
HAWAIIAN PIZZA '05

PIZZA SAUCE COLD MIX,ROMANO CHEESE
GRATED,HAM BNLS SMK OVAL FDL,SPICE
OREGANO LEAF WHL XX,PIZZA BLEND
CHEESE,CRUSHED PINEAPPLE,PIZZA CRUST
ORIG PIZZA

Nutrition Facts	
Portion Size	~PIZZA
calories	515
fat (gm)	22.6
sat fat (gm)	8.5
chol (mg)	46.9
sodium (mg)	1430.9
carbs (gm)	52.2
protein (gm)	31.1
calcium (gm)	422.77
iron (gm)	2.93

IVY LUNCH CASH

11/9/09

LUNCH

BBQ CHICKEN PIZZA '05

BBQ SAUCE CATTLEMEN'S,ROMANO CHEESE
GRATED,CHICKEN MEAT,SPICE OREGANO
LEAF WHL XX,PIZZA BLEND CHEESE,PIZZA
CRUST ORIG PIZZA

Nutrition Facts	
Portion Size	~PIZZA
calories	481
fat (gm)	21.6
sat fat (gm)	8.4
chol (mg)	55.1
sodium (mg)	984.1
carbs (gm)	51.9
protein (gm)	33.1
calcium (gm)	483.04
iron (gm)	20.36

IVY LUNCH CASH

11/9/09

LUNCH

BLACK BEAN SWEET POTATO RAGOUT

OIL SALAD 90/10 ARREZZIO,ONIONS WHITE
DICED 1/4",GARLIC CHOPPED/IN OIL,GROUND
CUMIN,WATER,BASE MIREPOIX,POTATOES
YAMS CUBE 1/2,BEANS BL TURTLE CANNED
DRAINED

Nutrition Facts	
Portion Size	8 OZ PORTION
calories	161
fat (gm)	0.8
sat fat (gm)	0.1
chol (mg)	0.2
sodium (mg)	459.4
carbs (gm)	33.9
protein (gm)	5.4
calcium (gm)	45.08
iron (gm)	1.89

IVY LUNCH CASH

11/9/09

LUNCH

BREAD HERB CUT-10 ('08)

WATER,LIQUID
EGGS,MARGARINE,SALT,GRANULATED
SUGAR,GROUND OREGANO,GROUND
THYME,GROUND BLACK PEPPER,PARSLEY
FLAKES,CELERY SEED,SPICE SAGE,WHEAT
GERM,QUICK OATS,FLOUR UNBLEACHED
UNBR SPRING KING,DRY MILK
POWDER,YEAST

Nutrition Facts	
Portion Size	SLICE
calories	157
fat (gm)	3.6
sat fat (gm)	0.8
chol (mg)	14.7
sodium (mg)	165.7
carbs (gm)	27.2
protein (gm)	5.1
calcium (gm)	40.88
iron (gm)	1.36

IVY LUNCH CASH**11/9/09****LUNCH**

CHICKEN CAESAR WRAP

TORTILLA WHITE,DRESS KENS CAESAR
DELUXE,ROMANO CHEESE GRATED,ROMAINE
LETTUCE CHOPPED,GRILLED CHICKEN

Nutrition Facts	
Portion Size	11 oz Portion
calories	514
fat (gm)	30.8
sat fat (gm)	8.7
chol (mg)	141.5
sodium (mg)	967.9
carbs (gm)	4.3
protein (gm)	51.3
calcium (gm)	352.74
iron (gm)	2.58

IVY LUNCH CASH**11/9/09****LUNCH**

CHICKEN CURRY

BNLS WHITE CHICKEN (RAW),VEGETABLE
SALAD OIL,GARLIC CHOPPED/IN OIL, Curry
Paste,COCONUT SWEET FLAKE,CHICKEN
BASE,WATER,BAMBOO SHOOTS DRAINED,Mint
Leaves Fresh

Nutrition Facts	
Portion Size	6 OZ PORTION
calories	189
fat (gm)	6.8
sat fat (gm)	3.8
chol (mg)	59.9
sodium (mg)	715.4
carbs (gm)	7.3
protein (gm)	23.9
calcium (gm)	19.66
iron (gm)	1.04

IVY LUNCH CASH**11/9/09****LUNCH**

CHINESE GREEN BEANS

BEANS WHOLE GREEN FRZ,SHITAKI
MUSHROOMS,MUSHROOMS FRESH
SLICED,GARLIC CHOPPED/IN OIL,SALT,SLICED
WATER CHESTNUTS DRAINED,RED PEPPERS
FINE JULIENNE

Nutrition Facts	
Portion Size	3 oz Portion
calories	38
fat (gm)	0.3
sat fat (gm)	0.0
chol (mg)	0.0
sodium (mg)	67.4
carbs (gm)	8.5
protein (gm)	1.4
calcium (gm)	30.17
iron (gm)	0.72

IVY LUNCH CASH

11/9/09

LUNCH

COOKIES ASST HM '06

DATEEN COOKIE, G COOKIES/ ALMOND
CRESCENT '06,COOKIES CHOCOLATE CHIP
'06,OATMEAL RAISIN COOKIES '06

Nutrition Facts	
Portion Size	COOKIE
calories	97
fat (gm)	2.0
sat fat (gm)	0.6
chol (mg)	8.7
sodium (mg)	42.3
carbs (gm)	18.9
protein (gm)	1.7
calcium (gm)	10.68
iron (gm)	0.81

IVY LUNCH CASH

11/9/09

LUNCH

COOKIES HERMITS

BUTTER BLEND ZERO TRANS bkshp -
jar,SUGAR,BUTTER BLEND ZERO TRANS bkshp
- jar,BAKING SODA,CINNAMON,GROUND
GINGER,MILK POWDER,GROUND
NUTMEG,LIQUID
EGGS,MOLASSES,WATER,PASTRY
FLOUR,FLOUR UNBLEACHED UNBR SPRING
KING,RAISINS

Nutrition Facts	
Portion Size	1.300 oz Portion
calories	100
fat (gm)	0.4
sat fat (gm)	0.1
chol (mg)	8.6
sodium (mg)	61.0
carbs (gm)	23.1
protein (gm)	1.6
calcium (gm)	18.48
iron (gm)	1.21

IVY LUNCH CASH

11/9/09

LUNCH

COUSCOUS

COUSCOUS BULK,SALT,VEGETABLE SALAD
OIL,WATER

Nutrition Facts

Portion Size	4 oz Portion
calories	181
fat (gm)	6.0
sat fat (gm)	0.5
chol (mg)	0.0
sodium (mg)	263.5
carbs (gm)	26.3
protein (gm)	4.3
calcium (gm)	9.37
iron (gm)	0.43

IVY LUNCH CASH

11/9/09

LUNCH

Flame Grilled Veggie Patty

Rolls Wheat Bulkie 6pk ,Veg Patty Flame
Grilled,HAMBURGER ROLL

Nutrition Facts

Portion Size	burger
calories	231
fat (gm)	5.8
sat fat (gm)	0.6
chol (mg)	1.8
sodium (mg)	510.0
carbs (gm)	27.5
protein (gm)	17.7
calcium (gm)	49.70
iron (gm)	1.38

IVY LUNCH CASH

11/9/09

LUNCH

FRESHENS BAR

MILK 2% GALLON,FRESHN CUP 21 OZ CLR
FRSHN,FRESHN YOGURT FR, VAN NF,FRESHN
YOGURT FR, DTC CHO,FRESHN TOP REESE
PCS MI,FRESHN SYRUP PEACH FRZN,FRESHN
SYRUP MANGO FRZN,FRESHN SYRUP CHOC
DK HERSHY,FRESHN STRAW JBO WRP 7.75
CLR,FRESHN SPOON SODA 8",FRESHN
SMOOTHIE BS YGRT NF,FRESHN SMOOTHIE
BS ORANGE,FRESHN SMOOTHIE BS NSA
VAN,FRESHN SMOOTHIE BS FRUIT,FRESHN
SMOOTHIE BS FRT NSA,FRSHN METRX VIT
FAT BURNER,FRSHN LYONS SHAKE MX
VAN,FRESHN MIX SHK PUR STRBRY
TFSP,FRESHN LID STRAW SLT 32-44
L32S,FRESHN LID DOME 12/16

Nutrition Facts

Portion Size	PORTION
calories	103
fat (gm)	1.7
sat fat (gm)	0.6
chol (mg)	1.4
sodium (mg)	11.8
carbs (gm)	23.1
protein (gm)	1.0
calcium (gm)	14.96
iron (gm)	0.51

IVY LUNCH CASH

11/9/09

LUNCH

GRILLED CHICKEN ALFREDO SANDWICH

CHICKEN BREAST BNLSKL 4oz,MUSHROOMS
FRESH SLICED,SALT,GRANULATED
GARLIC,GROUND BLACK PEPPER,GROUND
PAPRIKA,PIZZA BLEND CHEESE,ALFREDO
SAUCE,ROLL TORPEDO SUPERIOR

Nutrition Facts	
Portion Size	10 OZ PORTION
calories	653
fat (gm)	32.6
sat fat (gm)	16.6
chol (mg)	175.9
sodium (mg)	763.0
carbs (gm)	40.4
protein (gm)	50.3
calcium (gm)	330.40
iron (gm)	3.93

IVY LUNCH CASH

11/9/09

LUNCH

GRILLED VEGETABLE WRAP

TORTILLA SPINACH,HONEY MUSTARD SAUCE
CONV,ZUCCHINI SQUASH GRILLED,RED
ONIONS GRILLED,RED PEPPERS
GRILLED,EGG PLANT GRILLED,YELL SUMM
SQUASH GRILLED,GREEN LEAF LETTUCE

Nutrition Facts	
Portion Size	11.250 oz Portion
calories	285
fat (gm)	5.8
sat fat (gm)	0.9
chol (mg)	0.0
sodium (mg)	374.6
carbs (gm)	50.5
protein (gm)	8.3
calcium (gm)	126.55
iron (gm)	3.51

IVY LUNCH CASH

11/9/09

LUNCH

ITALIAN WRAP (COLOSSEUM)

SLICED PROVOLONE,GENOA SALAMI,SLICED
CAPICOLA (HOT HAM),PROSCIUTTO,SLICED
OLIVES RIPE,PEPPERS RINGS BANANA
HOT,SLICED TOMATOES,GREEN LEAF
LETTUCE,GRILLED RED ONIONS,DRESS KENS
PARM & PEPPER,TORTILLA GARLIC/HERB

Nutrition Facts	
Portion Size	SANDWICH
calories	727
fat (gm)	45.2
sat fat (gm)	14.8
chol (mg)	79.8
sodium (mg)	2250.9
carbs (gm)	49.6
protein (gm)	30.0
calcium (gm)	336.57
iron (gm)	4.31

IVY LUNCH CASH

11/9/09

LUNCH

IVY ANGELL POCKET SANDWICH

HUMmUS(CHICKPEA/GARLIC P,TABBOULI,CUCUMBER SLICED (4-5 PER),FR TOMATOE SLICED (2 PER),FR SPINACH (2-3 LEAVES),SYRIAN BREAD LARGE 7",PICKLES FRSH SPEAR SCHWTZ

Nutrition Facts	
Portion Size	7.480 oz Portion
calories	657
fat (gm)	22.9
sat fat (gm)	2.6
chol (mg)	0.0
sodium (mg)	898.2
carbs (gm)	94.4
protein (gm)	17.7
calcium (gm)	70.21
iron (gm)	4.47

IVY LUNCH CASH

11/9/09

LUNCH

IVY BACON-LETTUCE-TOMATO SAND

SLICED BACON,BREAD SANDWICH WHITE,TOMATOES SLICED 3/16",MAYONNAISE,PICKLE CIRCLES,GREEN LEAF LETTUCE

Nutrition Facts	
Portion Size	5 oz Portion
calories	375
fat (gm)	20.4
sat fat (gm)	6.0
chol (mg)	29.0
sodium (mg)	1005.4
carbs (gm)	33.6
protein (gm)	14.1
calcium (gm)	74.77
iron (gm)	2.66

IVY LUNCH CASH

11/9/09

LUNCH

IVY BENEVOLENT SANDWICH

BROCCOLI FLORETTE,FRESH CARROTS SLICED 1/8",MUSHROOMS FRSH SL TUBE,GREEN PEPPERS SL THIN,YELLOW ONIONS SL THIN,SYRIAN BREAD LARGE 7",PICKLES FRSH SPEAR SCHWTZ,SHREDDED CHEDDAR CHEESE

Nutrition Facts	
Portion Size	12 oz Portion
calories	514
fat (gm)	10.4
sat fat (gm)	5.5
chol (mg)	26.8
sodium (mg)	870.2
carbs (gm)	85.5
protein (gm)	21.5
calcium (gm)	271.48
iron (gm)	3.74

IVY LUNCH CASH

11/9/09

LUNCH

IVY BUFFALO CHICKEN WRAP

CHICKEN BREAST BNLSKL 4oz,
JULIENNED., GREEN LEAF LETTUCE, SLICED
TOMATOES, DRESS BLUE CHEESE CREAMY
DELUXE, TORTILLA TOM&BAS, BUFFALO HOT
SAUCE FRANK'S

Nutrition Facts	
Portion Size	portion
calories	544
fat (gm)	16.4
sat fat (gm)	3.4
chol (mg)	99.8
sodium (mg)	718.4
carbs (gm)	54.4
protein (gm)	41.6
calcium (gm)	143.17
iron (gm)	4.48

IVY LUNCH CASH

11/9/09

LUNCH

IVY CHARLESFIELD SANDWICH

HORSERADISH SAUCE, BEEF ROAST BOARS
HEAD, MUENSTER CHEESE, MUSHROOMS
FRESH, SLICED TOMATOES 3/16", PICKLES
FRSH SPEAR SCHWTZ, ROLLS BULKIE
CORNML CAL, GREEN LEAF LETTUCE

Nutrition Facts	
Portion Size	13.380 oz Portion
calories	565
fat (gm)	21.1
sat fat (gm)	9.5
chol (mg)	98.2
sodium (mg)	1377.9
carbs (gm)	51.7
protein (gm)	41.3
calcium (gm)	323.68
iron (gm)	6.67

IVY LUNCH CASH

11/9/09

LUNCH

IVY CHEESE INDIV PIZZA

PIZZA DOUGH 7" CRUST FRESCHETTA, PIZZA
SAUCE, PIZZA BLEND CHEESE

Nutrition Facts	
Portion Size	8 oz Portion
calories	509
fat (gm)	18.0
sat fat (gm)	7.0
chol (mg)	26.6
sodium (mg)	1015.1
carbs (gm)	65.6
protein (gm)	25.8
calcium (gm)	344.08
iron (gm)	3.07

IVY LUNCH CASH

11/9/09

LUNCH

IVY CHICKEN SALAD SANDWICH

CHICKEN SALAD 4/OZ,MAYONNAISE,SLICED
TOMATOES 3/16",PICKLE CIRCLES,ROLLS
BULKIE CORNML CAL,GREEN LEAF LETTUCE

Nutrition Facts	
Portion Size	10.670 oz Portion
calories	570
fat (gm)	24.1
sat fat (gm)	4.3
chol (mg)	60.2
sodium (mg)	1260.5
carbs (gm)	59.7
protein (gm)	28.3
calcium (gm)	125.42
iron (gm)	4.48

IVY LUNCH CASH

11/9/09

LUNCH

IVY GRILLED AM CHEESE SANDWICH

AMERICAN CHEESE 120CT,WHITE BREAD,PAN
& GRILL LIQ SHORTNG,PICKLE CIRCLES

Nutrition Facts	
Portion Size	4 oz Portion
calories	332
fat (gm)	15.6
sat fat (gm)	9.1
chol (mg)	37.6
sodium (mg)	998.8
carbs (gm)	46.3
protein (gm)	15.8
calcium (gm)	455.36
iron (gm)	2.02

IVY LUNCH CASH

11/9/09

LUNCH

IVY GRILLED CHEESE&TOMATO SAND

AMERICAN CHEESE SLICES,TOMATOES
SLICED,PAN&GRILL OIL,PICKLE
CIRCLES,BREAD WHEAT VIENNA CAL

Nutrition Facts	
Portion Size	5 oz Portion
calories	341
fat (gm)	14.7
sat fat (gm)	8.0
chol (mg)	30.2
sodium (mg)	990.4
carbs (gm)	50.8
protein (gm)	16.6
calcium (gm)	396.87
iron (gm)	2.96

IVY LUNCH CASH

11/9/09

LUNCH

IVY GRILLED CHEESEBURGER

BEEF GROUND PATTY 4/LB BS,AMERICAN
CHEESE,HAMBURGER ROLL,PAN & GRILL OIL

Nutrition Facts	
Portion Size	5.320 oz Portion
calories	384
fat (gm)	16.7
sat fat (gm)	7.1
chol (mg)	82.2
sodium (mg)	491.6
carbs (gm)	43.7
protein (gm)	27.6
calcium (gm)	269.46
iron (gm)	3.94

IVY LUNCH CASH

11/9/09

LUNCH

IVY GRILLED CHICKEN SANDWICH

ROLLS BULKIE CORNML CAL, GREEN LEAF
LETTUCE,FRESH TOMATOES, SLICED,Honey
Mustard PC 1 oz,BBQ Sauce PC 1 oz,Sweet &
Sour PC 1 oz,CHICKEN BREAST FILLET

Nutrition Facts	
Portion Size	Sandwich
calories	497
fat (gm)	12.9
sat fat (gm)	3.0
chol (mg)	95.3
sodium (mg)	581.5
carbs (gm)	50.7
protein (gm)	43.2
calcium (gm)	140.65
iron (gm)	6.43

IVY LUNCH CASH

11/9/09

LUNCH

IVY GRILLED FRANKFURT ON BUN

FRANKFURTERS BEEF,ROLL FRANKFURT,PAN
& GRILL OIL

Nutrition Facts	
Portion Size	SERVINGS
calories	261
fat (gm)	14.5
sat fat (gm)	5.7
chol (mg)	28.6
sodium (mg)	652.8
carbs (gm)	25.1
protein (gm)	8.6
calcium (gm)	56.06
iron (gm)	1.80

IVY LUNCH CASH

11/9/09

LUNCH

IVY GRILLED HAM & CHEESE SANDWICH

HAM BOARS HEAD BLCK FORST,AMERICAN
CHEESE,WHITE PULLMAN BREAD,OIL PAN &
GRILL SUNBURST

Nutrition Facts	
Portion Size	5 oz Portion
calories	337
fat (gm)	12.7
sat fat (gm)	6.1
chol (mg)	59.5
sodium (mg)	1736.4
carbs (gm)	38.6
protein (gm)	26.3
calcium (gm)	284.40
iron (gm)	2.25

IVY LUNCH CASH

11/9/09

LUNCH

IVY GRILLED HAMBURGER REG

BEEF GROUND PATTY 4/LB BS,HAMBURGER
ROLL,PAN&GRILL OIL

Nutrition Facts	
Portion Size	SANDWICH
calories	321
fat (gm)	12.0
sat fat (gm)	4.2
chol (mg)	70.2
sodium (mg)	308.1
carbs (gm)	42.1
protein (gm)	23.9
calcium (gm)	175.03
iron (gm)	3.78

IVY LUNCH CASH

11/9/09

LUNCH

IVY PASTRAMI SANDWICH

PASTRAMI BOARS HEAD,MUSTARD
SALAD,SLICED TOMATOES 3/16",PICKLE
CIRCLES,ROLLS BULKIE CORNML CAL,GREEN
LEAF LETTUCE

Nutrition Facts	
Portion Size	9oz portion
calories	487
fat (gm)	22.5
sat fat (gm)	7.2
chol (mg)	59.3
sodium (mg)	1491.2
carbs (gm)	50.1
protein (gm)	20.1
calcium (gm)	102.84
iron (gm)	4.54

IVY LUNCH CASH

11/9/09

LUNCH

IVY PEPPERONI INDIV PIZZA

PIZZA DOUGH 7" CRUST FRESCHETTA,PIZZA SAUCE,PIZZA BLEND CHEESE,SLICED PEPPERONI

Nutrition Facts	
Portion Size	8 oz Portion
calories	545
fat (gm)	21.2
sat fat (gm)	8.1
chol (mg)	32.2
sodium (mg)	1159.8
carbs (gm)	65.8
protein (gm)	27.3
calcium (gm)	344.79
iron (gm)	3.17

IVY LUNCH CASH

11/9/09

LUNCH

IVY PM SPIN/TOMATO INDIV PIZZA

PIZZA DOUGH 7" CRUST FRESCHETTA,SPINACH/TOM/FETA(RETAIL),SHF MOZZARELLA CHESE

Nutrition Facts	
Portion Size	PIZZA
calories	522
fat (gm)	17.9
sat fat (gm)	7.3
chol (mg)	27.9
sodium (mg)	1225.4
carbs (gm)	68.9
protein (gm)	22.6
calcium (gm)	328.57
iron (gm)	4.31

IVY LUNCH CASH

11/9/09

LUNCH

IVY POWER MELT SANDWICH

GREEN LEAF LETTUCE,DIJON MUSTARD,PASTRAMI BOARS HEAD,SWISS CHEESE SL THIN 1 OZ,FRESH TOMATOES SLICED,PICKLES FRSH SPEAR SCHWTZ,ROLLS BULKIE CORNML CAL

Nutrition Facts	
Portion Size	SANDWICH
calories	702
fat (gm)	37.7
sat fat (gm)	14.5
chol (mg)	105.2
sodium (mg)	2700.4
carbs (gm)	56.5
protein (gm)	33.5
calcium (gm)	405.93
iron (gm)	5.45

IVY LUNCH CASH

11/9/09

LUNCH

IVY RM FRENCH FRIED POTATOES 4/OZ

FRENCH FRIES THIN CUT

Nutrition Facts

Portion Size	4 oz Portion
calories	370
fat (gm)	21.2
sat fat (gm)	8.6
chol (mg)	0.0
sodium (mg)	695.1
carbs (gm)	42.8
protein (gm)	4.0
calcium (gm)	13.61
iron (gm)	1.88

IVY LUNCH CASH

11/9/09

LUNCH

IVY SANDW turkey & gouda (Sidney Frank)

TORTILLA WRAPS ASSORTMENT, TURKEY GLD
OVEN RST BOARS, GOUDA CHEESE, MUSTARD
DIJON GREY P 3LB, MAYONNAISE, VEGAN
GRILLED VEGETABLES**Nutrition Facts**

Portion Size	each
calories	422
fat (gm)	16.1
sat fat (gm)	5.1
chol (mg)	63.1
sodium (mg)	1064.5
carbs (gm)	40.2
protein (gm)	27.8
calcium (gm)	191.81
iron (gm)	3.53

IVY LUNCH CASH

11/9/09

LUNCH

IVY SHAVED STK & CHS SANDWICH

1-SHAVED STEAK 4/OZ, 2-SLICED PROVOLONE
1/OZ, ONIONS SLICED 1/8" WHITE, ROLL
TORPEDO SUPERIOR**Nutrition Facts**

Portion Size	4.500 oz Portion
calories	481
fat (gm)	16.7
sat fat (gm)	9.5
chol (mg)	44.4
sodium (mg)	804.1
carbs (gm)	44.5
protein (gm)	36.4
calcium (gm)	359.62
iron (gm)	5.77

IVY LUNCH CASH

11/9/09

LUNCH

IVY SLICED HAM SANDWICH

HAM BOARS HEAD BLCK FORST,MUSTARD
SALAD,SLICED TOMATOES 3/16",PICKLE
CIRCLES,GREEN LEAF LETTUCE,ROLLS
BULKIE CORNML CAL

Nutrition Facts

Portion Size	10.420 oz Portior
calories	425
fat (gm)	9.2
sat fat (gm)	2.2
chol (mg)	45.2
sodium (mg)	2176.2
carbs (gm)	55.4
protein (gm)	28.9
calcium (gm)	116.57
iron (gm)	4.50

IVY LUNCH CASH

11/9/09

LUNCH

IVY SLICED ROAST BEEF SANDWICH

ROLLS BULKIE CORNML CAL,BEEF ROAST
BOARS HEAD,MAYONNAISE,SLICED
TOMATOES 3/16",PICKLE CIRCLES,GREEN
LEAF LETTUCE

Nutrition Facts

Portion Size	10.670 oz Portior
calories	542
fat (gm)	16.8
sat fat (gm)	3.8
chol (mg)	79.0
sodium (mg)	975.7
carbs (gm)	58.1
protein (gm)	38.0
calcium (gm)	116.54
iron (gm)	6.79

IVY LUNCH CASH

11/9/09

LUNCH

IVY SLICED TURKEY BREAST SAND

GREEN LEAF LETTUCE,TURKEY GLD OVEN
RST BOARS,MAYONNAISE,SLICED TOMATOES
3/16",PICKLE CIRCLES,ROLLS BULKIE CORNML
CAL

Nutrition Facts

Portion Size	10.670 oz Portior
calories	509
fat (gm)	15.3
sat fat (gm)	3.2
chol (mg)	55.0
sodium (mg)	1564.7
carbs (gm)	61.1
protein (gm)	30.9
calcium (gm)	116.54
iron (gm)	5.36

IVY LUNCH CASH

11/9/09

LUNCH

IVY SMOKY CHICKEN CHIPOTLE INDIV PIZZA

PIZZA DOUGH 7" CRUST
FRESCHETTA,CHIPOTLE MAYONNAISE,PIZZA
BLEND CHEESE,CHICKEN MEAT,BROCCOLI
CUTS FZ

Nutrition Facts	
Portion Size	PIZZA
calories	691
fat (gm)	30.6
sat fat (gm)	9.8
chol (mg)	59.7
sodium (mg)	1191.0
carbs (gm)	72.6
protein (gm)	36.9
calcium (gm)	405.16
iron (gm)	3.54

IVY LUNCH CASH

11/9/09

LUNCH

IVY SPICY CHICKEN SANDWICH

ROLL BULKIE CALISE 6 ct,Chicken brst brd spicy
4.3 oz,GREEN LEAF LETTUCE,FRESH
TOMATOES,BLUE CHEESE DRESSING

Nutrition Facts	
Portion Size	10 - OZ SANDWI
calories	414
fat (gm)	21.4
sat fat (gm)	4.2
chol (mg)	30.3
sodium (mg)	996.0
carbs (gm)	45.5
protein (gm)	9.1
calcium (gm)	84.06
iron (gm)	2.77

IVY LUNCH CASH

11/9/09

LUNCH

IVY SUPREME INDIV PIZZA

PIZZA DOUGH 7" CRUST FRESCHETTA,PIZZA
SAUCE COLD MIX,PIZZA BLEND
CHEESE,PEPPERONI SLICED,PIZZA TOPPING
SAUSAGE,PEPPERS GRN
DICED/1/4,MUSHROOMS FRESH,SLICED
OLIVES RIPE

Nutrition Facts	
Portion Size	PORTION
calories	572
fat (gm)	23.1
sat fat (gm)	8.7
chol (mg)	37.3
sodium (mg)	1241.0
carbs (gm)	66.8
protein (gm)	28.8
calcium (gm)	349.38
iron (gm)	3.46

IVY LUNCH CASH

11/9/09

LUNCH

IVY TUNAFISH SALAD SANDWICH

ROLLS BULKIE CORNML CAL, TUNA FISH
4/OZ, MAYONNAISE, SLICED TOMATOES
3/16", PICKLE CIRCLES, GREEN LEAF LETTUCE

Nutrition Facts	
Portion Size	10.670 oz Portion
calories	557
fat (gm)	18.1
sat fat (gm)	2.8
chol (mg)	41.8
sodium (mg)	1443.8
carbs (gm)	60.8
protein (gm)	37.1
calcium (gm)	125.84
iron (gm)	5.48

IVY LUNCH CASH

11/9/09

LUNCH

IVY VEGETABLE INDIV PIZZA

PIZZA DOUGH 7" CRUST FRESCHETTA, PIZZA
SAUCE, PIZZA BLEND CHEESE, PEPPERS GRN
DICED/1/4, ONIONS WHITE DICED
1/4", MUSHROOMS FRESH SLICED

Nutrition Facts	
Portion Size	8 oz Portion
calories	521
fat (gm)	18.1
sat fat (gm)	7.0
chol (mg)	26.6
sodium (mg)	1016.0
carbs (gm)	68.2
protein (gm)	26.3
calcium (gm)	348.54
iron (gm)	3.33

IVY LUNCH CASH

11/9/09

LUNCH

IVY WATERMAN SANDWICH

GREEN LEAF LETTUCE, MAYONNAISE, TURKEY
GLD OVEN RST BOARS, BACON, SLICED
CHEDDAR CHEESE, SLICED TOMATOES
3/16", PICKLES FRSH SPEAR SCHWITZ, ROLLS
BULKIE CORNML CAL

Nutrition Facts	
Portion Size	13.500 oz Portion
calories	604
fat (gm)	26.1
sat fat (gm)	10.0
chol (mg)	83.9
sodium (mg)	1753.1
carbs (gm)	54.8
protein (gm)	36.4
calcium (gm)	309.20
iron (gm)	5.08

IVY LUNCH CASH

11/9/09

LUNCH

JELLO SUGAR FREE ASST FLAV

GELATIN CITRUS ASST DIET,HOT
WATER,COLD WATER

Nutrition Facts	
Portion Size	portion
calories	0
fat (gm)	0.0
sat fat (gm)	0.0
chol (mg)	0.0
sodium (mg)	0.0
carbs (gm)	0.0
protein (gm)	0.0
calcium (gm)	0.00
iron (gm)	0.00

IVY LUNCH CASH

11/9/09

LUNCH

MEATBALL GRINDER

MEATBALLS-ITALIAN(BUT SH),SPAGHETTI
SAUCE,PARMESAN CHEESE,ROLL TORPEDO
SUPERIOR

Nutrition Facts	
Portion Size	9 oz Portion
calories	458
fat (gm)	16.7
sat fat (gm)	5.6
chol (mg)	85.7
sodium (mg)	1020.7
carbs (gm)	42.4
protein (gm)	32.9
calcium (gm)	135.70
iron (gm)	5.93

IVY LUNCH CASH

11/9/09

LUNCH

PARFAIT STRWBRY YOG GRANOLA

YOGURT STRAWB 5 LB,CEREAL GRANOLA
OATS & HONEY,FRESH
STRAWBERRY,STRAWBERRY TOPPING

Nutrition Facts	
Portion Size	GOBLET 8 oz
calories	464
fat (gm)	11.6
sat fat (gm)	7.5
chol (mg)	6.0
sodium (mg)	200.5
carbs (gm)	82.3
protein (gm)	12.5
calcium (gm)	262.28
iron (gm)	2.38

IVY LUNCH CASH

11/9/09

LUNCH

PARSLIED RICE

WATER MEASURED,SALT,WHITE PEPPER,CHOPPED FRESH PARSLEY,WHITE RICE

Nutrition Facts

Portion Size	4 oz Portion
calories	136
fat (gm)	0.3
sat fat (gm)	0.1
chol (mg)	0.0
sodium (mg)	202.4
carbs (gm)	29.6
protein (gm)	2.8
calcium (gm)	23.74
iron (gm)	1.39

IVY LUNCH CASH**11/9/09****LUNCH**

PUDDING DATE BUTTERSCOTCH CT-5

PASTRY FLOUR,GRANULATED SUGAR,BAKING POWDER X,DRY MILK POWDER,WATER,WHOLE PITTED DATES,MARGARINE,LIGHT BROWN SUGAR,VANILLA EXTRACT,BOILING WATER

Nutrition Facts

Portion Size	4 oz Portion
calories	218
fat (gm)	1.4
sat fat (gm)	0.3
chol (mg)	0.3
sodium (mg)	159.7
carbs (gm)	50.7
protein (gm)	1.7
calcium (gm)	51.85
iron (gm)	1.44

IVY LUNCH CASH**11/9/09****LUNCH**

SHRIMP BISQUE

MARGARINE,PAPRIKA,FLOUR UNBLEACHED UNBR SPRING KING,HOMOGENIZED MILK,FZ CLAM JUICE BOIL/STRAIN,WATER TO MARK ON KETTLE,CARROTS FINELY CHOPPED,COOKING SHERRY,SALT,WHITE PEPPER,SHRIMP IQF 100/200 CNT

Nutrition Facts

Portion Size	6 oz Portion
calories	161
fat (gm)	8.7
sat fat (gm)	3.0
chol (mg)	55.9
sodium (mg)	425.6
carbs (gm)	10.7
protein (gm)	8.8
calcium (gm)	125.11
iron (gm)	0.97

IVY LUNCH CASH**11/9/09****LUNCH**

SPICY BLACK BEAN VEG PATTY

VEG PATTY SPICY BLACK BEAN,HAMBURGER ROLL,Rolls Wheat Bulkie 6pk

<u>Nutrition Facts</u>	
Portion Size	burger
calories	98
fat (gm)	2.0
sat fat (gm)	0.5
chol (mg)	1.3
sodium (mg)	150.9
carbs (gm)	17.0
protein (gm)	2.8
calcium (gm)	37.11
iron (gm)	1.03

IVY LUNCH CASH

11/9/09

LUNCH

TURKEY CRANBERRY MAYONNAISE WRAP

COOKED TURKEY
BREAST,MAYONNAISE,JELLIED CRANBERRY SAUCE, GREEN LEAF LETTUCE, PLUM TOMATO JULIENNE, TORTILLA FLOUR 12"

<u>Nutrition Facts</u>	
Portion Size	11.250 oz Portion
calories	439
fat (gm)	14.6
sat fat (gm)	2.8
chol (mg)	63.2
sodium (mg)	674.1
carbs (gm)	39.4
protein (gm)	36.6
calcium (gm)	100.20
iron (gm)	3.26

IVY LUNCH CASH

11/9/09

LUNCH

VEGETARIAN LEEK AND POTATO SOUP

MARGARINE, ONIONS WHITE DICED 1/4", FRESH LEEKS THIN SLICED, WH PEELED POTATOES TH SL, BASE MIREPOIX, WATER, GROUND WHITE PEPPER

<u>Nutrition Facts</u>	
Portion Size	6 oz Portion
calories	97
fat (gm)	3.3
sat fat (gm)	0.7
chol (mg)	0.4
sodium (mg)	590.2
carbs (gm)	15.4
protein (gm)	2.3
calcium (gm)	31.25
iron (gm)	0.60

IVY LUNCH CASH

11/9/09

LUNCH

HAWAIIAN PIZZA '05

PIZZA SAUCE COLD MIX,ROMANO CHEESE
GRATED,HAM BNLS SMK OVAL FDL,SPICE
OREGANO LEAF WHL XX,PIZZA BLEND
CHEESE,CRUSHED PINEAPPLE,PIZZA CRUST
ORIG PIZZA

Nutrition Facts

Portion Size	~PIZZA
calories	515
fat (gm)	22.6
sat fat (gm)	8.5
chol (mg)	46.9
sodium (mg)	1430.9
carbs (gm)	52.2
protein (gm)	31.1
calcium (gm)	422.77
iron (gm)	2.93

IVY LUNCH CASH

11/10/09

LUNCH

BBQ CHICKEN PIZZA '05

BBQ SAUCE CATTLEMEN'S,ROMANO CHEESE
GRATED,CHICKEN MEAT,SPICE OREGANO
LEAF WHL XX,PIZZA BLEND CHEESE,PIZZA
CRUST ORIG PIZZA

Nutrition Facts

Portion Size	~PIZZA
calories	481
fat (gm)	21.6
sat fat (gm)	8.4
chol (mg)	55.1
sodium (mg)	984.1
carbs (gm)	51.9
protein (gm)	33.1
calcium (gm)	483.04
iron (gm)	20.36

IVY LUNCH CASH

11/10/09

LUNCH

BROWNIES/FROSTED '06

VEG SHORTENING ALL PRPOSE,ROYAL
DUTCH COCOA,GRANULATED SUGAR,LIQUID
EGGS,SALT,VANILLA EXTRACT,CAKE
FLOUR,CAKE CHOCOLATE BATTER FROM
MIX,FROSTING CHOCOLATE RTU

Nutrition Facts

Portion Size	BROWNIE 3.54 c
calories	358
fat (gm)	16.4
sat fat (gm)	5.7
chol (mg)	51.5
sodium (mg)	219.7
carbs (gm)	51.7
protein (gm)	2.8
calcium (gm)	34.61
iron (gm)	1.52

IVY LUNCH CASH

11/10/09

LUNCH

CHICKEN CAESAR WRAP

TORTILLA WHITE,DRESS KENS CAESAR
DELUXE,ROMANO CHEESE GRATED,ROMAINE
LETTUCE CHOPPED,GRILLED CHICKEN

Nutrition Facts	
Portion Size	11 oz Portion
calories	514
fat (gm)	30.8
sat fat (gm)	8.7
chol (mg)	141.5
sodium (mg)	967.9
carbs (gm)	4.3
protein (gm)	51.3
calcium (gm)	352.74
iron (gm)	2.58

IVY LUNCH CASH

11/10/09

LUNCH

CHICKEN FAJITAS

BNLS WHITE CHICKEN (RAW),JUICE LEMON
REALEMON 48 oz,SOY SAUCE GALS,GROUND
BLACK PEPPER,ONION STRIPS 1/8"
WHITE,GREEN PEPPERS STRIPS,FLOUR
TORTILLA 6",OIL SALAD 90/10 ARREZZIO,OIL
SALAD 90/10 ARREZZIO

Nutrition Facts	
Portion Size	FAJITA
calories	271
fat (gm)	6.2
sat fat (gm)	1.2
chol (mg)	55.6
sodium (mg)	292.4
carbs (gm)	28.0
protein (gm)	25.5
calcium (gm)	77.13
iron (gm)	2.48

IVY LUNCH CASH

11/10/09

LUNCH

CHILI AND CHEESE SOUP

VEGETABLE SALAD OIL,ONIONS WHITE DICED
1/4",GARLIC CHOPPED/IN OIL,MARGARINE,FRZ
CORN WHOLE KERNEL,FRESH
TOMATOES,BASE
MIREPOIX,WATER,SALT,GROUND BLACK
PEPPER,PEPPER POBLANOS,HOMOGENIZED
MILK,MUENSTER CHEESE 1/4" CUBE

Nutrition Facts	
Portion Size	6 oz Portion
calories	162
fat (gm)	10.3
sat fat (gm)	4.4
chol (mg)	130.9
sodium (mg)	867.5
carbs (gm)	10.0
protein (gm)	8.6
calcium (gm)	156.79
iron (gm)	0.98

IVY LUNCH CASH

11/10/09

LUNCH

COOKIES ASST HM '06

DATEEN COOKIE, G COOKIES/ ALMOND
CRESCENT '06,COOKIES CHOCOLATE CHIP
'06,OATMEAL RAISIN COOKIES '06

Nutrition Facts	
Portion Size	COOKIE
calories	97
fat (gm)	2.0
sat fat (gm)	0.6
chol (mg)	8.7
sodium (mg)	42.3
carbs (gm)	18.9
protein (gm)	1.7
calcium (gm)	10.68
iron (gm)	0.81

IVY LUNCH CASH

11/10/09

LUNCH

CORN MEXICANE

PEPPERS GRN DICED 1/4,PIMENTOS
DICED,CORN, FROZEN

Nutrition Facts	
Portion Size	3 oz Portion
calories	63
fat (gm)	0.1
sat fat (gm)	0.0
chol (mg)	0.0
sodium (mg)	4.9
carbs (gm)	15.8
protein (gm)	2.3
calcium (gm)	6.04
iron (gm)	0.31

IVY LUNCH CASH

11/10/09

LUNCH

Flame Grilled Veggie Patty

Rolls Wheat Bulkie 6pk ,Veg Patty Flame
Grilled,HAMBURGER ROLL

Nutrition Facts	
Portion Size	burger
calories	231
fat (gm)	5.8
sat fat (gm)	0.6
chol (mg)	1.8
sodium (mg)	510.0
carbs (gm)	27.5
protein (gm)	17.7
calcium (gm)	49.70
iron (gm)	1.38

IVY LUNCH CASH

11/10/09

LUNCH

FRESHENS BAR

MILK 2% GALLON,FRESHN CUP 21 OZ CLR
FRSHN,FRESHN YOGURT FR, VAN NF,FRESHN
YOGURT FR, DTC CHO,FRESHN TOP REESE
PCS MI,FRESHN SYRUP PEACH FRZN,FRESHN
SYRUP MANGO FRZN,FRESHN SYRUP CHOC
DK HERSHY,FRESHN STRAW JBO WRP 7.75
CLR,FRESHN SPOON SODA 8",FRESHN
SMOOTHIE BS YGRT NF,FRESHN SMOOTHIE
BS ORANGE,FRESHN SMOOTHIE BS NSA
VAN,FRESHN SMOOTHIE BS FRUIT,FRESHN
SMOOTHIE BS FRT NSA,FRSHN METRX VIT
FAT BURNER,FRSHN LYONS SHAKE MX
VAN,FRESHN MIX SHK PUR STRBRY
TFSP,FRESHN LID STRAW SLT 32-44
L32S,FRESHN LID DOME 12/16

Nutrition Facts

Portion Size	PORTION
calories	103
fat (gm)	1.7
sat fat (gm)	0.6
chol (mg)	1.4
sodium (mg)	11.8
carbs (gm)	23.1
protein (gm)	1.0
calcium (gm)	14.96
iron (gm)	0.51

IVY LUNCH CASH

11/10/09

LUNCH

GRILLED CHICKEN ALFREDO SANDWICH

CHICKEN BREAST BNLSKL 4oz,MUSHROOMS
FRESH SLICED,SALT,GRANULATED
GARLIC,GROUND BLACK PEPPER,GROUND
PAPRIKA,PIZZA BLEND CHEESE,ALFREDO
SAUCE,ROLL TORPEDO SUPERIOR

Nutrition Facts

Portion Size	10 OZ PORTION
calories	653
fat (gm)	32.6
sat fat (gm)	16.6
chol (mg)	175.9
sodium (mg)	763.0
carbs (gm)	40.4
protein (gm)	50.3
calcium (gm)	330.40
iron (gm)	3.93

IVY LUNCH CASH

11/10/09

LUNCH

GRILLED VEGETABLE WRAP

TORTILLA SPINACH,HONEY MUSTARD SAUCE
CONV,ZUCCHINI SQUASH GRILLED,RED
ONIONS GRILLED,RED PEPPERS
GRILLED,EGG PLANT GRILLED,YELL SUMM
SQUASH GRILLED,GREEN LEAF LETTUCE

Nutrition Facts

Portion Size	11.250 oz Portion
calories	285
fat (gm)	5.8
sat fat (gm)	0.9
chol (mg)	0.0
sodium (mg)	374.6
carbs (gm)	50.5
protein (gm)	8.3
calcium (gm)	126.55
iron (gm)	3.51

IVY LUNCH CASH

11/10/09

LUNCH

ITALIAN WRAP (COLOSSEUM)

SLICED PROVOLONE,GENOA SALAMI,SLICED CAPICOLA (HOT HAM),PROSCIUTTO,SLICED OLIVES RIPE,PEPPERS RINGS BANANA HOT,SLICED TOMATOES,GREEN LEAF LETTUCE,GRILLED RED ONIONS,DRESS KENS PARM & PEPPER,TORTILLA GARLIC/HERB

Nutrition Facts	
Portion Size	SANDWICH
calories	727
fat (gm)	45.2
sat fat (gm)	14.8
chol (mg)	79.8
sodium (mg)	2250.9
carbs (gm)	49.6
protein (gm)	30.0
calcium (gm)	336.57
iron (gm)	4.31

IVY LUNCH CASH

11/10/09

LUNCH

IVY ANGELL POCKET SANDWICH

HUMmUS(CHICKPEA/GARLIC P,TABBOULI,CUCUMBER SLICED (4-5 PER),FR TOMATOE SLICED (2 PER),FR SPINACH (2-3 LEAVES),SYRIAN BREAD LARGE 7",PICKLES FRSH SPEAR SCHWTZ

Nutrition Facts	
Portion Size	7.480 oz Portion
calories	657
fat (gm)	22.9
sat fat (gm)	2.6
chol (mg)	0.0
sodium (mg)	898.2
carbs (gm)	94.4
protein (gm)	17.7
calcium (gm)	70.21
iron (gm)	4.47

IVY LUNCH CASH

11/10/09

LUNCH

IVY BACON-LETTUCE-TOMATO SAND

SLICED BACON,BREAD SANDWICH WHITE,TOMATOES SLICED 3/16",MAYONNAISE,PICKLE CIRCLES,GREEN LEAF LETTUCE

Nutrition Facts	
Portion Size	5 oz Portion
calories	375
fat (gm)	20.4
sat fat (gm)	6.0
chol (mg)	29.0
sodium (mg)	1005.4
carbs (gm)	33.6
protein (gm)	14.1
calcium (gm)	74.77
iron (gm)	2.66

IVY LUNCH CASH

11/10/09

LUNCH

IVY BENEVOLENT SANDWICH

BROCCOLI FLORETTE,FRESH CARROTS
SLICED 1/8",MUSHROOMS FRSH SL
TUBE,GREEN PEPPERS SL THIN,YELLOW
ONIONS SL THIN,SYRIAN BREAD LARGE
7",PICKLES FRSH SPEAR SCHWTZ,SHREDDED
CHEDDAR CHEESE

Nutrition Facts

Portion Size	12 oz Portion
calories	514
fat (gm)	10.4
sat fat (gm)	5.5
chol (mg)	26.8
sodium (mg)	870.2
carbs (gm)	85.5
protein (gm)	21.5
calcium (gm)	271.48
iron (gm)	3.74

IVY LUNCH CASH**11/10/09****LUNCH**

IVY BUFFALO CHICKEN WRAP

CHICKEN BREAST BNLSKL 4oz,
JULIENNED.,GREEN LEAF LETTUCE,SLICED
TOMATOES,DRESS BLUE CHEESE CRMY
DELUXE,TORTILLA TOM&BAS,BUFFALO HOT
SAUCE FRANK'S

Nutrition Facts

Portion Size	portion
calories	544
fat (gm)	16.4
sat fat (gm)	3.4
chol (mg)	99.8
sodium (mg)	718.4
carbs (gm)	54.4
protein (gm)	41.6
calcium (gm)	143.17
iron (gm)	4.48

IVY LUNCH CASH**11/10/09****LUNCH**

IVY CHARLESFIELD SANDWICH

HORSERADISH SAUCE,BEEF ROAST BOARS
HEAD,MUENSTER CHEESE,MUSHROOMS
FRESH,SLICED TOMATOES 3/16",PICKLES
FRSH SPEAR SCHWTZ,ROLLS BULKIE
CORNML CAL,GREEN LEAF LETTUCE

Nutrition Facts

Portion Size	13.380 oz Portion
calories	565
fat (gm)	21.1
sat fat (gm)	9.5
chol (mg)	98.2
sodium (mg)	1377.9
carbs (gm)	51.7
protein (gm)	41.3
calcium (gm)	323.68
iron (gm)	6.67

IVY LUNCH CASH**11/10/09****LUNCH**

IVY CHEESE INDIV PIZZA

PIZZA DOUGH 7" CRUST FRESCHETTA,PIZZA SAUCE,PIZZA BLEND CHEESE

Nutrition Facts	
Portion Size	8 oz Portion
calories	509
fat (gm)	18.0
sat fat (gm)	7.0
chol (mg)	26.6
sodium (mg)	1015.1
carbs (gm)	65.6
protein (gm)	25.8
calcium (gm)	344.08
iron (gm)	3.07

IVY LUNCH CASH

11/10/09

LUNCH

IVY CHICKEN SALAD SANDWICH

CHICKEN SALAD 4/OZ,MAYONNAISE,SLICED TOMATOES 3/16",PICKLE CIRCLES,ROLLS BULKIE CORNML CAL,GREEN LEAF LETTUCE

Nutrition Facts	
Portion Size	10.670 oz Portion
calories	570
fat (gm)	24.1
sat fat (gm)	4.3
chol (mg)	60.2
sodium (mg)	1260.5
carbs (gm)	59.7
protein (gm)	28.3
calcium (gm)	125.42
iron (gm)	4.48

IVY LUNCH CASH

11/10/09

LUNCH

IVY GRILLED AM CHEESE SANDWICH

AMERICAN CHEESE 120CT,WHITE BREAD,PAN & GRILL LIQ SHORTNG,PICKLE CIRCLES

Nutrition Facts	
Portion Size	4 oz Portion
calories	332
fat (gm)	15.6
sat fat (gm)	9.1
chol (mg)	37.6
sodium (mg)	998.8
carbs (gm)	46.3
protein (gm)	15.8
calcium (gm)	455.36
iron (gm)	2.02

IVY LUNCH CASH

11/10/09

LUNCH

IVY GRILLED CHEESE&TOMATO SAND

AMERICAN CHEESE SLICES,TOMATOES
SLICED,PAN&GRILL OIL,PICKLE
CIRCLES,BREAD WHEAT VIENNA CAL

Nutrition Facts

Portion Size	5 oz Portion
calories	341
fat (gm)	14.7
sat fat (gm)	8.0
chol (mg)	30.2
sodium (mg)	990.4
carbs (gm)	50.8
protein (gm)	16.6
calcium (gm)	396.87
iron (gm)	2.96

IVY LUNCH CASH

11/10/09

LUNCH

IVY GRILLED CHEESEBURGER

BEEF GROUND PATTY 4/LB BS,AMERICAN
CHEESE,HAMBURGER ROLL,PAN & GRILL OIL

Nutrition Facts

Portion Size	5.320 oz Portion
calories	384
fat (gm)	16.7
sat fat (gm)	7.1
chol (mg)	82.2
sodium (mg)	491.6
carbs (gm)	43.7
protein (gm)	27.6
calcium (gm)	269.46
iron (gm)	3.94

IVY LUNCH CASH

11/10/09

LUNCH

IVY GRILLED CHICKEN SANDWICH

ROLLS BULKIE CORNML CAL, GREEN LEAF
LETTUCE,FRESH TOMATOES, SLICED,Honey
Mustard PC 1 oz,BBQ Sauce PC 1 oz,Sweet &
Sour PC 1 oz,CHICKEN BREAST FILLET

Nutrition Facts

Portion Size	Sandwich
calories	497
fat (gm)	12.9
sat fat (gm)	3.0
chol (mg)	95.3
sodium (mg)	581.5
carbs (gm)	50.7
protein (gm)	43.2
calcium (gm)	140.65
iron (gm)	6.43

IVY LUNCH CASH

11/10/09

LUNCH

IVY GRILLED FRANKFURT ON BUN

FRANKFURTERS BEEF,ROLL FRANKFURT,PAN & GRILL OIL

Nutrition Facts	
Portion Size	SERVINGS
calories	261
fat (gm)	14.5
sat fat (gm)	5.7
chol (mg)	28.6
sodium (mg)	652.8
carbs (gm)	25.1
protein (gm)	8.6
calcium (gm)	56.06
iron (gm)	1.80

IVY LUNCH CASH

11/10/09

LUNCH

IVY GRILLED HAM & CHEESE SANDWICH

HAM BOARS HEAD BLCK FORST,AMERICAN CHEESE,WHITE PULLMAN BREAD,OIL PAN & GRILL SUNBURST

Nutrition Facts	
Portion Size	5 oz Portion
calories	337
fat (gm)	12.7
sat fat (gm)	6.1
chol (mg)	59.5
sodium (mg)	1736.4
carbs (gm)	38.6
protein (gm)	26.3
calcium (gm)	284.40
iron (gm)	2.25

IVY LUNCH CASH

11/10/09

LUNCH

IVY GRILLED HAMBURGER DELUXE

FRESH TOMATOES SLICED,HAMBURGER ROLL,BEEF GROUND PATTY 4/LB BS,PAN&GRILL OIL,GREEN LEAF LETTUCE,CHEESE AMERICAN -RET,DRESS KEN 32 oz THOUSAND ISLAND

Nutrition Facts	
Portion Size	9 OZ SANDWICH
calories	554
fat (gm)	32.0
sat fat (gm)	9.7
chol (mg)	93.3
sodium (mg)	911.7
carbs (gm)	42.2
protein (gm)	28.7
calcium (gm)	228.34
iron (gm)	4.85

IVY LUNCH CASH

11/10/09

LUNCH

IVY GRILLED HAMBURGER REG

BEEF GROUND PATTY 4/LB BS,HAMBURGER
ROLL,PAN&GRILL OIL

Nutrition Facts	
Portion Size	SANDWICH
calories	321
fat (gm)	12.0
sat fat (gm)	4.2
chol (mg)	70.2
sodium (mg)	308.1
carbs (gm)	42.1
protein (gm)	23.9
calcium (gm)	175.03
iron (gm)	3.78

IVY LUNCH CASH

11/10/09

LUNCH

IVY PASTRAMI SANDWICH

PASTRAMI BOARS HEAD,MUSTARD
SALAD,SLICED TOMATOES 3/16",PICKLE
CIRCLES,ROLLS BULKIE CORNML CAL,GREEN
LEAF LETTUCE

Nutrition Facts	
Portion Size	9oz portion
calories	487
fat (gm)	22.5
sat fat (gm)	7.2
chol (mg)	59.3
sodium (mg)	1491.2
carbs (gm)	50.1
protein (gm)	20.1
calcium (gm)	102.84
iron (gm)	4.54

IVY LUNCH CASH

11/10/09

LUNCH

IVY PEPPERONI INDIV PIZZA

PIZZA DOUGH 7" CRUST FRESCHETTA,PIZZA
SAUCE,PIZZA BLEND CHEESE,SLICED
PEPPERONI

Nutrition Facts	
Portion Size	8 oz Portion
calories	545
fat (gm)	21.2
sat fat (gm)	8.1
chol (mg)	32.2
sodium (mg)	1159.8
carbs (gm)	65.8
protein (gm)	27.3
calcium (gm)	344.79
iron (gm)	3.17

IVY LUNCH CASH

11/10/09

LUNCH

IVY PM SPIN/TOMATO INDIV PIZZA

PIZZA DOUGH 7" CRUST
FRESCHETTA, SPINACH/TOM/FETA(RETAIL), SHF
MOZZARELLA CHESE

Nutrition Facts	
Portion Size	PIZZA
calories	522
fat (gm)	17.9
sat fat (gm)	7.3
chol (mg)	27.9
sodium (mg)	1225.4
carbs (gm)	68.9
protein (gm)	22.6
calcium (gm)	328.57
iron (gm)	4.31

IVY LUNCH CASH

11/10/09

LUNCH

IVY POWER MELT SANDWICH

GREEN LEAF LETTUCE, DIJON
MUSTARD, PASTRAMI BOARS HEAD, SWISS
CHEESE SL THIN 1 OZ, FRESH TOMATOES
SLICED, PICKLES FRSH SPEAR
SCHWITZ, ROLLS BULKIE CORNML CAL

Nutrition Facts	
Portion Size	SANDWICH
calories	702
fat (gm)	37.7
sat fat (gm)	14.5
chol (mg)	105.2
sodium (mg)	2700.4
carbs (gm)	56.5
protein (gm)	33.5
calcium (gm)	405.93
iron (gm)	5.45

IVY LUNCH CASH

11/10/09

LUNCH

IVY RM FRENCH FRIED POTATOES 4/OZ

FRENCH FRIES THIN CUT

Nutrition Facts	
Portion Size	4 oz Portion
calories	370
fat (gm)	21.2
sat fat (gm)	8.6
chol (mg)	0.0
sodium (mg)	695.1
carbs (gm)	42.8
protein (gm)	4.0
calcium (gm)	13.61
iron (gm)	1.88

IVY LUNCH CASH

11/10/09

LUNCH

IVY SANDW turkey & gouda (Sidney Frank)

TORTILLA WRAPS ASSORTMENT, TURKEY GLD
OVEN RST BOARS, GOUDA CHEESE, MUSTARD
DIJON GREY P 3LB, MAYONNAISE, VEGAN
GRILLED VEGETABLES

Nutrition Facts

Portion Size	each
calories	422
fat (gm)	16.1
sat fat (gm)	5.1
chol (mg)	63.1
sodium (mg)	1064.5
carbs (gm)	40.2
protein (gm)	27.8
calcium (gm)	191.81
iron (gm)	3.53

IVY LUNCH CASH

11/10/09

LUNCH

IVY SHAVED STK & CHS SANDWICH

1-SHAVED STEAK 4/OZ, 2-SLICED PROVOLONE
1/OZ, ONIONS SLICED 1/8" WHITE, ROLL
TORPEDO SUPERIOR

Nutrition Facts

Portion Size	4.500 oz Portion
calories	481
fat (gm)	16.7
sat fat (gm)	9.5
chol (mg)	44.4
sodium (mg)	804.1
carbs (gm)	44.5
protein (gm)	36.4
calcium (gm)	359.62
iron (gm)	5.77

IVY LUNCH CASH

11/10/09

LUNCH

IVY SLICED HAM SANDWICH

HAM BOARS HEAD BLCK FORST, MUSTARD
SALAD, SLICED TOMATOES 3/16", PICKLE
CIRCLES, GREEN LEAF LETTUCE, ROLLS
BULKIE CORNML CAL

Nutrition Facts

Portion Size	10.420 oz Portion
calories	425
fat (gm)	9.2
sat fat (gm)	2.2
chol (mg)	45.2
sodium (mg)	2176.2
carbs (gm)	55.4
protein (gm)	28.9
calcium (gm)	116.57
iron (gm)	4.50

IVY LUNCH CASH

11/10/09

LUNCH

IVY SLICED ROAST BEEF SANDWICH

ROLLS BULKIE CORNML CAL,BEEF ROAST
BOARS HEAD,MAYONNAISE,SLICED
TOMATOES 3/16",PICKLE CIRCLES,GREEN
LEAF LETTUCE

Nutrition Facts

Portion Size	10.670 oz Portior
calories	542
fat (gm)	16.8
sat fat (gm)	3.8
chol (mg)	79.0
sodium (mg)	975.7
carbs (gm)	58.1
protein (gm)	38.0
calcium (gm)	116.54
iron (gm)	6.79

IVY LUNCH CASH

11/10/09

LUNCH

IVY SLICED TURKEY BREAST SAND

GREEN LEAF LETTUCE,TURKEY GLD OVEN
RST BOARS,MAYONNAISE,SLICED TOMATOES
3/16",PICKLE CIRCLES,ROLLS BULKIE CORNML
CAL

Nutrition Facts

Portion Size	10.670 oz Portior
calories	509
fat (gm)	15.3
sat fat (gm)	3.2
chol (mg)	55.0
sodium (mg)	1564.7
carbs (gm)	61.1
protein (gm)	30.9
calcium (gm)	116.54
iron (gm)	5.36

IVY LUNCH CASH

11/10/09

LUNCH

IVY SMOKY CHICKEN CHIPOTLE INDIV PIZZA

PIZZA DOUGH 7" CRUST
FRESCHETTA,CHIPOTLE MAYONNAISE,PIZZA
BLEND CHEESE,CHICKEN MEAT,BROCCOLI
CUTS FZ

Nutrition Facts

Portion Size	PIZZA
calories	691
fat (gm)	30.6
sat fat (gm)	9.8
chol (mg)	59.7
sodium (mg)	1191.0
carbs (gm)	72.6
protein (gm)	36.9
calcium (gm)	405.16
iron (gm)	3.54

IVY LUNCH CASH

11/10/09

LUNCH

IVY SUPREME INDIV PIZZA

PIZZA DOUGH 7" CRUST FRESCHETTA,PIZZA SAUCE COLD MIX,PIZZA BLEND CHEESE,PEPPERONI SLICED,PIZZA TOPPING SAUSAGE,PEPPERS GRN DICED/1/4,MUSHROOMS FRESH,SLICED OLIVES RIPE

Nutrition Facts	
Portion Size	PORTION
calories	572
fat (gm)	23.1
sat fat (gm)	8.7
chol (mg)	37.3
sodium (mg)	1241.0
carbs (gm)	66.8
protein (gm)	28.8
calcium (gm)	349.38
iron (gm)	3.46

IVY LUNCH CASH

11/10/09

LUNCH

IVY TUNAFISH SALAD SANDWICH

ROLLS BULKIE CORNML CAL,TUNA FISH 4/OZ,MAYONNAISE,SLICED TOMATOES 3/16",PICKLE CIRCLES,GREEN LEAF LETTUCE

Nutrition Facts	
Portion Size	10.670 oz Portion
calories	557
fat (gm)	18.1
sat fat (gm)	2.8
chol (mg)	41.8
sodium (mg)	1443.8
carbs (gm)	60.8
protein (gm)	37.1
calcium (gm)	125.84
iron (gm)	5.48

IVY LUNCH CASH

11/10/09

LUNCH

IVY VEGETABLE INDIV PIZZA

PIZZA DOUGH 7" CRUST FRESCHETTA,PIZZA SAUCE,PIZZA BLEND CHEESE,PEPPERS GRN DICED/1/4,ONIONS WHITE DICED 1/4",MUSHROOMS FRESH SLICED

Nutrition Facts	
Portion Size	8 oz Portion
calories	521
fat (gm)	18.1
sat fat (gm)	7.0
chol (mg)	26.6
sodium (mg)	1016.0
carbs (gm)	68.2
protein (gm)	26.3
calcium (gm)	348.54
iron (gm)	3.33

IVY LUNCH CASH

11/10/09

LUNCH

IVY WATERMAN SANDWICH

GREEN LEAF LETTUCE, MAYONNAISE, TURKEY
GLD OVEN RST BOARS, BACON, SLICED
CHEDDAR CHEESE, SLICED TOMATOES
3/16", PICKLES FRSH SPEAR SCHWITZ, ROLLS
BULKIE CORNML CAL

Nutrition Facts

Portion Size	13.500 oz Portion
calories	604
fat (gm)	26.1
sat fat (gm)	10.0
chol (mg)	83.9
sodium (mg)	1753.1
carbs (gm)	54.8
protein (gm)	36.4
calcium (gm)	309.20
iron (gm)	5.08

IVY LUNCH CASH

11/10/09

LUNCH

JELLO ORANGE CT-50

WATER, GELATIN ORANGE, COLD WATER

Nutrition Facts

Portion Size	4.560 oz Portion
calories	12
fat (gm)	0.0
sat fat (gm)	0.0
chol (mg)	0.0
sodium (mg)	8.6
carbs (gm)	2.9
protein (gm)	0.2
calcium (gm)	0.41
iron (gm)	0.01

IVY LUNCH CASH

11/10/09

LUNCH

LETTUCE, TOMATO & SHREDDED CHEESE

SHREDDED LETTUCE, JULIENNE CUT FRSH
TOMATOE, SHREDDED CHEDDAR CHEESE

Nutrition Facts

Portion Size	2 oz portion
calories	119
fat (gm)	9.5
sat fat (gm)	6.0
chol (mg)	29.8
sodium (mg)	178.4
carbs (gm)	1.2
protein (gm)	7.3
calcium (gm)	208.33
iron (gm)	0.33

IVY LUNCH CASH

11/10/09

LUNCH

MEATBALL GRINDER

MEATBALLS-ITALIAN(BUT SH),SPAGHETTI SAUCE,PARMESAN CHEESE,ROLL TORPEDO SUPERIOR

Nutrition Facts

Portion Size	9 oz Portion
calories	458
fat (gm)	16.7
sat fat (gm)	5.6
chol (mg)	85.7
sodium (mg)	1020.7
carbs (gm)	42.4
protein (gm)	32.9
calcium (gm)	135.70
iron (gm)	5.93

IVY LUNCH CASH

11/10/09

LUNCH

PARFAIT PASSION FRUIT & YOGURT

STRAWBERRIES FRESH SLICED,LEMONS, ZESTED,BAKERS SPECIAL SUGAR,PASSION FRUIT,ORANGES BLOOD, ZESTED,BLUEBERRIES FRESH,YOGURT PLAIN NONFAT BULK,CEREAL GRANOLA OATS & HONEY,KIWI FRUIT, 1/4" DICED,FRESH RASPBERRIES

Nutrition Facts

Portion Size	GOBLET 8 oz
calories	363
fat (gm)	6.0
sat fat (gm)	3.5
chol (mg)	2.1
sodium (mg)	96.6
carbs (gm)	75.8
protein (gm)	6.2
calcium (gm)	104.95
iron (gm)	1.47

IVY LUNCH CASH

11/10/09

LUNCH

PARSLIED RICE

WATER MEASURED,SALT,WHITE PEPPER,CHOPPED FRESH PARSLEY,WHITE RICE

Nutrition Facts

Portion Size	4 oz Portion
calories	136
fat (gm)	0.3
sat fat (gm)	0.1
chol (mg)	0.0
sodium (mg)	202.4
carbs (gm)	29.6
protein (gm)	2.8
calcium (gm)	23.74
iron (gm)	1.39

IVY LUNCH CASH

11/10/09

LUNCH

PUDDING TAPIOCA CT-48

TAPIOCA PUDDING MIX,HOMOGENIZED MILK

Nutrition Facts

Portion Size	2.730 oz Portion
calories	139
fat (gm)	3.1
sat fat (gm)	1.9
chol (mg)	12.3
sodium (mg)	152.6
carbs (gm)	25.6
protein (gm)	3.0
calcium (gm)	109.22
iron (gm)	0.07

IVY LUNCH CASH

11/10/09

LUNCH

ROLLS SQUASH

WATER WARM (110 DEGREES),YEAST,FLOUR
UNBLEACHED UNBR SPRING
KING,GRANULATED SUGAR,SALT,MASHED
PUMPKIN(OR SQUASH),WARM MILK (110
DEGREES),BUTTER SOFT**Nutrition Facts**

Portion Size	Dozen
calories	1902
fat (gm)	50.7
sat fat (gm)	28.3
chol (mg)	124.0
sodium (mg)	1315.1
carbs (gm)	335.3
protein (gm)	39.5
calcium (gm)	236.59
iron (gm)	9.29

IVY LUNCH CASH

11/10/09

LUNCH

SPICY BLACK BEAN VEG PATTY

VEG PATTY SPICY BLACK BEAN,HAMBURGER
ROLL,Rolls Wheat Bulkie 6pk**Nutrition Facts**

Portion Size	burger
calories	98
fat (gm)	2.0
sat fat (gm)	0.5
chol (mg)	1.3
sodium (mg)	150.9
carbs (gm)	17.0
protein (gm)	2.8
calcium (gm)	37.11
iron (gm)	1.03

IVY LUNCH CASH

11/10/09

LUNCH

SPINACH ENCHILADAS

BASE
MIREPOIX, WATER, PAPRIKA, MARGARINE, SALT,
Meal Yellow 50 lb, LIQUID EGGS, OLIVE
OIL, BUTTER, ONIONS WHITE DICED
1/4", GARLIC CHOPPED/IN OIL, SPINACH,
CHOPPED FROZ, THA, CHOPPED GREEN
CHILI, MARGARINE, FLOUR UNBLEACHED UNBR
SPRING KING, HOMOGENIZED
MILK, SHREDDED CHEDDAR CHEESE, SOUR
CREAM, SHREDDED CHEDDAR CHEESE

Nutrition Facts

Portion Size	6 oz Portion
calories	241
fat (gm)	17.9
sat fat (gm)	6.6
chol (mg)	28.3
sodium (mg)	469.5
carbs (gm)	15.1
protein (gm)	6.5
calcium (gm)	165.99
iron (gm)	1.76

IVY LUNCH CASH

11/10/09

LUNCH

TURKEY CRANBERRY MAYONNAISE WRAP

COOKED TURKEY
BREAST, MAYONNAISE, JELLIED CRANBERRY
SAUCE, GREEN LEAF LETTUCE, PLUM TOMATO
JULIENNE, TORTILLA FLOUR 12"

Nutrition Facts

Portion Size	11.250 oz Portion
calories	439
fat (gm)	14.6
sat fat (gm)	2.8
chol (mg)	63.2
sodium (mg)	674.1
carbs (gm)	39.4
protein (gm)	36.6
calcium (gm)	100.20
iron (gm)	3.26

IVY LUNCH CASH

11/10/09

LUNCH

VEGAN BUTTERNUT SOUP

ONIONS WHITE CUBED 3/4", GARLIC
CHOPPED/IN OIL, OLIVE OIL, BUTTERNUT
SQUASH CUBE 3/4, WATER, BASE
MIREPOIX, GROUND BLACK PEPPER, SALT

Nutrition Facts

Portion Size	6 oz Portion
calories	64
fat (gm)	2.6
sat fat (gm)	0.4
chol (mg)	0.3
sodium (mg)	420.5
carbs (gm)	10.4
protein (gm)	1.3
calcium (gm)	41.57
iron (gm)	0.57

IVY LUNCH CASH

11/10/09

LUNCH

VEGAN RICE WITH JALAPENOS

WHITE RICE, VEGETABLE SALAD OIL, GARLIC
CHOPPED/IN OIL, ONIONS WHITE DICED
1/4", FR TOMATOES PUREE & STRAIN, BASE
MIREPOIX, RESERVED JUICE + WATER, FRESH
PARSLEY CHOPPED, FR PEPPERS JALAPENO
CHOP, CARROTS CHOPPED, FZ GREEN PEAS

Nutrition Facts	
Portion Size	3 oz Portion
calories	109
fat (gm)	3.1
sat fat (gm)	0.3
chol (mg)	0.2
sodium (mg)	272.1
carbs (gm)	17.5
protein (gm)	2.2
calcium (gm)	18.90
iron (gm)	0.93

IVY LUNCH CASH

11/10/09

LUNCH

HAWAIIAN PIZZA '05

PIZZA SAUCE COLD MIX, ROMANO CHEESE
GRATED, HAM BNLS SMK OVAL FDL, SPICE
OREGANO LEAF WHL XX, PIZZA BLEND
CHEESE, CRUSHED PINEAPPLE, PIZZA CRUST
ORIG PIZZA

Nutrition Facts	
Portion Size	~PIZZA
calories	515
fat (gm)	22.6
sat fat (gm)	8.5
chol (mg)	46.9
sodium (mg)	1430.9
carbs (gm)	52.2
protein (gm)	31.1
calcium (gm)	422.77
iron (gm)	2.93

IVY LUNCH CASH

11/11/09

LUNCH

BARLEY PILAF

MARGARINE, FRESH LEEKS, CELERY DICED
1/4", PEARL BARLEY, BAY LEAF IN SACHET
BAG, THYME LEAF, SALT, GROUND BLACK
PEPPER, WATER, BASE MIREPOIX, DRY RED
WINE COOKING

Nutrition Facts	
Portion Size	4 oz Portion
calories	286
fat (gm)	4.6
sat fat (gm)	0.9
chol (mg)	0.3
sodium (mg)	579.9
carbs (gm)	53.7
protein (gm)	7.3
calcium (gm)	35.76
iron (gm)	2.05

IVY LUNCH CASH

11/11/09

LUNCH

BBQ CHICKEN PIZZA '05

BBQ SAUCE CATTLEMEN'S,ROMANO CHEESE
GRATED,CHICKEN MEAT,SPICE OREGANO
LEAF WHL XX,PIZZA BLEND CHEESE,PIZZA
CRUST ORIG PIZZA

Nutrition Facts	
Portion Size	~PIZZA
calories	481
fat (gm)	21.6
sat fat (gm)	8.4
chol (mg)	55.1
sodium (mg)	984.1
carbs (gm)	51.9
protein (gm)	33.1
calcium (gm)	483.04
iron (gm)	20.36

IVY LUNCH CASH

11/11/09

LUNCH

BREAD HEARTH

VEG SHORTENING ALL
PRPOSE,SALT,MOLASSES,YEAST,RAISINS,COT
CHEESE LOW FAT,FLOUR UNBLEACHED UNBR
SPRING KING,WHOLE WHEAT FLOUR,QUICK
OATS,BRAN TABLE 50 lb,WATER

Nutrition Facts	
Portion Size	PORTIONS
calories	123
fat (gm)	1.6
sat fat (gm)	0.5
chol (mg)	0.9
sodium (mg)	231.9
carbs (gm)	24.4
protein (gm)	3.8
calcium (gm)	20.29
iron (gm)	0.91

IVY LUNCH CASH

11/11/09

LUNCH

BROWNIES/FROSTED '06

VEG SHORTENING ALL PRPOSE,ROYAL
DUTCH COCOA,GRANULATED SUGAR,LIQUID
EGGS,SALT,VANILLA EXTRACT,CAKE
FLOUR,CAKE CHOCOLATE BATTER FROM
MIX,FROSTING CHOCOLATE RTU

Nutrition Facts	
Portion Size	BROWNIE 3.54 c
calories	358
fat (gm)	16.4
sat fat (gm)	5.7
chol (mg)	51.5
sodium (mg)	219.7
carbs (gm)	51.7
protein (gm)	2.8
calcium (gm)	34.61
iron (gm)	1.52

IVY LUNCH CASH

11/11/09

LUNCH

CAULIFLOWER, PEPPER, & GREEN BEAN

CAULIFLOWER FZ,ITALIAN GREEN BEANS,SLICED RED PEPPERS

Nutrition Facts	
Portion Size	4oz portion
calories	27
fat (gm)	0.3
sat fat (gm)	0.0
chol (mg)	0.0
sodium (mg)	10.4
carbs (gm)	5.9
protein (gm)	1.4
calcium (gm)	24.20
iron (gm)	0.56

IVY LUNCH CASH

11/11/09

LUNCH

CHICKEN CAESAR WRAP

TORTILLA WHITE,DRESS KENS CAESAR DELUXE,ROMANO CHEESE GRATED,ROMAINE LETTUCE CHOPPED,GRILLED CHICKEN

Nutrition Facts	
Portion Size	11 oz Portion
calories	514
fat (gm)	30.8
sat fat (gm)	8.7
chol (mg)	141.5
sodium (mg)	967.9
carbs (gm)	4.3
protein (gm)	51.3
calcium (gm)	352.74
iron (gm)	2.58

IVY LUNCH CASH

11/11/09

LUNCH

CHICKEN GUMBO SOUP

ONIONS WHITE DICED 1/4",CELERY DICED 1/4",MARGARINE,WHITE PEPPER,CKD CHICKEN MEAT 3/8 DICE,PEPPERS GRN DICED 1/4,CRUSHED TOMATOS,CUT OKRA CANNED,CHICKEN BASE,WATER TO MARK ON KETTLE,WHITE RICE

Nutrition Facts	
Portion Size	6 oz Portion
calories	72
fat (gm)	2.9
sat fat (gm)	0.7
chol (mg)	12.9
sodium (mg)	692.8
carbs (gm)	5.7
protein (gm)	5.7
calcium (gm)	25.33
iron (gm)	0.59

IVY LUNCH CASH

11/11/09

LUNCH

COOKIES ASST HM '06

DATEEN COOKIE, G COOKIES/ ALMOND
CRESCENT '06,COOKIES CHOCOLATE CHIP
'06,OATMEAL RAISIN COOKIES '06

Nutrition Facts	
Portion Size	COOKIE
calories	97
fat (gm)	2.0
sat fat (gm)	0.6
chol (mg)	8.7
sodium (mg)	42.3
carbs (gm)	18.9
protein (gm)	1.7
calcium (gm)	10.68
iron (gm)	0.81

IVY LUNCH CASH

11/11/09

LUNCH

CORNISH PASTIES('08)

PEELED TURNIPS CHOPPED3/8,ONIONS
WHITE DICED 1/4",DICED POTATOES
CHOPPED,SALT,GROUND BLACK
PEPPER,BEEF GROUND BULK BUT SHOP,PIE
DOUGH,LIQUID EGGS,HOMOGENIZED MILK

Nutrition Facts	
Portion Size	~4.5 OZ. PORTK
calories	399
fat (gm)	25.1
sat fat (gm)	9.0
chol (mg)	51.8
sodium (mg)	409.1
carbs (gm)	33.1
protein (gm)	9.3
calcium (gm)	27.37
iron (gm)	3.33

IVY LUNCH CASH

11/11/09

LUNCH

Flame Grilled Veggie Patty

Rolls Wheat Bulkie 6pk ,Veg Patty Flame
Grilled,HAMBURGER ROLL

Nutrition Facts	
Portion Size	burger
calories	231
fat (gm)	5.8
sat fat (gm)	0.6
chol (mg)	1.8
sodium (mg)	510.0
carbs (gm)	27.5
protein (gm)	17.7
calcium (gm)	49.70
iron (gm)	1.38

IVY LUNCH CASH

11/11/09

LUNCH

FRESHENS BAR

MILK 2% GALLON,FRESHN CUP 21 OZ CLR
FRSHN,FRESHN YOGURT FR, VAN NF,FRESHN
YOGURT FR, DTC CHO,FRESHN TOP REESE
PCS MI,FRESHN SYRUP PEACH FRZN,FRESHN
SYRUP MANGO FRZN,FRESHN SYRUP CHOC
DK HERSHY,FRESHN STRAW JBO WRP 7.75
CLR,FRESHN SPOON SODA 8",FRESHN
SMOOTHIE BS YGRT NF,FRESHN SMOOTHIE
BS ORANGE,FRESHN SMOOTHIE BS NSA
VAN,FRESHN SMOOTHIE BS FRUIT,FRESHN
SMOOTHIE BS FRT NSA,FRSHN METRX VIT
FAT BURNER,FRSHN LYONS SHAKE MX
VAN,FRESHN MIX SHK PUR STRBRY
TFSP,FRESHN LID STRAW SLT 32-44
L32S,FRESHN LID DOME 12/16

Nutrition Facts

Portion Size	PORTION
calories	103
fat (gm)	1.7
sat fat (gm)	0.6
chol (mg)	1.4
sodium (mg)	11.8
carbs (gm)	23.1
protein (gm)	1.0
calcium (gm)	14.96
iron (gm)	0.51

IVY LUNCH CASH

11/11/09

LUNCH

GRILLED CHICKEN ALFREDO SANDWICH

CHICKEN BREAST BNLSKL 4oz,MUSHROOMS
FRESH SLICED,SALT,GRANULATED
GARLIC,GROUND BLACK PEPPER,GROUND
PAPRIKA,PIZZA BLEND CHEESE,ALFREDO
SAUCE,ROLL TORPEDO SUPERIOR

Nutrition Facts

Portion Size	10 OZ PORTION
calories	653
fat (gm)	32.6
sat fat (gm)	16.6
chol (mg)	175.9
sodium (mg)	763.0
carbs (gm)	40.4
protein (gm)	50.3
calcium (gm)	330.40
iron (gm)	3.93

IVY LUNCH CASH

11/11/09

LUNCH

GRILLED VEGETABLE WRAP

TORTILLA SPINACH,HONEY MUSTARD SAUCE
CONV,ZUCCHINI SQUASH GRILLED,RED
ONIONS GRILLED,RED PEPPERS
GRILLED,EGG PLANT GRILLED,YELL SUMM
SQUASH GRILLED,GREEN LEAF LETTUCE

Nutrition Facts

Portion Size	11.250 oz Portion
calories	285
fat (gm)	5.8
sat fat (gm)	0.9
chol (mg)	0.0
sodium (mg)	374.6
carbs (gm)	50.5
protein (gm)	8.3
calcium (gm)	126.55
iron (gm)	3.51

IVY LUNCH CASH

11/11/09

LUNCH

ITALIAN WRAP (COLOSSEUM)

SLICED PROVOLONE,GENOA SALAMI,SLICED CAPICOLA (HOT HAM),PROSCIUTTO,SLICED OLIVES RIPE,PEPPERS RINGS BANANA HOT,SLICED TOMATOES,GREEN LEAF LETTUCE,GRILLED RED ONIONS,DRESS KENS PARM & PEPPER,TORTILLA GARLIC/HERB

Nutrition Facts	
Portion Size	SANDWICH
calories	727
fat (gm)	45.2
sat fat (gm)	14.8
chol (mg)	79.8
sodium (mg)	2250.9
carbs (gm)	49.6
protein (gm)	30.0
calcium (gm)	336.57
iron (gm)	4.31

IVY LUNCH CASH

11/11/09

LUNCH

IVY ANGELL POCKET SANDWICH

HUMmUS(CHICKPEA/GARLIC P,TABBOULI,CUCUMBER SLICED (4-5 PER),FR TOMATOE SLICED (2 PER),FR SPINACH (2-3 LEAVES),SYRIAN BREAD LARGE 7",PICKLES FRSH SPEAR SCHWTZ

Nutrition Facts	
Portion Size	7.480 oz Portion
calories	657
fat (gm)	22.9
sat fat (gm)	2.6
chol (mg)	0.0
sodium (mg)	898.2
carbs (gm)	94.4
protein (gm)	17.7
calcium (gm)	70.21
iron (gm)	4.47

IVY LUNCH CASH

11/11/09

LUNCH

IVY BACON-LETTUCE-TOMATO SAND

SLICED BACON,BREAD SANDWICH WHITE,TOMATOES SLICED 3/16",MAYONNAISE,PICKLE CIRCLES,GREEN LEAF LETTUCE

Nutrition Facts	
Portion Size	5 oz Portion
calories	375
fat (gm)	20.4
sat fat (gm)	6.0
chol (mg)	29.0
sodium (mg)	1005.4
carbs (gm)	33.6
protein (gm)	14.1
calcium (gm)	74.77
iron (gm)	2.66

IVY LUNCH CASH

11/11/09

LUNCH

IVY BENEVOLENT SANDWICH

BROCCOLI FLORETTE,FRESH CARROTS
SLICED 1/8",MUSHROOMS FRSH SL
TUBE,GREEN PEPPERS SL THIN,YELLOW
ONIONS SL THIN,SYRIAN BREAD LARGE
7",PICKLES FRSH SPEAR SCHWTZ,SHREDDED
CHEDDAR CHEESE

Nutrition Facts

Portion Size	12 oz Portion
calories	514
fat (gm)	10.4
sat fat (gm)	5.5
chol (mg)	26.8
sodium (mg)	870.2
carbs (gm)	85.5
protein (gm)	21.5
calcium (gm)	271.48
iron (gm)	3.74

IVY LUNCH CASH

11/11/09

LUNCH

IVY BUFFALO CHICKEN WRAP

CHICKEN BREAST BNLSKL 4oz,
JULIENNED.,GREEN LEAF LETTUCE,SLICED
TOMATOES,DRESS BLUE CHEESE CROMY
DELUXE,TORTILLA TOM&BAS,BUFFALO HOT
SAUCE FRANK'S

Nutrition Facts

Portion Size	portion
calories	544
fat (gm)	16.4
sat fat (gm)	3.4
chol (mg)	99.8
sodium (mg)	718.4
carbs (gm)	54.4
protein (gm)	41.6
calcium (gm)	143.17
iron (gm)	4.48

IVY LUNCH CASH

11/11/09

LUNCH

IVY CHARLESFIELD SANDWICH

HORSERADISH SAUCE,BEEF ROAST BOARS
HEAD,MUENSTER CHEESE,MUSHROOMS
FRESH,SLICED TOMATOES 3/16",PICKLES
FRSH SPEAR SCHWTZ,ROLLS BULKIE
CORNML CAL,GREEN LEAF LETTUCE

Nutrition Facts

Portion Size	13.380 oz Portion
calories	565
fat (gm)	21.1
sat fat (gm)	9.5
chol (mg)	98.2
sodium (mg)	1377.9
carbs (gm)	51.7
protein (gm)	41.3
calcium (gm)	323.68
iron (gm)	6.67

IVY LUNCH CASH

11/11/09

LUNCH

IVY CHEESE INDIV PIZZA

PIZZA DOUGH 7" CRUST FRESCHETTA,PIZZA SAUCE,PIZZA BLEND CHEESE

Nutrition Facts	
Portion Size	8 oz Portion
calories	509
fat (gm)	18.0
sat fat (gm)	7.0
chol (mg)	26.6
sodium (mg)	1015.1
carbs (gm)	65.6
protein (gm)	25.8
calcium (gm)	344.08
iron (gm)	3.07

IVY LUNCH CASH

11/11/09

LUNCH

IVY CHICKEN SALAD SANDWICH

CHICKEN SALAD 4/OZ,MAYONNAISE,SLICED TOMATOES 3/16",PICKLE CIRCLES,ROLLS BULKIE CORNML CAL,GREEN LEAF LETTUCE

Nutrition Facts	
Portion Size	10.670 oz Portion
calories	570
fat (gm)	24.1
sat fat (gm)	4.3
chol (mg)	60.2
sodium (mg)	1260.5
carbs (gm)	59.7
protein (gm)	28.3
calcium (gm)	125.42
iron (gm)	4.48

IVY LUNCH CASH

11/11/09

LUNCH

IVY GRILLED AM CHEESE SANDWICH

AMERICAN CHEESE 120CT,WHITE BREAD,PAN & GRILL LIQ SHORTNG,PICKLE CIRCLES

Nutrition Facts	
Portion Size	4 oz Portion
calories	332
fat (gm)	15.6
sat fat (gm)	9.1
chol (mg)	37.6
sodium (mg)	998.8
carbs (gm)	46.3
protein (gm)	15.8
calcium (gm)	455.36
iron (gm)	2.02

IVY LUNCH CASH

11/11/09

LUNCH

IVY GRILLED CHEESE&TOMATO SAND

AMERICAN CHEESE SLICES,TOMATOES
SLICED,PAN&GRILL OIL,PICKLE
CIRCLES,BREAD WHEAT VIENNA CAL

Nutrition Facts	
Portion Size	5 oz Portion
calories	341
fat (gm)	14.7
sat fat (gm)	8.0
chol (mg)	30.2
sodium (mg)	990.4
carbs (gm)	50.8
protein (gm)	16.6
calcium (gm)	396.87
iron (gm)	2.96

IVY LUNCH CASH

11/11/09

LUNCH

IVY GRILLED CHEESEBURGER

BEEF GROUND PATTY 4/LB BS,AMERICAN
CHEESE,HAMBURGER ROLL,PAN & GRILL OIL

Nutrition Facts	
Portion Size	5.320 oz Portion
calories	384
fat (gm)	16.7
sat fat (gm)	7.1
chol (mg)	82.2
sodium (mg)	491.6
carbs (gm)	43.7
protein (gm)	27.6
calcium (gm)	269.46
iron (gm)	3.94

IVY LUNCH CASH

11/11/09

LUNCH

IVY GRILLED CHICKEN SANDWICH

ROLLS BULKIE CORNML CAL, GREEN LEAF
LETTUCE,FRESH TOMATOES, SLICED,Honey
Mustard PC 1 oz,BBQ Sauce PC 1 oz,Sweet &
Sour PC 1 oz,CHICKEN BREAST FILLET

Nutrition Facts	
Portion Size	Sandwich
calories	497
fat (gm)	12.9
sat fat (gm)	3.0
chol (mg)	95.3
sodium (mg)	581.5
carbs (gm)	50.7
protein (gm)	43.2
calcium (gm)	140.65
iron (gm)	6.43

IVY LUNCH CASH

11/11/09

LUNCH

IVY GRILLED FRANKFURT ON BUN

FRANKFURTERS BEEF,ROLL FRANKFURT,PAN & GRILL OIL

Nutrition Facts	
Portion Size	SERVINGS
calories	261
fat (gm)	14.5
sat fat (gm)	5.7
chol (mg)	28.6
sodium (mg)	652.8
carbs (gm)	25.1
protein (gm)	8.6
calcium (gm)	56.06
iron (gm)	1.80

IVY LUNCH CASH

11/11/09

LUNCH

IVY GRILLED HAM & CHEESE SANDWICH

HAM BOARS HEAD BLCK FORST,AMERICAN CHEESE,WHITE PULLMAN BREAD,OIL PAN & GRILL SUNBURST

Nutrition Facts	
Portion Size	5 oz Portion
calories	337
fat (gm)	12.7
sat fat (gm)	6.1
chol (mg)	59.5
sodium (mg)	1736.4
carbs (gm)	38.6
protein (gm)	26.3
calcium (gm)	284.40
iron (gm)	2.25

IVY LUNCH CASH

11/11/09

LUNCH

IVY GRILLED HAMBURGER REG

BEEF GROUND PATTY 4/LB BS,HAMBURGER ROLL,PAN&GRILL OIL

Nutrition Facts	
Portion Size	SANDWICH
calories	321
fat (gm)	12.0
sat fat (gm)	4.2
chol (mg)	70.2
sodium (mg)	308.1
carbs (gm)	42.1
protein (gm)	23.9
calcium (gm)	175.03
iron (gm)	3.78

IVY LUNCH CASH

11/11/09

LUNCH

IVY PASTRAMI SANDWICH

PASTRAMI BOARS HEAD,MUSTARD
SALAD,SLICED TOMATOES 3/16",PICKLE
CIRCLES,ROLLS BULKIE CORNML CAL,GREEN
LEAF LETTUCE

Nutrition Facts	
Portion Size	9oz portion
calories	487
fat (gm)	22.5
sat fat (gm)	7.2
chol (mg)	59.3
sodium (mg)	1491.2
carbs (gm)	50.1
protein (gm)	20.1
calcium (gm)	102.84
iron (gm)	4.54

IVY LUNCH CASH

11/11/09

LUNCH

IVY PEPPERONI INDIV PIZZA

PIZZA DOUGH 7" CRUST FRESCHETTA,PIZZA
SAUCE,PIZZA BLEND CHEESE,SLICED
PEPPERONI

Nutrition Facts	
Portion Size	8 oz Portion
calories	545
fat (gm)	21.2
sat fat (gm)	8.1
chol (mg)	32.2
sodium (mg)	1159.8
carbs (gm)	65.8
protein (gm)	27.3
calcium (gm)	344.79
iron (gm)	3.17

IVY LUNCH CASH

11/11/09

LUNCH

IVY PM SPIN/TOMATO INDIV PIZZA

PIZZA DOUGH 7" CRUST
FRESCHETTA,SPINACH/TOM/FETA(RETAIL),SHF
MOZZARELLA CHESE

Nutrition Facts	
Portion Size	PIZZA
calories	522
fat (gm)	17.9
sat fat (gm)	7.3
chol (mg)	27.9
sodium (mg)	1225.4
carbs (gm)	68.9
protein (gm)	22.6
calcium (gm)	328.57
iron (gm)	4.31

IVY LUNCH CASH

11/11/09

LUNCH

IVY POWER MELT SANDWICH

GREEN LEAF LETTUCE,DIJON
MUSTARD,PASTRAMI BOARS HEAD,SWISS
CHEESE SL THIN 1 OZ,FRESH TOMATOES
SLICED,PICKLES FRSH SPEAR
SCHWTZ,ROLLS BULKIE CORNML CAL

Nutrition Facts	
Portion Size	SANDWICH
calories	702
fat (gm)	37.7
sat fat (gm)	14.5
chol (mg)	105.2
sodium (mg)	2700.4
carbs (gm)	56.5
protein (gm)	33.5
calcium (gm)	405.93
iron (gm)	5.45

IVY LUNCH CASH

11/11/09

LUNCH

IVY RM FRENCH FRIED POTATOES 4/OZ

FRENCH FRIES THIN CUT

Nutrition Facts	
Portion Size	4 oz Portion
calories	370
fat (gm)	21.2
sat fat (gm)	8.6
chol (mg)	0.0
sodium (mg)	695.1
carbs (gm)	42.8
protein (gm)	4.0
calcium (gm)	13.61
iron (gm)	1.88

IVY LUNCH CASH

11/11/09

LUNCH

IVY SANDW turkey & gouda (Sidney Frank)

TORTILLA WRAPS ASSORTMENT,TURKEY GLD
OVEN RST BOARS,GOUDA CHEESE,MUSTARD
DIJON GREY P 3LB,MAYONNAISE,VEGAN
GRILLED VEGETABLES

Nutrition Facts	
Portion Size	each
calories	422
fat (gm)	16.1
sat fat (gm)	5.1
chol (mg)	63.1
sodium (mg)	1064.5
carbs (gm)	40.2
protein (gm)	27.8
calcium (gm)	191.81
iron (gm)	3.53

IVY LUNCH CASH

11/11/09

LUNCH

IVY SHAVED STK & CHS SANDWICH

1-SHAVED STEAK 4/OZ,2-SLICED PROVOLONE
1/OZ,ONIONS SLICED 1/8" WHITE,ROLL
TORPEDO SUPERIOR

Nutrition Facts	
Portion Size	4.500 oz Portion
calories	481
fat (gm)	16.7
sat fat (gm)	9.5
chol (mg)	44.4
sodium (mg)	804.1
carbs (gm)	44.5
protein (gm)	36.4
calcium (gm)	359.62
iron (gm)	5.77

IVY LUNCH CASH

11/11/09

LUNCH

IVY SLICED AMERICAN CHS SAND

AMERICAN CHEESE,MUSTARD SALAD,SLICED
TOMATOES 3/16",PICKLE CIRCLES,GREEN
LEAF LETTUCE,ROLLS BULKIE CORNML CAL

Nutrition Facts	
Portion Size	8.420 oz Portion
calories	506
fat (gm)	19.9
sat fat (gm)	10.4
chol (mg)	40.4
sodium (mg)	1404.8
carbs (gm)	59.0
protein (gm)	22.7
calcium (gm)	424.50
iron (gm)	4.25

IVY LUNCH CASH

11/11/09

LUNCH

IVY SLICED HAM SANDWICH

HAM BOARS HEAD BLCK FORST,MUSTARD
SALAD,SLICED TOMATOES 3/16",PICKLE
CIRCLES,GREEN LEAF LETTUCE,ROLLS
BULKIE CORNML CAL

Nutrition Facts	
Portion Size	10.420 oz Portion
calories	425
fat (gm)	9.2
sat fat (gm)	2.2
chol (mg)	45.2
sodium (mg)	2176.2
carbs (gm)	55.4
protein (gm)	28.9
calcium (gm)	116.57
iron (gm)	4.50

IVY LUNCH CASH

11/11/09

LUNCH

IVY SLICED ROAST BEEF SANDWICH

ROLLS BULKIE CORNML CAL,BEEF ROAST
BOARS HEAD,MAYONNAISE,SLICED
TOMATOES 3/16",PICKLE CIRCLES,GREEN
LEAF LETTUCE

Nutrition Facts	
Portion Size	10.670 oz Portion
calories	542
fat (gm)	16.8
sat fat (gm)	3.8
chol (mg)	79.0
sodium (mg)	975.7
carbs (gm)	58.1
protein (gm)	38.0
calcium (gm)	116.54
iron (gm)	6.79

IVY LUNCH CASH

11/11/09

LUNCH

IVY SLICED TURKEY BREAST SAND

GREEN LEAF LETTUCE,TURKEY GLD OVEN
RST BOARS,MAYONNAISE,SLICED TOMATOES
3/16",PICKLE CIRCLES,ROLLS BULKIE CORNML
CAL

Nutrition Facts	
Portion Size	10.670 oz Portion
calories	509
fat (gm)	15.3
sat fat (gm)	3.2
chol (mg)	55.0
sodium (mg)	1564.7
carbs (gm)	61.1
protein (gm)	30.9
calcium (gm)	116.54
iron (gm)	5.36

IVY LUNCH CASH

11/11/09

LUNCH

IVY SMOKY CHICKEN CHIPOTLE INDIV PIZZA

PIZZA DOUGH 7" CRUST
FRESCHETTA,CHIPOTLE MAYONNAISE,PIZZA
BLEND CHEESE,CHICKEN MEAT,BROCCOLI
CUTS FZ

Nutrition Facts	
Portion Size	PIZZA
calories	691
fat (gm)	30.6
sat fat (gm)	9.8
chol (mg)	59.7
sodium (mg)	1191.0
carbs (gm)	72.6
protein (gm)	36.9
calcium (gm)	405.16
iron (gm)	3.54

IVY LUNCH CASH

11/11/09

LUNCH

IVY SUPREME INDIV PIZZA

PIZZA DOUGH 7" CRUST FRESCHETTA,PIZZA SAUCE COLD MIX,PIZZA BLEND CHEESE,PEPPERONI SLICED,PIZZA TOPPING SAUSAGE,PEPPERS GRN DICED/1/4,MUSHROOMS FRESH,SLICED OLIVES RIPE

Nutrition Facts	
Portion Size	PORTION
calories	572
fat (gm)	23.1
sat fat (gm)	8.7
chol (mg)	37.3
sodium (mg)	1241.0
carbs (gm)	66.8
protein (gm)	28.8
calcium (gm)	349.38
iron (gm)	3.46

IVY LUNCH CASH

11/11/09

LUNCH

IVY TUNAFISH SALAD SANDWICH

ROLLS BULKIE CORNML CAL,TUNA FISH 4/OZ,MAYONNAISE,SLICED TOMATOES 3/16",PICKLE CIRCLES,GREEN LEAF LETTUCE

Nutrition Facts	
Portion Size	10.670 oz Portion
calories	557
fat (gm)	18.1
sat fat (gm)	2.8
chol (mg)	41.8
sodium (mg)	1443.8
carbs (gm)	60.8
protein (gm)	37.1
calcium (gm)	125.84
iron (gm)	5.48

IVY LUNCH CASH

11/11/09

LUNCH

IVY VEGETABLE INDIV PIZZA

PIZZA DOUGH 7" CRUST FRESCHETTA,PIZZA SAUCE,PIZZA BLEND CHEESE,PEPPERS GRN DICED/1/4,ONIONS WHITE DICED 1/4",MUSHROOMS FRESH SLICED

Nutrition Facts	
Portion Size	8 oz Portion
calories	521
fat (gm)	18.1
sat fat (gm)	7.0
chol (mg)	26.6
sodium (mg)	1016.0
carbs (gm)	68.2
protein (gm)	26.3
calcium (gm)	348.54
iron (gm)	3.33

IVY LUNCH CASH

11/11/09

LUNCH

IVY WATERMAN SANDWICH

GREEN LEAF LETTUCE,MAYONNAISE,TURKEY
GLD OVEN RST BOARS,BACON,SLICED
CHEDDAR CHEESE,SLICED TOMATOES
3/16",PICKLES FRSH SPEAR SCHWITZ,ROLLS
BULKIE CORNML CAL

Nutrition Facts

Portion Size	13.500 oz Portion
calories	604
fat (gm)	26.1
sat fat (gm)	10.0
chol (mg)	83.9
sodium (mg)	1753.1
carbs (gm)	54.8
protein (gm)	36.4
calcium (gm)	309.20
iron (gm)	5.08

IVY LUNCH CASH**11/11/09****LUNCH**

JELLO STRAWBERRY CT-50

WATER,GELATIN STRAWBERRY,COLD WATER

Nutrition Facts

Portion Size	4.560 oz Portion
calories	12
fat (gm)	0.0
sat fat (gm)	0.0
chol (mg)	0.0
sodium (mg)	8.6
carbs (gm)	2.9
protein (gm)	0.2
calcium (gm)	0.41
iron (gm)	0.01

IVY LUNCH CASH**11/11/09****LUNCH**

MEATBALL GRINDER

MEATBALLS-ITALIAN(BUT SH),SPAGHETTI
SAUCE,PARMESAN CHEESE,ROLL TORPEDO
SUPERIOR

Nutrition Facts

Portion Size	9 oz Portion
calories	458
fat (gm)	16.7
sat fat (gm)	5.6
chol (mg)	85.7
sodium (mg)	1020.7
carbs (gm)	42.4
protein (gm)	32.9
calcium (gm)	135.70
iron (gm)	5.93

IVY LUNCH CASH**11/11/09****LUNCH**

PARFAIT STRWBRY YOG GRANOLA

YOGURT STRAWB 5 LB,CEREAL GRANOLA
OATS & HONEY,FRESH
STRAWBERRY,STRAWBERRY TOPPING

Nutrition Facts	
Portion Size	GOBLET 8 oz
calories	464
fat (gm)	11.6
sat fat (gm)	7.5
chol (mg)	6.0
sodium (mg)	200.5
carbs (gm)	82.3
protein (gm)	12.5
calcium (gm)	262.28
iron (gm)	2.38

IVY LUNCH CASH

11/11/09

LUNCH

PUDDING CHOC REDUCED CALORIE

PUDDING CHOCOLATESYS 5 oz,COLD SKIM
MILK

Nutrition Facts	
Portion Size	portion 8 oz
calories	79
fat (gm)	0.4
sat fat (gm)	0.3
chol (mg)	4.1
sodium (mg)	116.8
carbs (gm)	11.0
protein (gm)	7.7
calcium (gm)	279.87
iron (gm)	0.09

IVY LUNCH CASH

11/11/09

LUNCH

SALAD BLACK BEAN

JUICE LEMON REALEMON 48 oz,RED
PEPPERS 1/4" DICE,FRESH RARERIPES
SLICED,FR PLUM TOMATOE 1/4"DICE,OLIVE
OIL,CILANTRO FRESH,GROUND BLACK
PEPPER,SALT,BEANS BLACK TURTLE CANNED

Nutrition Facts	
Portion Size	4 oz Portion
calories	70
fat (gm)	3.2
sat fat (gm)	0.4
chol (mg)	0.0
sodium (mg)	439.3
carbs (gm)	8.9
protein (gm)	2.5
calcium (gm)	22.26
iron (gm)	1.07

IVY LUNCH CASH

11/11/09

LUNCH

SPICY BLACK BEAN VEG PATTY

VEG PATTY SPICY BLACK BEAN,HAMBURGER
ROLL,Rolls Wheat Bulkie 6pk

Nutrition Facts	
Portion Size	burger
calories	98
fat (gm)	2.0
sat fat (gm)	0.5
chol (mg)	1.3
sodium (mg)	150.9
carbs (gm)	17.0
protein (gm)	2.8
calcium (gm)	37.11
iron (gm)	1.03

IVY LUNCH CASH

11/11/09

LUNCH

TURKEY CRANBERRY MAYONNAISE WRAP

COOKED TURKEY
BREAST,MAYONNAISE,JELLIED CRANBERRY
SAUCE,GREEN LEAF LETTUCE,PLUM TOMATO
JULIENNE,TORTILLA FLOUR 12"

Nutrition Facts	
Portion Size	11.250 oz Portion
calories	439
fat (gm)	14.6
sat fat (gm)	2.8
chol (mg)	63.2
sodium (mg)	674.1
carbs (gm)	39.4
protein (gm)	36.6
calcium (gm)	100.20
iron (gm)	3.26

IVY LUNCH CASH

11/11/09

LUNCH

Vegan Brown Rice Pilaf for Rice Ckr Ref

BROWN RICE,ONIONS WHITE DICED 1/4",BASE
MIREPOIX,WATER TO MARK,GROUND WHITE
PEPPER

Nutrition Facts	
Portion Size	4oz portion
calories	130
fat (gm)	1.4
sat fat (gm)	0.3
chol (mg)	0.4
sodium (mg)	590.9
carbs (gm)	25.7
protein (gm)	3.4
calcium (gm)	17.40
iron (gm)	0.50

IVY LUNCH CASH

11/11/09

LUNCH

VEGAN ROASTED TOMATO SOUP

TOMATOES PLUM PLD SAN MARZANO, OLIVE OIL, SPICE OREGANO LEAF WHL XX, THYME LEAF, BASIL LEAVES, ONIONS SLICED 1/8" WHITE, OLIVE OIL, GRANULATED SUGAR, SALT TABLE BOX, GROUND BLACK PEPPER, OLIVE OIL

Nutrition Facts	
Portion Size	6 OZ PORTIONS
calories	319
fat (gm)	29.3
sat fat (gm)	4.0
chol (mg)	0.0
sodium (mg)	503.6
carbs (gm)	14.6
protein (gm)	2.3
calcium (gm)	68.77
iron (gm)	1.88

IVY LUNCH CASH

11/11/09

LUNCH

VEGAN TEMPEH FAJITA W/ PICO de GA

PICO DE GALLO SAUCE, GARLIC CHOPPED/IN OIL, ONIONS WHITE DICED 1/4", FRESH TOMATOES CHOPPED, CILANTRO FRESH CHOPPED, FR JALAPENO FINE CHOPPED, SALT, FAJITAS MIXTURE YIELD, GARLIC CHOPPED/IN OIL, JUICE LIME REALIME 1 liter, TEMPEH BULK JULIENNE, OLIVE OIL, WATER, SOY SAUCE GALS, FLOUR TORTILLA 6", BASE MIREPOIX

Nutrition Facts	
Portion Size	7 oz Portion
calories	346
fat (gm)	18.1
sat fat (gm)	2.5
chol (mg)	0.1
sodium (mg)	753.6
carbs (gm)	33.3
protein (gm)	17.1
calcium (gm)	122.82
iron (gm)	3.12

IVY LUNCH CASH

11/11/09

LUNCH

VEGETARIAN SUB SANDWICH

ZUCCHINI CT JULIENNE SMSD, MUSHROOMS FRSH SL TUBE, GREEN PEPPERS SM DICED, FRSH TOMATOE SLICE CT 1/2, BEAN SPROUTS DRAINED, FRESH PARSLEY CHOPPED, GARLIC CHOPPED/IN OIL, OLIVE OIL, OREGANO LEAF, CRUSHED RED PEPPER, BASIL LEAVES, PIZZA BLEND CHEESE, ROLL TORPEDO SUPERIOR

Nutrition Facts	
Portion Size	8.200 oz Portion
calories	375
fat (gm)	13.6
sat fat (gm)	4.9
chol (mg)	20.8
sodium (mg)	666.6
carbs (gm)	47.2
protein (gm)	19.9
calcium (gm)	336.92
iron (gm)	3.31

IVY LUNCH CASH

11/11/09

LUNCH

ALFREDO SAUCE - cat 08

GARLIC CHOPPED/IN OIL,ROMANO CHEESE
GRATED,GROUND BLACK
PEPPER,MARGARINE,FLOUR UNBLEACHED
UNBR SPRING KING,CREAM HEAVY 20 QUART

Nutrition Facts	
Portion Size	4 oz Portion
calories	396
fat (gm)	41.1
sat fat (gm)	25.1
chol (mg)	148.0
sodium (mg)	128.3
carbs (gm)	4.4
protein (gm)	4.4
calcium (gm)	136.26
iron (gm)	0.14

IVY LUNCH CASH

11/12/09

LUNCH

BROWNIES/FROSTED '06

VEG SHORTENING ALL PRPOSE,ROYAL
DUTCH COCOA,GRANULATED SUGAR,LIQUID
EGGS,SALT,VANILLA EXTRACT,CAKE
FLOUR,CAKE CHOCOLATE BATTER FROM
MIX,FROSTING CHOCOLATE RTU

Nutrition Facts	
Portion Size	BROWNIE 3.54 c
calories	358
fat (gm)	16.4
sat fat (gm)	5.7
chol (mg)	51.5
sodium (mg)	219.7
carbs (gm)	51.7
protein (gm)	2.8
calcium (gm)	34.61
iron (gm)	1.52

IVY LUNCH CASH

11/12/09

LUNCH

CHICKEN CAESAR WRAP

TORTILLA WHITE,DRESS KENS CAESAR
DELUXE,ROMANO CHEESE GRATED,ROMAINE
LETTUCE CHOPPED,GRILLED CHICKEN

Nutrition Facts	
Portion Size	11 oz Portion
calories	514
fat (gm)	30.8
sat fat (gm)	8.7
chol (mg)	141.5
sodium (mg)	967.9
carbs (gm)	4.3
protein (gm)	51.3
calcium (gm)	352.74
iron (gm)	2.58

IVY LUNCH CASH

11/12/09

LUNCH

COOKIES ASST HM '06

DATEEN COOKIE, G COOKIES/ ALMOND
CRESCENT '06, COOKIES CHOCOLATE CHIP
'06, OATMEAL RAISIN COOKIES '06

Nutrition Facts

Portion Size	COOKIE
calories	97
fat (gm)	2.0
sat fat (gm)	0.6
chol (mg)	8.7
sodium (mg)	42.3
carbs (gm)	18.9
protein (gm)	1.7
calcium (gm)	10.68
iron (gm)	0.81

IVY LUNCH CASH

11/12/09

LUNCH

EGGPLANT PARMESAN

EGGPLANT UNPEEL SLICE 3/8, LIQUID
EGGS, HOMOGENIZED MILK, SALT, PEPPER
BLACK, BREAD CRUMBS, CHOPPED FRESH
PARSLEY, ROMANO CHEESE
GRATED, PAPRIKA, CELERY
SALT, OREGANO, SALT, BLACK
PEPPER, GRANULATED GARLIC, ONION
SALT, SPAGHETTI SAUCE (AMT REQ), PIZZA
BLEND CHEESE, FLOUR UNBLEACHED UNBR
SPRING KING

Nutrition Facts

Portion Size	8.600 oz Portion
calories	361
fat (gm)	11.7
sat fat (gm)	4.1
chol (mg)	78.7
sodium (mg)	2428.0
carbs (gm)	51.6
protein (gm)	16.6
calcium (gm)	286.63
iron (gm)	4.04

IVY LUNCH CASH

11/12/09

LUNCH

Flame Grilled Veggie Patty

Rolls Wheat Bulkie 6pk , Veg Patty Flame
Grilled, HAMBURGER ROLL

Nutrition Facts

Portion Size	burger
calories	231
fat (gm)	5.8
sat fat (gm)	0.6
chol (mg)	1.8
sodium (mg)	510.0
carbs (gm)	27.5
protein (gm)	17.7
calcium (gm)	49.70
iron (gm)	1.38

IVY LUNCH CASH

11/12/09

LUNCH

FRESHENS BAR

MILK 2% GALLON,FRESHN CUP 21 OZ CLR
FRSHN,FRESHN YOGURT FR, VAN NF,FRESHN
YOGURT FR, DTC CHO,FRESHN TOP REESE
PCS MI,FRESHN SYRUP PEACH FRZN,FRESHN
SYRUP MANGO FRZN,FRESHN SYRUP CHOC
DK HERSHY,FRESHN STRAW JBO WRP 7.75
CLR,FRESHN SPOON SODA 8",FRESHN
SMOOTHIE BS YGRT NF,FRESHN SMOOTHIE
BS ORANGE,FRESHN SMOOTHIE BS NSA
VAN,FRESHN SMOOTHIE BS FRUIT,FRESHN
SMOOTHIE BS FRT NSA,FRSHN METRX VIT
FAT BURNER,FRSHN LYONS SHAKE MX
VAN,FRESHN MIX SHK PUR STRBRY
TFSP,FRESHN LID STRAW SLT 32-44
L32S,FRESHN LID DOME 12/16

Nutrition Facts

Portion Size	PORTION
calories	103
fat (gm)	1.7
sat fat (gm)	0.6
chol (mg)	1.4
sodium (mg)	11.8
carbs (gm)	23.1
protein (gm)	1.0
calcium (gm)	14.96
iron (gm)	0.51

IVY LUNCH CASH

11/12/09

LUNCH

GRILLED CHICKEN ALFREDO SANDWICH

CHICKEN BREAST BNLSKL 4oz,MUSHROOMS
FRESH SLICED,SALT,GRANULATED
GARLIC,GROUND BLACK PEPPER,GROUND
PAPRIKA,PIZZA BLEND CHEESE,ALFREDO
SAUCE,ROLL TORPEDO SUPERIOR

Nutrition Facts

Portion Size	10 OZ PORTION
calories	653
fat (gm)	32.6
sat fat (gm)	16.6
chol (mg)	175.9
sodium (mg)	763.0
carbs (gm)	40.4
protein (gm)	50.3
calcium (gm)	330.40
iron (gm)	3.93

IVY LUNCH CASH

11/12/09

LUNCH

GRILLED VEGETABLE WRAP

TORTILLA SPINACH,HONEY MUSTARD SAUCE
CONV,ZUCCHINI SQUASH GRILLED,RED
ONIONS GRILLED,RED PEPPERS
GRILLED,EGG PLANT GRILLED,YELL SUMM
SQUASH GRILLED,GREEN LEAF LETTUCE

Nutrition Facts

Portion Size	11.250 oz Portion
calories	285
fat (gm)	5.8
sat fat (gm)	0.9
chol (mg)	0.0
sodium (mg)	374.6
carbs (gm)	50.5
protein (gm)	8.3
calcium (gm)	126.55
iron (gm)	3.51

IVY LUNCH CASH

11/12/09

LUNCH

HOT TURKEY SANDWICH W/ SAUCE

TURKEY ROAST RAW,GROUND BLACK PEPPER,ONIONS WHITE CUBED 3/4",CARROTS DICED/1/4",CELERY DICED 1/4",WATER TO MARK,WATER TO MARK,SALT IF NEED C LEAD COOK,TURKEY FAT,FLOUR UNBLEACHED UNBR SPRING KING,WHITE PULLMAN BREAD,CRANBERRY SAUCE

Nutrition Facts	
Portion Size	7 oz Portion
calories	251
fat (gm)	5.9
sat fat (gm)	1.8
chol (mg)	46.7
sodium (mg)	731.9
carbs (gm)	27.7
protein (gm)	20.9
calcium (gm)	27.90
iron (gm)	2.23

IVY LUNCH CASH

11/12/09

LUNCH

ITALIAN SAUSAGE

ITALIAN PORK SAUSAGE MILD LINKS

Nutrition Facts	
Portion Size	2.660 oz Portion
calories	156
fat (gm)	12.4
sat fat (gm)	4.4
chol (mg)	37.7
sodium (mg)	446.1
carbs (gm)	0.7
protein (gm)	9.7
calcium (gm)	11.61
iron (gm)	0.73

IVY LUNCH CASH

11/12/09

LUNCH

ITALIAN WRAP (COLOSSEUM)

SLICED PROVOLONE,GENOA SALAMI,SLICED CAPICOLA (HOT HAM),PROSCIUTTO,SLICED OLIVES RIPE,PEPPERS RINGS BANANA HOT,SLICED TOMATOES,GREEN LEAF LETTUCE,GRILLED RED ONIONS,DRESS KENS PARM & PEPPER,TORTILLA GARLIC/HERB

Nutrition Facts	
Portion Size	SANDWICH
calories	727
fat (gm)	45.2
sat fat (gm)	14.8
chol (mg)	79.8
sodium (mg)	2250.9
carbs (gm)	49.6
protein (gm)	30.0
calcium (gm)	336.57
iron (gm)	4.31

IVY LUNCH CASH

11/12/09

LUNCH

IVY ANGELL POCKET SANDWICH

HUMmUS(CHICKPEA/GARLIC P,TABBOULI,CUCUMBER SLICED (4-5 PER),FR TOMATOE SLICED (2 PER),FR SPINACH (2-3 LEAVES),SYRIAN BREAD LARGE 7",PICKLES FRSH SPEAR SCHWTZ

Nutrition Facts	
Portion Size	7.480 oz Portion
calories	657
fat (gm)	22.9
sat fat (gm)	2.6
chol (mg)	0.0
sodium (mg)	898.2
carbs (gm)	94.4
protein (gm)	17.7
calcium (gm)	70.21
iron (gm)	4.47

IVY LUNCH CASH

11/12/09

LUNCH

IVY BACON-LETTUCE-TOMATO SAND

SLICED BACON,BREAD SANDWICH WHITE,TOMATOES SLICED 3/16",MAYONNAISE,PICKLE CIRCLES,GREEN LEAF LETTUCE

Nutrition Facts	
Portion Size	5 oz Portion
calories	375
fat (gm)	20.4
sat fat (gm)	6.0
chol (mg)	29.0
sodium (mg)	1005.4
carbs (gm)	33.6
protein (gm)	14.1
calcium (gm)	74.77
iron (gm)	2.66

IVY LUNCH CASH

11/12/09

LUNCH

IVY BENEVOLENT SANDWICH

BROCCOLI FLORETTE,FRESH CARROTS SLICED 1/8",MUSHROOMS FRSH SL TUBE,GREEN PEPPERS SL THIN,YELLOW ONIONS SL THIN,SYRIAN BREAD LARGE 7",PICKLES FRSH SPEAR SCHWTZ,SHREDDED CHEDDAR CHEESE

Nutrition Facts	
Portion Size	12 oz Portion
calories	514
fat (gm)	10.4
sat fat (gm)	5.5
chol (mg)	26.8
sodium (mg)	870.2
carbs (gm)	85.5
protein (gm)	21.5
calcium (gm)	271.48
iron (gm)	3.74

IVY LUNCH CASH

11/12/09

LUNCH

IVY BUFFALO CHICKEN WRAP

CHICKEN BREAST BNLSKL 4oz,
JULIENNED., GREEN LEAF LETTUCE, SLICED
TOMATOES, DRESS BLUE CHEESE CREAMY
DELUXE, TORTILLA TOM&BAS, BUFFALO HOT
SAUCE FRANK'S

Nutrition Facts	
Portion Size	portion
calories	544
fat (gm)	16.4
sat fat (gm)	3.4
chol (mg)	99.8
sodium (mg)	718.4
carbs (gm)	54.4
protein (gm)	41.6
calcium (gm)	143.17
iron (gm)	4.48

IVY LUNCH CASH

11/12/09

LUNCH

IVY CHARLESFIELD SANDWICH

HORSERADISH SAUCE, BEEF ROAST BOARS
HEAD, MUENSTER CHEESE, MUSHROOMS
FRESH, SLICED TOMATOES 3/16", PICKLES
FRSH SPEAR SCHWTZ, ROLLS BULKIE
CORNML CAL, GREEN LEAF LETTUCE

Nutrition Facts	
Portion Size	13.380 oz Portion
calories	565
fat (gm)	21.1
sat fat (gm)	9.5
chol (mg)	98.2
sodium (mg)	1377.9
carbs (gm)	51.7
protein (gm)	41.3
calcium (gm)	323.68
iron (gm)	6.67

IVY LUNCH CASH

11/12/09

LUNCH

IVY CHICKEN SALAD SANDWICH

CHICKEN SALAD 4/OZ, MAYONNAISE, SLICED
TOMATOES 3/16", PICKLE CIRCLES, ROLLS
BULKIE CORNML CAL, GREEN LEAF LETTUCE

Nutrition Facts	
Portion Size	10.670 oz Portion
calories	570
fat (gm)	24.1
sat fat (gm)	4.3
chol (mg)	60.2
sodium (mg)	1260.5
carbs (gm)	59.7
protein (gm)	28.3
calcium (gm)	125.42
iron (gm)	4.48

IVY LUNCH CASH

11/12/09

LUNCH

IVY GRILLED AM CHEESE SANDWICH

AMERICAN CHEESE 120CT,WHITE BREAD,PAN
& GRILL LIQ SHORTNG,PICKLE CIRCLES

Nutrition Facts	
Portion Size	4 oz Portion
calories	332
fat (gm)	15.6
sat fat (gm)	9.1
chol (mg)	37.6
sodium (mg)	998.8
carbs (gm)	46.3
protein (gm)	15.8
calcium (gm)	455.36
iron (gm)	2.02

IVY LUNCH CASH

11/12/09

LUNCH

IVY GRILLED CHEESE&TOMATO SAND

AMERICAN CHEESE SLICES,TOMATOES
SLICED,PAN&GRILL OIL,PICKLE
CIRCLES,BREAD WHEAT VIENNA CAL

Nutrition Facts	
Portion Size	5 oz Portion
calories	341
fat (gm)	14.7
sat fat (gm)	8.0
chol (mg)	30.2
sodium (mg)	990.4
carbs (gm)	50.8
protein (gm)	16.6
calcium (gm)	396.87
iron (gm)	2.96

IVY LUNCH CASH

11/12/09

LUNCH

IVY GRILLED CHEESEBURGER

BEEF GROUND PATTY 4/LB BS,AMERICAN
CHEESE,HAMBURGER ROLL,PAN & GRILL OIL

Nutrition Facts	
Portion Size	5.320 oz Portion
calories	384
fat (gm)	16.7
sat fat (gm)	7.1
chol (mg)	82.2
sodium (mg)	491.6
carbs (gm)	43.7
protein (gm)	27.6
calcium (gm)	269.46
iron (gm)	3.94

IVY LUNCH CASH

11/12/09

LUNCH

IVY GRILLED CHICKEN SANDWICH

ROLLS BULKIE CORNML CAL, GREEN LEAF
LETTUCE, FRESH TOMATOES, SLICED, Honey
Mustard PC 1 oz, BBQ Sauce PC 1 oz, Sweet &
Sour PC 1 oz, CHICKEN BREAST FILLET

Nutrition Facts	
Portion Size	Sandwich
calories	497
fat (gm)	12.9
sat fat (gm)	3.0
chol (mg)	95.3
sodium (mg)	581.5
carbs (gm)	50.7
protein (gm)	43.2
calcium (gm)	140.65
iron (gm)	6.43

IVY LUNCH CASH

11/12/09

LUNCH

IVY GRILLED FRANKFURT ON BUN

FRANKFURTERS BEEF, ROLL FRANKFURT, PAN
& GRILL OIL

Nutrition Facts	
Portion Size	SERVINGS
calories	261
fat (gm)	14.5
sat fat (gm)	5.7
chol (mg)	28.6
sodium (mg)	652.8
carbs (gm)	25.1
protein (gm)	8.6
calcium (gm)	56.06
iron (gm)	1.80

IVY LUNCH CASH

11/12/09

LUNCH

IVY GRILLED HAM & CHEESE SANDWICH

HAM BOARS HEAD BLCK FORST, AMERICAN
CHEESE, WHITE PULLMAN BREAD, OIL PAN &
GRILL SUNBURST

Nutrition Facts	
Portion Size	5 oz Portion
calories	337
fat (gm)	12.7
sat fat (gm)	6.1
chol (mg)	59.5
sodium (mg)	1736.4
carbs (gm)	38.6
protein (gm)	26.3
calcium (gm)	284.40
iron (gm)	2.25

IVY LUNCH CASH

11/12/09

LUNCH

IVY GRILLED HAMBURGER REG

BEEF GROUND PATTY 4/LB BS,HAMBURGER
ROLL,PAN&GRILL OIL

Nutrition Facts	
Portion Size	SANDWICH
calories	321
fat (gm)	12.0
sat fat (gm)	4.2
chol (mg)	70.2
sodium (mg)	308.1
carbs (gm)	42.1
protein (gm)	23.9
calcium (gm)	175.03
iron (gm)	3.78

IVY LUNCH CASH

11/12/09

LUNCH

IVY PASTRAMI SANDWICH

PASTRAMI BOARS HEAD,MUSTARD
SALAD,SLICED TOMATOES 3/16",PICKLE
CIRCLES,ROLLS BULKIE CORNML CAL,GREEN
LEAF LETTUCE

Nutrition Facts	
Portion Size	9oz portion
calories	487
fat (gm)	22.5
sat fat (gm)	7.2
chol (mg)	59.3
sodium (mg)	1491.2
carbs (gm)	50.1
protein (gm)	20.1
calcium (gm)	102.84
iron (gm)	4.54

IVY LUNCH CASH

11/12/09

LUNCH

IVY POWER MELT SANDWICH

GREEN LEAF LETTUCE,DIJON
MUSTARD,PASTRAMI BOARS HEAD,SWISS
CHEESE SL THIN 1 OZ,FRESH TOMATOES
SLICED,PICKLES FRSH SPEAR
SCHWITZ,ROLLS BULKIE CORNML CAL

Nutrition Facts	
Portion Size	SANDWICH
calories	702
fat (gm)	37.7
sat fat (gm)	14.5
chol (mg)	105.2
sodium (mg)	2700.4
carbs (gm)	56.5
protein (gm)	33.5
calcium (gm)	405.93
iron (gm)	5.45

IVY LUNCH CASH

11/12/09

LUNCH

IVY RM FRENCH FRIED POTATOES 4/OZ

FRENCH FRIES THIN CUT

Nutrition Facts

Portion Size	4 oz Portion
calories	370
fat (gm)	21.2
sat fat (gm)	8.6
chol (mg)	0.0
sodium (mg)	695.1
carbs (gm)	42.8
protein (gm)	4.0
calcium (gm)	13.61
iron (gm)	1.88

IVY LUNCH CASH

11/12/09

LUNCH

IVY SANDW turkey & gouda (Sidney Frank)

TORTILLA WRAPS ASSORTMENT, TURKEY GLD
OVEN RST BOARS, GOUDA CHEESE, MUSTARD
DIJON GREY P 3LB, MAYONNAISE, VEGAN
GRILLED VEGETABLES**Nutrition Facts**

Portion Size	each
calories	422
fat (gm)	16.1
sat fat (gm)	5.1
chol (mg)	63.1
sodium (mg)	1064.5
carbs (gm)	40.2
protein (gm)	27.8
calcium (gm)	191.81
iron (gm)	3.53

IVY LUNCH CASH

11/12/09

LUNCH

IVY SHAVED STK & CHS SANDWICH

1-SHAVED STEAK 4/OZ, 2-SLICED PROVOLONE
1/OZ, ONIONS SLICED 1/8" WHITE, ROLL
TORPEDO SUPERIOR**Nutrition Facts**

Portion Size	4.500 oz Portion
calories	481
fat (gm)	16.7
sat fat (gm)	9.5
chol (mg)	44.4
sodium (mg)	804.1
carbs (gm)	44.5
protein (gm)	36.4
calcium (gm)	359.62
iron (gm)	5.77

IVY LUNCH CASH

11/12/09

LUNCH

IVY SLICED HAM SANDWICH

HAM BOARS HEAD BLCK FORST,MUSTARD
SALAD,SLICED TOMATOES 3/16",PICKLE
CIRCLES,GREEN LEAF LETTUCE,ROLLS
BULKIE CORNML CAL

Nutrition Facts

Portion Size	10.420 oz Portior
calories	425
fat (gm)	9.2
sat fat (gm)	2.2
chol (mg)	45.2
sodium (mg)	2176.2
carbs (gm)	55.4
protein (gm)	28.9
calcium (gm)	116.57
iron (gm)	4.50

IVY LUNCH CASH

11/12/09

LUNCH

IVY SLICED ROAST BEEF SANDWICH

ROLLS BULKIE CORNML CAL,BEEF ROAST
BOARS HEAD,MAYONNAISE,SLICED
TOMATOES 3/16",PICKLE CIRCLES,GREEN
LEAF LETTUCE

Nutrition Facts

Portion Size	10.670 oz Portior
calories	542
fat (gm)	16.8
sat fat (gm)	3.8
chol (mg)	79.0
sodium (mg)	975.7
carbs (gm)	58.1
protein (gm)	38.0
calcium (gm)	116.54
iron (gm)	6.79

IVY LUNCH CASH

11/12/09

LUNCH

IVY SLICED TURKEY BREAST SAND

GREEN LEAF LETTUCE,TURKEY GLD OVEN
RST BOARS,MAYONNAISE,SLICED TOMATOES
3/16",PICKLE CIRCLES,ROLLS BULKIE CORNML
CAL

Nutrition Facts

Portion Size	10.670 oz Portior
calories	509
fat (gm)	15.3
sat fat (gm)	3.2
chol (mg)	55.0
sodium (mg)	1564.7
carbs (gm)	61.1
protein (gm)	30.9
calcium (gm)	116.54
iron (gm)	5.36

IVY LUNCH CASH

11/12/09

LUNCH

IVY TUNAFISH SALAD SANDWICH

ROLLS BULKIE CORNML CAL,TUNA FISH
4/OZ,MAYONNAISE,SLICED TOMATOES
3/16",PICKLE CIRCLES,GREEN LEAF LETTUCE

Nutrition Facts	
Portion Size	10.670 oz Portion
calories	557
fat (gm)	18.1
sat fat (gm)	2.8
chol (mg)	41.8
sodium (mg)	1443.8
carbs (gm)	60.8
protein (gm)	37.1
calcium (gm)	125.84
iron (gm)	5.48

IVY LUNCH CASH

11/12/09

LUNCH

IVY WATERMAN SANDWICH

GREEN LEAF LETTUCE,MAYONNAISE,TURKEY
GLD OVEN RST BOARS,BACON,SLICED
CHEDDAR CHEESE,SLICED TOMATOES
3/16",PICKLES FRSH SPEAR SCHWITZ,ROLLS
BULKIE CORNML CAL

Nutrition Facts	
Portion Size	13.500 oz Portion
calories	604
fat (gm)	26.1
sat fat (gm)	10.0
chol (mg)	83.9
sodium (mg)	1753.1
carbs (gm)	54.8
protein (gm)	36.4
calcium (gm)	309.20
iron (gm)	5.08

IVY LUNCH CASH

11/12/09

LUNCH

JELLO LEMON CT-50

WATER,GELATIN LEMON,COLD WATER

Nutrition Facts	
Portion Size	4.560 oz Portion
calories	78
fat (gm)	0.0
sat fat (gm)	0.0
chol (mg)	0.0
sodium (mg)	51.8
carbs (gm)	18.5
protein (gm)	1.6
calcium (gm)	0.61
iron (gm)	0.03

IVY LUNCH CASH

11/12/09

LUNCH

MEATBALL GRINDER

MEATBALLS-ITALIAN(BUT SH),SPAGHETTI SAUCE,PARMESAN CHEESE,ROLL TORPEDO SUPERIOR

Nutrition Facts	
Portion Size	9 oz Portion
calories	458
fat (gm)	16.7
sat fat (gm)	5.6
chol (mg)	85.7
sodium (mg)	1020.7
carbs (gm)	42.4
protein (gm)	32.9
calcium (gm)	135.70
iron (gm)	5.93

IVY LUNCH CASH

11/12/09

LUNCH

MULTI-GRAIN BREAD '09

BIGA/STARTER '09,WATER,YEAST,FLOUR SUNSHINE,GRAIN MIX '09,VEGAN BROWN RICE PILAF,LIGHT BROWN SUGAR,SALT BULK 80 lb bag,BUTTERMILK,HONEY,LIQUID EGGS,GRAIN MIX '09

Nutrition Facts	
Portion Size	~PORTIONS
calories	140
fat (gm)	0.8
sat fat (gm)	0.1
chol (mg)	4.0
sodium (mg)	118.4
carbs (gm)	30.4
protein (gm)	3.8
calcium (gm)	18.17
iron (gm)	0.88

IVY LUNCH CASH

11/12/09

LUNCH

OMELET BAR 3 EGGS IVY ROOM LUNCH

SLICED BACON, COOKED, DICED,MUSHROOMS FRSH SL TUBE,PEPPERS GRN DICED 1/4,TOMATOES, DICED,SHREDDED MOZZARELLA CHESE,ONIONS WHITE DICED 1/4",HOMOGENIZED MILK,PAN GRILL AEROSOL VEG,LIQUID EGGS

Nutrition Facts	
Portion Size	9.740 oz Portion
calories	487
fat (gm)	31.9
sat fat (gm)	11.6
chol (mg)	1037.2
sodium (mg)	884.5
carbs (gm)	7.6
protein (gm)	39.8
calcium (gm)	326.29
iron (gm)	3.99

IVY LUNCH CASH

11/12/09

LUNCH

Oregon Blend Vegetables

Veg Frz Imperial Oregon Blend

Nutrition Facts	
Portion Size	3oz portion
calories	58
fat (gm)	0.5
sat fat (gm)	0.1
chol (mg)	0.0
sodium (mg)	42.6
carbs (gm)	12.2
protein (gm)	3.0
calcium (gm)	22.68
iron (gm)	0.86

IVY LUNCH CASH

11/12/09

LUNCH

PARFAIT STRWBRY YOG GRANOLA

YOGURT STRAWB 5 LB,CEREAL GRANOLA
OATS & HONEY,FRESH
STRAWBERRY,STRAWBERRY TOPPING

Nutrition Facts	
Portion Size	GOBLET 8 oz
calories	464
fat (gm)	11.6
sat fat (gm)	7.5
chol (mg)	6.0
sodium (mg)	200.5
carbs (gm)	82.3
protein (gm)	12.5
calcium (gm)	262.28
iron (gm)	2.38

IVY LUNCH CASH

11/12/09

LUNCH

PARSLIED RICE

WATER MEASURED,SALT,WHITE
PEPPER,CHOPPED FRESH PARSLEY,WHITE
RICE

Nutrition Facts	
Portion Size	4 oz Portion
calories	136
fat (gm)	0.3
sat fat (gm)	0.1
chol (mg)	0.0
sodium (mg)	202.4
carbs (gm)	29.6
protein (gm)	2.8
calcium (gm)	23.74
iron (gm)	1.39

IVY LUNCH CASH

11/12/09

LUNCH

PENNE WHOLE WHEAT

OLIVE OIL,WHOLE WHEAT PENNE

Nutrition Facts

Portion Size	8 oz Portion
calories	299
fat (gm)	3.2
sat fat (gm)	0.5
chol (mg)	0.0
sodium (mg)	6.8
carbs (gm)	60.2
protein (gm)	12.1
calcium (gm)	34.02
iron (gm)	2.41

IVY LUNCH CASH

11/12/09

LUNCH

PUDDING CHOCOLATE CT-48

INSTANT CHOCOLATE
PUDDING,HOMOGENIZED MILK**Nutrition Facts**

Portion Size	4.880 oz Portion
calories	158
fat (gm)	4.3
sat fat (gm)	2.7
chol (mg)	15.8
sodium (mg)	141.5
carbs (gm)	26.9
protein (gm)	4.4
calcium (gm)	149.09
iron (gm)	0.50

IVY LUNCH CASH

11/12/09

LUNCH

PUDDING TAPIOCA CT-48

TAPIOCA PUDDING MIX,HOMOGENIZED MILK

Nutrition Facts

Portion Size	2.730 oz Portion
calories	139
fat (gm)	3.1
sat fat (gm)	1.9
chol (mg)	12.3
sodium (mg)	152.6
carbs (gm)	25.6
protein (gm)	3.0
calcium (gm)	109.22
iron (gm)	0.07

IVY LUNCH CASH

11/12/09

LUNCH

ROASTED CORN CHOWDER W/BAC&POTATO

SLICED BACON, DICED, MARGARINE, ONIONS
WHITE DICED 1/4", FLOUR SUNSHINE, FRZ
CORN WHOLE KERNEL, WATER, CHICKEN
BASE, DICED POTATOES 1/2", HALF AND HALF
CREAM, GROUND BLACK PEPPER, PEPPERS
RED RSTD MAN 48 OZ

Nutrition Facts	
Portion Size	6 oz Portion
calories	145
fat (gm)	6.7
sat fat (gm)	2.9
chol (mg)	13.0
sodium (mg)	956.0
carbs (gm)	18.8
protein (gm)	3.8
calcium (gm)	47.40
iron (gm)	0.54

IVY LUNCH CASH

11/12/09

LUNCH

SPAGHETTI SAUCE

OLIVE OIL, ONIONS WHITE DICED 1/4", GARLIC
CHOPPED/IN OIL, GROUND
TOMATOES, TOMATO PUREE 1.06, TOMATO
PASTE USDA GRD
FCY, SUGAR, SALT, OREGANO, BASIL, BLACK
PEPPER, CRUSHED RED PEPPER, WATER TO
MARK ON KETTLE

Nutrition Facts	
Portion Size	4 oz Portion
calories	46
fat (gm)	2.3
sat fat (gm)	0.3
chol (mg)	0.0
sodium (mg)	475.8
carbs (gm)	6.4
protein (gm)	1.1
calcium (gm)	17.86
iron (gm)	0.74

IVY LUNCH CASH

11/12/09

LUNCH

SPICY BLACK BEAN VEG PATTY

VEG PATTY SPICY BLACK BEAN, HAMBURGER
ROLL, Rolls Wheat Bulkie 6pk

Nutrition Facts	
Portion Size	burger
calories	98
fat (gm)	2.0
sat fat (gm)	0.5
chol (mg)	1.3
sodium (mg)	150.9
carbs (gm)	17.0
protein (gm)	2.8
calcium (gm)	37.11
iron (gm)	1.03

IVY LUNCH CASH

11/12/09

LUNCH

SPINACH FETTUCCINI

OLIVE OIL, SPINACH FETTUCCINE

Nutrition Facts

Portion Size	8 oz Portion
calories	311
fat (gm)	3.2
sat fat (gm)	0.4
chol (mg)	0.0
sodium (mg)	31.8
carbs (gm)	59.3
protein (gm)	10.4
calcium (gm)	68.04
iron (gm)	2.37

IVY LUNCH CASH

11/12/09

LUNCH

TACOS

BEEF GROUND BULK BUT SHOP, OLIVE OIL, ONIONS WHITE DICED 1/4", GRANULATED GARLIC, FLOUR UNBLEACHED UNBR SPRING KING, BLACK PEPPER, CHILI POWDER, SALT, GROUND ALLSPICE, CIDER VINEGAR, TABASCO SAUCE, PIMENTOS DICED, TOMATOES, GROUND CANNED, TACO SHELLS ORTEGA REG 6", FLOUR TORTILLA 6"

Nutrition Facts

Portion Size	4.880 oz Portion
calories	312
fat (gm)	15.4
sat fat (gm)	4.1
chol (mg)	55.8
sodium (mg)	457.4
carbs (gm)	23.8
protein (gm)	19.9
calcium (gm)	78.22
iron (gm)	3.56

IVY LUNCH CASH

11/12/09

LUNCH

TURKEY CRANBERRY MAYONNAISE WRAP

COOKED TURKEY BREAST, MAYONNAISE, JELLIED CRANBERRY SAUCE, GREEN LEAF LETTUCE, PLUM TOMATO JULIENNE, TORTILLA FLOUR 12"

Nutrition Facts

Portion Size	11.250 oz Portion
calories	439
fat (gm)	14.6
sat fat (gm)	2.8
chol (mg)	63.2
sodium (mg)	674.1
carbs (gm)	39.4
protein (gm)	36.6
calcium (gm)	100.20
iron (gm)	3.26

IVY LUNCH CASH

11/12/09

LUNCH

VEGAN PILAF TOMATO RICE

WATER TO MARK ON KETTLE,BASE
MIREPOIX,TOMATO PASTE USDA GRD
FCY,WHITE RICE,GROUND BLACK
PEPPER,FRESH TOMATOES JULIENNE

Nutrition Facts	
Portion Size	4 oz Portion
calories	122
fat (gm)	0.6
sat fat (gm)	0.1
chol (mg)	0.2
sodium (mg)	265.3
carbs (gm)	25.9
protein (gm)	2.7
calcium (gm)	23.01
iron (gm)	1.28

IVY LUNCH CASH

11/12/09

LUNCH

VEGETARIAN MUSHROOM & VEG SOUP

CHOP FRESH MUSHROOM LG PC,ONIONS
WHITE DICED 1/4",CELERY DICED
1/4",MARGARINE,BASE MIREPOIX,WATER TO
MARK ON KETTLE,HALF & HALF
CREAM,MARGARINE,FLOUR UNBLEACHED
UNBR SPRING KING,CELERY SALT,BLACK
PEPPER,WATER TO MARK ON KETTLE

Nutrition Facts	
Portion Size	6 oz Portion
calories	87
fat (gm)	6.6
sat fat (gm)	2.1
chol (mg)	6.7
sodium (mg)	762.3
carbs (gm)	5.6
protein (gm)	1.9
calcium (gm)	31.42
iron (gm)	0.43

IVY LUNCH CASH

11/12/09

LUNCH

HAWAIIAN PIZZA '05

PIZZA SAUCE COLD MIX,ROMANO CHEESE
GRATED,HAM BNLS SMK OVAL FDL,SPICE
OREGANO LEAF WHL XX,PIZZA BLEND
CHEESE,CRUSHED PINEAPPLE,PIZZA CRUST
ORIG PIZZA

Nutrition Facts	
Portion Size	~PIZZA
calories	515
fat (gm)	22.6
sat fat (gm)	8.5
chol (mg)	46.9
sodium (mg)	1430.9
carbs (gm)	52.2
protein (gm)	31.1
calcium (gm)	422.77
iron (gm)	2.93

IVY LUNCH CASH

11/13/09

LUNCH

BAKED SWEET POTATOES

POTATOES YAMS FRESH

Nutrition Facts

Portion Size	5.3oz portion
calories	149
fat (gm)	0.4
sat fat (gm)	0.1
chol (mg)	0.0
sodium (mg)	18.5
carbs (gm)	34.5
protein (gm)	2.3
calcium (gm)	29.85
iron (gm)	0.80

IVY LUNCH CASH

11/13/09

LUNCH

BBQ CHICKEN PIZZA '05

BBQ SAUCE CATTLEMEN'S,ROMANO CHEESE
GRATED,CHICKEN MEAT,SPICE OREGANO
LEAF WHL XX,PIZZA BLEND CHEESE,PIZZA
CRUST ORIG PIZZA**Nutrition Facts**

Portion Size	~PIZZA
calories	481
fat (gm)	21.6
sat fat (gm)	8.4
chol (mg)	55.1
sodium (mg)	984.1
carbs (gm)	51.9
protein (gm)	33.1
calcium (gm)	483.04
iron (gm)	20.36

IVY LUNCH CASH

11/13/09

LUNCH

BREAD ITALIAN CT 12

WATER,YEAST,GRANULATED
SUGAR,SALT,VEG SHORTENING ALL
PRPOSE,FLOUR SUNSHINE,DRY MILK
POWDER**Nutrition Facts**

Portion Size	2 oz Portion
calories	131
fat (gm)	1.2
sat fat (gm)	0.3
chol (mg)	0.5
sodium (mg)	248.8
carbs (gm)	27.4
protein (gm)	3.5
calcium (gm)	16.29
iron (gm)	0.76

IVY LUNCH CASH

11/13/09

LUNCH

BROCCOLI AU GRATIN

FROZEN CHOPPED BROCCOLI,CHEESE CRM
SAUCE AMT REQ,MARGARINE,FLOUR
UNBLEACHED UNBR SPRING KING,HOT
MILK,SALT,WHITE PEPPER,CHEDDAR CHEESE
SAUCE,SHREDDED CHEDDAR CHEESE

Nutrition Facts

Portion Size	4 oz Portion
calories	110
fat (gm)	6.7
sat fat (gm)	3.3
chol (mg)	14.7
sodium (mg)	341.9
carbs (gm)	7.7
protein (gm)	5.8
calcium (gm)	162.02
iron (gm)	0.46

IVY LUNCH CASH**11/13/09****LUNCH**

BROWNIES/FROSTED '06

VEG SHORTENING ALL PRPOSE,ROYAL
DUTCH COCOA,GRANULATED SUGAR,LIQUID
EGGS,SALT,VANILLA EXTRACT,CAKE
FLOUR,CAKE CHOCOLATE BATTER FROM
MIX,FROSTING CHOCOLATE RTU

Nutrition Facts

Portion Size	BROWNIE 3.54 c
calories	358
fat (gm)	16.4
sat fat (gm)	5.7
chol (mg)	51.5
sodium (mg)	219.7
carbs (gm)	51.7
protein (gm)	2.8
calcium (gm)	34.61
iron (gm)	1.52

IVY LUNCH CASH**11/13/09****LUNCH**

CHICKEN CAESAR WRAP

TORTILLA WHITE,DRESS KENS CAESAR
DELUXE,ROMANO CHEESE GRATED,ROMAINE
LETTUCE CHOPPED,GRILLED CHICKEN

Nutrition Facts

Portion Size	11 oz Portion
calories	514
fat (gm)	30.8
sat fat (gm)	8.7
chol (mg)	141.5
sodium (mg)	967.9
carbs (gm)	4.3
protein (gm)	51.3
calcium (gm)	352.74
iron (gm)	2.58

IVY LUNCH CASH**11/13/09****LUNCH**

CHICKEN SOUP W/ TORTELLINI - cat menu 08

ONIONS WHITE DICED 1/4",CELERY DICED
1/4",CARROTS
DICED/1/4",MARGARINE,CHICKEN BASE,CKD
CHICKEN MEAT 3/8 DICE,WATER TO MARK ON
KETTLE,PARSLEY CHOPPED,TORTELLINI
CHEESE, COOKED

Nutrition Facts	
Portion Size	6 oz Portion
calories	107
fat (gm)	4.4
sat fat (gm)	1.4
chol (mg)	17.0
sodium (mg)	779.4
carbs (gm)	9.9
protein (gm)	7.0
calcium (gm)	48.15
iron (gm)	0.76

IVY LUNCH CASH

11/13/09

LUNCH

COOKIES ASST HM '06

DATEEN COOKIE, G COOKIES/ ALMOND
CRESCENT '06,COOKIES CHOCOLATE CHIP
'06,OATMEAL RAISIN COOKIES '06

Nutrition Facts	
Portion Size	COOKIE
calories	97
fat (gm)	2.0
sat fat (gm)	0.6
chol (mg)	8.7
sodium (mg)	42.3
carbs (gm)	18.9
protein (gm)	1.7
calcium (gm)	10.68
iron (gm)	0.81

IVY LUNCH CASH

11/13/09

LUNCH

Flame Grilled Veggie Patty

Rolls Wheat Bulkie 6pk ,Veg Patty Flame
Grilled,HAMBURGER ROLL

Nutrition Facts	
Portion Size	burger
calories	231
fat (gm)	5.8
sat fat (gm)	0.6
chol (mg)	1.8
sodium (mg)	510.0
carbs (gm)	27.5
protein (gm)	17.7
calcium (gm)	49.70
iron (gm)	1.38

IVY LUNCH CASH

11/13/09

LUNCH

FRESHENS BAR

MILK 2% GALLON,FRESHN CUP 21 OZ CLR
FRSHN,FRESHN YOGURT FR, VAN NF,FRESHN
YOGURT FR, DTC CHO,FRESHN TOP REESE
PCS MI,FRESHN SYRUP PEACH FRZN,FRESHN
SYRUP MANGO FRZN,FRESHN SYRUP CHOC
DK HERSHY,FRESHN STRAW JBO WRP 7.75
CLR,FRESHN SPOON SODA 8",FRESHN
SMOOTHIE BS YGRT NF,FRESHN SMOOTHIE
BS ORANGE,FRESHN SMOOTHIE BS NSA
VAN,FRESHN SMOOTHIE BS FRUIT,FRESHN
SMOOTHIE BS FRT NSA,FRSHN METRX VIT
FAT BURNER,FRSHN LYONS SHAKE MX
VAN,FRESHN MIX SHK PUR STRBRY
TFSP,FRESHN LID STRAW SLT 32-44
L32S,FRESHN LID DOME 12/16

Nutrition Facts

Portion Size	PORTION
calories	103
fat (gm)	1.7
sat fat (gm)	0.6
chol (mg)	1.4
sodium (mg)	11.8
carbs (gm)	23.1
protein (gm)	1.0
calcium (gm)	14.96
iron (gm)	0.51

IVY LUNCH CASH

11/13/09

LUNCH

GRILLED CHICKEN ALFREDO SANDWICH

CHICKEN BREAST BNLSKL 4oz,MUSHROOMS
FRESH SLICED,SALT,GRANULATED
GARLIC,GROUND BLACK PEPPER,GROUND
PAPRIKA,PIZZA BLEND CHEESE,ALFREDO
SAUCE,ROLL TORPEDO SUPERIOR

Nutrition Facts

Portion Size	10 OZ PORTION
calories	653
fat (gm)	32.6
sat fat (gm)	16.6
chol (mg)	175.9
sodium (mg)	763.0
carbs (gm)	40.4
protein (gm)	50.3
calcium (gm)	330.40
iron (gm)	3.93

IVY LUNCH CASH

11/13/09

LUNCH

GRILLED VEGETABLE WRAP

TORTILLA SPINACH,HONEY MUSTARD SAUCE
CONV,ZUCCHINI SQUASH GRILLED,RED
ONIONS GRILLED,RED PEPPERS
GRILLED,EGG PLANT GRILLED,YELL SUMM
SQUASH GRILLED,GREEN LEAF LETTUCE

Nutrition Facts

Portion Size	11.250 oz Portion
calories	285
fat (gm)	5.8
sat fat (gm)	0.9
chol (mg)	0.0
sodium (mg)	374.6
carbs (gm)	50.5
protein (gm)	8.3
calcium (gm)	126.55
iron (gm)	3.51

IVY LUNCH CASH

11/13/09

LUNCH

HOT TURKEY SANDWICH W/ SAUCE

TURKEY ROAST RAW,GROUND BLACK PEPPER,ONIONS WHITE CUBED 3/4",CARROTS DICED/1/4",CELERY DICED 1/4",WATER TO MARK,WATER TO MARK,SALT IF NEED C LEAD COOK,TURKEY FAT,FLOUR UNBLEACHED UNBR SPRING KING,WHITE PULLMAN BREAD,CRANBERRY SAUCE

Nutrition Facts	
Portion Size	7 oz Portion
calories	251
fat (gm)	5.9
sat fat (gm)	1.8
chol (mg)	46.7
sodium (mg)	731.9
carbs (gm)	27.7
protein (gm)	20.9
calcium (gm)	27.90
iron (gm)	2.23

IVY LUNCH CASH

11/13/09

LUNCH

ITALIAN WRAP (COLOSSEUM)

SLICED PROVOLONE,GENOA SALAMI,SLICED CAPICOLA (HOT HAM),PROSCIUTTO,SLICED OLIVES RIPE,PEPPERS RINGS BANANA HOT,SLICED TOMATOES,GREEN LEAF LETTUCE,GRILLED RED ONIONS,DRESS KENS PARM & PEPPER,TORTILLA GARLIC/HERB

Nutrition Facts	
Portion Size	SANDWICH
calories	727
fat (gm)	45.2
sat fat (gm)	14.8
chol (mg)	79.8
sodium (mg)	2250.9
carbs (gm)	49.6
protein (gm)	30.0
calcium (gm)	336.57
iron (gm)	4.31

IVY LUNCH CASH

11/13/09

LUNCH

IVY ANGELL POCKET SANDWICH

HUMmUS(CHICKPEA/GARLIC P,TABBOULI,CUCUMBER SLICED (4-5 PER),FR TOMATOE SLICED (2 PER),FR SPINACH (2-3 LEAVES),SYRIAN BREAD LARGE 7",PICKLES FRSH SPEAR SCHWTZ

Nutrition Facts	
Portion Size	7.480 oz Portion
calories	657
fat (gm)	22.9
sat fat (gm)	2.6
chol (mg)	0.0
sodium (mg)	898.2
carbs (gm)	94.4
protein (gm)	17.7
calcium (gm)	70.21
iron (gm)	4.47

IVY LUNCH CASH

11/13/09

LUNCH

IVY BACON-LETTUCE-TOMATO SAND

SLICED BACON,BREAD SANDWICH
WHITE,TOMATOES SLICED
3/16",MAYONNAISE,PICKLE CIRCLES,GREEN
LEAF LETTUCE

Nutrition Facts	
Portion Size	5 oz Portion
calories	375
fat (gm)	20.4
sat fat (gm)	6.0
chol (mg)	29.0
sodium (mg)	1005.4
carbs (gm)	33.6
protein (gm)	14.1
calcium (gm)	74.77
iron (gm)	2.66

IVY LUNCH CASH

11/13/09

LUNCH

IVY BENEVOLENT SANDWICH

BROCCOLI FLORETTE,FRESH CARROTS
SLICED 1/8",MUSHROOMS FRSH SL
TUBE,GREEN PEPPERS SL THIN,YELLOW
ONIONS SL THIN,SYRIAN BREAD LARGE
7",PICKLES FRSH SPEAR SCHWTZ,SHREDDED
CHEDDAR CHEESE

Nutrition Facts	
Portion Size	12 oz Portion
calories	514
fat (gm)	10.4
sat fat (gm)	5.5
chol (mg)	26.8
sodium (mg)	870.2
carbs (gm)	85.5
protein (gm)	21.5
calcium (gm)	271.48
iron (gm)	3.74

IVY LUNCH CASH

11/13/09

LUNCH

IVY BUFFALO CHICKEN WRAP

CHICKEN BREAST BNLSKL 4oz,
JULIENNED.,GREEN LEAF LETTUCE,SLICED
TOMATOES,DRESS BLUE CHEESE CRMY
DELUXE,TORTILLA TOM&BAS,BUFFALO HOT
SAUCE FRANK'S

Nutrition Facts	
Portion Size	portion
calories	544
fat (gm)	16.4
sat fat (gm)	3.4
chol (mg)	99.8
sodium (mg)	718.4
carbs (gm)	54.4
protein (gm)	41.6
calcium (gm)	143.17
iron (gm)	4.48

IVY LUNCH CASH

11/13/09

LUNCH

IVY CHARLESFIELD SANDWICH

HORSERADISH SAUCE,BEEF ROAST BOARS
HEAD,MUENSTER CHEESE,MUSHROOMS
FRESH,SLICED TOMATOES 3/16",PICKLES
FRSH SPEAR SCHWTZ,ROLLS BULKIE
CORNML CAL,GREEN LEAF LETTUCE

Nutrition Facts	
Portion Size	13.380 oz Portion
calories	565
fat (gm)	21.1
sat fat (gm)	9.5
chol (mg)	98.2
sodium (mg)	1377.9
carbs (gm)	51.7
protein (gm)	41.3
calcium (gm)	323.68
iron (gm)	6.67

IVY LUNCH CASH

11/13/09

LUNCH

IVY CHEESE INDIV PIZZA

PIZZA DOUGH 7" CRUST FRESCHETTA,PIZZA
SAUCE,PIZZA BLEND CHEESE

Nutrition Facts	
Portion Size	8 oz Portion
calories	509
fat (gm)	18.0
sat fat (gm)	7.0
chol (mg)	26.6
sodium (mg)	1015.1
carbs (gm)	65.6
protein (gm)	25.8
calcium (gm)	344.08
iron (gm)	3.07

IVY LUNCH CASH

11/13/09

LUNCH

IVY CHICKEN SALAD SANDWICH

CHICKEN SALAD 4/OZ,MAYONNAISE,SLICED
TOMATOES 3/16",PICKLE CIRCLES,ROLLS
BULKIE CORNML CAL,GREEN LEAF LETTUCE

Nutrition Facts	
Portion Size	10.670 oz Portion
calories	570
fat (gm)	24.1
sat fat (gm)	4.3
chol (mg)	60.2
sodium (mg)	1260.5
carbs (gm)	59.7
protein (gm)	28.3
calcium (gm)	125.42
iron (gm)	4.48

IVY LUNCH CASH

11/13/09

LUNCH

IVY GRILLED AM CHEESE SANDWICH

AMERICAN CHEESE 120CT,WHITE BREAD,PAN
& GRILL LIQ SHORTNG,PICKLE CIRCLES

Nutrition Facts	
Portion Size	4 oz Portion
calories	332
fat (gm)	15.6
sat fat (gm)	9.1
chol (mg)	37.6
sodium (mg)	998.8
carbs (gm)	46.3
protein (gm)	15.8
calcium (gm)	455.36
iron (gm)	2.02

IVY LUNCH CASH

11/13/09

LUNCH

IVY GRILLED CHEESE&TOMATO SAND

AMERICAN CHEESE SLICES,TOMATOES
SLICED,PAN&GRILL OIL,PICKLE
CIRCLES,BREAD WHEAT VIENNA CAL

Nutrition Facts	
Portion Size	5 oz Portion
calories	341
fat (gm)	14.7
sat fat (gm)	8.0
chol (mg)	30.2
sodium (mg)	990.4
carbs (gm)	50.8
protein (gm)	16.6
calcium (gm)	396.87
iron (gm)	2.96

IVY LUNCH CASH

11/13/09

LUNCH

IVY GRILLED CHEESEBURGER

BEEF GROUND PATTY 4/LB BS,AMERICAN
CHEESE,HAMBURGER ROLL,PAN & GRILL OIL

Nutrition Facts	
Portion Size	5.320 oz Portion
calories	384
fat (gm)	16.7
sat fat (gm)	7.1
chol (mg)	82.2
sodium (mg)	491.6
carbs (gm)	43.7
protein (gm)	27.6
calcium (gm)	269.46
iron (gm)	3.94

IVY LUNCH CASH

11/13/09

LUNCH

IVY GRILLED CHICKEN SANDWICH

ROLLS BULKIE CORNML CAL, GREEN LEAF
LETTUCE, FRESH TOMATOES, SLICED, Honey
Mustard PC 1 oz, BBQ Sauce PC 1 oz, Sweet &
Sour PC 1 oz, CHICKEN BREAST FILLET

Nutrition Facts	
Portion Size	Sandwich
calories	497
fat (gm)	12.9
sat fat (gm)	3.0
chol (mg)	95.3
sodium (mg)	581.5
carbs (gm)	50.7
protein (gm)	43.2
calcium (gm)	140.65
iron (gm)	6.43

IVY LUNCH CASH

11/13/09

LUNCH

IVY GRILLED FRANKFURT ON BUN

FRANKFURTERS BEEF, ROLL FRANKFURT, PAN
& GRILL OIL

Nutrition Facts	
Portion Size	SERVINGS
calories	261
fat (gm)	14.5
sat fat (gm)	5.7
chol (mg)	28.6
sodium (mg)	652.8
carbs (gm)	25.1
protein (gm)	8.6
calcium (gm)	56.06
iron (gm)	1.80

IVY LUNCH CASH

11/13/09

LUNCH

IVY GRILLED HAM & CHEESE SANDWICH

HAM BOARS HEAD BLCK FORST, AMERICAN
CHEESE, WHITE PULLMAN BREAD, OIL PAN &
GRILL SUNBURST

Nutrition Facts	
Portion Size	5 oz Portion
calories	337
fat (gm)	12.7
sat fat (gm)	6.1
chol (mg)	59.5
sodium (mg)	1736.4
carbs (gm)	38.6
protein (gm)	26.3
calcium (gm)	284.40
iron (gm)	2.25

IVY LUNCH CASH

11/13/09

LUNCH

IVY GRILLED HAMBURGER REG

BEEF GROUND PATTY 4/LB BS,HAMBURGER
ROLL,PAN&GRILL OIL

Nutrition Facts	
Portion Size	SANDWICH
calories	321
fat (gm)	12.0
sat fat (gm)	4.2
chol (mg)	70.2
sodium (mg)	308.1
carbs (gm)	42.1
protein (gm)	23.9
calcium (gm)	175.03
iron (gm)	3.78

IVY LUNCH CASH

11/13/09

LUNCH

IVY PASTRAMI SANDWICH

PASTRAMI BOARS HEAD,MUSTARD
SALAD,SLICED TOMATOES 3/16",PICKLE
CIRCLES,ROLLS BULKIE CORNML CAL,GREEN
LEAF LETTUCE

Nutrition Facts	
Portion Size	9oz portion
calories	487
fat (gm)	22.5
sat fat (gm)	7.2
chol (mg)	59.3
sodium (mg)	1491.2
carbs (gm)	50.1
protein (gm)	20.1
calcium (gm)	102.84
iron (gm)	4.54

IVY LUNCH CASH

11/13/09

LUNCH

IVY PEPPERONI INDIV PIZZA

PIZZA DOUGH 7" CRUST FRESCHETTA,PIZZA
SAUCE,PIZZA BLEND CHEESE,SLICED
PEPPERONI

Nutrition Facts	
Portion Size	8 oz Portion
calories	545
fat (gm)	21.2
sat fat (gm)	8.1
chol (mg)	32.2
sodium (mg)	1159.8
carbs (gm)	65.8
protein (gm)	27.3
calcium (gm)	344.79
iron (gm)	3.17

IVY LUNCH CASH

11/13/09

LUNCH

IVY PM SPIN/TOMATO INDIV PIZZA

PIZZA DOUGH 7" CRUST
FRESCHETTA,SPINACH/TOM/FETA(RETAIL),SHF
MOZZARELLA CHESE

Nutrition Facts	
Portion Size	PIZZA
calories	522
fat (gm)	17.9
sat fat (gm)	7.3
chol (mg)	27.9
sodium (mg)	1225.4
carbs (gm)	68.9
protein (gm)	22.6
calcium (gm)	328.57
iron (gm)	4.31

IVY LUNCH CASH

11/13/09

LUNCH

IVY POWER MELT SANDWICH

GREEN LEAF LETTUCE,DIJON
MUSTARD,PASTRAMI BOARS HEAD,SWISS
CHEESE SL THIN 1 OZ,FRESH TOMATOES
SLICED,PICKLES FRSH SPEAR
SCHWTZ,ROLLS BULKIE CORNML CAL

Nutrition Facts	
Portion Size	SANDWICH
calories	702
fat (gm)	37.7
sat fat (gm)	14.5
chol (mg)	105.2
sodium (mg)	2700.4
carbs (gm)	56.5
protein (gm)	33.5
calcium (gm)	405.93
iron (gm)	5.45

IVY LUNCH CASH

11/13/09

LUNCH

IVY RM FRENCH FRIED POTATOES 4/OZ

FRENCH FRIES THIN CUT

Nutrition Facts	
Portion Size	4 oz Portion
calories	370
fat (gm)	21.2
sat fat (gm)	8.6
chol (mg)	0.0
sodium (mg)	695.1
carbs (gm)	42.8
protein (gm)	4.0
calcium (gm)	13.61
iron (gm)	1.88

IVY LUNCH CASH

11/13/09

LUNCH

IVY SANDW turkey & gouda (Sidney Frank)

TORTILLA WRAPS ASSORTMENT, TURKEY GLD
OVEN RST BOARS, GOUDA CHEESE, MUSTARD
DIJON GREY P 3LB, MAYONNAISE, VEGAN
GRILLED VEGETABLES

Nutrition Facts	
Portion Size	each
calories	422
fat (gm)	16.1
sat fat (gm)	5.1
chol (mg)	63.1
sodium (mg)	1064.5
carbs (gm)	40.2
protein (gm)	27.8
calcium (gm)	191.81
iron (gm)	3.53

IVY LUNCH CASH

11/13/09

LUNCH

IVY SHAVED STK & CHS SANDWICH

1-SHAVED STEAK 4/OZ, 2-SLICED PROVOLONE
1/OZ, ONIONS SLICED 1/8" WHITE, ROLL
TORPEDO SUPERIOR

Nutrition Facts	
Portion Size	4.500 oz Portion
calories	481
fat (gm)	16.7
sat fat (gm)	9.5
chol (mg)	44.4
sodium (mg)	804.1
carbs (gm)	44.5
protein (gm)	36.4
calcium (gm)	359.62
iron (gm)	5.77

IVY LUNCH CASH

11/13/09

LUNCH

IVY SLICED HAM SANDWICH

HAM BOARS HEAD BLCK FORST, MUSTARD
SALAD, SLICED TOMATOES 3/16", PICKLE
CIRCLES, GREEN LEAF LETTUCE, ROLLS
BULKIE CORNML CAL

Nutrition Facts	
Portion Size	10.420 oz Portion
calories	425
fat (gm)	9.2
sat fat (gm)	2.2
chol (mg)	45.2
sodium (mg)	2176.2
carbs (gm)	55.4
protein (gm)	28.9
calcium (gm)	116.57
iron (gm)	4.50

IVY LUNCH CASH

11/13/09

LUNCH

IVY SLICED ROAST BEEF SANDWICH

ROLLS BULKIE CORNML CAL,BEEF ROAST
BOARS HEAD,MAYONNAISE,SLICED
TOMATOES 3/16",PICKLE CIRCLES,GREEN
LEAF LETTUCE

<u>Nutrition Facts</u>	
Portion Size	10.670 oz Portion
calories	542
fat (gm)	16.8
sat fat (gm)	3.8
chol (mg)	79.0
sodium (mg)	975.7
carbs (gm)	58.1
protein (gm)	38.0
calcium (gm)	116.54
iron (gm)	6.79

IVY LUNCH CASH

11/13/09

LUNCH

IVY SLICED TURKEY BREAST SAND

GREEN LEAF LETTUCE,TURKEY GLD OVEN
RST BOARS,MAYONNAISE,SLICED TOMATOES
3/16",PICKLE CIRCLES,ROLLS BULKIE CORNML
CAL

<u>Nutrition Facts</u>	
Portion Size	10.670 oz Portion
calories	509
fat (gm)	15.3
sat fat (gm)	3.2
chol (mg)	55.0
sodium (mg)	1564.7
carbs (gm)	61.1
protein (gm)	30.9
calcium (gm)	116.54
iron (gm)	5.36

IVY LUNCH CASH

11/13/09

LUNCH

IVY SMOKY CHICKEN CHIPOTLE INDIV PIZZA

PIZZA DOUGH 7" CRUST
FRESCHETTA,CHIPOTLE MAYONNAISE,PIZZA
BLEND CHEESE,CHICKEN MEAT,BROCCOLI
CUTS FZ

<u>Nutrition Facts</u>	
Portion Size	PIZZA
calories	691
fat (gm)	30.6
sat fat (gm)	9.8
chol (mg)	59.7
sodium (mg)	1191.0
carbs (gm)	72.6
protein (gm)	36.9
calcium (gm)	405.16
iron (gm)	3.54

IVY LUNCH CASH

11/13/09

LUNCH

IVY SUPREME INDIV PIZZA

PIZZA DOUGH 7" CRUST FRESCHETTA,PIZZA SAUCE COLD MIX,PIZZA BLEND CHEESE,PEPPERONI SLICED,PIZZA TOPPING SAUSAGE,PEPPERS GRN DICED/1/4,MUSHROOMS FRESH,SLICED OLIVES RIPE

Nutrition Facts	
Portion Size	PORTION
calories	572
fat (gm)	23.1
sat fat (gm)	8.7
chol (mg)	37.3
sodium (mg)	1241.0
carbs (gm)	66.8
protein (gm)	28.8
calcium (gm)	349.38
iron (gm)	3.46

IVY LUNCH CASH

11/13/09

LUNCH

IVY TUNAFISH SALAD SANDWICH

ROLLS BULKIE CORNML CAL,TUNA FISH 4/OZ,MAYONNAISE,SLICED TOMATOES 3/16",PICKLE CIRCLES,GREEN LEAF LETTUCE

Nutrition Facts	
Portion Size	10.670 oz Portion
calories	557
fat (gm)	18.1
sat fat (gm)	2.8
chol (mg)	41.8
sodium (mg)	1443.8
carbs (gm)	60.8
protein (gm)	37.1
calcium (gm)	125.84
iron (gm)	5.48

IVY LUNCH CASH

11/13/09

LUNCH

IVY VEGETABLE INDIV PIZZA

PIZZA DOUGH 7" CRUST FRESCHETTA,PIZZA SAUCE,PIZZA BLEND CHEESE,PEPPERS GRN DICED/1/4,ONIONS WHITE DICED 1/4",MUSHROOMS FRESH SLICED

Nutrition Facts	
Portion Size	8 oz Portion
calories	521
fat (gm)	18.1
sat fat (gm)	7.0
chol (mg)	26.6
sodium (mg)	1016.0
carbs (gm)	68.2
protein (gm)	26.3
calcium (gm)	348.54
iron (gm)	3.33

IVY LUNCH CASH

11/13/09

LUNCH

IVY WATERMAN SANDWICH

GREEN LEAF LETTUCE,MAYONNAISE,TURKEY
GLD OVEN RST BOARS,BACON,SLICED
CHEDDAR CHEESE,SLICED TOMATOES
3/16",PICKLES FRSH SPEAR SCHWITZ,ROLLS
BULKIE CORNML CAL

Nutrition Facts

Portion Size	13.500 oz Portion
calories	604
fat (gm)	26.1
sat fat (gm)	10.0
chol (mg)	83.9
sodium (mg)	1753.1
carbs (gm)	54.8
protein (gm)	36.4
calcium (gm)	309.20
iron (gm)	5.08

IVY LUNCH CASH**11/13/09****LUNCH**

JELLO PARFAIT VAR FLAV

MARACHINO CHERRY,GELATIN
STRAWBERRY,HOT WATER,CREAM HEAVY 20
QUART,WHIPPED CREAM

Nutrition Facts

Portion Size	PORTION 8 oz
calories	221
fat (gm)	20.5
sat fat (gm)	12.8
chol (mg)	76.1
sodium (mg)	37.7
carbs (gm)	8.7
protein (gm)	1.6
calcium (gm)	37.40
iron (gm)	0.04

IVY LUNCH CASH**11/13/09****LUNCH**

MEATBALL GRINDER

MEATBALLS-ITALIAN(BUT SH),SPAGHETTI
SAUCE,PARMESAN CHEESE,ROLL TORPEDO
SUPERIOR

Nutrition Facts

Portion Size	9 oz Portion
calories	458
fat (gm)	16.7
sat fat (gm)	5.6
chol (mg)	85.7
sodium (mg)	1020.7
carbs (gm)	42.4
protein (gm)	32.9
calcium (gm)	135.70
iron (gm)	5.93

IVY LUNCH CASH**11/13/09****LUNCH**

PARFAIT STRWBRY YOG GRANOLA

YOGURT STRAWB 5 LB,CEREAL GRANOLA
OATS & HONEY,FRESH
STRAWBERRY,STRAWBERRY TOPPING

Nutrition Facts	
Portion Size	GOBLET 8 oz
calories	464
fat (gm)	11.6
sat fat (gm)	7.5
chol (mg)	6.0
sodium (mg)	200.5
carbs (gm)	82.3
protein (gm)	12.5
calcium (gm)	262.28
iron (gm)	2.38

IVY LUNCH CASH

11/13/09

LUNCH

PARSLIED RICE

WATER MEASURED,SALT,WHITE
PEPPER,CHOPPED FRESH PARSLEY,WHITE
RICE

Nutrition Facts	
Portion Size	4 oz Portion
calories	136
fat (gm)	0.3
sat fat (gm)	0.1
chol (mg)	0.0
sodium (mg)	202.4
carbs (gm)	29.6
protein (gm)	2.8
calcium (gm)	23.74
iron (gm)	1.39

IVY LUNCH CASH

11/13/09

LUNCH

PUDDING CHOCOLATE CT-48

INSTANT CHOCOLATE
PUDDING,HOMOGENIZED MILK

Nutrition Facts	
Portion Size	4.880 oz Portion
calories	158
fat (gm)	4.3
sat fat (gm)	2.7
chol (mg)	15.8
sodium (mg)	141.5
carbs (gm)	26.9
protein (gm)	4.4
calcium (gm)	149.09
iron (gm)	0.50

IVY LUNCH CASH

11/13/09

LUNCH

SPICY BLACK BEAN VEG PATTY

VEG PATTY SPICY BLACK BEAN,HAMBURGER ROLL,Rolls Wheat Bulkie 6pk

Nutrition Facts	
Portion Size	burger
calories	98
fat (gm)	2.0
sat fat (gm)	0.5
chol (mg)	1.3
sodium (mg)	150.9
carbs (gm)	17.0
protein (gm)	2.8
calcium (gm)	37.11
iron (gm)	1.03

IVY LUNCH CASH

11/13/09

LUNCH

TURKEY CRANBERRY MAYONNAISE WRAP

COOKED TURKEY BREAST,MAYONNAISE,JELLIED CRANBERRY SAUCE,GREEN LEAF LETTUCE,PLUM TOMATO JULIENNE,TORTILLA FLOUR 12"

Nutrition Facts	
Portion Size	11.250 oz Portion
calories	439
fat (gm)	14.6
sat fat (gm)	2.8
chol (mg)	63.2
sodium (mg)	674.1
carbs (gm)	39.4
protein (gm)	36.6
calcium (gm)	100.20
iron (gm)	3.26

IVY LUNCH CASH

11/13/09

LUNCH

VEGETARIAN VEGETABLE SOUP

MARGARINE,CARROTS DICED/1/4",CELERY DICED 1/4",ONIONS WHITE DICED 1/4",GRANULATED GARLIC,CRUSHED TOMATOS,FROZEN PEAS,FROZEN LIMA BEANS,FROZEN CORN,BASE MIREPOIX,BLACK PEPPER,WATER TO MARK ON KETTLE

Nutrition Facts	
Portion Size	6 oz Portion
calories	52
fat (gm)	1.5
sat fat (gm)	0.3
chol (mg)	0.4
sodium (mg)	621.2
carbs (gm)	8.2
protein (gm)	2.0
calcium (gm)	26.64
iron (gm)	0.52

IVY LUNCH CASH

11/13/09

LUNCH

ZUCCHINI BURGER

ZUCCHINI SHREDDED,SHREDDED CHEDDAR
CHEESE,MUSHROOMS FRESH CHOP
1/8",LIQUID EGGS,WHEAT
GERM,SALT,THYME,ROSEMARY,Rolls Wheat
Bulkie 6pk ,BREAD CRUMBS

Nutrition Facts

Portion Size	8oz portion
calories	440
fat (gm)	13.7
sat fat (gm)	4.7
chol (mg)	92.1
sodium (mg)	744.5
carbs (gm)	60.7
protein (gm)	20.2
calcium (gm)	282.54
iron (gm)	6.27

IVY LUNCH CASH

11/13/09

LUNCH
