
BEEF NOODLE SOUP

WATER, DICED WHITE ONIONS, CARROTS, CELERY, BEEF, EGG NOODLES , BASE BEEF SAVORY RSTD NO MSG, MARGARINE 1# SOLIDS (MILK FREE), FRESH PARSLEY

Nutrition Facts

Portion Size 6 oz Portion
calories 40.40
fat (gm) 0.80
sat fat (gm) 0.20
chol (mg) 15.90
sodium (mg) 32.20
carbs (gm) 5.20
fiber (gm) 0.40
protein (gm) 3.10

IVY LUNCH CASH**2/27/12****LUNCH**

VEGAN CHICKPEA SOUP

GARBANZO BEANS, WATER, DICED WHITE ONIONS, TOMATOES, MUSHROOMS FRESH, VIRGIN OLIVE OIL, SALT, GARLIC CHOPPED/IN OIL, GROUND BLACK PEPPER, SEASONING VEGAN

Nutrition Facts

Portion Size 6 oz Portion
calories 105.80
fat (gm) 4.60
sat fat (gm) 0.50
chol (mg) 0.00
sodium (mg) 489.40
carbs (gm) 12.80
fiber (gm) 0.30
protein (gm) 4.20

IVY LUNCH CASH**2/27/12****LUNCH**

BREADED CHICKEN FINGERS

BREADED CHICKEN TENDERS

Nutrition Facts

Portion Size 4 piece
calories 425.80
fat (gm) 28.30
sat fat (gm) 5.70
chol (mg) 65.00
sodium (mg) 775.50
carbs (gm) 20.90
fiber (gm)
protein (gm) 20.60

IVY LUNCH CASH**2/27/12****LUNCH**

CHICKEN CAESAR WRAP

CHICKEN BREAST BNLSKL 4oz, ROMAINE LETTUCE, WHITE TORTILLA , GRATED ROMANO CHEESE , KEN'S CAESAR DELUXE DRESSING, SALT, GRANULATED GARLIC, GROUND PAPRIKA, GROUND BLACK PEPPER

Nutrition Facts

Portion Size	11 oz Portion
calories	746.10
fat (gm)	37.90
sat fat (gm)	11.60
chol (mg)	140.40
sodium (mg)	1378.60
carbs (gm)	39.20
fiber (gm)	1.90
protein (gm)	62.60

IVY LUNCH CASH

2/27/12

LUNCH

IVY FISH SANDWICH

FISH HADDOCK FILET BRD FRZ 4OZ, ROLL DELI SPLIT TOP, GREEN LEAF LETTUCE, TOMATOES, PICKLES SPEARS DELI FRESH, MAYONNAISE , RELISH SWEET GREEN

Nutrition Facts

Portion Size	8 OZ PORTION
calories	152.00
fat (gm)	14.70
sat fat (gm)	2.20
chol (mg)	7.30
sodium (mg)	417.50
carbs (gm)	4.30
fiber (gm)	1.20
protein (gm)	1.00

IVY LUNCH CASH

2/27/12

LUNCH

IVY ANGELL POCKET SANDWICH

WHITE SYRIAN BREAD, TOMATOES, PICKLES SPEARS DELI FRESH, GARBANZO BEANS, BULGUR CRACKED WHEAT , FRESH PARSLEY, CUCUMBER, TAHINI PASTE, LEMON JUICE, VIRGIN OLIVE OIL, SPINACH, DICED WHITE ONIONS, WATER, SALT, GARLIC, SPICE CUMIN GROUND, GROUND ALL SPICE, MINT LEAVES

Nutrition Facts

Portion Size	7.480 oz Portion
calories	547.40
fat (gm)	14.00
sat fat (gm)	1.70
chol (mg)	0.00
sodium (mg)	735.90
carbs (gm)	88.40
fiber (gm)	1.80
protein (gm)	16.60

IVY LUNCH CASH

2/27/12

LUNCH

IVY BACON-LETTUCE-TOMATO SAND

WHITE PULLMAN BREAD, TOMATOES,
GREEN LEAF LETTUCE, SLICED BACON,
PICKLES SLICED DILLS THIN, MAYONNAISE

Nutrition Facts	
Portion Size	5 oz Portion
calories	404.30
fat (gm)	23.20
sat fat (gm)	5.20
chol (mg)	36.90
sodium (mg)	806.50
carbs (gm)	32.30
fiber (gm)	1.10
protein (gm)	15.80

IVY LUNCH CASH**2/27/12****LUNCH**

IVY BUFFALO CHICKEN WRAP

CHICKEN BREAST BNLSKL 4oz, TOMATO
AND BASIL TORTILLA , TOMATOES, GREEN
LEAF LETTUCE, KEN'S BLUE CHEESE
CREAMY DELUXE DRESSING, BUFFALO HOT
SAUCE FRANK'S

Nutrition Facts	
Portion Size	portion
calories	523.50
fat (gm)	17.30
sat fat (gm)	4.80
chol (mg)	99.80
sodium (mg)	765.20
carbs (gm)	46.60
fiber (gm)	0.60
protein (gm)	42.30

IVY LUNCH CASH**2/27/12****LUNCH**

IVY CHARLESFIELD SANDWICH

BOARS HEAD ROAST BEEF, ROLLS CAL
BULKIE CORNML, PICKLES SPEARS DELI
FRESH, TOMATOES, MUENSTER CHEESE,
MUSHROOMS FRESH, GREEN LEAF
LETTUCE, SOUR CREAM, HORSERADISH,
SALT, GROUND MUSTARD, GROUND WHITE
PEPPER

Nutrition Facts	
Portion Size	SANDWICH
calories	518.80
fat (gm)	18.10
sat fat (gm)	8.70
chol (mg)	79.90
sodium (mg)	1269.30
carbs (gm)	50.90
fiber (gm)	3.50
protein (gm)	40.00

IVY LUNCH CASH**2/27/12****LUNCH**

IVY GRILLED CHEESEBURGER

BEEF CHUCK ROLL NATURAL, HAMBURGER
BUN, AMERICAN CHEESE, SHORTENING
PHASE BUTTER SUB

Nutrition Facts	
Portion Size	5.320 oz Portion
calories	202.60
fat (gm)	8.20
sat fat (gm)	4.00
chol (mg)	14.90
sodium (mg)	659.40
carbs (gm)	25.50
fiber (gm)	
protein (gm)	8.00

IVY LUNCH CASH**2/27/12****LUNCH**

IVY GRILLED CHICKEN SANDWICH

CHICKEN BREAST CKD GRILL MARK, ROLLS
CAL BULKIE CORNML, GREEN LEAF
LETTUCE, TOMATOES, HONEY MUSTARD,
BBQ SAUCE, SWEET & SOUR SAUCE

Nutrition Facts	
Portion Size	Sandwich
calories	443.80
fat (gm)	9.50
sat fat (gm)	1.50
chol (mg)	71.40
sodium (mg)	1152.70
carbs (gm)	57.70
fiber (gm)	3.10
protein (gm)	30.80

IVY LUNCH CASH**2/27/12****LUNCH**

IVY GRILLED FRANKFURT ON BUN

BEEF FRANKS, HOT DOG BUN,
SHORTENING PHASE BUTTER SUB

Nutrition Facts	
Portion Size	5.090 oz Portion
calories	252.40
fat (gm)	14.70
sat fat (gm)	5.00
chol (mg)	22.60
sodium (mg)	719.30
carbs (gm)	23.00
fiber (gm)	0.00
protein (gm)	8.80

IVY LUNCH CASH**2/27/12****LUNCH**

IVY GRILLED HAM & CHEESE SANDWICH

BOARS HEAD BLACK FOREST HAM, WHITE PULLMAN BREAD, AMERICAN CHEESE, SHORTENING PHASE BUTTER SUB

<u>Nutrition Facts</u>	
Portion Size	5 oz Portion
calories	328.90
fat (gm)	12.20
sat fat (gm)	6.00
chol (mg)	68.00
sodium (mg)	1441.20
carbs (gm)	31.10
fiber (gm)	
protein (gm)	25.20

IVY LUNCH CASH

2/27/12

LUNCH

IVY GRILLED HAMBURGER REG

BEEF CHUCK ROLL NATURAL, HAMBURGER BUN, SHORTENING PHASE BUTTER SUB

<u>Nutrition Facts</u>	
Portion Size	4.320 oz Portion
calories	133.00
fat (gm)	2.20
sat fat (gm)	0.00
chol (mg)	0.00
sodium (mg)	321.20
carbs (gm)	25.00
fiber (gm)	
protein (gm)	4.00

IVY LUNCH CASH

2/27/12

LUNCH

IVY ROOM TURKEY & GOUDA (SIDNEY FRAN

BOARS HEAD OVEN ROASTED TURKEY, TOMATO AND BASIL TORTILLA , GARLIC/HERB TORTILLA , WHITE TORTILLA , SPINACH TORTILLA , GOUDA CHEESE, DIJON MUSTARD, MAYONNAISE , EGG PLANT, RED ONIONS, ZUCCHINI SQUASH, RED PEPPERS, YELLOW SUMMER SQUASH, SALT, GRANULATED GARLIC, GROUND BLACK PEPPER, OIL PAN COATING SPRAY AEROSOL SOY

<u>Nutrition Facts</u>	
Portion Size	each
calories	448.10
fat (gm)	18.00
sat fat (gm)	5.90
chol (mg)	48.30
sodium (mg)	1347.70
carbs (gm)	39.00
fiber (gm)	0.90
protein (gm)	31.00

IVY LUNCH CASH

2/27/12

LUNCH

IVY SHAVED STK & CHS SANDWICH

SHAVED STEAK, TORPEDO ROLL,
PROVOLONE CHEESE, WHITE ONION

Nutrition Facts	
Portion Size	4.500 oz Portion
calories	429.60
fat (gm)	14.00
sat fat (gm)	9.00
chol (mg)	44.50
sodium (mg)	747.20
carbs (gm)	41.10
fiber (gm)	0.40
protein (gm)	33.30

IVY LUNCH CASH**2/27/12****LUNCH**

IVY SLICED HAM SANDWICH

BOARS HEAD BLACK FOREST HAM, ROLLS
CAL BULKIE CORNML, TOMATOES, PICKLES
SLICED DILLS THIN, GREEN LEAF LETTUCE,
MUSTARD SALAD

Nutrition Facts	
Portion Size	10.420 oz Portion
calories	399.10
fat (gm)	6.00
sat fat (gm)	0.60
chol (mg)	51.50
sodium (mg)	1473.10
carbs (gm)	57.10
fiber (gm)	3.30
protein (gm)	27.50

IVY LUNCH CASH**2/27/12****LUNCH**

IVY SLICED ROAST BEEF SANDWICH

BOARS HEAD ROAST BEEF, ROLLS CAL
BULKIE CORNML, TOMATOES, PICKLES
SLICED DILLS THIN, GREEN LEAF LETTUCE,
MAYONNAISE

Nutrition Facts	
Portion Size	SANDWICH
calories	542.70
fat (gm)	20.80
sat fat (gm)	4.20
chol (mg)	57.50
sodium (mg)	962.50
carbs (gm)	54.40
fiber (gm)	3.30
protein (gm)	36.00

IVY LUNCH CASH**2/27/12****LUNCH**

IVY SLICED TURKEY BREAST SAND

BOARS HEAD OVEN ROASTED TURKEY,
ROLLS CAL BULKIE CORNML, TOMATOES,
PICKLES SLICED DILLS THIN, GREEN LEAF
LETTUCE, MAYONNAISE

Nutrition Facts

Portion Size	10.670 oz Portion
calories	508.40
fat (gm)	18.30
sat fat (gm)	2.40
chol (mg)	40.40
sodium (mg)	1425.00
carbs (gm)	53.50
fiber (gm)	3.30
protein (gm)	32.60

IVY LUNCH CASH**2/27/12****LUNCH**

IVY SPICY CHICKEN SANDWICH

CHICKEN BRST BRD SPICY 4.3 oz, ROLLS
BULKIE WHITE CALISE , KEN'S BLUE
CHEESE DRESSING, TOMATOES, GREEN
LEAF LETTUCE

Nutrition Facts

Portion Size	10 - OZ SANDWICH
calories	791.40
fat (gm)	45.80
sat fat (gm)	7.40
chol (mg)	88.30
sodium (mg)	1963.60
carbs (gm)	60.00
fiber (gm)	1.90
protein (gm)	35.80

IVY LUNCH CASH**2/27/12****LUNCH**

IVY TUNAFISH SALAD SANDWICH

TUNA WHITE SOLID IN WATER, ROLLS CAL
BULKIE CORNML, TOMATOES, MAYONNAISE
, PICKLES SLICED DILLS THIN, GREEN LEAF
LETTUCE, FRESH PARSLEY, SALT, FREEZE
DRIED CHIVES, GROUND BLACK PEPPER

Nutrition Facts

Portion Size	SANDWICH
calories	717.20
fat (gm)	38.90
sat fat (gm)	6.30
chol (mg)	86.60
sodium (mg)	1502.30
carbs (gm)	50.70
fiber (gm)	3.20
protein (gm)	43.20

IVY LUNCH CASH**2/27/12****LUNCH**

IVY WATERMAN SANDWICH

BOARS HEAD OVEN ROASTED TURKEY,
ROLLS CAL BULKIE CORNML, TOMATOES,
SLICED CHEDDAR CHEESE, PICKLES
SPEARS DELI FRESH, GREEN LEAF
LETTUCE, MAYONNAISE , SLICED BACON

Nutrition Facts

Portion Size	SANDWICH
calories	600.20
fat (gm)	28.00
sat fat (gm)	9.00
chol (mg)	72.80
sodium (mg)	1565.00
carbs (gm)	48.00
fiber (gm)	3.00
protein (gm)	38.40

IVY LUNCH CASH**2/27/12****LUNCH**

Sauces for Chicken Fingers

SWEET & SOUR SAUCE, BBQ SAUCE,
HONEY MUSTARD

Nutrition Facts

Portion Size	Each
calories	52.00
fat (gm)	1.60
sat fat (gm)	0.20
chol (mg)	2.90
sodium (mg)	168.40
carbs (gm)	9.80
fiber (gm)	
protein (gm)	0.20

IVY LUNCH CASH**2/27/12****LUNCH**

SAVORY CHICKEN STEW

CHICKEN BREAST BNLSKL 4oz, HEAVY
CREAM, BUTTERNUT SQUASH, WHOLE
GREEN BEANS, RED PEPPERS, PEARL
ONIONS, TOMATOES SUN DRIED,
MARGARINE 1# SOLIDS (MILK FREE),
UNBLEACHED FLOUR, VEGETABLE SALAD
OIL, BASE CHICKEN SAVORY RSTD NO
MSG, FRESH THYME, THYME LEAF, FRESH
SAGE, SALT, GROUND MARJORAM,
GROUND BLACK PEPPER

Nutrition Facts

Portion Size	8oz portion
calories	368.00
fat (gm)	23.40
sat fat (gm)	14.00
chol (mg)	136.00
sodium (mg)	196.60
carbs (gm)	13.00
fiber (gm)	2.90
protein (gm)	21.70

IVY LUNCH CASH**2/27/12****LUNCH**

STIR FRY - VEGAN VEGETABLES W/TOFU

EXTRA FIRM TOFU, ZUCCHINI SQUASH,
YELLOW SUMMER SQUASH, RED PEPPERS,
YELLOW PEPPERS, CARROTS, SCALLIONS
BUNCHES, JALAPENO PEPPERS, LEMON
JUICE, LIGHT BROWN SUGAR, SOY SAUCE,
OIL SESAME SEED RST, CORN STARCH,
SESAME SEEDS, RICE WINE VINEGAR,
GARLIC CHOPPED/IN OIL, FRESH GINGER
ROOT, WATER

Nutrition Facts

Portion Size	9 oz Portion
calories	200.30
fat (gm)	9.10
sat fat (gm)	1.20
chol (mg)	0.00
sodium (mg)	305.90
carbs (gm)	21.70
fiber (gm)	4.20
protein (gm)	9.80

IVY LUNCH CASH

2/27/12

LUNCH

TURKEY CRANBERRY MAYONNAI

BOARS HEAD OVEN ROASTED TURKEY,
FLOUR TORTILLA, FRESH PLUM TOMATOES,
GREEN LEAF LETTUCE, JELLIED
CRANBERRY SAUCE, MAYONNAISE

Nutrition Facts

Portion Size	11.250 oz Portion
calories	393.80
fat (gm)	17.30
sat fat (gm)	2.40
chol (mg)	35.80
sodium (mg)	640.30
carbs (gm)	35.10
fiber (gm)	0.60
protein (gm)	24.80

IVY LUNCH CASH

2/27/12

LUNCH

VEGGIE PATTIES ORIGINAL

VEG PATTY ORIGINAL, ROLLS BULKIE
WHEAT CALISE

Nutrition Facts

Portion Size	4 oz Portion
calories	204.30
fat (gm)	5.00
sat fat (gm)	1.60
chol (mg)	8.20
sodium (mg)	680.30
carbs (gm)	31.30
fiber (gm)	
protein (gm)	10.40

IVY LUNCH CASH

2/27/12

LUNCH

BROCCOLI SPEARS W/LEMON

BROCCOLI SPEARS, LEMON JUICE

<u>Nutrition Facts</u>	
Portion Size	4oz portion
calories	29.00
fat (gm)	0.30
sat fat (gm)	0.00
chol (mg)	0.00
sodium (mg)	28.10
carbs (gm)	5.70
fiber (gm)	2.20
protein (gm)	2.40

IVY LUNCH CASH**2/27/12****LUNCH**

FRENCH FRIED ONION RINGS

BATTERED ONION RINGS

<u>Nutrition Facts</u>	
Portion Size	3oz portion
calories	281.90
fat (gm)	15.90
sat fat (gm)	7.10
chol (mg)	14.40
sodium (mg)	439.90
carbs (gm)	32.00
fiber (gm)	
protein (gm)	3.80

IVY LUNCH CASH**2/27/12****LUNCH**

FRENCH FRIES CURLEY IVY ROOM

FRENCH FRIES

<u>Nutrition Facts</u>	
Portion Size	3 oz Portion
calories	160.10
fat (gm)	7.00
sat fat (gm)	1.00
chol (mg)	0.00
sodium (mg)	300.20
carbs (gm)	22.00
fiber (gm)	
protein (gm)	2.00

IVY LUNCH CASH**2/27/12****LUNCH**

PARSLIED RICE

WHITE RICE, SALT, FRESH PARSLEY,
GROUND WHITE PEPPER, WATER

<u>Nutrition Facts</u>	
Portion Size	4 oz Portion
calories	155.60
fat (gm)	0.30
sat fat (gm)	0.10
chol (mg)	0.00
sodium (mg)	200.00
carbs (gm)	33.70
fiber (gm)	0.50
protein (gm)	3.20

IVY LUNCH CASH**2/27/12****LUNCH**

SWEET POTATO FRIES

SWEET POTATO FRIES

<u>Nutrition Facts</u>	
Portion Size	3 oz Portion
calories	182.10
fat (gm)	8.10
sat fat (gm)	0.50
chol (mg)	0.00
sodium (mg)	121.40
carbs (gm)	25.30
fiber (gm)	
protein (gm)	2.00

IVY LUNCH CASH**2/27/12****LUNCH**

IVY RM ASST FRESH WHOLE F

BANANAS, BARTLETTS PEARS , ORANGES
FRESH NAVEL, RED DELICIOUS APPLES

<u>Nutrition Facts</u>	
Portion Size	7.020 oz Portion
calories	13.00
fat (gm)	0.00
sat fat (gm)	0.00
chol (mg)	0.00
sodium (mg)	0.20
carbs (gm)	3.40
fiber (gm)	0.50
protein (gm)	0.10

IVY LUNCH CASH**2/27/12****LUNCH**

AFRICAN HONEY BREAD

FLOUR, WATER, HONEY, BUTTER, EGGS - LIQUID, NON-FAT MILK, YEAST, SALT, GROUND CORIANDER, CINNAMON SPICE, GROUND CLOVES

Nutrition Facts

Portion Size	SLICE 2 oz
calories	2040.60
fat (gm)	50.80
sat fat (gm)	29.70
chol (mg)	221.30
sodium (mg)	1927.50
carbs (gm)	345.50
fiber (gm)	11.00
protein (gm)	49.00

IVY LUNCH CASH

2/27/12

LUNCH

APPLE PIE

APPLE SLICED/FRESH, PASTRY FLOUR, WATER, ALL PURPOSE SHORTENING, GRANULATED CANE SUGAR, APPLE PIE STABILIZER, EGGS SHELL ORGANIC-CAGE FREE, CINNAMON SPICE, SALT, NON-FAT MILK

Nutrition Facts

Portion Size	SLICE 5.74 oz
calories	2742.50
fat (gm)	144.00
sat fat (gm)	57.40
chol (mg)	145.60
sodium (mg)	1947.60
carbs (gm)	342.30
fiber (gm)	16.50
protein (gm)	27.40

IVY LUNCH CASH

2/27/12

LUNCH

BARIS RASPBERRY CRUMBLE '06

YELLOW CAKE MIX, RASPBERRY FILLING, BUTTER, QUICK OATS, EGGS SHELL ORGANIC-CAGE FREE

Nutrition Facts

Portion Size	~PORTIONS
calories	405.90
fat (gm)	18.50
sat fat (gm)	4.10
chol (mg)	39.30
sodium (mg)	518.20
carbs (gm)	56.00
fiber (gm)	0.70
protein (gm)	5.40

IVY LUNCH CASH

2/27/12

LUNCH

CAKE YELLOW LAYER '06

YELLOW CAKE MIX, WATER,
CONFECTIONARY SUGAR, VEGETABLE
SHORTENING, ICING BASE, VANILLA
EXTRACT, SALT

Nutrition Facts

Portion Size	~CAKE
calories	9444.90
fat (gm)	441.60
sat fat (gm)	159.70
chol (mg)	431.40
sodium (mg)	8767.60
carbs (gm)	1309.50
fiber (gm)	0.00
protein (gm)	76.00

IVY LUNCH CASH**2/27/12****LUNCH**

CHOCOLATE BROWNIE PARFAIT W/NUTS

WHOLE MILK, CHOCOLATE PUDDING,
HEAVY CREAM, CHOCOLATE SYRUP
TOPPING, EGGS - LIQUID, GRANULATED
CANE SUGAR, MARGARINE, CAKE FLOUR,
CHOCOLATE FUDGE BASE, CHOPPED
WALNUTS , VANILLA EXTRACT, SALT

Nutrition Facts

Portion Size	SERVING
calories	106.30
fat (gm)	4.70
sat fat (gm)	1.90
chol (mg)	23.20
sodium (mg)	94.60
carbs (gm)	12.70
fiber (gm)	0.20
protein (gm)	3.20

IVY LUNCH CASH**2/27/12****LUNCH**

COOKIES ASST HM '06

CAKE FLOUR, BUTTER, GRANULATED CANE
SUGAR, CHOCOLATE CHIPS, LIGHT BROWN
SUGAR, QUICK OATS, UNBLEACHED
FLOUR, EGGS - LIQUID, RAISINS,
RASPBERRY FILLING, DATES PITTED
WHOLE, FILLING ORANGE PINEAPPLE,
WATER, VANILLA EXTRACT, BAKING SODA ,
NON-FAT MILK, GROUND CINNAMON,
GROUND NUTMEG

Nutrition Facts

Portion Size	COOKIE
calories	109.20
fat (gm)	4.80
sat fat (gm)	0.70
chol (mg)	6.50
sodium (mg)	55.80
carbs (gm)	15.80
fiber (gm)	0.40
protein (gm)	1.30

IVY LUNCH CASH**2/27/12****LUNCH**

LIME JELLO

WATER, GELATIN LIME, HEAVY CREAM,
GRANULATED CANE SUGAR, VANILLA
EXTRACT

Nutrition Facts

Portion Size	4.560 oz Portion
calories	121.80
fat (gm)	4.90
sat fat (gm)	3.30
chol (mg)	20.50
sodium (mg)	86.50
carbs (gm)	17.20
fiber (gm)	0.00
protein (gm)	1.40

IVY LUNCH CASH**2/27/12****LUNCH**

POTAGE WATERCRESS

POTATOES, WATER, HALF & HALF CREAM,
WATERCRESS BUNCHES, CELERY, DICED
WHITE ONIONS, MARGARINE 1# SOLIDS
(MILK FREE), BASE CHICKEN SAVORY RSTD
NO MSG, GARLIC CHOPPED/IN OIL, BAY
LEAVES

Nutrition Facts

Portion Size	6 oz Portion
calories	89.70
fat (gm)	1.60
sat fat (gm)	0.90
chol (mg)	4.00
sodium (mg)	31.80
carbs (gm)	17.30
fiber (gm)	1.70
protein (gm)	2.00

IVY LUNCH CASH**2/28/12****LUNCH**

VEGAN FAGIOLI SOUP

CANNELLINI BEANS, TOMATO WHL PLUM
DANIELE, WATER, DITALINI PASTA, FRESH
BASIL, VIRGIN OLIVE OIL, GARLIC, BASE
VEGAN SAVORY RSTD VEGETABLE,
KOSHER SALT, BASIL LEAVES, GROUND
BLACK PEPPER

Nutrition Facts

Portion Size	6 oz Portion
calories	200.50
fat (gm)	3.00
sat fat (gm)	0.40
chol (mg)	0.00
sodium (mg)	1278.30
carbs (gm)	38.60
fiber (gm)	5.80
protein (gm)	10.40

IVY LUNCH CASH**2/28/12****LUNCH**

BREADED CHICKEN FINGERS

BREADED CHICKEN TENDERS

Nutrition Facts

Portion Size	4 piece
calories	425.80
fat (gm)	28.30
sat fat (gm)	5.70
chol (mg)	65.00
sodium (mg)	775.50
carbs (gm)	20.90
fiber (gm)	
protein (gm)	20.60

IVY LUNCH CASH

2/28/12

LUNCH

CHICKEN CAESAR WRAP

CHICKEN BREAST BNLSKL 4oz, ROMAINE
LETTUCE, WHITE TORTILLA , GRATED
ROMANO CHEESE , KEN'S CAESAR DELUXE
DRESSING, SALT, GRANULATED GARLIC,
GROUND PAPRIKA, GROUND BLACK
PEPPER

Nutrition Facts

Portion Size	11 oz Portion
calories	746.10
fat (gm)	37.90
sat fat (gm)	11.60
chol (mg)	140.40
sodium (mg)	1378.60
carbs (gm)	39.20
fiber (gm)	1.90
protein (gm)	62.60

IVY LUNCH CASH

2/28/12

LUNCH

IVY FISH SANDWICH

FISH HADDOCK FILET BRD FRZ 4OZ, ROLL
DELI SPLIT TOP, GREEN LEAF LETTUCE,
TOMATOES, PICKLES SPEARS DELI FRESH,
MAYONNAISE , RELISH SWEET GREEN

Nutrition Facts

Portion Size	8 OZ PORTION
calories	152.00
fat (gm)	14.70
sat fat (gm)	2.20
chol (mg)	7.30
sodium (mg)	417.50
carbs (gm)	4.30
fiber (gm)	1.20
protein (gm)	1.00

IVY LUNCH CASH

2/28/12

LUNCH

IVY ANGELL POCKET SANDWICH

WHITE SYRIAN BREAD, TOMATOES,
PICKLES SPEARS DELI FRESH, GARBANZO
BEANS, BULGUR CRACKED WHEAT , FRESH
PARSLEY, CUCUMBER, TAHINI PASTE,
LEMON JUICE, VIRGIN OLIVE OIL, SPINACH,
DICED WHITE ONIONS, WATER, SALT,
GARLIC, SPICE CUMIN GROUND, GROUND
ALL SPICE, MINT LEAVES

Nutrition Facts	
Portion Size	7.480 oz Portion
calories	547.40
fat (gm)	14.00
sat fat (gm)	1.70
chol (mg)	0.00
sodium (mg)	735.90
carbs (gm)	88.40
fiber (gm)	1.80
protein (gm)	16.60

IVY LUNCH CASH**2/28/12****LUNCH**

IVY BACON-LETTUCE-TOMATO SAND

WHITE PULLMAN BREAD, TOMATOES,
GREEN LEAF LETTUCE, SLICED BACON,
PICKLES SLICED DILLS THIN, MAYONNAISE

Nutrition Facts	
Portion Size	5 oz Portion
calories	404.30
fat (gm)	23.20
sat fat (gm)	5.20
chol (mg)	36.90
sodium (mg)	806.50
carbs (gm)	32.30
fiber (gm)	1.10
protein (gm)	15.80

IVY LUNCH CASH**2/28/12****LUNCH**

IVY BUFFALO CHICKEN WRAP

CHICKEN BREAST BNLSKL 4oz, TOMATO
AND BASIL TORTILLA , TOMATOES, GREEN
LEAF LETTUCE, KEN'S BLUE CHEESE
CREAMY DELUXE DRESSING, BUFFALO HOT
SAUCE FRANK'S

Nutrition Facts	
Portion Size	portion
calories	523.50
fat (gm)	17.30
sat fat (gm)	4.80
chol (mg)	99.80
sodium (mg)	765.20
carbs (gm)	46.60
fiber (gm)	0.60
protein (gm)	42.30

IVY LUNCH CASH**2/28/12****LUNCH**

IVY CHARLESFIELD SANDWICH

BOARS HEAD ROAST BEEF, ROLLS CAL
BULKIE CORNML, PICKLES SPEARS DELI
FRESH, TOMATOES, MUENSTER CHEESE,
MUSHROOMS FRESH, GREEN LEAF
LETTUCE, SOUR CREAM, HORSERADISH,
SALT, GROUND MUSTARD, GROUND WHITE
PEPPER

Nutrition Facts	
Portion Size	SANDWICH
calories	518.80
fat (gm)	18.10
sat fat (gm)	8.70
chol (mg)	79.90
sodium (mg)	1269.30
carbs (gm)	50.90
fiber (gm)	3.50
protein (gm)	40.00

IVY LUNCH CASH**2/28/12****LUNCH**

IVY CHICKEN SALAD SANDWICH

ROLLS CAL BULKIE CORNML, CHICKEN
MEAT CKD 1/2" FRZ, TOMATOES,
MAYONNAISE , FRESH CELERY STALKS,
PICKLES SLICED DILLS THIN, GREEN LEAF
LETTUCE, SALT, GROUND WHITE PEPPER

Nutrition Facts	
Portion Size	10.670 oz Portion
calories	639.60
fat (gm)	35.80
sat fat (gm)	5.60
chol (mg)	66.30
sodium (mg)	1171.60
carbs (gm)	49.40
fiber (gm)	3.50
protein (gm)	28.30

IVY LUNCH CASH**2/28/12****LUNCH**

IVY GRILLED AM CHEESE SANDWICH

AMERICAN CHEESE, PICKLES SLICED DILLS
THIN, WHITE PULLMAN BREAD,
SHORTENING PHASE BUTTER SUB

Nutrition Facts	
Portion Size	4 oz Portion
calories	111.70
fat (gm)	9.20
sat fat (gm)	6.00
chol (mg)	22.50
sodium (mg)	615.50
carbs (gm)	1.80
fiber (gm)	0.10
protein (gm)	6.20

IVY LUNCH CASH**2/28/12****LUNCH**

IVY GRILLED CHEESE&TOMATO SAND

WHEAT VIENNA BREAD, AMERICAN
CHEESE, TOMATOES, PICKLES SLICED
DILLS THIN, SHORTENING PHASE BUTTER
SUB

Nutrition Facts	
Portion Size	5 oz Portion
calories	446.30
fat (gm)	21.30
sat fat (gm)	12.70
chol (mg)	44.80
sodium (mg)	1587.90
carbs (gm)	43.90
fiber (gm)	3.70
protein (gm)	21.70

IVY LUNCH CASH**2/28/12****LUNCH**

IVY GRILLED CHEESEBURGER

BEEF CHUCK ROLL NATURAL, HAMBURGER
BUN, AMERICAN CHEESE, SHORTENING
PHASE BUTTER SUB

Nutrition Facts	
Portion Size	5.320 oz Portion
calories	202.60
fat (gm)	8.20
sat fat (gm)	4.00
chol (mg)	14.90
sodium (mg)	659.40
carbs (gm)	25.50
fiber (gm)	
protein (gm)	8.00

IVY LUNCH CASH**2/28/12****LUNCH**

IVY GRILLED CHICKEN SANDWICH

CHICKEN BREAST CKD GRILL MARK, ROLLS
CAL BULKIE CORNML, GREEN LEAF
LETTUCE, TOMATOES, HONEY MUSTARD,
BBQ SAUCE, SWEET & SOUR SAUCE

Nutrition Facts	
Portion Size	Sandwich
calories	443.80
fat (gm)	9.50
sat fat (gm)	1.50
chol (mg)	71.40
sodium (mg)	1152.70
carbs (gm)	57.70
fiber (gm)	3.10
protein (gm)	30.80

IVY LUNCH CASH**2/28/12****LUNCH**

IVY GRILLED FRANKFURT ON BUN

BEEF FRANKS, HOT DOG BUN,
SHORTENING PHASE BUTTER SUB

<u>Nutrition Facts</u>	
Portion Size	5.090 oz Portion
calories	252.40
fat (gm)	14.70
sat fat (gm)	5.00
chol (mg)	22.60
sodium (mg)	719.30
carbs (gm)	23.00
fiber (gm)	0.00
protein (gm)	8.80

IVY LUNCH CASH**2/28/12****LUNCH**

IVY GRILLED HAM & CHEESE SANDWICH

BOARS HEAD BLACK FOREST HAM, WHITE
PULLMAN BREAD, AMERICAN CHEESE,
SHORTENING PHASE BUTTER SUB

<u>Nutrition Facts</u>	
Portion Size	5 oz Portion
calories	328.90
fat (gm)	12.20
sat fat (gm)	6.00
chol (mg)	68.00
sodium (mg)	1441.20
carbs (gm)	31.10
fiber (gm)	
protein (gm)	25.20

IVY LUNCH CASH**2/28/12****LUNCH**

IVY GRILLED HAMBURGER REG

BEEF CHUCK ROLL NATURAL, HAMBURGER
BUN, SHORTENING PHASE BUTTER SUB

<u>Nutrition Facts</u>	
Portion Size	4.320 oz Portion
calories	133.00
fat (gm)	2.20
sat fat (gm)	0.00
chol (mg)	0.00
sodium (mg)	321.20
carbs (gm)	25.00
fiber (gm)	
protein (gm)	4.00

IVY LUNCH CASH**2/28/12****LUNCH**

IVY ROOM TURKEY & GOUDA (SIDNEY FRAN)

BOARS HEAD OVEN ROASTED TURKEY,
TOMATO AND BASIL TORTILLA ,
GARLIC/HERB TORTILLA , WHITE TORTILLA ,
SPINACH TORTILLA , GOUDA CHEESE,
DIJON MUSTARD, MAYONNAISE , EGG
PLANT, RED ONIONS, ZUCCHINI SQUASH,
RED PEPPERS, YELLOW SUMMER SQUASH,
SALT, GRANULATED GARLIC, GROUND
BLACK PEPPER, OIL PAN COATING SPRAY
AEROSOL SOY

Nutrition Facts	
Portion Size	each
calories	448.10
fat (gm)	18.00
sat fat (gm)	5.90
chol (mg)	48.30
sodium (mg)	1347.70
carbs (gm)	39.00
fiber (gm)	0.90
protein (gm)	31.00

IVY LUNCH CASH**2/28/12****LUNCH**

IVY SHAVED STK & CHS SANDWICH

SHAVED STEAK, TORPEDO ROLL,
PROVOLONE CHEESE, WHITE ONION

Nutrition Facts	
Portion Size	4.500 oz Portion
calories	429.60
fat (gm)	14.00
sat fat (gm)	9.00
chol (mg)	44.50
sodium (mg)	747.20
carbs (gm)	41.10
fiber (gm)	0.40
protein (gm)	33.30

IVY LUNCH CASH**2/28/12****LUNCH**

IVY SLICED HAM SANDWICH

BOARS HEAD BLACK FOREST HAM, ROLLS
CAL BULKIE CORNML, TOMATOES, PICKLES
SLICED DILLS THIN, GREEN LEAF LETTUCE,
MUSTARD SALAD

Nutrition Facts	
Portion Size	10.420 oz Portion
calories	399.10
fat (gm)	6.00
sat fat (gm)	0.60
chol (mg)	51.50
sodium (mg)	1473.10
carbs (gm)	57.10
fiber (gm)	3.30
protein (gm)	27.50

IVY LUNCH CASH**2/28/12****LUNCH**

IVY TUNAFISH SALAD SANDWICH

TUNA WHITE SOLID IN WATER, ROLLS CAL BULKIE CORNML, TOMATOES, MAYONNAISE , PICKLES SLICED DILLS THIN, GREEN LEAF LETTUCE, FRESH PARSLEY, SALT, FREEZE DRIED CHIVES, GROUND BLACK PEPPER

Nutrition Facts

Portion Size	SANDWICH
calories	717.20
fat (gm)	38.90
sat fat (gm)	6.30
chol (mg)	86.60
sodium (mg)	1502.30
carbs (gm)	50.70
fiber (gm)	3.20
protein (gm)	43.20

IVY LUNCH CASH

2/28/12

LUNCH

IVY WATERMAN SANDWICH

BOARS HEAD OVEN ROASTED TURKEY, ROLLS CAL BULKIE CORNML, TOMATOES, SLICED CHEDDAR CHEESE, PICKLES SPEARS DELI FRESH, GREEN LEAF LETTUCE, MAYONNAISE , SLICED BACON

Nutrition Facts

Portion Size	SANDWICH
calories	600.20
fat (gm)	28.00
sat fat (gm)	9.00
chol (mg)	72.80
sodium (mg)	1565.00
carbs (gm)	48.00
fiber (gm)	3.00
protein (gm)	38.40

IVY LUNCH CASH

2/28/12

LUNCH

Sauces for Chicken Fingers

SWEET & SOUR SAUCE, BBQ SAUCE, HONEY MUSTARD

Nutrition Facts

Portion Size	Each
calories	52.00
fat (gm)	1.60
sat fat (gm)	0.20
chol (mg)	2.90
sodium (mg)	168.40
carbs (gm)	9.80
fiber (gm)	
protein (gm)	0.20

IVY LUNCH CASH

2/28/12

LUNCH

TURKEY CRANBERRY MAYONNAI

BOARS HEAD OVEN ROASTED TURKEY,
FLOUR TORTILLA, FRESH PLUM TOMATOES,
GREEN LEAF LETTUCE, JELLIED
CRANBERRY SAUCE, MAYONNAISE

Nutrition Facts

Portion Size	11.250 oz Portion
calories	393.80
fat (gm)	17.30
sat fat (gm)	2.40
chol (mg)	35.80
sodium (mg)	640.30
carbs (gm)	35.10
fiber (gm)	0.60
protein (gm)	24.80

IVY LUNCH CASH

2/28/12

LUNCH

VEGAN GARDEN CHILI

KIDNEY BEANS, GREEN PEPPERS,
TOMATOES, ZUCCHINI SQUASH, CELERY,
DICED WHITE ONIONS, VEGETABLE SALAD
OIL, TOMATO PASTE USDA GRD FCY,
FRESH PARSLEY, CHILI POWDER, GARLIC
CHOPPED/IN OIL, GROUND BLACK PEPPER,
OREGANO, WATER

Nutrition Facts

Portion Size	8 oz Portion
calories	217.40
fat (gm)	8.30
sat fat (gm)	0.70
chol (mg)	0.00
sodium (mg)	476.90
carbs (gm)	24.90
fiber (gm)	1.60
protein (gm)	8.80

IVY LUNCH CASH

2/28/12

LUNCH

VEGGIE PATTIES ORIGINAL

VEG PATTY ORIGINAL, ROLLS BULKIE
WHEAT CALISE

Nutrition Facts

Portion Size	4 oz Portion
calories	204.30
fat (gm)	5.00
sat fat (gm)	1.60
chol (mg)	8.20
sodium (mg)	680.30
carbs (gm)	31.30
fiber (gm)	
protein (gm)	10.40

IVY LUNCH CASH

2/28/12

LUNCH

BASMATI RICE PILAF

BASMATI RICE, MARGARINE 1# SOLIDS (MILK FREE), DICED WHITE ONIONS, KOSHER SALT, SPICE CUMIN SEED, WHOLE BLACK PEPPERCORNS, WHOLE CLOVES, WATER, BAY LEAVES, CINNAMON STICK

Nutrition Facts	
Portion Size	4oz portion
calories	133.00
fat (gm)	1.10
sat fat (gm)	0.20
chol (mg)	0.00
sodium (mg)	242.20
carbs (gm)	26.80
fiber (gm)	1.00
protein (gm)	3.00

IVY LUNCH CASH**2/28/12****LUNCH**

FRENCH FRIED ONION RINGS

BATTERED ONION RINGS

Nutrition Facts	
Portion Size	3oz portion
calories	281.90
fat (gm)	15.90
sat fat (gm)	7.10
chol (mg)	14.40
sodium (mg)	439.90
carbs (gm)	32.00
fiber (gm)	
protein (gm)	3.80

IVY LUNCH CASH**2/28/12****LUNCH**

FRENCH FRIES CURLEY IVY ROOM

FRENCH FRIES

Nutrition Facts	
Portion Size	3 oz Portion
calories	160.10
fat (gm)	7.00
sat fat (gm)	1.00
chol (mg)	0.00
sodium (mg)	300.20
carbs (gm)	22.00
fiber (gm)	
protein (gm)	2.00

IVY LUNCH CASH**2/28/12****LUNCH**

SAVORY SPINACH

SPINACH

Nutrition Facts

Portion Size	4oz portion
calories	23.90
fat (gm)	0.50
sat fat (gm)	0.00
chol (mg)	0.00
sodium (mg)	61.10
carbs (gm)	3.50
fiber (gm)	2.40
protein (gm)	3.00

IVY LUNCH CASH**2/28/12****LUNCH**

SWEET POTATO FRIES

SWEET POTATO FRIES

Nutrition Facts

Portion Size	3 oz Portion
calories	182.10
fat (gm)	8.10
sat fat (gm)	0.50
chol (mg)	0.00
sodium (mg)	121.40
carbs (gm)	25.30
fiber (gm)	
protein (gm)	2.00

IVY LUNCH CASH**2/28/12****LUNCH**

IVY RM ASST FRESH WHOLE F

BANANAS, BARTLETTS PEARS , ORANGES
FRESH NAVEL, RED DELICIOUS APPLES**Nutrition Facts**

Portion Size	7.020 oz Portion
calories	13.00
fat (gm)	0.00
sat fat (gm)	0.00
chol (mg)	0.00
sodium (mg)	0.20
carbs (gm)	3.40
fiber (gm)	0.50
protein (gm)	0.10

IVY LUNCH CASH**2/28/12****LUNCH**

CARROT CAKE MIX; CR CHEESE FROST

CARROT CAKE MIX, WATER,
CONFECTIONARY SUGAR, CREAM CHEESE,
VEGETABLE SALAD OIL, BUTTER, VANILLA
EXTRACT, SALT

<u>Nutrition Facts</u>	
Portion Size	~PORTIONS
calories	376.10
fat (gm)	16.60
sat fat (gm)	6.40
chol (mg)	42.20
sodium (mg)	439.40
carbs (gm)	52.50
fiber (gm)	0.00
protein (gm)	3.30

IVY LUNCH CASH

2/28/12

LUNCH

CHEESECAKE NEW YORK STYLE PLAIN

CREAM CHEESE, GRANULATED CANE
SUGAR, EGGS - LIQUID, HEAVY CREAM,
GRAHAM CRACKER CRUMBS, CAKE FLOUR,
VANILLA EXTRACT

<u>Nutrition Facts</u>	
Portion Size	3.75 OZ PORTION
calories	364.60
fat (gm)	24.20
sat fat (gm)	14.20
chol (mg)	134.90
sodium (mg)	182.60
carbs (gm)	28.00
fiber (gm)	0.00
protein (gm)	6.10

IVY LUNCH CASH

2/28/12

LUNCH

CHERRY JELLO

WATER, GELATIN CHERRY

<u>Nutrition Facts</u>	
Portion Size	4.560 oz Portion
calories	77.80
fat (gm)	0.00
sat fat (gm)	0.00
chol (mg)	0.00
sodium (mg)	97.30
carbs (gm)	18.50
fiber (gm)	0.00
protein (gm)	1.60

IVY LUNCH CASH

2/28/12

LUNCH

COOKIES ASST HM '06

CAKE FLOUR, BUTTER, GRANULATED CANE SUGAR, CHOCOLATE CHIPS, LIGHT BROWN SUGAR, QUICK OATS, UNBLEACHED FLOUR, EGGS - LIQUID, RAISINS, RASPBERRY FILLING, DATES PITTED WHOLE, FILLING ORANGE PINEAPPLE, WATER, VANILLA EXTRACT, BAKING SODA , NON-FAT MILK, GROUND CINNAMON, GROUND NUTMEG

Nutrition Facts

Portion Size	COOKIE
calories	109.20
fat (gm)	4.80
sat fat (gm)	0.70
chol (mg)	6.50
sodium (mg)	55.80
carbs (gm)	15.80
fiber (gm)	0.40
protein (gm)	1.30

IVY LUNCH CASH**2/28/12****LUNCH**

ITALIAN BREAD

FLOUR, WATER, YEAST, SALT, NON-FAT MILK, VEGETABLE ALL PURPOSE SHORTENING, GRANULATED CANE SUGAR

Nutrition Facts

Portion Size	2 oz Portion
calories	134.80
fat (gm)	1.00
sat fat (gm)	0.30
chol (mg)	0.50
sodium (mg)	248.70
carbs (gm)	27.00
fiber (gm)	0.90
protein (gm)	3.80

IVY LUNCH CASH**2/28/12****LUNCH**

PIE CUSTARD ('08)

WATER, EGGS - LIQUID, NON-FAT MILK, GRANULATED CANE SUGAR, HALF & HALF CREAM, PASTRY FLOUR, ALL PURPOSE SHORTENING, UNBLEACHED FLOUR, VANILLA EXTRACT, SALT, GROUND NUTMEG

Nutrition Facts

Portion Size	PIE
calories	3132.00
fat (gm)	129.50
sat fat (gm)	53.30
chol (mg)	1231.40
sodium (mg)	3183.90
carbs (gm)	375.90
fiber (gm)	3.00
protein (gm)	110.20

IVY LUNCH CASH**2/28/12****LUNCH**

VANILLA PUDDING

WHOLE MILK, PUDDING VANILLA INSTANT

<u>Nutrition Facts</u>	
Portion Size	5.100 oz Portion
calories	70.20
fat (gm)	2.90
sat fat (gm)	1.80
chol (mg)	12.70
sodium (mg)	59.20
carbs (gm)	8.10
fiber (gm)	
protein (gm)	3.00

IVY LUNCH CASH**2/28/12****LUNCH**

CHICKEN SOUP W/TORTELLINI

WATER, CHEESE TORTELLINI, CHICKEN MEAT CKD 1/2" FRZ, CARROTS, DICED WHITE ONIONS, CELERY, BASE CHICKEN SAVORY RSTD NO MSG, MARGARINE 1# SOLIDS (MILK FREE), VIRGIN OLIVE OIL, FRESH PARSLEY

<u>Nutrition Facts</u>	
Portion Size	6 oz Portion
calories	80.50
fat (gm)	1.90
sat fat (gm)	0.80
chol (mg)	16.90
sodium (mg)	85.90
carbs (gm)	9.10
fiber (gm)	0.20
protein (gm)	6.60

IVY LUNCH CASH**2/29/12****LUNCH**

VEGETARIAN CHILI AND CHEESE SOUP

TOMATOES, WATER, WHOLE MILK, CORN, MUENSTER CHEESE, PEPPER POBLANOS, BASE VEGAN SAVORY RSTD VEGETABLE, VEGETABLE SALAD OIL, SALT, DICED WHITE ONIONS, MARGARINE 1# SOLIDS (MILK FREE), GARLIC CHOPPED/IN OIL, GROUND BLACK PEPPER

<u>Nutrition Facts</u>	
Portion Size	6 oz Portion
calories	125.50
fat (gm)	7.30
sat fat (gm)	3.50
chol (mg)	17.80
sodium (mg)	487.00
carbs (gm)	10.70
fiber (gm)	1.60
protein (gm)	5.80

IVY LUNCH CASH**2/29/12****LUNCH**

BREADED CHICKEN FINGERS

BREADED CHICKEN TENDERS

Nutrition Facts

Portion Size	4 piece
calories	425.80
fat (gm)	28.30
sat fat (gm)	5.70
chol (mg)	65.00
sodium (mg)	775.50
carbs (gm)	20.90
fiber (gm)	
protein (gm)	20.60

IVY LUNCH CASH

2/29/12

LUNCH

CHICKEN CAESAR WRAP

CHICKEN BREAST BNLSKL 4oz, ROMAINE LETTUCE, WHITE TORTILLA , GRATED ROMANO CHEESE , KEN'S CAESAR DELUXE DRESSING, SALT, GRANULATED GARLIC, GROUND PAPRIKA, GROUND BLACK PEPPER

Nutrition Facts

Portion Size	11 oz Portion
calories	746.10
fat (gm)	37.90
sat fat (gm)	11.60
chol (mg)	140.40
sodium (mg)	1378.60
carbs (gm)	39.20
fiber (gm)	1.90
protein (gm)	62.60

IVY LUNCH CASH

2/29/12

LUNCH

IVY FISH SANDWICH

FISH HADDOCK FILET BRD FRZ 4OZ, ROLL DELI SPLIT TOP, GREEN LEAF LETTUCE, TOMATOES, PICKLES SPEARS DELI FRESH, MAYONNAISE , RELISH SWEET GREEN

Nutrition Facts

Portion Size	8 OZ PORTION
calories	152.00
fat (gm)	14.70
sat fat (gm)	2.20
chol (mg)	7.30
sodium (mg)	417.50
carbs (gm)	4.30
fiber (gm)	1.20
protein (gm)	1.00

IVY LUNCH CASH

2/29/12

LUNCH

IVY ANGELL POCKET SANDWICH

WHITE SYRIAN BREAD, TOMATOES,
PICKLES SPEARS DELI FRESH, GARBANZO
BEANS, BULGUR CRACKED WHEAT , FRESH
PARSLEY, CUCUMBER, TAHINI PASTE,
LEMON JUICE, VIRGIN OLIVE OIL, SPINACH,
DICED WHITE ONIONS, WATER, SALT,
GARLIC, SPICE CUMIN GROUND, GROUND
ALL SPICE, MINT LEAVES

Nutrition Facts	
Portion Size	7.480 oz Portion
calories	547.40
fat (gm)	14.00
sat fat (gm)	1.70
chol (mg)	0.00
sodium (mg)	735.90
carbs (gm)	88.40
fiber (gm)	1.80
protein (gm)	16.60

IVY LUNCH CASH**2/29/12****LUNCH**

IVY BACON-LETTUCE-TOMATO SAND

WHITE PULLMAN BREAD, TOMATOES,
GREEN LEAF LETTUCE, SLICED BACON,
PICKLES SLICED DILLS THIN, MAYONNAISE

Nutrition Facts	
Portion Size	5 oz Portion
calories	404.30
fat (gm)	23.20
sat fat (gm)	5.20
chol (mg)	36.90
sodium (mg)	806.50
carbs (gm)	32.30
fiber (gm)	1.10
protein (gm)	15.80

IVY LUNCH CASH**2/29/12****LUNCH**

IVY BUFFALO CHICKEN WRAP

CHICKEN BREAST BNLSKL 4oz, TOMATO
AND BASIL TORTILLA , TOMATOES, GREEN
LEAF LETTUCE, KEN'S BLUE CHEESE
CREAMY DELUXE DRESSING, BUFFALO HOT
SAUCE FRANK'S

Nutrition Facts	
Portion Size	portion
calories	523.50
fat (gm)	17.30
sat fat (gm)	4.80
chol (mg)	99.80
sodium (mg)	765.20
carbs (gm)	46.60
fiber (gm)	0.60
protein (gm)	42.30

IVY LUNCH CASH**2/29/12****LUNCH**

IVY CHARLESFIELD SANDWICH

BOARS HEAD ROAST BEEF, ROLLS CAL
BULKIE CORNML, PICKLES SPEARS DELI
FRESH, TOMATOES, MUENSTER CHEESE,
MUSHROOMS FRESH, GREEN LEAF
LETTUCE, SOUR CREAM, HORSERADISH,
SALT, GROUND MUSTARD, GROUND WHITE
PEPPER

Nutrition Facts	
Portion Size	SANDWICH
calories	518.80
fat (gm)	18.10
sat fat (gm)	8.70
chol (mg)	79.90
sodium (mg)	1269.30
carbs (gm)	50.90
fiber (gm)	3.50
protein (gm)	40.00

IVY LUNCH CASH**2/29/12****LUNCH**

IVY CHICKEN SALAD SANDWICH

ROLLS CAL BULKIE CORNML, CHICKEN
MEAT CKD 1/2" FRZ, TOMATOES,
MAYONNAISE , FRESH CELERY STALKS,
PICKLES SLICED DILLS THIN, GREEN LEAF
LETTUCE, SALT, GROUND WHITE PEPPER

Nutrition Facts	
Portion Size	10.670 oz Portion
calories	639.60
fat (gm)	35.80
sat fat (gm)	5.60
chol (mg)	66.30
sodium (mg)	1171.60
carbs (gm)	49.40
fiber (gm)	3.50
protein (gm)	28.30

IVY LUNCH CASH**2/29/12****LUNCH**

IVY GRILLED AM CHEESE SANDWICH

AMERICAN CHEESE, PICKLES SLICED DILLS
THIN, WHITE PULLMAN BREAD,
SHORTENING PHASE BUTTER SUB

Nutrition Facts	
Portion Size	4 oz Portion
calories	111.70
fat (gm)	9.20
sat fat (gm)	6.00
chol (mg)	22.50
sodium (mg)	615.50
carbs (gm)	1.80
fiber (gm)	0.10
protein (gm)	6.20

IVY LUNCH CASH**2/29/12****LUNCH**

IVY GRILLED CHEESE&TOMATO SAND

WHEAT VIENNA BREAD, AMERICAN
CHEESE, TOMATOES, PICKLES SLICED
DILLS THIN, SHORTENING PHASE BUTTER
SUB

Nutrition Facts	
Portion Size	5 oz Portion
calories	446.30
fat (gm)	21.30
sat fat (gm)	12.70
chol (mg)	44.80
sodium (mg)	1587.90
carbs (gm)	43.90
fiber (gm)	3.70
protein (gm)	21.70

IVY LUNCH CASH**2/29/12****LUNCH**

IVY GRILLED CHEESEBURGER

BEEF CHUCK ROLL NATURAL, HAMBURGER
BUN, AMERICAN CHEESE, SHORTENING
PHASE BUTTER SUB

Nutrition Facts	
Portion Size	5.320 oz Portion
calories	202.60
fat (gm)	8.20
sat fat (gm)	4.00
chol (mg)	14.90
sodium (mg)	659.40
carbs (gm)	25.50
fiber (gm)	
protein (gm)	8.00

IVY LUNCH CASH**2/29/12****LUNCH**

IVY GRILLED CHICKEN SANDWICH

CHICKEN BREAST CKD GRILL MARK, ROLLS
CAL BULKIE CORNML, GREEN LEAF
LETTUCE, TOMATOES, HONEY MUSTARD,
BBQ SAUCE, SWEET & SOUR SAUCE

Nutrition Facts	
Portion Size	Sandwich
calories	443.80
fat (gm)	9.50
sat fat (gm)	1.50
chol (mg)	71.40
sodium (mg)	1152.70
carbs (gm)	57.70
fiber (gm)	3.10
protein (gm)	30.80

IVY LUNCH CASH**2/29/12****LUNCH**

IVY GRILLED FRANKFURT ON BUN

BEEF FRANKS, HOT DOG BUN,
SHORTENING PHASE BUTTER SUB

<u>Nutrition Facts</u>	
Portion Size	5.090 oz Portion
calories	252.40
fat (gm)	14.70
sat fat (gm)	5.00
chol (mg)	22.60
sodium (mg)	719.30
carbs (gm)	23.00
fiber (gm)	0.00
protein (gm)	8.80

IVY LUNCH CASH**2/29/12****LUNCH**

IVY GRILLED HAM & CHEESE SANDWICH

BOARS HEAD BLACK FOREST HAM, WHITE
PULLMAN BREAD, AMERICAN CHEESE,
SHORTENING PHASE BUTTER SUB

<u>Nutrition Facts</u>	
Portion Size	5 oz Portion
calories	328.90
fat (gm)	12.20
sat fat (gm)	6.00
chol (mg)	68.00
sodium (mg)	1441.20
carbs (gm)	31.10
fiber (gm)	
protein (gm)	25.20

IVY LUNCH CASH**2/29/12****LUNCH**

IVY GRILLED HAMBURGER REG

BEEF CHUCK ROLL NATURAL, HAMBURGER
BUN, SHORTENING PHASE BUTTER SUB

<u>Nutrition Facts</u>	
Portion Size	4.320 oz Portion
calories	133.00
fat (gm)	2.20
sat fat (gm)	0.00
chol (mg)	0.00
sodium (mg)	321.20
carbs (gm)	25.00
fiber (gm)	
protein (gm)	4.00

IVY LUNCH CASH**2/29/12****LUNCH**

IVY ROOM TURKEY & GOUDA (SIDNEY FRAN)

BOARS HEAD OVEN ROASTED TURKEY,
TOMATO AND BASIL TORTILLA ,
GARLIC/HERB TORTILLA , WHITE TORTILLA ,
SPINACH TORTILLA , GOUDA CHEESE,
DIJON MUSTARD, MAYONNAISE , EGG
PLANT, RED ONIONS, ZUCCHINI SQUASH,
RED PEPPERS, YELLOW SUMMER SQUASH,
SALT, GRANULATED GARLIC, GROUND
BLACK PEPPER, OIL PAN COATING SPRAY
AEROSOL SOY

Nutrition Facts	
Portion Size	each
calories	448.10
fat (gm)	18.00
sat fat (gm)	5.90
chol (mg)	48.30
sodium (mg)	1347.70
carbs (gm)	39.00
fiber (gm)	0.90
protein (gm)	31.00

IVY LUNCH CASH**2/29/12****LUNCH**

IVY SHAVED STK & CHS SANDWICH

SHAVED STEAK, TORPEDO ROLL,
PROVOLONE CHEESE, WHITE ONION

Nutrition Facts	
Portion Size	4.500 oz Portion
calories	429.60
fat (gm)	14.00
sat fat (gm)	9.00
chol (mg)	44.50
sodium (mg)	747.20
carbs (gm)	41.10
fiber (gm)	0.40
protein (gm)	33.30

IVY LUNCH CASH**2/29/12****LUNCH**

IVY SLICED HAM SANDWICH

BOARS HEAD BLACK FOREST HAM, ROLLS
CAL BULKIE CORNML, TOMATOES, PICKLES
SLICED DILLS THIN, GREEN LEAF LETTUCE,
MUSTARD SALAD

Nutrition Facts	
Portion Size	10.420 oz Portion
calories	399.10
fat (gm)	6.00
sat fat (gm)	0.60
chol (mg)	51.50
sodium (mg)	1473.10
carbs (gm)	57.10
fiber (gm)	3.30
protein (gm)	27.50

IVY LUNCH CASH**2/29/12****LUNCH**

IVY SLICED ROAST BEEF SANDWICH

BOARS HEAD ROAST BEEF, ROLLS CAL BULKIE CORNML, TOMATOES, PICKLES SLICED DILLS THIN, GREEN LEAF LETTUCE, MAYONNAISE

Nutrition Facts	
Portion Size	SANDWICH
calories	542.70
fat (gm)	20.80
sat fat (gm)	4.20
chol (mg)	57.50
sodium (mg)	962.50
carbs (gm)	54.40
fiber (gm)	3.30
protein (gm)	36.00

IVY LUNCH CASH**2/29/12****LUNCH**

IVY SLICED TURKEY BREAST SAND

BOARS HEAD OVEN ROASTED TURKEY, ROLLS CAL BULKIE CORNML, TOMATOES, PICKLES SLICED DILLS THIN, GREEN LEAF LETTUCE, MAYONNAISE

Nutrition Facts	
Portion Size	10.670 oz Portion
calories	508.40
fat (gm)	18.30
sat fat (gm)	2.40
chol (mg)	40.40
sodium (mg)	1425.00
carbs (gm)	53.50
fiber (gm)	3.30
protein (gm)	32.60

IVY LUNCH CASH**2/29/12****LUNCH**

IVY SPICY CHICKEN SANDWICH

CHICKEN BRST BRD SPICY 4.3 oz, ROLLS BULKIE WHITE CALISE , KEN'S BLUE CHEESE DRESSING, TOMATOES, GREEN LEAF LETTUCE

Nutrition Facts	
Portion Size	10 - OZ SANDWICH
calories	791.40
fat (gm)	45.80
sat fat (gm)	7.40
chol (mg)	88.30
sodium (mg)	1963.60
carbs (gm)	60.00
fiber (gm)	1.90
protein (gm)	35.80

IVY LUNCH CASH**2/29/12****LUNCH**

IVY TUNAFISH SALAD SANDWICH

TUNA WHITE SOLID IN WATER, ROLLS CAL BULKIE CORNML, TOMATOES, MAYONNAISE , PICKLES SLICED DILLS THIN, GREEN LEAF LETTUCE, FRESH PARSLEY, SALT, FREEZE DRIED CHIVES, GROUND BLACK PEPPER

Nutrition Facts

Portion Size	SANDWICH
calories	717.20
fat (gm)	38.90
sat fat (gm)	6.30
chol (mg)	86.60
sodium (mg)	1502.30
carbs (gm)	50.70
fiber (gm)	3.20
protein (gm)	43.20

IVY LUNCH CASH

2/29/12

LUNCH

IVY WATERMAN SANDWICH

BOARS HEAD OVEN ROASTED TURKEY, ROLLS CAL BULKIE CORNML, TOMATOES, SLICED CHEDDAR CHEESE, PICKLES SPEARS DELI FRESH, GREEN LEAF LETTUCE, MAYONNAISE , SLICED BACON

Nutrition Facts

Portion Size	SANDWICH
calories	600.20
fat (gm)	28.00
sat fat (gm)	9.00
chol (mg)	72.80
sodium (mg)	1565.00
carbs (gm)	48.00
fiber (gm)	3.00
protein (gm)	38.40

IVY LUNCH CASH

2/29/12

LUNCH

Sauces for Chicken Fingers

SWEET & SOUR SAUCE, BBQ SAUCE, HONEY MUSTARD

Nutrition Facts

Portion Size	Each
calories	52.00
fat (gm)	1.60
sat fat (gm)	0.20
chol (mg)	2.90
sodium (mg)	168.40
carbs (gm)	9.80
fiber (gm)	
protein (gm)	0.20

IVY LUNCH CASH

2/29/12

LUNCH

TACOS WITH LETTUCE & TOMATO

BEEF CHUCK ROLL NATURAL, SHREDDED
CHEDDAR CHEESE, TOMATOES, WHITE
FLOUR TORTILLA, TOMATOES, TACO
SHELLS ORTEGA REG 6", LETTUCE, DICED
WHITE ONIONS, PIMENTOS, VIRGIN OLIVE
OIL, CHILI POWDER, CIDER VINEGAR,
UNBLEACHED FLOUR, SALT, TABASCO/RED
DEVIL HOT SAU, GRANULATED GARLIC,
GROUND ALL SPICE, GROUND BLACK
PEPPER

Nutrition Facts

Portion Size	7 oz Portion
calories	326.40
fat (gm)	18.90
sat fat (gm)	8.10
chol (mg)	36.90
sodium (mg)	613.80
carbs (gm)	27.10
fiber (gm)	1.10
protein (gm)	12.50

IVY LUNCH CASH

2/29/12

LUNCH

TURKEY CRANBERRY MAYONNAI

BOARS HEAD OVEN ROASTED TURKEY,
FLOUR TORTILLA, FRESH PLUM TOMATOES,
GREEN LEAF LETTUCE, JELLIED
CRANBERRY SAUCE, MAYONNAISE

Nutrition Facts

Portion Size	11.250 oz Portion
calories	393.80
fat (gm)	17.30
sat fat (gm)	2.40
chol (mg)	35.80
sodium (mg)	640.30
carbs (gm)	35.10
fiber (gm)	0.60
protein (gm)	24.80

IVY LUNCH CASH

2/29/12

LUNCH

VEGAN JAMAICAN JERK TEMPEH

TEMPEH SOY RICE BULK, DICED WHITE
ONIONS, LOW SODIUM SOY SAUCE , RED
WINE VINEGAR, SCALLIONS BUNCHES,
LIGHT BROWN SUGAR, VEGETABLE SALAD
OIL, PEPPERS SCOTCH BONNET, THYME
LEAF, GROUND NUTMEG, GROUND ALL
SPICE

Nutrition Facts

Portion Size	6 OZ
calories	190.70
fat (gm)	8.90
sat fat (gm)	1.40
chol (mg)	0.00
sodium (mg)	396.30
carbs (gm)	14.80
fiber (gm)	0.60
protein (gm)	12.90

IVY LUNCH CASH

2/29/12

LUNCH

VEGGIE PATTIES ORIGINALVEG PATTY ORIGINAL, ROLLS BULKIE
WHEAT CALISE**Nutrition Facts**

Portion Size	4 oz Portion
calories	204.30
fat (gm)	5.00
sat fat (gm)	1.60
chol (mg)	8.20
sodium (mg)	680.30
carbs (gm)	31.30
fiber (gm)	
protein (gm)	10.40

IVY LUNCH CASH**2/29/12****LUNCH**

FRENCH FRIED ONION RINGS

BATTERED ONION RINGS

Nutrition Facts

Portion Size	3oz portion
calories	281.90
fat (gm)	15.90
sat fat (gm)	7.10
chol (mg)	14.40
sodium (mg)	439.90
carbs (gm)	32.00
fiber (gm)	
protein (gm)	3.80

IVY LUNCH CASH**2/29/12****LUNCH**

FRENCH FRIES CURLEY IVY ROOM

FRENCH FRIES

Nutrition Facts

Portion Size	3 oz Portion
calories	160.10
fat (gm)	7.00
sat fat (gm)	1.00
chol (mg)	0.00
sodium (mg)	300.20
carbs (gm)	22.00
fiber (gm)	
protein (gm)	2.00

IVY LUNCH CASH**2/29/12****LUNCH**

SPANISH RICE

WHITE RICE, TOMATOES, GREEN PEPPERS,
DICED WHITE ONIONS, VIRGIN OLIVE OIL,
GARLIC CHOPPED/IN OIL, SALT,
ROSEMARY, BASIL LEAVES, GROUND
WHITE PEPPER, WATER

Nutrition Facts

Portion Size	4 oz Portion
calories	134.70
fat (gm)	3.30
sat fat (gm)	0.50
chol (mg)	0.00
sodium (mg)	251.90
carbs (gm)	23.60
fiber (gm)	1.00
protein (gm)	2.50

IVY LUNCH CASH**2/29/12****LUNCH**

SWEET POTATO FRIES

SWEET POTATO FRIES

Nutrition Facts

Portion Size	3 oz Portion
calories	182.10
fat (gm)	8.10
sat fat (gm)	0.50
chol (mg)	0.00
sodium (mg)	121.40
carbs (gm)	25.30
fiber (gm)	
protein (gm)	2.00

IVY LUNCH CASH**2/29/12****LUNCH**

WHOLE KERNEL CORN

CORN

Nutrition Facts

Portion Size	4oz portion
calories	94.10
fat (gm)	1.10
sat fat (gm)	0.20
chol (mg)	0.00
sodium (mg)	0.00
carbs (gm)	21.90
fiber (gm)	2.40
protein (gm)	2.90

IVY LUNCH CASH**2/29/12****LUNCH**

IVY RM ASST FRESH WHOLE F

BANANAS, BARTLETTS PEARS , ORANGES
FRESH NAVEL, RED DELICIOUS APPLES

Nutrition Facts

Portion Size 7.020 oz Portion
calories 13.00
fat (gm) 0.00
sat fat (gm) 0.00
chol (mg) 0.00
sodium (mg) 0.20
carbs (gm) 3.40
fiber (gm) 0.50
protein (gm) 0.10

IVY LUNCH CASH**2/29/12****LUNCH**

BUTTERSCOTCH PUDDING

WHOLE MILK, PUDDING BUTTERSCOT INST,
HEAVY CREAM, GRANULATED CANE
SUGAR, VANILLA EXTRACT

Nutrition Facts

Portion Size 2.500 oz Portion
calories 62.40
fat (gm) 4.60
sat fat (gm) 2.80
chol (mg) 18.50
sodium (mg) 32.20
carbs (gm) 3.30
fiber (gm) 0.00
protein (gm) 1.70

IVY LUNCH CASH**2/29/12****LUNCH**

CHOCOLATE CAKE

CHOCOLATE CAKE MIX, CONFECTIONARY
SUGAR, WATER, CHOCOLATE FUDGE BASE,
CORN SYRUP , VEGETABLE SHORTENING

Nutrition Facts

Portion Size SLICE 3.26 oz
calories 565.90
fat (gm) 17.90
sat fat (gm) 4.40
chol (mg) 15.90
sodium (mg) 611.70
carbs (gm) 101.70
fiber (gm) 0.00
protein (gm) 6.00

IVY LUNCH CASH**2/29/12****LUNCH**

COOKIES ASST HM '06

CAKE FLOUR, BUTTER, GRANULATED CANE SUGAR, CHOCOLATE CHIPS, LIGHT BROWN SUGAR, QUICK OATS, UNBLEACHED FLOUR, EGGS - LIQUID, RAISINS, RASPBERRY FILLING, DATES PITTED WHOLE, FILLING ORANGE PINEAPPLE, WATER, VANILLA EXTRACT, BAKING SODA , NON-FAT MILK, GROUND CINNAMON, GROUND NUTMEG

<u>Nutrition Facts</u>	
Portion Size	COOKIE
calories	109.20
fat (gm)	4.80
sat fat (gm)	0.70
chol (mg)	6.50
sodium (mg)	55.80
carbs (gm)	15.80
fiber (gm)	0.40
protein (gm)	1.30

IVY LUNCH CASH**2/29/12****LUNCH**

CREAM CHEESE BROWNIES

GRANULATED CANE SUGAR, EGGS - LIQUID, ALL PURPOSE SHORTENING, CREAM CHEESE, CAKE FLOUR, ROYAL DUTCH COCOA, CHOCOLATE CAKE MIX, CONDENSED MILK, WATER, VANILLA EXTRACT, SALT

<u>Nutrition Facts</u>	
Portion Size	2.75 OZ PORTION
calories	315.40
fat (gm)	15.90
sat fat (gm)	7.00
chol (mg)	62.10
sodium (mg)	202.00
carbs (gm)	40.60
fiber (gm)	0.30
protein (gm)	3.30

IVY LUNCH CASH**2/29/12****LUNCH**

ORANGE JELLO FRUITED CT-5

WATER, TROPICAL FRUIT SALAD, GELATIN ORANGE

<u>Nutrition Facts</u>	
Portion Size	4.870 oz Portion
calories	83.70
fat (gm)	0.00
sat fat (gm)	0.00
chol (mg)	0.00
sodium (mg)	88.00
carbs (gm)	20.20
fiber (gm)	0.30
protein (gm)	1.50

IVY LUNCH CASH**2/29/12****LUNCH**

RASPBERRY TURNOVER '09

RASPBERRY FILLING, PUFF PASTRY SHEETS, SUGAR SANDING BAKE, EGGS - LIQUID

Nutrition Facts

Portion Size	4.500 oz Portion
calories	364.40
fat (gm)	19.40
sat fat (gm)	4.90
chol (mg)	16.00
sodium (mg)	107.80
carbs (gm)	45.30
fiber (gm)	0.00
protein (gm)	3.60

IVY LUNCH CASH

2/29/12

LUNCH

SQUASH ROLLS

UNBLEACHED FLOUR, WHOLE MILK, CANNED PUMPKIN, WATER, BUTTER, GRANULATED CANE SUGAR, YEAST, SALT

Nutrition Facts

Portion Size	ROLL 2 oz
calories	1945.10
fat (gm)	46.40
sat fat (gm)	27.80
chol (mg)	122.50
sodium (mg)	751.10
carbs (gm)	332.50
fiber (gm)	9.50
protein (gm)	42.70

IVY LUNCH CASH

2/29/12

LUNCH

SPANISH ONION SOUP

WATER, WHITE ONION, RED ONIONS, WHITE WINE, SHALLOTS, BUTTER, VIRGIN OLIVE OIL, GARLIC CHOPPED/IN OIL, FLOUR, BASE CHICKEN SAVORY RSTD NO MSG, BASE VEGAN SAVORY RSTD VEGETABLE, SALT, GROUND BLACK PEPPER, THYME LEAF

Nutrition Facts

Portion Size	6 OZ PORTION
calories	58.40
fat (gm)	3.70
sat fat (gm)	1.30
chol (mg)	4.20
sodium (mg)	217.80
carbs (gm)	5.60
fiber (gm)	0.70
protein (gm)	0.70

IVY LUNCH CASH

3/1/12

LUNCH

VEGETARIAN CARROT GINGER SOUP W/HON

WATER, CARROTS, YAMS, DICED WHITE ONIONS, MAPLE SYRUP, BASE VEGAN SAVORY RSTD VEGETABLE, FRESH GINGER ROOT, HONEY, VIRGIN OLIVE OIL, GARLIC CHOPPED/IN OIL, GROUND BLACK PEPPER

Nutrition Facts

Portion Size	6 OZ PORTION
calories	54.90
fat (gm)	0.60
sat fat (gm)	0.10
chol (mg)	0.00
sodium (mg)	41.00
carbs (gm)	12.30
fiber (gm)	1.90
protein (gm)	0.70

IVY LUNCH CASH

3/1/12

LUNCH

BREADED CHICKEN FINGERS

BREADED CHICKEN TENDERS

Nutrition Facts

Portion Size	4 piece
calories	425.80
fat (gm)	28.30
sat fat (gm)	5.70
chol (mg)	65.00
sodium (mg)	775.50
carbs (gm)	20.90
fiber (gm)	
protein (gm)	20.60

IVY LUNCH CASH

3/1/12

LUNCH

CHICKEN CAESAR WRAP

CHICKEN BREAST BNLSKL 4oz, ROMAINE LETTUCE, WHITE TORTILLA, GRATED ROMANO CHEESE, KEN'S CAESAR DELUXE DRESSING, SALT, GRANULATED GARLIC, GROUND PAPRIKA, GROUND BLACK PEPPER

Nutrition Facts

Portion Size	11 oz Portion
calories	746.10
fat (gm)	37.90
sat fat (gm)	11.60
chol (mg)	140.40
sodium (mg)	1378.60
carbs (gm)	39.20
fiber (gm)	1.90
protein (gm)	62.60

IVY LUNCH CASH

3/1/12

LUNCH

CREAMY PARMESAN PRIMAVERA

ROTINI, HEAVY CREAM, CARROTS, ZUCCHINI SQUASH, GREEN PEAS, BUTTON MUSHROOMS, FRESH PARMESAN CHEESE, BUTTER, WHITE WINE, SHALLOTS, GARLIC CHOPPED/IN OIL, MARGARINE 1# SOLIDS (MILK FREE), UNBLEACHED FLOUR, FRESH PARSLEY, SALT, GROUND BLACK PEPPER, GROUND NUTMEG

Nutrition Facts

Portion Size	8oz portion
calories	774.80
fat (gm)	21.20
sat fat (gm)	11.80
chol (mg)	69.00
sodium (mg)	167.40
carbs (gm)	120.60
fiber (gm)	1.40
protein (gm)	23.00

IVY LUNCH CASH

3/1/12

LUNCH

HOT TURKEY SAND. W/GRAVY

TURKEY, WATER, JELLIED CRANBERRY SAUCE, WHITE PULLMAN BREAD, UNBLEACHED FLOUR, WHITE ONION, CARROTS, CELERY, SALT, GROUND BLACK PEPPER

Nutrition Facts

Portion Size	7 oz Portion
calories	234.60
fat (gm)	4.50
sat fat (gm)	1.10
chol (mg)	70.30
sodium (mg)	197.50
carbs (gm)	25.50
fiber (gm)	0.20
protein (gm)	21.70

IVY LUNCH CASH

3/1/12

LUNCH

IVY FISH SANDWICH

FISH HADDOCK FILET BRD FRZ 4OZ, ROLL DELI SPLIT TOP, GREEN LEAF LETTUCE, TOMATOES, PICKLES SPEARS DELI FRESH, MAYONNAISE , RELISH SWEET GREEN

Nutrition Facts

Portion Size	8 OZ PORTION
calories	152.00
fat (gm)	14.70
sat fat (gm)	2.20
chol (mg)	7.30
sodium (mg)	417.50
carbs (gm)	4.30
fiber (gm)	1.20
protein (gm)	1.00

IVY LUNCH CASH

3/1/12

LUNCH

IVY ANGELL POCKET SANDWICH

WHITE SYRIAN BREAD, TOMATOES,
PICKLES SPEARS DELI FRESH, GARBANZO
BEANS, BULGUR CRACKED WHEAT , FRESH
PARSLEY, CUCUMBER, TAHINI PASTE,
LEMON JUICE, VIRGIN OLIVE OIL, SPINACH,
DICED WHITE ONIONS, WATER, SALT,
GARLIC, SPICE CUMIN GROUND, GROUND
ALL SPICE, MINT LEAVES

Nutrition Facts

Portion Size	7.480 oz Portion
calories	547.40
fat (gm)	14.00
sat fat (gm)	1.70
chol (mg)	0.00
sodium (mg)	735.90
carbs (gm)	88.40
fiber (gm)	1.80
protein (gm)	16.60

IVY LUNCH CASH

3/1/12

LUNCH

IVY BACON-LETTUCE-TOMATO SAND

WHITE PULLMAN BREAD, TOMATOES,
GREEN LEAF LETTUCE, SLICED BACON,
PICKLES SLICED DILLS THIN, MAYONNAISE

Nutrition Facts

Portion Size	5 oz Portion
calories	404.30
fat (gm)	23.20
sat fat (gm)	5.20
chol (mg)	36.90
sodium (mg)	806.50
carbs (gm)	32.30
fiber (gm)	1.10
protein (gm)	15.80

IVY LUNCH CASH

3/1/12

LUNCH

IVY BUFFALO CHICKEN WRAP

CHICKEN BREAST BNLSKL 4oz, TOMATO
AND BASIL TORTILLA , TOMATOES, GREEN
LEAF LETTUCE, KEN'S BLUE CHEESE
CREAMY DELUXE DRESSING, BUFFALO HOT
SAUCE FRANK'S

Nutrition Facts

Portion Size	portion
calories	523.50
fat (gm)	17.30
sat fat (gm)	4.80
chol (mg)	99.80
sodium (mg)	765.20
carbs (gm)	46.60
fiber (gm)	0.60
protein (gm)	42.30

IVY LUNCH CASH

3/1/12

LUNCH

IVY CHARLESFIELD SANDWICH

BOARS HEAD ROAST BEEF, ROLLS CAL
BULKIE CORNML, PICKLES SPEARS DELI
FRESH, TOMATOES, MUENSTER CHEESE,
MUSHROOMS FRESH, GREEN LEAF
LETTUCE, SOUR CREAM, HORSERADISH,
SALT, GROUND MUSTARD, GROUND WHITE
PEPPER

Nutrition Facts	
Portion Size	SANDWICH
calories	518.80
fat (gm)	18.10
sat fat (gm)	8.70
chol (mg)	79.90
sodium (mg)	1269.30
carbs (gm)	50.90
fiber (gm)	3.50
protein (gm)	40.00

IVY LUNCH CASH**3/1/12****LUNCH**

IVY CHICKEN SALAD SANDWICH

ROLLS CAL BULKIE CORNML, CHICKEN
MEAT CKD 1/2" FRZ, TOMATOES,
MAYONNAISE , FRESH CELERY STALKS,
PICKLES SLICED DILLS THIN, GREEN LEAF
LETTUCE, SALT, GROUND WHITE PEPPER

Nutrition Facts	
Portion Size	10.670 oz Portion
calories	639.60
fat (gm)	35.80
sat fat (gm)	5.60
chol (mg)	66.30
sodium (mg)	1171.60
carbs (gm)	49.40
fiber (gm)	3.50
protein (gm)	28.30

IVY LUNCH CASH**3/1/12****LUNCH**

IVY GRILLED AM CHEESE SANDWICH

AMERICAN CHEESE, PICKLES SLICED DILLS
THIN, WHITE PULLMAN BREAD,
SHORTENING PHASE BUTTER SUB

Nutrition Facts	
Portion Size	4 oz Portion
calories	111.70
fat (gm)	9.20
sat fat (gm)	6.00
chol (mg)	22.50
sodium (mg)	615.50
carbs (gm)	1.80
fiber (gm)	0.10
protein (gm)	6.20

IVY LUNCH CASH**3/1/12****LUNCH**

IVY GRILLED CHEESE&TOMATO SAND

WHEAT VIENNA BREAD, AMERICAN CHEESE, TOMATOES, PICKLES SLICED DILLS THIN, SHORTENING PHASE BUTTER SUB

<u>Nutrition Facts</u>	
Portion Size	5 oz Portion
calories	446.30
fat (gm)	21.30
sat fat (gm)	12.70
chol (mg)	44.80
sodium (mg)	1587.90
carbs (gm)	43.90
fiber (gm)	3.70
protein (gm)	21.70

IVY LUNCH CASH

3/1/12

LUNCH

IVY GRILLED CHEESEBURGER

BEEF CHUCK ROLL NATURAL, HAMBURGER BUN, AMERICAN CHEESE, SHORTENING PHASE BUTTER SUB

<u>Nutrition Facts</u>	
Portion Size	5.320 oz Portion
calories	202.60
fat (gm)	8.20
sat fat (gm)	4.00
chol (mg)	14.90
sodium (mg)	659.40
carbs (gm)	25.50
fiber (gm)	
protein (gm)	8.00

IVY LUNCH CASH

3/1/12

LUNCH

IVY GRILLED CHICKEN SANDWICH

CHICKEN BREAST CKD GRILL MARK, ROLLS CAL BULKIE CORNML, GREEN LEAF LETTUCE, TOMATOES, HONEY MUSTARD, BBQ SAUCE, SWEET & SOUR SAUCE

<u>Nutrition Facts</u>	
Portion Size	Sandwich
calories	443.80
fat (gm)	9.50
sat fat (gm)	1.50
chol (mg)	71.40
sodium (mg)	1152.70
carbs (gm)	57.70
fiber (gm)	3.10
protein (gm)	30.80

IVY LUNCH CASH

3/1/12

LUNCH

IVY GRILLED FRANKFURT ON BUN

BEEF FRANKS, HOT DOG BUN,
SHORTENING PHASE BUTTER SUB

Nutrition Facts	
Portion Size	5.090 oz Portion
calories	252.40
fat (gm)	14.70
sat fat (gm)	5.00
chol (mg)	22.60
sodium (mg)	719.30
carbs (gm)	23.00
fiber (gm)	0.00
protein (gm)	8.80

IVY LUNCH CASH**3/1/12****LUNCH**

IVY GRILLED HAM & CHEESE SANDWICH

BOARS HEAD BLACK FOREST HAM, WHITE
PULLMAN BREAD, AMERICAN CHEESE,
SHORTENING PHASE BUTTER SUB

Nutrition Facts	
Portion Size	5 oz Portion
calories	328.90
fat (gm)	12.20
sat fat (gm)	6.00
chol (mg)	68.00
sodium (mg)	1441.20
carbs (gm)	31.10
fiber (gm)	
protein (gm)	25.20

IVY LUNCH CASH**3/1/12****LUNCH**

IVY GRILLED HAMBURGER REG

BEEF CHUCK ROLL NATURAL, HAMBURGER
BUN, SHORTENING PHASE BUTTER SUB

Nutrition Facts	
Portion Size	4.320 oz Portion
calories	133.00
fat (gm)	2.20
sat fat (gm)	0.00
chol (mg)	0.00
sodium (mg)	321.20
carbs (gm)	25.00
fiber (gm)	
protein (gm)	4.00

IVY LUNCH CASH**3/1/12****LUNCH**

IVY SLICED ROAST BEEF SANDWICH

BOARS HEAD ROAST BEEF, ROLLS CAL
BULKIE CORNML, TOMATOES, PICKLES
SLICED DILLS THIN, GREEN LEAF LETTUCE,
MAYONNAISE

Nutrition Facts	
Portion Size	SANDWICH
calories	542.70
fat (gm)	20.80
sat fat (gm)	4.20
chol (mg)	57.50
sodium (mg)	962.50
carbs (gm)	54.40
fiber (gm)	3.30
protein (gm)	36.00

IVY LUNCH CASH**3/1/12****LUNCH**

IVY SLICED TURKEY BREAST SAND

BOARS HEAD OVEN ROASTED TURKEY,
ROLLS CAL BULKIE CORNML, TOMATOES,
PICKLES SLICED DILLS THIN, GREEN LEAF
LETTUCE, MAYONNAISE

Nutrition Facts	
Portion Size	10.670 oz Portion
calories	508.40
fat (gm)	18.30
sat fat (gm)	2.40
chol (mg)	40.40
sodium (mg)	1425.00
carbs (gm)	53.50
fiber (gm)	3.30
protein (gm)	32.60

IVY LUNCH CASH**3/1/12****LUNCH**

IVY SPICY CHICKEN SANDWICH

CHICKEN BRST BRD SPICY 4.3 oz, ROLLS
BULKIE WHITE CALISE , KEN'S BLUE
CHEESE DRESSING, TOMATOES, GREEN
LEAF LETTUCE

Nutrition Facts	
Portion Size	10 - OZ SANDWICH
calories	791.40
fat (gm)	45.80
sat fat (gm)	7.40
chol (mg)	88.30
sodium (mg)	1963.60
carbs (gm)	60.00
fiber (gm)	1.90
protein (gm)	35.80

IVY LUNCH CASH**3/1/12****LUNCH**

IVY TUNAFISH SALAD SANDWICH

TUNA WHITE SOLID IN WATER, ROLLS CAL BULKIE CORNML, TOMATOES, MAYONNAISE , PICKLES SLICED DILLS THIN, GREEN LEAF LETTUCE, FRESH PARSLEY, SALT, FREEZE DRIED CHIVES, GROUND BLACK PEPPER

Nutrition Facts

Portion Size	SANDWICH
calories	717.20
fat (gm)	38.90
sat fat (gm)	6.30
chol (mg)	86.60
sodium (mg)	1502.30
carbs (gm)	50.70
fiber (gm)	3.20
protein (gm)	43.20

IVY LUNCH CASH

3/1/12

LUNCH

IVY WATERMAN SANDWICH

BOARS HEAD OVEN ROASTED TURKEY, ROLLS CAL BULKIE CORNML, TOMATOES, SLICED CHEDDAR CHEESE, PICKLES SPEARS DELI FRESH, GREEN LEAF LETTUCE, MAYONNAISE , SLICED BACON

Nutrition Facts

Portion Size	SANDWICH
calories	600.20
fat (gm)	28.00
sat fat (gm)	9.00
chol (mg)	72.80
sodium (mg)	1565.00
carbs (gm)	48.00
fiber (gm)	3.00
protein (gm)	38.40

IVY LUNCH CASH

3/1/12

LUNCH

Sauces for Chicken Fingers

SWEET & SOUR SAUCE, BBQ SAUCE, HONEY MUSTARD

Nutrition Facts

Portion Size	Each
calories	52.00
fat (gm)	1.60
sat fat (gm)	0.20
chol (mg)	2.90
sodium (mg)	168.40
carbs (gm)	9.80
fiber (gm)	
protein (gm)	0.20

IVY LUNCH CASH

3/1/12

LUNCH

TURKEY CRANBERRY MAYONNAI

BOARS HEAD OVEN ROASTED TURKEY,
FLOUR TORTILLA, FRESH PLUM TOMATOES,
GREEN LEAF LETTUCE, JELLIED
CRANBERRY SAUCE, MAYONNAISE

Nutrition Facts

Portion Size	11.250 oz Portion
calories	393.80
fat (gm)	17.30
sat fat (gm)	2.40
chol (mg)	35.80
sodium (mg)	640.30
carbs (gm)	35.10
fiber (gm)	0.60
protein (gm)	24.80

IVY LUNCH CASH**3/1/12****LUNCH**

VEGGIE PATTIES ORIGINAL

VEG PATTY ORIGINAL, ROLLS BULKIE
WHEAT CALISE

Nutrition Facts

Portion Size	4 oz Portion
calories	204.30
fat (gm)	5.00
sat fat (gm)	1.60
chol (mg)	8.20
sodium (mg)	680.30
carbs (gm)	31.30
fiber (gm)	
protein (gm)	10.40

IVY LUNCH CASH**3/1/12****LUNCH**

BROCCOLI SPEARS

BROCCOLI SPEARS

Nutrition Facts

Portion Size	4oz portion
calories	29.00
fat (gm)	0.30
sat fat (gm)	0.00
chol (mg)	0.00
sodium (mg)	28.10
carbs (gm)	5.70
fiber (gm)	2.20
protein (gm)	2.40

IVY LUNCH CASH**3/1/12****LUNCH**

FRENCH FRIED ONION RINGS

BATTERED ONION RINGS

Nutrition Facts

Portion Size	3oz portion
calories	281.90
fat (gm)	15.90
sat fat (gm)	7.10
chol (mg)	14.40
sodium (mg)	439.90
carbs (gm)	32.00
fiber (gm)	
protein (gm)	3.80

IVY LUNCH CASH**3/1/12****LUNCH**

FRENCH FRIES CURLEY IVY ROOM

FRENCH FRIES

Nutrition Facts

Portion Size	3 oz Portion
calories	160.10
fat (gm)	7.00
sat fat (gm)	1.00
chol (mg)	0.00
sodium (mg)	300.20
carbs (gm)	22.00
fiber (gm)	
protein (gm)	2.00

IVY LUNCH CASH**3/1/12****LUNCH**

MASHED POTATOES

POTATOES, WHOLE MILK, MARGARINE 1#
SOLIDS (MILK FREE), SALT, GROUND WHITE
PEPPER**Nutrition Facts**

Portion Size	4 oz Portion
calories	102.60
fat (gm)	1.10
sat fat (gm)	0.50
chol (mg)	2.90
sodium (mg)	277.30
carbs (gm)	21.10
fiber (gm)	1.80
protein (gm)	2.40

IVY LUNCH CASH**3/1/12****LUNCH**

SWEET POTATO FRIES

SWEET POTATO FRIES

Nutrition Facts

Portion Size	3 oz Portion
calories	182.10
fat (gm)	8.10
sat fat (gm)	0.50
chol (mg)	0.00
sodium (mg)	121.40
carbs (gm)	25.30
fiber (gm)	
protein (gm)	2.00

IVY LUNCH CASH**3/1/12****LUNCH**

IVY RM ASST FRESH WHOLE F

BANANAS, BARTLETTS PEARS , ORANGES
FRESH NAVEL, RED DELICIOUS APPLES**Nutrition Facts**

Portion Size	7.020 oz Portion
calories	13.00
fat (gm)	0.00
sat fat (gm)	0.00
chol (mg)	0.00
sodium (mg)	0.20
carbs (gm)	3.40
fiber (gm)	0.50
protein (gm)	0.10

IVY LUNCH CASH**3/1/12****LUNCH**

CHEESECAKE OREO '06

OREO PIECES, SOUR CREAM, CREAM
CHEESE, EGGS - LIQUID, GRANULATED
CANE SUGAR, BUTTER, VANILLA EXTRACT,
FOIL PAN 10" HEMMED**Nutrition Facts**

Portion Size	~PORTIONS
calories	230.80
fat (gm)	16.50
sat fat (gm)	8.80
chol (mg)	109.30
sodium (mg)	111.50
carbs (gm)	28.60
fiber (gm)	0.00
protein (gm)	4.10

IVY LUNCH CASH**3/1/12****LUNCH**

COOKIES ASST HM '06

CAKE FLOUR, BUTTER, GRANULATED CANE SUGAR, CHOCOLATE CHIPS, LIGHT BROWN SUGAR, QUICK OATS, UNBLEACHED FLOUR, EGGS - LIQUID, RAISINS, RASPBERRY FILLING, DATES PITTED WHOLE, FILLING ORANGE PINEAPPLE, WATER, VANILLA EXTRACT, BAKING SODA , NON-FAT MILK, GROUND CINNAMON, GROUND NUTMEG

<u>Nutrition Facts</u>	
Portion Size	COOKIE
calories	109.20
fat (gm)	4.80
sat fat (gm)	0.70
chol (mg)	6.50
sodium (mg)	55.80
carbs (gm)	15.80
fiber (gm)	0.40
protein (gm)	1.30

IVY LUNCH CASH**3/1/12****LUNCH**

GRANOLA BREAD

UNBLEACHED FLOUR, WHOLE MILK, CEREAL GRANOLA 100%, VEGETABLE SALAD OIL, YEAST, SALT, CONC FRUIT ICING ORANGE , HONEY

<u>Nutrition Facts</u>	
Portion Size	2.400 oz Portion
calories	84.20
fat (gm)	2.20
sat fat (gm)	0.40
chol (mg)	1.20
sodium (mg)	117.80
carbs (gm)	13.90
fiber (gm)	0.60
protein (gm)	2.00

IVY LUNCH CASH**3/1/12****LUNCH**

LEMON JELLO

WATER, GELATIN LEMON

<u>Nutrition Facts</u>	
Portion Size	4.560 oz Portion
calories	77.80
fat (gm)	0.00
sat fat (gm)	0.00
chol (mg)	0.00
sodium (mg)	97.30
carbs (gm)	18.50
fiber (gm)	0.00
protein (gm)	1.60

IVY LUNCH CASH**3/1/12****LUNCH**

MAGIC BARS

CONDENSED MILK, GRAHAM CRACKER CRUMBS, SEMISWEET CHOCOLATE CHIPS, BUTTER, COCONUT FLAKES

Nutrition Facts

Portion Size	3.25 oz portion
calories	355.40
fat (gm)	23.40
sat fat (gm)	9.00
chol (mg)	10.60
sodium (mg)	324.60
carbs (gm)	35.40
fiber (gm)	0.50
protein (gm)	4.70

IVY LUNCH CASH

3/1/12

LUNCH

Passion fruit yogurt parfaits

NONFAT PLAIN YOGURT, SUGAR BAKERS SPECIAL, CEREAL GRANOLA OATS & HONEY, KIWI FRUIT, BLUEBERRIES FRESH, RASPBERRY FRESH, STRAWBERRY FRESH CAL, PASSION FRUIT, ORANGES BLOOD, LEMONS

Nutrition Facts

Portion Size	GOBLET 8 oz
calories	358.70
fat (gm)	4.60
sat fat (gm)	2.40
chol (mg)	2.40
sodium (mg)	47.80
carbs (gm)	77.80
fiber (gm)	5.30
protein (gm)	6.40

IVY LUNCH CASH

3/1/12

LUNCH

NEW ENGLAND CLAM CHOWDER

WHOLE MILK, POTATOES, CHOPPED CLAMS, CLAM JUICE, DICED WHITE ONIONS, MARGARINE 1# SOLIDS (MILK FREE), CELERY, UNBLEACHED FLOUR, WATER, SALT, WORCESTERSHIRE SAUCE, GROUND WHITE PEPPER

Nutrition Facts

Portion Size	6 oz Portion
calories	146.60
fat (gm)	3.10
sat fat (gm)	1.40
chol (mg)	30.90
sodium (mg)	400.70
carbs (gm)	17.20
fiber (gm)	1.00
protein (gm)	11.70

IVY LUNCH CASH

3/2/12

LUNCH

VEGETARIAN JAPANESE NOODLE SOUP

WATER, CARROTS, GARBANZO BEANS,
BEER COOKING, EGG NOODLES , DICED
WHITE ONIONS, BASE VEGAN SAVORY
RSTD VEGETABLE, SOY SAUCE,
VEGETABLE SALAD OIL, CIDER VINEGAR,
GROUND BLACK PEPPER

Nutrition Facts

Portion Size	6 oz Portion
calories	41.80
fat (gm)	1.80
sat fat (gm)	0.20
chol (mg)	8.40
sodium (mg)	150.00
carbs (gm)	4.90
fiber (gm)	0.30
protein (gm)	1.20

IVY LUNCH CASH

3/2/12

LUNCH

BREADED CHICKEN FINGERS

BREADED CHICKEN TENDERS

Nutrition Facts

Portion Size	4 piece
calories	425.80
fat (gm)	28.30
sat fat (gm)	5.70
chol (mg)	65.00
sodium (mg)	775.50
carbs (gm)	20.90
fiber (gm)	
protein (gm)	20.60

IVY LUNCH CASH

3/2/12

LUNCH

CHICKEN CAESAR WRAP

CHICKEN BREAST BNLSKL 4oz, ROMAINE
LETTUCE, WHITE TORTILLA , GRATED
ROMANO CHEESE , KEN'S CAESAR DELUXE
DRESSING, SALT, GRANULATED GARLIC,
GROUND PAPRIKA, GROUND BLACK
PEPPER

Nutrition Facts

Portion Size	11 oz Portion
calories	746.10
fat (gm)	37.90
sat fat (gm)	11.60
chol (mg)	140.40
sodium (mg)	1378.60
carbs (gm)	39.20
fiber (gm)	1.90
protein (gm)	62.60

IVY LUNCH CASH

3/2/12

LUNCH

IVY FISH SANDWICH

FISH HADDOCK FILET BRD FRZ 4OZ, ROLL DELI SPLIT TOP, GREEN LEAF LETTUCE, TOMATOES, PICKLES SPEARS DELI FRESH, MAYONNAISE , RELISH SWEET GREEN

<u>Nutrition Facts</u>	
Portion Size	8 OZ PORTION
calories	152.00
fat (gm)	14.70
sat fat (gm)	2.20
chol (mg)	7.30
sodium (mg)	417.50
carbs (gm)	4.30
fiber (gm)	1.20
protein (gm)	1.00

IVY LUNCH CASH

3/2/12

LUNCH

IVY ANGELL POCKET SANDWICH

WHITE SYRIAN BREAD, TOMATOES, PICKLES SPEARS DELI FRESH, GARBANZO BEANS, BULGUR CRACKED WHEAT , FRESH PARSLEY, CUCUMBER, TAHINI PASTE, LEMON JUICE, VIRGIN OLIVE OIL, SPINACH, DICED WHITE ONIONS, WATER, SALT, GARLIC, SPICE CUMIN GROUND, GROUND ALL SPICE, MINT LEAVES

<u>Nutrition Facts</u>	
Portion Size	7.480 oz Portion
calories	547.40
fat (gm)	14.00
sat fat (gm)	1.70
chol (mg)	0.00
sodium (mg)	735.90
carbs (gm)	88.40
fiber (gm)	1.80
protein (gm)	16.60

IVY LUNCH CASH

3/2/12

LUNCH

IVY BACON-LETTUCE-TOMATO SAND

WHITE PULLMAN BREAD, TOMATOES, GREEN LEAF LETTUCE, SLICED BACON, PICKLES SLICED DILLS THIN, MAYONNAISE

<u>Nutrition Facts</u>	
Portion Size	5 oz Portion
calories	404.30
fat (gm)	23.20
sat fat (gm)	5.20
chol (mg)	36.90
sodium (mg)	806.50
carbs (gm)	32.30
fiber (gm)	1.10
protein (gm)	15.80

IVY LUNCH CASH

3/2/12

LUNCH

IVY BUFFALO CHICKEN WRAP

CHICKEN BREAST BNLSKL 4oz, TOMATO AND BASIL TORTILLA , TOMATOES, GREEN LEAF LETTUCE, KEN'S BLUE CHEESE CREAMY DELUXE DRESSING, BUFFALO HOT SAUCE FRANK'S

Nutrition Facts	
Portion Size	portion
calories	523.50
fat (gm)	17.30
sat fat (gm)	4.80
chol (mg)	99.80
sodium (mg)	765.20
carbs (gm)	46.60
fiber (gm)	0.60
protein (gm)	42.30

IVY LUNCH CASH

3/2/12

LUNCH

IVY CHARLESFIELD SANDWICH

BOARS HEAD ROAST BEEF, ROLLS CAL BULKIE CORNML, PICKLES SPEARS DELI FRESH, TOMATOES, MUENSTER CHEESE, MUSHROOMS FRESH, GREEN LEAF LETTUCE, SOUR CREAM, HORSERADISH, SALT, GROUND MUSTARD, GROUND WHITE PEPPER

Nutrition Facts	
Portion Size	SANDWICH
calories	518.80
fat (gm)	18.10
sat fat (gm)	8.70
chol (mg)	79.90
sodium (mg)	1269.30
carbs (gm)	50.90
fiber (gm)	3.50
protein (gm)	40.00

IVY LUNCH CASH

3/2/12

LUNCH

IVY CHICKEN SALAD SANDWICH

ROLLS CAL BULKIE CORNML, CHICKEN MEAT CKD 1/2" FRZ, TOMATOES, MAYONNAISE , FRESH CELERY STALKS, PICKLES SLICED DILLS THIN, GREEN LEAF LETTUCE, SALT, GROUND WHITE PEPPER

Nutrition Facts	
Portion Size	10.670 oz Portion
calories	639.60
fat (gm)	35.80
sat fat (gm)	5.60
chol (mg)	66.30
sodium (mg)	1171.60
carbs (gm)	49.40
fiber (gm)	3.50
protein (gm)	28.30

IVY LUNCH CASH

3/2/12

LUNCH

IVY GRILLED AM CHEESE SANDWICH

AMERICAN CHEESE, PICKLES SLICED DILLS THIN, WHITE PULLMAN BREAD, SHORTENING PHASE BUTTER SUB

<u>Nutrition Facts</u>	
Portion Size	4 oz Portion
calories	111.70
fat (gm)	9.20
sat fat (gm)	6.00
chol (mg)	22.50
sodium (mg)	615.50
carbs (gm)	1.80
fiber (gm)	0.10
protein (gm)	6.20

IVY LUNCH CASH

3/2/12

LUNCH

IVY GRILLED CHEESE&TOMATO SAND

WHEAT VIENNA BREAD, AMERICAN CHEESE, TOMATOES, PICKLES SLICED DILLS THIN, SHORTENING PHASE BUTTER SUB

<u>Nutrition Facts</u>	
Portion Size	5 oz Portion
calories	446.30
fat (gm)	21.30
sat fat (gm)	12.70
chol (mg)	44.80
sodium (mg)	1587.90
carbs (gm)	43.90
fiber (gm)	3.70
protein (gm)	21.70

IVY LUNCH CASH

3/2/12

LUNCH

IVY GRILLED CHEESEBURGER

BEEF CHUCK ROLL NATURAL, HAMBURGER BUN, AMERICAN CHEESE, SHORTENING PHASE BUTTER SUB

<u>Nutrition Facts</u>	
Portion Size	5.320 oz Portion
calories	202.60
fat (gm)	8.20
sat fat (gm)	4.00
chol (mg)	14.90
sodium (mg)	659.40
carbs (gm)	25.50
fiber (gm)	
protein (gm)	8.00

IVY LUNCH CASH

3/2/12

LUNCH

IVY GRILLED FRANKFURT ON BUN

BEEF FRANKS, HOT DOG BUN,
SHORTENING PHASE BUTTER SUB

Nutrition Facts	
Portion Size	5.090 oz Portion
calories	252.40
fat (gm)	14.70
sat fat (gm)	5.00
chol (mg)	22.60
sodium (mg)	719.30
carbs (gm)	23.00
fiber (gm)	0.00
protein (gm)	8.80

IVY LUNCH CASH**3/2/12****LUNCH**

IVY GRILLED HAM & CHEESE SANDWICH

BOARS HEAD BLACK FOREST HAM, WHITE
PULLMAN BREAD, AMERICAN CHEESE,
SHORTENING PHASE BUTTER SUB

Nutrition Facts	
Portion Size	5 oz Portion
calories	328.90
fat (gm)	12.20
sat fat (gm)	6.00
chol (mg)	68.00
sodium (mg)	1441.20
carbs (gm)	31.10
fiber (gm)	
protein (gm)	25.20

IVY LUNCH CASH**3/2/12****LUNCH**

IVY GRILLED HAMBURGER REG

BEEF CHUCK ROLL NATURAL, HAMBURGER
BUN, SHORTENING PHASE BUTTER SUB

Nutrition Facts	
Portion Size	4.320 oz Portion
calories	133.00
fat (gm)	2.20
sat fat (gm)	0.00
chol (mg)	0.00
sodium (mg)	321.20
carbs (gm)	25.00
fiber (gm)	
protein (gm)	4.00

IVY LUNCH CASH**3/2/12****LUNCH**

IVY ROOM TURKEY & GOUDA (SIDNEY FRAN)

BOARS HEAD OVEN ROASTED TURKEY,
TOMATO AND BASIL TORTILLA ,
GARLIC/HERB TORTILLA , WHITE TORTILLA ,
SPINACH TORTILLA , GOUDA CHEESE,
DIJON MUSTARD, MAYONNAISE , EGG
PLANT, RED ONIONS, ZUCCHINI SQUASH,
RED PEPPERS, YELLOW SUMMER SQUASH,
SALT, GRANULATED GARLIC, GROUND
BLACK PEPPER, OIL PAN COATING SPRAY
AEROSOL SOY

Nutrition Facts	
Portion Size	each
calories	448.10
fat (gm)	18.00
sat fat (gm)	5.90
chol (mg)	48.30
sodium (mg)	1347.70
carbs (gm)	39.00
fiber (gm)	0.90
protein (gm)	31.00

IVY LUNCH CASH**3/2/12****LUNCH**

IVY SHAVED STK & CHS SANDWICH

SHAVED STEAK, TORPEDO ROLL,
PROVOLONE CHEESE, WHITE ONION

Nutrition Facts	
Portion Size	4.500 oz Portion
calories	429.60
fat (gm)	14.00
sat fat (gm)	9.00
chol (mg)	44.50
sodium (mg)	747.20
carbs (gm)	41.10
fiber (gm)	0.40
protein (gm)	33.30

IVY LUNCH CASH**3/2/12****LUNCH**

IVY SLICED HAM SANDWICH

BOARS HEAD BLACK FOREST HAM, ROLLS
CAL BULKIE CORNML, TOMATOES, PICKLES
SLICED DILLS THIN, GREEN LEAF LETTUCE,
MUSTARD SALAD

Nutrition Facts	
Portion Size	10.420 oz Portion
calories	399.10
fat (gm)	6.00
sat fat (gm)	0.60
chol (mg)	51.50
sodium (mg)	1473.10
carbs (gm)	57.10
fiber (gm)	3.30
protein (gm)	27.50

IVY LUNCH CASH**3/2/12****LUNCH**

IVY SLICED ROAST BEEF SANDWICH

BOARS HEAD ROAST BEEF, ROLLS CAL BULKIE CORNML, TOMATOES, PICKLES SLICED DILLS THIN, GREEN LEAF LETTUCE, MAYONNAISE

Nutrition Facts	
Portion Size	SANDWICH
calories	542.70
fat (gm)	20.80
sat fat (gm)	4.20
chol (mg)	57.50
sodium (mg)	962.50
carbs (gm)	54.40
fiber (gm)	3.30
protein (gm)	36.00

IVY LUNCH CASH**3/2/12****LUNCH**

IVY SLICED TURKEY BREAST SAND

BOARS HEAD OVEN ROASTED TURKEY, ROLLS CAL BULKIE CORNML, TOMATOES, PICKLES SLICED DILLS THIN, GREEN LEAF LETTUCE, MAYONNAISE

Nutrition Facts	
Portion Size	10.670 oz Portion
calories	508.40
fat (gm)	18.30
sat fat (gm)	2.40
chol (mg)	40.40
sodium (mg)	1425.00
carbs (gm)	53.50
fiber (gm)	3.30
protein (gm)	32.60

IVY LUNCH CASH**3/2/12****LUNCH**

IVY SPICY CHICKEN SANDWICH

CHICKEN BRST BRD SPICY 4.3 oz, ROLLS BULKIE WHITE CALISE , KEN'S BLUE CHEESE DRESSING, TOMATOES, GREEN LEAF LETTUCE

Nutrition Facts	
Portion Size	10 - OZ SANDWICH
calories	791.40
fat (gm)	45.80
sat fat (gm)	7.40
chol (mg)	88.30
sodium (mg)	1963.60
carbs (gm)	60.00
fiber (gm)	1.90
protein (gm)	35.80

IVY LUNCH CASH**3/2/12****LUNCH**

IVY TUNAFISH SALAD SANDWICH

TUNA WHITE SOLID IN WATER, ROLLS CAL BULKIE CORNML, TOMATOES, MAYONNAISE , PICKLES SLICED DILLS THIN, GREEN LEAF LETTUCE, FRESH PARSLEY, SALT, FREEZE DRIED CHIVES, GROUND BLACK PEPPER

Nutrition Facts

Portion Size	SANDWICH
calories	717.20
fat (gm)	38.90
sat fat (gm)	6.30
chol (mg)	86.60
sodium (mg)	1502.30
carbs (gm)	50.70
fiber (gm)	3.20
protein (gm)	43.20

IVY LUNCH CASH

3/2/12

LUNCH

IVY WATERMAN SANDWICH

BOARS HEAD OVEN ROASTED TURKEY, ROLLS CAL BULKIE CORNML, TOMATOES, SLICED CHEDDAR CHEESE, PICKLES SPEARS DELI FRESH, GREEN LEAF LETTUCE, MAYONNAISE , SLICED BACON

Nutrition Facts

Portion Size	SANDWICH
calories	600.20
fat (gm)	28.00
sat fat (gm)	9.00
chol (mg)	72.80
sodium (mg)	1565.00
carbs (gm)	48.00
fiber (gm)	3.00
protein (gm)	38.40

IVY LUNCH CASH

3/2/12

LUNCH

MANICOTTI PIEDMONTESE

CHEESE MANICOTTI, WATER, WHOLE MILK, TOMATOES, MARGARINE 1# SOLIDS (MILK FREE), UNBLEACHED FLOUR, DICED WHITE ONIONS, EGGS SHELL ORGANIC-CAGE FREE, VIRGIN OLIVE OIL, SALT, GRANULATED CANE SUGAR, GARLIC CHOPPED/IN OIL, GROUND BLACK PEPPER, GROUND WHITE PEPPER, BASIL LEAVES, CRUSHED RED PEPPER, OREGANO, BAY LEAVES, GROUND NUTMEG, GROUND CLOVES

Nutrition Facts

Portion Size	8 oz Portion
calories	382.80
fat (gm)	20.10
sat fat (gm)	0.80
chol (mg)	7.90
sodium (mg)	577.80
carbs (gm)	30.30
fiber (gm)	0.10
protein (gm)	19.90

IVY LUNCH CASH

3/2/12

LUNCH

Sauces for Chicken Fingers

SWEET & SOUR SAUCE, BBQ SAUCE,
HONEY MUSTARD

Nutrition Facts	
Portion Size	Each
calories	52.00
fat (gm)	1.60
sat fat (gm)	0.20
chol (mg)	2.90
sodium (mg)	168.40
carbs (gm)	9.80
fiber (gm)	
protein (gm)	0.20

IVY LUNCH CASH

3/2/12

LUNCH

TURKEY CRANBERRY MAYONNAI

BOARS HEAD OVEN ROASTED TURKEY,
FLOUR TORTILLA, FRESH PLUM TOMATOES,
GREEN LEAF LETTUCE, JELLIED
CRANBERRY SAUCE, MAYONNAISE

Nutrition Facts	
Portion Size	11.250 oz Portion
calories	393.80
fat (gm)	17.30
sat fat (gm)	2.40
chol (mg)	35.80
sodium (mg)	640.30
carbs (gm)	35.10
fiber (gm)	0.60
protein (gm)	24.80

IVY LUNCH CASH

3/2/12

LUNCH

VEGGIE PATTIES ORIGINAL

VEG PATTY ORIGINAL, ROLLS BULKIE
WHEAT CALISE

Nutrition Facts	
Portion Size	4 oz Portion
calories	204.30
fat (gm)	5.00
sat fat (gm)	1.60
chol (mg)	8.20
sodium (mg)	680.30
carbs (gm)	31.30
fiber (gm)	
protein (gm)	10.40

IVY LUNCH CASH

3/2/12

LUNCH

FRENCH FRIED ONION RINGS

BATTERED ONION RINGS

Nutrition Facts

Portion Size	3oz portion
calories	281.90
fat (gm)	15.90
sat fat (gm)	7.10
chol (mg)	14.40
sodium (mg)	439.90
carbs (gm)	32.00
fiber (gm)	
protein (gm)	3.80

IVY LUNCH CASH**3/2/12****LUNCH**

FRENCH FRIES CURLEY IVY ROOM

FRENCH FRIES

Nutrition Facts

Portion Size	3 oz Portion
calories	160.10
fat (gm)	7.00
sat fat (gm)	1.00
chol (mg)	0.00
sodium (mg)	300.20
carbs (gm)	22.00
fiber (gm)	
protein (gm)	2.00

IVY LUNCH CASH**3/2/12****LUNCH**

RICE WITH PEAS AND CORIAN

WHITE RICE, GREEN PEAS, MARGARINE 1#
SOLIDS (MILK FREE), SALT, SPICE
CORIANDER SEED, GROUND WHITE
PEPPER, WATER**Nutrition Facts**

Portion Size	4 oz Portion
calories	159.60
fat (gm)	0.60
sat fat (gm)	0.20
chol (mg)	0.00
sodium (mg)	198.70
carbs (gm)	33.60
fiber (gm)	1.20
protein (gm)	3.80

IVY LUNCH CASH**3/2/12****LUNCH**

SWEET POTATO FRIES

SWEET POTATO FRIES

<u>Nutrition Facts</u>	
Portion Size	3 oz Portion
calories	182.10
fat (gm)	8.10
sat fat (gm)	0.50
chol (mg)	0.00
sodium (mg)	121.40
carbs (gm)	25.30
fiber (gm)	
protein (gm)	2.00

IVY LUNCH CASH

3/2/12

LUNCH

WHOLE GREEN BEANS FZ

WHOLE GREEN BEANS

<u>Nutrition Facts</u>	
Portion Size	3 oz Portion
calories	21.40
fat (gm)	0.10
sat fat (gm)	0.00
chol (mg)	0.00
sodium (mg)	0.80
carbs (gm)	4.90
fiber (gm)	2.30
protein (gm)	1.10

IVY LUNCH CASH

3/2/12

LUNCH

IVY RM ASST FRESH WHOLE F

BANANAS, BARTLETTS PEARS , ORANGES
FRESH NAVEL, RED DELICIOUS APPLES

<u>Nutrition Facts</u>	
Portion Size	7.020 oz Portion
calories	13.00
fat (gm)	0.00
sat fat (gm)	0.00
chol (mg)	0.00
sodium (mg)	0.20
carbs (gm)	3.40
fiber (gm)	0.50
protein (gm)	0.10

IVY LUNCH CASH

3/2/12

LUNCH

BREAD PUDDING

WATER, EGGS - LIQUID, NON-FAT MILK,
GRANULATED CANE SUGAR, WHITE
PULLMAN BREAD, RAISINS, MARGARINE,
VANILLA EXTRACT, UNBLEACHED FLOUR,
SALT, GROUND NUTMEG

Nutrition Facts

Portion Size	6.350 oz Portion
calories	226.50
fat (gm)	4.60
sat fat (gm)	1.20
chol (mg)	111.10
sodium (mg)	385.30
carbs (gm)	36.40
fiber (gm)	0.20
protein (gm)	10.50

IVY LUNCH CASH**3/2/12****LUNCH**

COOKIES ASST HM '06

CAKE FLOUR, BUTTER, GRANULATED CANE
SUGAR, CHOCOLATE CHIPS, LIGHT BROWN
SUGAR, QUICK OATS, UNBLEACHED
FLOUR, EGGS - LIQUID, RAISINS,
RASPBERRY FILLING, DATES PITTED
WHOLE, FILLING ORANGE PINEAPPLE,
WATER, VANILLA EXTRACT, BAKING SODA ,
NON-FAT MILK, GROUND CINNAMON,
GROUND NUTMEG

Nutrition Facts

Portion Size	COOKIE
calories	109.20
fat (gm)	4.80
sat fat (gm)	0.70
chol (mg)	6.50
sodium (mg)	55.80
carbs (gm)	15.80
fiber (gm)	0.40
protein (gm)	1.30

IVY LUNCH CASH**3/2/12****LUNCH**

DOUBLE LAYER YELLOW CAKE

YELLOW CAKE MIX, WATER, VANILLA
EXTRACT

Nutrition Facts

Portion Size	5.350 oz Portion
calories	417.90
fat (gm)	12.60
sat fat (gm)	3.50
chol (mg)	21.90
sodium (mg)	700.40
carbs (gm)	70.50
fiber (gm)	0.00
protein (gm)	6.10

IVY LUNCH CASH**3/2/12****LUNCH**

FOCACCIA W/ROSEMARY

UNBLEACHED FLOUR, WATER, VIRGIN OLIVE OIL, FRESH ROSEMARY, GARLIC CHOPPED/IN OIL, YEAST, GRANULATED CANE SUGAR, SALT

Nutrition Facts

Portion Size	PORTIONS
calories	172.20
fat (gm)	5.20
sat fat (gm)	0.70
chol (mg)	0.00
sodium (mg)	167.80
carbs (gm)	27.10
fiber (gm)	1.00
protein (gm)	3.70

IVY LUNCH CASH**3/2/12****LUNCH**

PIE BLUEBERRY CT-8

FILLING BLUEBERRY JAR , PASTRY FLOUR, ALL PURPOSE SHORTENING, WATER, EGGS SHELL ORGANIC-CAGE FREE, SALT, NON-FAT MILK, GRANULATED CANE SUGAR, HALF & HALF CREAM

Nutrition Facts

Portion Size	5.540 oz Portion
calories	3536.50
fat (gm)	143.00
sat fat (gm)	56.50
chol (mg)	102.10
sodium (mg)	2033.30
carbs (gm)	533.30
fiber (gm)	24.40
protein (gm)	23.90

IVY LUNCH CASH**3/2/12****LUNCH**

RASPBERRY JELLO

WATER, HEAVY CREAM, GRANULATED CANE SUGAR, GELATIN RASPBERRY, VANILLA EXTRACT

Nutrition Facts

Portion Size	4.560 oz Portion
calories	109.40
fat (gm)	9.70
sat fat (gm)	6.50
chol (mg)	40.30
sodium (mg)	9.00
carbs (gm)	3.00
fiber (gm)	0.00
protein (gm)	0.10

IVY LUNCH CASH**3/2/12****LUNCH**