Travel Abroad Requirements

FOR ALL STUDENTS FUNDED BY BROWN PROGRAMS AND GRANTS

SUMMER 2018
Register your trip with U.S. Department State

https://step.state.gov/step/

• Receive important information from the Embassy about safety conditions in your destination country, helping you make informed decisions about your travel plans.

• Help the U.S. Embassy contact you in an emergency, whether natural disaster, civil unrest, or family emergency.

• Help family and friends get in touch with you in an emergency.
Sign up for **International SOS**

Emergency Travel Assistance and Evacuation Services

https://www.brown.edu/about/administration/insurance/international-travel-information

• Provides 24 hour worldwide medical and travel assistance, including emergency evacuation.

• The SOS network of multilingual specialists operates 24 hours a day, 365 days a year from SOS Alarm Centers around the world.

• **International SOS is not health insurance!**

Reference the Brown Group membership #: The membership number is 11BSGC000031.
Register for Sojourn Abroad

Through the Office of International Programs

All students traveling abroad are required to complete an electronic Personal Travel Record/Emergency Contact Form, and an electronic Release and Waiver for Brown-Funded Travel.

SOJOURN ABROAD IS ONLY REQUIRED FOR UNDERGRADUATES
It is not applicable to graduate and medical students.

http://www.brown.edu/Administration/OIP/sojourn/
Review your health insurance international coverage

The Insurance Office does provide an overseas policy through Gallagher Global Assistance for short term educational or research related abroad experiences.

Not required for most, but a good option if your budget will allow.

Required for all MHIRT and Framework students. Our office will enroll you directly. Please do not complete the enrollment form.

http://www.brown.edu/about/administration/insurance/international-travel-information
We can’t get you out of jail.

Be aware of local conditions and customs that may present health or safety risks when making daily choices and decisions.

Promptly express any health or safety concerns to the program staff or other appropriate individuals before and/or during the program.

Accept responsibility for their own decisions and actions.

Obey host-country laws.

Behave in a manner that is respectful of the rights and well being of others, and encourage others to behave in a similar manner.

Avoid illegal drugs and excessive or irresponsible consumption of alcohol.

Follow the program policies for keeping program staff informed of their whereabouts and well being.
Additional Resources and Training
Medical students/residents and others in a medical setting. If you are not trained to preform a procedure in U.S. you should not perform it in an international setting!


Peace Corps has some great guides for some countries- Dominican Republic, Ghana, Peru, Philippines, Samoa, South Africa, Ukraine

Unite for Site In-depth Global Health online training

The Practitioner’s Guide to Global Health- available for free or paid for a certificate (MHIRT required, Framework recommended).

Diversity and Inclusion Abroad Guide- Racial & Ethnic Minority Students Abroad, Economically Disadvantaged Students, Heritage Seekers, First Generation Students, LGBTQ+ Students Abroad, Women Abroad, Student with Disabilities Abroad, Religious Diversity Abroad
Planning and Precautions

Get a TB test before traveling and again upon return home.

If prescribed to you, take your malaria medication!

If you are not working in a health care facility be sure to find out the closest and best hospital.

Make sure you have your SOS card on you or have the phone number and policy programed in your phone.

Does someone have in your family have a passport ready, in case there is an emergency?

Look for emergency exits in house or hotel. Make a mental plan for an emergency. Safety standards are often minimal. No 911!

Offer the driver a tip if they drive the speed limit, obey the rules of road and get you to your destination safely.

Don’t travel alone and let others know where are going. Do not disappear.

In an emergency, contact international site director on the ground, SOS, and contact your U.S. site director.

Check GHI website, Office of Global Engagement website and U.S. State Department website for information and instructions in the event of a national emergency/natural disaster.

Get friends and family on Skype/Whatsapp before you depart.

Culture shock is real. Be prepared for it, give your self time to adjust. Reach out and talk about it. Re-entry shock is real. Be prepared for it, give your self time to adjust.
Please contact our office with any questions!

Global Health Initiative
Brown University, Box G-A2 91 Waterman St., Room 207 Providence, RI 02912
Eileen Caffrey Wright
Tel: (401) 863-5003
Email: Eileen_Wright@brown.edu

http://brown.edu/initiatives/global-health/global-health-initiative
YOU SURVIVED

PLEASE HAND OVER YOUR BADGE HERE. GOOD BYE