TORPEDO ROLL,
PROVOLONE CHEESE, WHITE ONION

Nutrition Facts	
Portion Size	4.500 oz Portion
calories	429.60
fat (gm)	14.00
sat fat (gm)	9.00
chol (mg)	44.50
sodium (mg)	747.20
carbs (gm)	41.10
fiber (gm)	0.40
protein (gm)	33.30

IVY LUNCH CASH**2/23/12****LUNCH**

IVY SLICED HAM SANDWICH

BOARS HEAD BLACK FOREST HAM, ROLLS
CAL BULKIE CORNML, TOMATOES, PICKLES
SLICED DILLS THIN, GREEN LEAF LETTUCE,
MUSTARD SALAD

Nutrition Facts	
Portion Size	10.420 oz Portion
calories	399.10
fat (gm)	6.00
sat fat (gm)	0.60
chol (mg)	51.50
sodium (mg)	1473.10
carbs (gm)	57.10
fiber (gm)	3.30
protein (gm)	27.50

IVY LUNCH CASH**2/23/12****LUNCH**

IVY TUNAFISH SALAD SANDWICH

TUNA WHITE SOLID IN WATER, ROLLS CAL BULKIE CORNML, TOMATOES, MAYONNAISE , PICKLES SLICED DILLS THIN, GREEN LEAF LETTUCE, FRESH PARSLEY, SALT, FREEZE DRIED CHIVES, GROUND BLACK PEPPER

Nutrition Facts

Portion Size	SANDWICH
calories	717.20
fat (gm)	38.90
sat fat (gm)	6.30
chol (mg)	86.60
sodium (mg)	1502.30
carbs (gm)	50.70
fiber (gm)	3.20
protein (gm)	43.20

IVY LUNCH CASH

2/23/12

LUNCH

IVY WATERMAN SANDWICH

BOARS HEAD OVEN ROASTED TURKEY, ROLLS CAL BULKIE CORNML, TOMATOES, SLICED CHEDDAR CHEESE, PICKLES SPEARS DELI FRESH, GREEN LEAF LETTUCE, MAYONNAISE , SLICED BACON

Nutrition Facts

Portion Size	SANDWICH
calories	600.20
fat (gm)	28.00
sat fat (gm)	9.00
chol (mg)	72.80
sodium (mg)	1565.00
carbs (gm)	48.00
fiber (gm)	3.00
protein (gm)	38.40

IVY LUNCH CASH

2/23/12

LUNCH

Sauces for Chicken Fingers

SWEET & SOUR SAUCE, BBQ SAUCE, HONEY MUSTARD

Nutrition Facts

Portion Size	Each
calories	52.00
fat (gm)	1.60
sat fat (gm)	0.20
chol (mg)	2.90
sodium (mg)	168.40
carbs (gm)	9.80
fiber (gm)	
protein (gm)	0.20

IVY LUNCH CASH

2/23/12

LUNCH

TURKEY CRANBERRY MAYONNAI

BOARS HEAD OVEN ROASTED TURKEY,
FLOUR TORTILLA, FRESH PLUM TOMATOES,
GREEN LEAF LETTUCE, JELLIED
CRANBERRY SAUCE, MAYONNAISE

Nutrition Facts

Portion Size	11.250 oz Portion
calories	393.80
fat (gm)	17.30
sat fat (gm)	2.40
chol (mg)	35.80
sodium (mg)	640.30
carbs (gm)	35.10
fiber (gm)	0.60
protein (gm)	24.80

IVY LUNCH CASH

2/23/12

LUNCH

VEGETARIAN SPINACH STRUDEL

PUFF PASTRY SHEETS, SPINACH,
SHREDDED CHEDDAR CHEESE, HALF &
HALF CREAM, EGGS SHELL ORGANIC-CAGE
FREE, GROUND BLACK PEPPER, SALT

Nutrition Facts

Portion Size	6 oz Portion
calories	568.90
fat (gm)	42.50
sat fat (gm)	14.80
chol (mg)	66.20
sodium (mg)	405.80
carbs (gm)	32.00
fiber (gm)	1.20
protein (gm)	17.10

IVY LUNCH CASH

2/23/12

LUNCH

VEGGIE PATTIES ORIGINAL

VEG PATTY ORIGINAL, ROLLS BULKIE
WHEAT CALISE

Nutrition Facts

Portion Size	4 oz Portion
calories	204.30
fat (gm)	5.00
sat fat (gm)	1.60
chol (mg)	8.20
sodium (mg)	680.30
carbs (gm)	31.30
fiber (gm)	
protein (gm)	10.40

IVY LUNCH CASH

2/23/12

LUNCH

FRENCH FRIED ONION RINGS

BATTERED ONION RINGS

<u>Nutrition Facts</u>	
Portion Size	3oz portion
calories	281.90
fat (gm)	15.90
sat fat (gm)	7.10
chol (mg)	14.40
sodium (mg)	439.90
carbs (gm)	32.00
fiber (gm)	
protein (gm)	3.80

IVY LUNCH CASH**2/23/12****LUNCH**

FRENCH FRIES CURLEY IVY ROOM

FRENCH FRIES

<u>Nutrition Facts</u>	
Portion Size	3 oz Portion
calories	160.10
fat (gm)	7.00
sat fat (gm)	1.00
chol (mg)	0.00
sodium (mg)	300.20
carbs (gm)	22.00
fiber (gm)	
protein (gm)	2.00

IVY LUNCH CASH**2/23/12****LUNCH**

GARLIC AND BUTTER INFUSED RICE

GARLIC & BUTTER INFUSED RICE, WATER

<u>Nutrition Facts</u>	
Portion Size	4OZ PORTION
calories	298.40
fat (gm)	1.00
sat fat (gm)	0.00
chol (mg)	0.00
sodium (mg)	1074.30
carbs (gm)	65.70
fiber (gm)	0.00
protein (gm)	6.00

IVY LUNCH CASH**2/23/12****LUNCH**

GREEN PEAS, FROZEN

GREEN PEAS

<u>Nutrition Facts</u>	
Portion Size	4oz portion
calories	73.50
fat (gm)	0.40
sat fat (gm)	0.10
chol (mg)	0.00
sodium (mg)	4.50
carbs (gm)	13.10
fiber (gm)	4.60
protein (gm)	4.90

IVY LUNCH CASH

2/23/12

LUNCH

SWEET POTATO FRIES

SWEET POTATO FRIES

<u>Nutrition Facts</u>	
Portion Size	3 oz Portion
calories	182.10
fat (gm)	8.10
sat fat (gm)	0.50
chol (mg)	0.00
sodium (mg)	121.40
carbs (gm)	25.30
fiber (gm)	
protein (gm)	2.00

IVY LUNCH CASH

2/23/12

LUNCH

IVY RM ASST FRESH WHOLE F

BANANAS, BARTLETTS PEARS , ORANGES
FRESH NAVEL, RED DELICIOUS APPLES

<u>Nutrition Facts</u>	
Portion Size	7.020 oz Portion
calories	13.00
fat (gm)	0.00
sat fat (gm)	0.00
chol (mg)	0.00
sodium (mg)	0.20
carbs (gm)	3.40
fiber (gm)	0.50
protein (gm)	0.10

IVY LUNCH CASH

2/23/12

LUNCH

CAKE BLACK FOREST FROM MIX

HEAVY CREAM, CHOCOLATE CAKE MIX,
WATER, FILLING CHERRY ,
CONFECTIONARY SUGAR, Choc
Shavings/Blossom Curls, VANILLA EXTRACT

Nutrition Facts

Portion Size	SLICE
calories	451.70
fat (gm)	33.60
sat fat (gm)	21.10
chol (mg)	131.80
sodium (mg)	238.60
carbs (gm)	28.40
fiber (gm)	0.00
protein (gm)	1.70

IVY LUNCH CASH**2/23/12****LUNCH**

CANNOLI SMALL W/NUTS

RICOTTA CHEESE PART SKIM, CANNOLI
SHELLS 3 1/2", PISTACHIO NUTS,
CONFECTIONARY SUGAR, ALMONDS
SLIVERED, CHOC DROPS (CHIPS) , TRIPLE
SEC, GRATED ORANGE PEEL

Nutrition Facts

Portion Size	1.500 oz Portion
calories	114.40
fat (gm)	6.30
sat fat (gm)	1.70
chol (mg)	8.40
sodium (mg)	50.90
carbs (gm)	10.70
fiber (gm)	0.60
protein (gm)	4.30

IVY LUNCH CASH**2/23/12****LUNCH**

COOKIES ASST HM '06

CAKE FLOUR, BUTTER, GRANULATED CANE
SUGAR, CHOCOLATE CHIPS, LIGHT BROWN
SUGAR, QUICK OATS, UNBLEACHED
FLOUR, EGGS - LIQUID, RAISINS,
RASPBERRY FILLING, DATES PITTED
WHOLE, FILLING ORANGE PINEAPPLE,
WATER, VANILLA EXTRACT, BAKING SODA ,
NON-FAT MILK, GROUND CINNAMON,
GROUND NUTMEG

Nutrition Facts

Portion Size	COOKIE
calories	109.20
fat (gm)	4.80
sat fat (gm)	0.70
chol (mg)	6.50
sodium (mg)	55.80
carbs (gm)	15.80
fiber (gm)	0.40
protein (gm)	1.30

IVY LUNCH CASH**2/23/12****LUNCH**

LEMON FRUITED JELLO

WATER, TROPICAL FRUIT SALAD, GELATIN
LEMON

Nutrition Facts	
Portion Size	4.870 oz Portion
calories	83.70
fat (gm)	0.00
sat fat (gm)	0.00
chol (mg)	0.00
sodium (mg)	88.00
carbs (gm)	20.20
fiber (gm)	0.30
protein (gm)	1.50

IVY LUNCH CASH**2/23/12****LUNCH**

PIE CUSTARD ('08)

WATER, EGGS - LIQUID, NON-FAT MILK,
GRANULATED CANE SUGAR, HALF & HALF
CREAM, PASTRY FLOUR, ALL PURPOSE
SHORTENING, UNBLEACHED FLOUR,
VANILLA EXTRACT, SALT, GROUND
NUTMEG

Nutrition Facts	
Portion Size	SLICE 6.94 oz
calories	3132.00
fat (gm)	129.50
sat fat (gm)	53.30
chol (mg)	1231.40
sodium (mg)	3183.90
carbs (gm)	375.90
fiber (gm)	3.00
protein (gm)	110.20

IVY LUNCH CASH**2/23/12****LUNCH**

SOURDOUGH BREAD CT-10

FLOUR, WATER, YEAST, GRANULATED
CANE SUGAR, SALT, BAKING SODA

Nutrition Facts	
Portion Size	2.400 oz Portion
calories	1589.30
fat (gm)	4.20
sat fat (gm)	0.70
chol (mg)	0.00
sodium (mg)	1887.10
carbs (gm)	333.60
fiber (gm)	11.50
protein (gm)	45.40

IVY LUNCH CASH**2/23/12****LUNCH**

CLAM BISQUE

WHOLE MILK, CHOPPED CLAMS,
MARGARINE 1# SOLIDS (MILK FREE),
UNBLEACHED FLOUR, CLAM JUICE, DICED
WHITE ONIONS, SALT, WORCESTERSHIRE
SAUCE, GROUND WHITE PEPPER, WATER

Nutrition Facts

Portion Size	6 oz Portion
calories	119.80
fat (gm)	4.30
sat fat (gm)	2.30
chol (mg)	23.10
sodium (mg)	424.90
carbs (gm)	12.30
fiber (gm)	0.30
protein (gm)	7.10

IVY LUNCH CASH

2/24/12

LUNCH

VEGAN ESCAROLE & BEAN SOUP

WATER, GREAT NORTHERN BEANS,
ESCAROLE HEADS, DICED WHITE ONIONS,
CELERY, VIRGIN OLIVE OIL, BASE VEGAN
SAVORY RSTD VEGETABLE, FRESH
PARSLEY, GARLIC CHOPPED/IN OIL,
GROUND BLACK PEPPER, CRUSHED RED
PEPPER

Nutrition Facts

Portion Size	6 OZ SERVING
calories	66.40
fat (gm)	3.20
sat fat (gm)	0.40
chol (mg)	0.00
sodium (mg)	153.50
carbs (gm)	7.00
fiber (gm)	0.80
protein (gm)	2.70

IVY LUNCH CASH

2/24/12

LUNCH

BREADED CHICKEN FINGERS

BREADED CHICKEN TENDERS

Nutrition Facts

Portion Size	4 piece
calories	425.80
fat (gm)	28.30
sat fat (gm)	5.70
chol (mg)	65.00
sodium (mg)	775.50
carbs (gm)	20.90
fiber (gm)	
protein (gm)	20.60

IVY LUNCH CASH

2/24/12

LUNCH

CHICKEN CAESAR WRAP

CHICKEN BREAST BNLSKL 4oz, ROMAINE LETTUCE, WHITE TORTILLA , GRATED ROMANO CHEESE , KEN'S CAESAR DELUXE DRESSING, SALT, GRANULATED GARLIC, GROUND PAPRIKA, GROUND BLACK PEPPER

Nutrition Facts

Portion Size	11 oz Portion
calories	746.10
fat (gm)	37.90
sat fat (gm)	11.60
chol (mg)	140.40
sodium (mg)	1378.60
carbs (gm)	39.20
fiber (gm)	1.90
protein (gm)	62.60

IVY LUNCH CASH

2/24/12

LUNCH

IVY FISH SANDWICH

FISH HADDOCK FILET BRD FRZ 4OZ, ROLL DELI SPLIT TOP, GREEN LEAF LETTUCE, TOMATOES, PICKLES SPEARS DELI FRESH, MAYONNAISE , RELISH SWEET GREEN

Nutrition Facts

Portion Size	8 OZ PORTION
calories	152.00
fat (gm)	14.70
sat fat (gm)	2.20
chol (mg)	7.30
sodium (mg)	417.50
carbs (gm)	4.30
fiber (gm)	1.20
protein (gm)	1.00

IVY LUNCH CASH

2/24/12

LUNCH

IVY ANGELL POCKET SANDWICH

WHITE SYRIAN BREAD, TOMATOES, PICKLES SPEARS DELI FRESH, GARBANZO BEANS, BULGUR CRACKED WHEAT , FRESH PARSLEY, CUCUMBER, TAHINI PASTE, LEMON JUICE, VIRGIN OLIVE OIL, SPINACH, DICED WHITE ONIONS, WATER, SALT, GARLIC, SPICE CUMIN GROUND, GROUND ALL SPICE, MINT LEAVES

Nutrition Facts

Portion Size	7.480 oz Portion
calories	547.40
fat (gm)	14.00
sat fat (gm)	1.70
chol (mg)	0.00
sodium (mg)	735.90
carbs (gm)	88.40
fiber (gm)	1.80
protein (gm)	16.60

IVY LUNCH CASH

2/24/12

LUNCH

IVY BACON-LETTUCE-TOMATO SAND

WHITE PULLMAN BREAD, TOMATOES,
GREEN LEAF LETTUCE, SLICED BACON,
PICKLES SLICED DILLS THIN, MAYONNAISE

Nutrition Facts	
Portion Size	5 oz Portion
calories	404.30
fat (gm)	23.20
sat fat (gm)	5.20
chol (mg)	36.90
sodium (mg)	806.50
carbs (gm)	32.30
fiber (gm)	1.10
protein (gm)	15.80

IVY LUNCH CASH**2/24/12****LUNCH**

IVY BUFFALO CHICKEN WRAP

CHICKEN BREAST BNLSKL 4oz, TOMATO
AND BASIL TORTILLA , TOMATOES, GREEN
LEAF LETTUCE, KEN'S BLUE CHEESE
CREAMY DELUXE DRESSING, BUFFALO HOT
SAUCE FRANK'S

Nutrition Facts	
Portion Size	portion
calories	523.50
fat (gm)	17.30
sat fat (gm)	4.80
chol (mg)	99.80
sodium (mg)	765.20
carbs (gm)	46.60
fiber (gm)	0.60
protein (gm)	42.30

IVY LUNCH CASH**2/24/12****LUNCH**

IVY CHARLESFIELD SANDWICH

BOARS HEAD ROAST BEEF, ROLLS CAL
BULKIE CORNML, PICKLES SPEARS DELI
FRESH, TOMATOES, MUENSTER CHEESE,
MUSHROOMS FRESH, GREEN LEAF
LETTUCE, SOUR CREAM, HORSERADISH,
SALT, GROUND MUSTARD, GROUND WHITE
PEPPER

Nutrition Facts	
Portion Size	SANDWICH
calories	518.80
fat (gm)	18.10
sat fat (gm)	8.70
chol (mg)	79.90
sodium (mg)	1269.30
carbs (gm)	50.90
fiber (gm)	3.50
protein (gm)	40.00

IVY LUNCH CASH**2/24/12****LUNCH**

IVY GRILLED CHEESEBURGER

BEEF CHUCK ROLL NATURAL, HAMBURGER
BUN, AMERICAN CHEESE, SHORTENING
PHASE BUTTER SUB

Nutrition Facts	
Portion Size	5.320 oz Portion
calories	202.60
fat (gm)	8.20
sat fat (gm)	4.00
chol (mg)	14.90
sodium (mg)	659.40
carbs (gm)	25.50
fiber (gm)	
protein (gm)	8.00

IVY LUNCH CASH**2/24/12****LUNCH**

IVY GRILLED CHICKEN SANDWICH

CHICKEN BREAST CKD GRILL MARK, ROLLS
CAL BULKIE CORNML, GREEN LEAF
LETTUCE, TOMATOES, HONEY MUSTARD,
BBQ SAUCE, SWEET & SOUR SAUCE

Nutrition Facts	
Portion Size	Sandwich
calories	443.80
fat (gm)	9.50
sat fat (gm)	1.50
chol (mg)	71.40
sodium (mg)	1152.70
carbs (gm)	57.70
fiber (gm)	3.10
protein (gm)	30.80

IVY LUNCH CASH**2/24/12****LUNCH**

IVY GRILLED FRANKFURT ON BUN

BEEF FRANKS, HOT DOG BUN,
SHORTENING PHASE BUTTER SUB

Nutrition Facts	
Portion Size	5.090 oz Portion
calories	252.40
fat (gm)	14.70
sat fat (gm)	5.00
chol (mg)	22.60
sodium (mg)	719.30
carbs (gm)	23.00
fiber (gm)	0.00
protein (gm)	8.80

IVY LUNCH CASH**2/24/12****LUNCH**

IVY GRILLED HAM & CHEESE SANDWICH

BOARS HEAD BLACK FOREST HAM, WHITE PULLMAN BREAD, AMERICAN CHEESE, SHORTENING PHASE BUTTER SUB

Nutrition Facts

Portion Size	5 oz Portion
calories	328.90
fat (gm)	12.20
sat fat (gm)	6.00
chol (mg)	68.00
sodium (mg)	1441.20
carbs (gm)	31.10
fiber (gm)	
protein (gm)	25.20

IVY LUNCH CASH

2/24/12

LUNCH

IVY GRILLED HAMBURGER REG

BEEF CHUCK ROLL NATURAL, HAMBURGER BUN, SHORTENING PHASE BUTTER SUB

Nutrition Facts

Portion Size	4.320 oz Portion
calories	133.00
fat (gm)	2.20
sat fat (gm)	0.00
chol (mg)	0.00
sodium (mg)	321.20
carbs (gm)	25.00
fiber (gm)	
protein (gm)	4.00

IVY LUNCH CASH

2/24/12

LUNCH

IVY ROOM TURKEY & GOUDA (SIDNEY FRAN

BOARS HEAD OVEN ROASTED TURKEY, TOMATO AND BASIL TORTILLA , GARLIC/HERB TORTILLA , WHITE TORTILLA , SPINACH TORTILLA , GOUDA CHEESE, DIJON MUSTARD, MAYONNAISE , EGG PLANT, RED ONIONS, ZUCCHINI SQUASH, RED PEPPERS, YELLOW SUMMER SQUASH, SALT, GRANULATED GARLIC, GROUND BLACK PEPPER, OIL PAN COATING SPRAY AEROSOL SOY

Nutrition Facts

Portion Size	each
calories	448.10
fat (gm)	18.00
sat fat (gm)	5.90
chol (mg)	48.30
sodium (mg)	1347.70
carbs (gm)	39.00
fiber (gm)	0.90
protein (gm)	31.00

IVY LUNCH CASH

2/24/12

LUNCH

IVY SHAVED STK & CHS SANDWICH

SHAVED STEAK, TORPEDO ROLL,
PROVOLONE CHEESE, WHITE ONION

Nutrition Facts	
Portion Size	4.500 oz Portion
calories	429.60
fat (gm)	14.00
sat fat (gm)	9.00
chol (mg)	44.50
sodium (mg)	747.20
carbs (gm)	41.10
fiber (gm)	0.40
protein (gm)	33.30

IVY LUNCH CASH**2/24/12****LUNCH**

IVY SLICED HAM SANDWICH

BOARS HEAD BLACK FOREST HAM, ROLLS
CAL BULKIE CORNML, TOMATOES, PICKLES
SLICED DILLS THIN, GREEN LEAF LETTUCE,
MUSTARD SALAD

Nutrition Facts	
Portion Size	10.420 oz Portion
calories	399.10
fat (gm)	6.00
sat fat (gm)	0.60
chol (mg)	51.50
sodium (mg)	1473.10
carbs (gm)	57.10
fiber (gm)	3.30
protein (gm)	27.50

IVY LUNCH CASH**2/24/12****LUNCH**

IVY SLICED ROAST BEEF SANDWICH

BOARS HEAD ROAST BEEF, ROLLS CAL
BULKIE CORNML, TOMATOES, PICKLES
SLICED DILLS THIN, GREEN LEAF LETTUCE,
MAYONNAISE

Nutrition Facts	
Portion Size	SANDWICH
calories	542.70
fat (gm)	20.80
sat fat (gm)	4.20
chol (mg)	57.50
sodium (mg)	962.50
carbs (gm)	54.40
fiber (gm)	3.30
protein (gm)	36.00

IVY LUNCH CASH**2/24/12****LUNCH**

IVY SLICED TURKEY BREAST SAND

BOARS HEAD OVEN ROASTED TURKEY,
ROLLS CAL BULKIE CORNML, TOMATOES,
PICKLES SLICED DILLS THIN, GREEN LEAF
LETTUCE, MAYONNAISE

Nutrition Facts

Portion Size	10.670 oz Portion
calories	508.40
fat (gm)	18.30
sat fat (gm)	2.40
chol (mg)	40.40
sodium (mg)	1425.00
carbs (gm)	53.50
fiber (gm)	3.30
protein (gm)	32.60

IVY LUNCH CASH

2/24/12

LUNCH

IVY SPICY CHICKEN SANDWICH

CHICKEN BRST BRD SPICY 4.3 oz, ROLLS
BULKIE WHITE CALISE , KEN'S BLUE
CHEESE DRESSING, TOMATOES, GREEN
LEAF LETTUCE

Nutrition Facts

Portion Size	10 - OZ SANDWICH
calories	791.40
fat (gm)	45.80
sat fat (gm)	7.40
chol (mg)	88.30
sodium (mg)	1963.60
carbs (gm)	60.00
fiber (gm)	1.90
protein (gm)	35.80

IVY LUNCH CASH

2/24/12

LUNCH

IVY TUNAFISH SALAD SANDWICH

TUNA WHITE SOLID IN WATER, ROLLS CAL
BULKIE CORNML, TOMATOES, MAYONNAISE
, PICKLES SLICED DILLS THIN, GREEN LEAF
LETTUCE, FRESH PARSLEY, SALT, FREEZE
DRIED CHIVES, GROUND BLACK PEPPER

Nutrition Facts

Portion Size	SANDWICH
calories	717.20
fat (gm)	38.90
sat fat (gm)	6.30
chol (mg)	86.60
sodium (mg)	1502.30
carbs (gm)	50.70
fiber (gm)	3.20
protein (gm)	43.20

IVY LUNCH CASH

2/24/12

LUNCH

IVY WATERMAN SANDWICH

BOARS HEAD OVEN ROASTED TURKEY,
ROLLS CAL BULKIE CORNML, TOMATOES,
SLICED CHEDDAR CHEESE, PICKLES
SPEARS DELI FRESH, GREEN LEAF
LETTUCE, MAYONNAISE , SLICED BACON

Nutrition Facts

Portion Size	SANDWICH
calories	600.20
fat (gm)	28.00
sat fat (gm)	9.00
chol (mg)	72.80
sodium (mg)	1565.00
carbs (gm)	48.00
fiber (gm)	3.00
protein (gm)	38.40

IVY LUNCH CASH**2/24/12****LUNCH**

Sauces for Chicken Fingers

SWEET & SOUR SAUCE, BBQ SAUCE,
HONEY MUSTARD

Nutrition Facts

Portion Size	Each
calories	52.00
fat (gm)	1.60
sat fat (gm)	0.20
chol (mg)	2.90
sodium (mg)	168.40
carbs (gm)	9.80
fiber (gm)	
protein (gm)	0.20

IVY LUNCH CASH**2/24/12****LUNCH**

TILAPIA W/PROVENCALE

FISH TILAPIA, TOMATOES, WHITE WINE,
BUTTER, CAPERS, LEMON JUICE, FRESH
BASIL, FRESH PARSLEY, KOSHER SALT,
GROUND BLACK PEPPER, WATER

Nutrition Facts

Portion Size	5 oz Portion
calories	194.80
fat (gm)	10.50
sat fat (gm)	6.20
chol (mg)	79.00
sodium (mg)	364.30
carbs (gm)	3.30
fiber (gm)	0.60
protein (gm)	19.70

IVY LUNCH CASH**2/24/12****LUNCH**

TURKEY CRANBERRY MAYONNAI

BOARS HEAD OVEN ROASTED TURKEY,
FLOUR TORTILLA, FRESH PLUM TOMATOES,
GREEN LEAF LETTUCE, JELLIED
CRANBERRY SAUCE, MAYONNAISE

Nutrition Facts

Portion Size	11.250 oz Portion
calories	393.80
fat (gm)	17.30
sat fat (gm)	2.40
chol (mg)	35.80
sodium (mg)	640.30
carbs (gm)	35.10
fiber (gm)	0.60
protein (gm)	24.80

IVY LUNCH CASH

2/24/12

LUNCH

VEGETABLE FRITTATA

EGGS - LIQUID, DICED WHITE ONIONS,
SPINACH, TOMATOES, MUSHROOMS
FRESH, ZUCCHINI SQUASH, GRATED
ROMANO CHEESE , SALT, GROUND BLACK
PEPPER, FREEZE DRIED CHIVES

Nutrition Facts

Portion Size	8 oz Portion
calories	294.90
fat (gm)	18.70
sat fat (gm)	6.30
chol (mg)	714.60
sodium (mg)	614.80
carbs (gm)	5.80
fiber (gm)	1.20
protein (gm)	25.50

IVY LUNCH CASH

2/24/12

LUNCH

VEGGIE PATTIES ORIGINAL

VEG PATTY ORIGINAL, ROLLS BULKIE
WHEAT CALISE

Nutrition Facts

Portion Size	4 oz Portion
calories	204.30
fat (gm)	5.00
sat fat (gm)	1.60
chol (mg)	8.20
sodium (mg)	680.30
carbs (gm)	31.30
fiber (gm)	
protein (gm)	10.40

IVY LUNCH CASH

2/24/12

LUNCH

BROCCOLI CUTS/LEMON SAUCE

BROCCOLI, WATER, BUTTER, UNBLEACHED
FLOUR, BASE VEGAN SAVORY RSTD
VEGETABLE, LEMON JUICE

Nutrition Facts

Portion Size	3 oz Portion
calories	39.20
fat (gm)	1.10
sat fat (gm)	0.50
chol (mg)	2.00
sodium (mg)	30.70
carbs (gm)	6.40
fiber (gm)	2.20
protein (gm)	2.50

IVY LUNCH CASH**2/24/12****LUNCH**

FRENCH FRIED ONION RINGS

BATTERED ONION RINGS

Nutrition Facts

Portion Size	3oz portion
calories	281.90
fat (gm)	15.90
sat fat (gm)	7.10
chol (mg)	14.40
sodium (mg)	439.90
carbs (gm)	32.00
fiber (gm)	
protein (gm)	3.80

IVY LUNCH CASH**2/24/12****LUNCH**

FRENCH FRIES CURLEY IVY ROOM

FRENCH FRIES

Nutrition Facts

Portion Size	3 oz Portion
calories	160.10
fat (gm)	7.00
sat fat (gm)	1.00
chol (mg)	0.00
sodium (mg)	300.20
carbs (gm)	22.00
fiber (gm)	
protein (gm)	2.00

IVY LUNCH CASH**2/24/12****LUNCH**

RICE A LA LIMON

WHITE RICE, LEMON JUICE, MARGARINE 1#
SOLIDS (MILK FREE), BASE VEGAN SAVORY
RSTD VEGETABLE, DICED WHITE ONIONS,
GROUND WHITE PEPPER, WATER

Nutrition Facts	
Portion Size	4 oz Portion
calories	143.70
fat (gm)	0.50
sat fat (gm)	0.10
chol (mg)	0.00
sodium (mg)	7.30
carbs (gm)	30.80
fiber (gm)	0.50
protein (gm)	2.90

IVY LUNCH CASH**2/24/12****LUNCH**

SWEET POTATO FRIES

SWEET POTATO FRIES

Nutrition Facts	
Portion Size	3 oz Portion
calories	182.10
fat (gm)	8.10
sat fat (gm)	0.50
chol (mg)	0.00
sodium (mg)	121.40
carbs (gm)	25.30
fiber (gm)	
protein (gm)	2.00

IVY LUNCH CASH**2/24/12****LUNCH**

IVY RM ASST FRESH WHOLE F

BANANAS, BARTLETTS PEARS , ORANGES
FRESH NAVEL, RED DELICIOUS APPLES

Nutrition Facts	
Portion Size	7.020 oz Portion
calories	13.00
fat (gm)	0.00
sat fat (gm)	0.00
chol (mg)	0.00
sodium (mg)	0.20
carbs (gm)	3.40
fiber (gm)	0.50
protein (gm)	0.10

IVY LUNCH CASH**2/24/12****LUNCH**

APPLE TURNOVERS CT-12

PUFF PASTRY SHEETS, FILLING APPLE
TURNOVER, SUGAR SANDING BAKE, EGGS -
LIQUID

Nutrition Facts	
Portion Size	4.500 oz Portion
calories	84.50
fat (gm)	0.20
sat fat (gm)	0.00
chol (mg)	5.90
sodium (mg)	72.80
carbs (gm)	21.00
fiber (gm)	0.00
protein (gm)	0.30

IVY LUNCH CASH**2/24/12****LUNCH**

BOSTON CREAM PIE

WATER, YELLOW CAKE MIX, GRANULATED
CANE SUGAR, CONFECTIONARY SUGAR,
BAVARIAN CRM PWDER FZTHAW,
CHOCOLATE FUDGE BASE, MARGARINE,
CORN SYRUP , VEGETABLE SHORTENING,
VANILLA EXTRACT

Nutrition Facts	
Portion Size	SLICE 4.64 oz
calories	2160.10
fat (gm)	54.90
sat fat (gm)	13.30
chol (mg)	78.70
sodium (mg)	1619.80
carbs (gm)	409.80
fiber (gm)	0.00
protein (gm)	21.80

IVY LUNCH CASH**2/24/12****LUNCH**

COOKIES ASST HM '06

CAKE FLOUR, BUTTER, GRANULATED CANE
SUGAR, CHOCOLATE CHIPS, LIGHT BROWN
SUGAR, QUICK OATS, UNBLEACHED
FLOUR, EGGS - LIQUID, RAISINS,
RASPBERRY FILLING, DATES PITTED
WHOLE, FILLING ORANGE PINEAPPLE,
WATER, VANILLA EXTRACT, BAKING SODA ,
NON-FAT MILK, GROUND CINNAMON,
GROUND NUTMEG

Nutrition Facts	
Portion Size	COOKIE
calories	109.20
fat (gm)	4.80
sat fat (gm)	0.70
chol (mg)	6.50
sodium (mg)	55.80
carbs (gm)	15.80
fiber (gm)	0.40
protein (gm)	1.30

IVY LUNCH CASH**2/24/12****LUNCH**

CREAM CHEESE BROWNIES

GRANULATED CANE SUGAR, EGGS - LIQUID, ALL PURPOSE SHORTENING, CREAM CHEESE, CAKE FLOUR, ROYAL DUTCH COCOA, CHOCOLATE CAKE MIX, CONDENSED MILK, WATER, VANILLA EXTRACT, SALT

Nutrition Facts

Portion Size	2.75 OZ PORTION
calories	315.40
fat (gm)	15.90
sat fat (gm)	7.00
chol (mg)	62.10
sodium (mg)	202.00
carbs (gm)	40.60
fiber (gm)	0.30
protein (gm)	3.30

IVY LUNCH CASH

2/24/12

LUNCH

FOCACCIA W/ROSEMARY

UNBLEACHED FLOUR, WATER, VIRGIN OLIVE OIL, FRESH ROSEMARY, GARLIC CHOPPED/IN OIL, YEAST, GRANULATED CANE SUGAR, SALT

Nutrition Facts

Portion Size	PORTIONS
calories	172.20
fat (gm)	5.20
sat fat (gm)	0.70
chol (mg)	0.00
sodium (mg)	167.80
carbs (gm)	27.10
fiber (gm)	1.00
protein (gm)	3.70

IVY LUNCH CASH

2/24/12

LUNCH

STRAWBERRY JELLO

WATER, GELATIN STRAWBERRY, HEAVY CREAM, GRANULATED CANE SUGAR, VANILLA EXTRACT

Nutrition Facts

Portion Size	4.560 oz Portion
calories	121.80
fat (gm)	4.90
sat fat (gm)	3.30
chol (mg)	20.50
sodium (mg)	86.50
carbs (gm)	17.20
fiber (gm)	0.00
protein (gm)	1.40

IVY LUNCH CASH

2/24/12

LUNCH

VANILLA TAPIOCA PUDDING

PUDDING TAPIOCA, WHOLE MILK, HEAVY CREAM, GRANULATED CANE SUGAR, VANILLA EXTRACT

Nutrition Facts

Portion Size	2.730 oz Portion
calories	106.90
fat (gm)	5.40
sat fat (gm)	2.80
chol (mg)	15.60
sodium (mg)	79.90
carbs (gm)	11.90
fiber (gm)	0.00
protein (gm)	1.60

IVY LUNCH CASH

2/24/12

LUNCH
