



# BROWN UNIVERSITY SUMMER SESSION



## Contemplative Studies **SUMMER INTENSIVE** **JUNE 23 - AUGUST 8, 2014**

### **AN INTRODUCTION TO CONTEMPLATIVE STUDIES**

UNIV0540

(H. ROTH): TU/TH 1:30 - 5:30 PM

Introduction to the new field of Contemplative Studies focusing on identifying methods human beings have found, across cultures and across time, to concentrate, broaden and deepen conscious awareness. We will study what these methods and experiences entail, how to critically appraise them, how to experience them ourselves, and how they influence the development of empathy, health, and well-being.

### **MEDITATION AND THE BRAIN: APPLICATIONS IN BASIC AND CLINICAL SCIENCE**

UNIV0090

(J. DAVIS/W. BRITTON/C.KERR): M/W 8:30 AM - 12:20 PM

This class is a detailed exploration of the most recent neuroscientific research of meditation. The course explores the cognitive, affective, and neurophysiological effects of meditation practices with reference to their clinical applications in health, psychiatry and medicine. Current methodological challenges and directions for future research will also be explored.

### **CONTEMPLATIVE APPROACHES TO LIVING AND DYING**

UNIV 0333

(JARED LINDAHL): M/W/F 1-3:40

One of the central components of a religious tradition are beliefs about the meaning of human existence—a meaning that is constructed in relation to the significance of one's inevitable death, the nature of the afterlife, and conceptions of salvation. These core beliefs also deeply inform the ethics, rituals, and contemplative practices of religious communities. Through an investigation of four case studies, this course will explore how different religious traditions orient human life in relationship to a meaningful death. Particular emphasis will be placed on contemplative practices for skillful living and dying and on relating to death through rituals.

### **FEES**

#### **Residential**

One Course: \$7,104

Two Courses: \$10,478

*Limited residences at  
Contemplative House available*

#### **Non-Residential**

One Course: \$3,604

Two Courses: \$6,978

#### **Further Inquiries**

Harold\_Roth@Brown.edu

The Summer Intensive also features meditation instruction, guest lectures, a film series, contemplative parties, performances of contemplative music and a field trip to an area contemplative practice center.

**ENROLL ONLINE**  
**[WWW.BROWN.EDU/CE/UNDERGRAD/SUMMER](http://WWW.BROWN.EDU/CE/UNDERGRAD/SUMMER)**